JANUARY 2026

Medina Public School

Volume 43, Issue 5

Community Education Newsletter

Greetings from the Superintendent's Desk

I want to begin by congratulating our volleyball team on an outstanding performance at the state tournament, where they earned a 2nd place finish. I am very proud of our players, coaches, and everyone involved—not only for their success on the court, but for the way they represented our school and community with class, effort, and sportsmanship. It was a great reminder of what can be accomplished through hard work and perseverance.

The second Friday in January is known as National Quitter's Day. It's the point in the year when many people give up on their New Year's resolutions. The excitement of starting something new has worn off, progress may feel slow, and the work required to keep going starts to feel harder than expected.

That idea got me thinking about resilience and how important it is—not just for adults, but especially for our students. Learning something new, practicing a skill, or working toward a goal is rarely easy all the way through. There are moments when schoolwork feels frustrating, when practices are tough, when progress doesn't seem to show up as quickly as we hoped. Those are often the exact moments when quitting feels tempting, but those moments are also where growth happens. One of the most important lessons we can help our students learn is the value of sticking with something when it gets difficult. Success is rarely about immediate results. It's about persistence, effort, and the willingness to push through challenges with the end goal in mind rather than focusing only on the discomfort of the moment. Whether it's mastering a math concept, improving reading skills, learning an instrument, or working toward personal goals in athletics or activities, resilience matters. The ability to keep going in the midst of difficulty builds confidence, character, and a sense of accomplishment that lasts far beyond the classroom.

As we move through the rest of the school year, I want to encourage our students to be resilient and persistent. Progress doesn't always happen quickly, but it does happen when we stay committed.

I wish each of you a happy New Year filled with resilience!

Archery Season

Archery season will begin the week of January 12th. If your child is interested in participating in archery, please fill out the online form at the following link or scan the QR code to fill out the form. Forms are due by January 7th.

https://forms.gle/DwPWkYi8mHP9uHmQ8

School Alert System

Please be aware that our weather delay and cancellation alerts are sent from a phone number that originates from Grand Forks. Because of this, the call or text may show up on your phone as potential spam. To avoid missing important notifications, we encourage you to add this number to your contacts, which should prevent it from being flagged as spam in the future. If you have any questions about these alerts or if you are not receiving notifications, please feel free to call the school.

Storm Makeup Days

Due to the recent winter storms, the school day missed on December 9 and December 18 will be made up on our scheduled make-up days on January 19 and February 20. School will be in session on January 19 and February 20 with a normal schedule. The storm day we had on November 25 was used as a "grace day" and will not be made up. Please watch for any additional updates if weather impacts our schedule this winter.

Mr. Damon Bosche
Superintendent/AD

NASP NATIONAL ARCHERY IN THE SCHOOLS PROGRAM

*Unapproved School Board Meeting Minutes

School Board Meeting Minutes
Medina Public School District #3
December 12, 2025

Chairman Rory Hoffmann called the board meeting to order at 7:15 AM with the Pledge of Allegiance. Board Member Shawn Gefroh was absent and all other board members were present (Rory Hoffmann, Jacob Hofmann, Jeremy Schmidt, Shawn Lachenmeier, Nancy Heinle-Bodvig, and Nolan Kartchner). Supt. Bosche, Principal Hofmann, and Business Manager Moser were also present.

The minutes of the November 14, 2025 regular meeting were reviewed. Nancy moved to approve the minutes as presented, Shawn L. seconded, carried unanimously.

The monthly financial report was reviewed and discussed. Jeremy moved to approve the monthly financial report, Nolan seconded, carried unanimously.

The monthly bills and payroll were reviewed and discussed. Shawn L. moved to pay all bills and payroll, Jacob seconded, carried unanimously.

Agenda Additions/Deletions: none

Recognize guests: none

Public Comments: none

Building project update: HVAC system working normally, locker kickplate issues.

Nolan moved to amend policies AACA, BAA, BAB, FDE, & HCBA on the first reading and waive the second reading to expedite the policy adoption process per board policy BDA; Nancy seconded, roll call vote: NH-y, JH-y, NK -y, SL-y, JS-y, RH-y. Motion carried 6-0.

The board reviewed the Administrative Regulation AACA-AR.

Transportation committee needs to meet to discuss our current fleet and possible purchase of another 14 passenger bus – committee will meet after January 2026 board meeting.

Superintendent/AD Report: Congratulations to our volleyball team who took 2nd place in the State Division B Tournament. Congratulations also to Brynn Sorenson, Division B Outstanding Senior Athlete of the Year, Coach of the Year Jacie Connell, and All Tournament Team Members Violet Bohl, Destiny Opp, & Brynn Sorenson. Snow removal services. Girls basketball – 12 girls from grades 9-12. Boys basketball – 20 boys for JV/ Varsity and 12 boys for Junior High. Due to storm day, we will be in session on January 19, 2026.

Principal Report: Art teacher and Chess teacher coming to our school, Spelling Bee changes, Behavior matrix, Congratulations to our team on their 2nd place finish at the state volleyball tournament – support at the tournament was awesome! State Student Council convention attendance and food drive for the food pantry.

The next regular meeting will be on Friday, January 9, 2026, at 7:15 am. Jeremy moved to adjourn the meeting at 7:34 AM, Jacob seconded, carried unanimously.

/s/ Rory Hoffmann, Chairman
/s/ Dawn Moser, Business Manager

*These minutes are unapproved and subject to change at the January 9, 2026 board meeting.

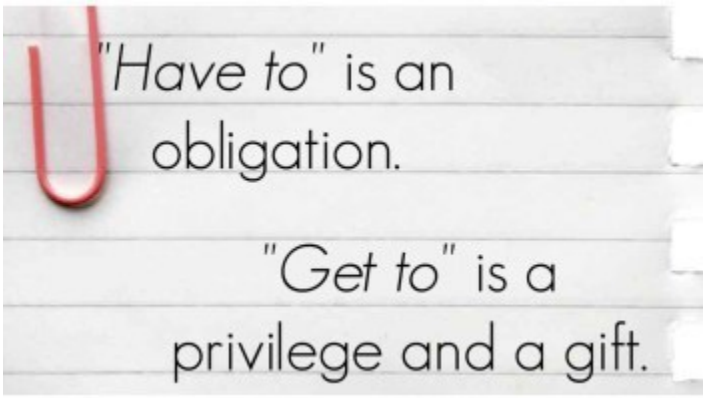
Mayse Friesen Named to North Dakota Junior High Honor Choir



Several of our students auditioned for the North Dakota Junior High Honor Choir, and eighth-grader Mayse Friesen was selected for the Treble Choir. She will rehearse and perform with other ND junior high students in Grand Forks on February 6th & 7th. A public concert will be held at Red River High School on Saturday afternoon, February 7th (time TBA). Congratulations, Mayse!

Mrs. Rochelle Bosche, K-12 Music

PRINCIPAL'S MESSAGE



"Have To" or "Get To"?

Growing up, whenever my brother or I complained about going to church or school, my mom always responded with the same simple phrase: "You get to." At the time, it felt like just another parent reminder. But as an adult—and especially as an educator—I've come to appreciate the wisdom in those three words.

Author Jon Gordon shares a similar message: replace "have to" with "get to." It's a small change that can have a big impact.

When we say we have to do something—I have to go to school… I have to finish this assignment… I have to attend this meeting—it can feel like a burden. But when we change those words to get to, the same tasks begin to look like opportunities and take on a different feeling.

We get to learn and grow each day.

We get to be part of a school community that supports one another.

We get to work through challenges and build resilience.

We get to make a positive difference in someone's day.

Life, and school, are gifts—not chores. This mindset doesn't take away the hard moments, but it helps us see them with gratitude instead of frustration.

With this new year, I encourage all of us to try this change in our thoughts. When you catch yourself saying have to, pause and replace it with get to. It may just change the way your day feels.

It's a lesson my mom taught me years ago, and one I'm grateful to pass along it along…we don't have to be here together… we get to.

Mrs. Tara Hofmann

JUST SAY NO CLUB FUN NIGHT

Our annual Pizza and Basketball Fun Night was held on Friday, December 5th.

The students were served cookies and milk after school.

We had a coloring contest again. The colored posters are hanging up in the school by the kitchen. The colored posters were judged and these are the results:

5th Grade:
- 1st – Benjamin Andres
- 2nd – Nathan Johnson
- 3rd – Nora Heupel

4th grade:
- 1st – Levi Kelstrom
- 2nd – Willow Andres
- 3rd – Olive Lytle

We played bingo until everyone received a prize. Pizza was served for supper, and games were played in the gym.

We would like to thank Dawn Moser for ordering the pizzas and making the paper ribbons. A thank you to Tammy Moser for baking the pizzas and a thank you to our Seniors, Kara Bosche and Cherdan Slaughter for calling bingo and helping with everything else.

The Just Say No Club would like to thank the following businesses for their donation to our club this month:

Dakota Central
Cenex

Tammy Schlecht, Advisor

City of Medina Council Minutes

City of Medina Regular Meeting
October 6, 2025 7:00 PM

The regular meeting of the City of Medina, Stutsman County, was called to order at 7:05 PM in the Memorial Hall. Present were Mayor Myron Gunderson, CM Dean Moser and CM Mitch Gunderson. Absent CM Dacotah Dockter and CM Joe Schmidt. Rhonda Schlecht (Auditor) and Sid Higdem (City Workers) present. Absent Lance Loock.
Reading of Minutes from 9/8/25 – CM Mitch motioned to accept the minutes with the corrections of Ultige to Ultieg and Club to Cub. 2nd CM Dean. All ayes – no nays – motion carried. Absent CM Joe and CM Dacotah. Minutes from Special Meeting 9/22/25 motioned to accept with the correction of Club to Cub by CM Dean. 2nd CM Mitch – all ayes, no nays – motioned carried. Absent CM Joe and CM Dacotah.
Visitors Recognized: Mark Freier (MED and Personal), Dave Nadeau and Brad Moser (Lift station), Melinda and Joe Deede.
PUBLIC COMMENTS – Mark Freier was wondering if some fill can be put in the alley between the houses at 305 Water St E in the alley. The City Workers will take care of this. Mark on behalf of MED wanted clarification on the process for MED to request funds from the 1% increase. MED would need to come in and request the funds for a specific project. Joe Deede inquired on the process of the sealed bids for the Cub Cadet and the billing at 201 School St SE. Auditor Rhonda will send a bill to the previous owner (Gordon Buskness) for $139.20 for the dumpsters.
Dave Nadeau – Brad Moser is here on behalf of Dave for the lift station. Brad explained about the lift and project in 2004 and the project requirement from the Health Department that everyone be hooked up. Discussion was held. Council will check with Moore Engineering if gravity flow can be done.
City Worker's Report – The Water Plant roof leaked and got into a panel and was fixed by Advantage Electric. Moore Engineering is trying to put under the project. DPC will be here in late November to redo Lift #5. Dewald's and Advantage Electric will do the work. The window in the Excursion was repaired. Laundromat received the new washers and they are hooked up. The dryers are also here but need HA Thompson to come unhook the old ones and hook up the new ones. Water Treatment Plant's roof was repaired. Maguires are here working on the relining of the water tower so the water is working on pressure. Quincy Air Compressor that was taken out of the water plant discussion on what to do with it. Moore's and the State will be here for a walk through to close out Phase II. The ADA cutout at Dakota Heritage Bank and down by Gundy's needs to be addressed. All hydrants have been flushed and holes have been patched. Inquiry on wage increase due to needing to enroll for health insurance. The Butler service agreement was a yearly fee for a 3 year contract. Discussion was done and the agreement won't be signed.
CM Dean motioned to approve the Advantage Electric bill to fix the panel. 2nd CM Mitch – all ayes, no nays – motion carried. Absent CM Joe and CM Dacotah.
Moore Engineering – Water Treatment Plant Project Updates – The contractor is currently working on the roof. The close out of the project will be done when the City is ready. Water Tower Update – Construction started today. The Water Tower was drained and the City is running on High Service Pumps. Anticipation of construction time is 2 weeks. City had approved design & bid engineering contract for this work contingent upon Abby's (lawyer) review a few months back. Moore's have received a final round of revisions from Abby and contract can now be signed. Hillside St. Drainage Study was done in April and a proposal was presented to the City at that time. No action was taken at that time. If the City wants to do the study before winter, Moore's would need an approval this month. Rhonda supplied the original proposal.
OLD BUSINESS: Water Bills – 6 and in contact with those individuals. Laundromat – new washer/dryers are here. Rhonda has contacted some contractors on the possibility of renovating/new building. Discussion on possibilities. Fish Cleaning Station – A spot has been plotted out and will be prepped for possible concrete yet this fall. Auditor's Report – the Hotmail email address in Outlook is corrupt and this is the main email address for the City. Rhonda is working on fixing it and there has been some fees to do so. Report of Drainage by Bill Busch's was discussed in Moore Engineering report.
CM Mitch motioned to accept the 2nd reading of the Fence Ordinance. 2nd CM Dean. All ayes, no nays – motion carried. Absent CM Joe and CM Dacotah.
ADDITIONS TO AGENDA - Contracts for the Water Tower Improvement signing. Letter from a resident was discussed. Discussion on conference reimbursement (mileage vs gas) – discussion on finding a vehicle at the State Auction.
CM Mitch motioned to transfer $31,295.43 from Specials to General for BND Loan payment on the Water Treatment Plant # 561014100000. 2nd CM Dean – all ayes, no nays – motion carried. Absent CM Joe and CM Dacotah.
NEW BUSINESS: None
PRESENTATION OF BILLS – CM Dean motioned to approve the paying of all the bills presented. 2nd CM Mitch – all ayes, no nays – motion carried. Absent CM Joe and CM Dacotah.
ADJOURN: CM Dean motioned to adjourn the meeting at 9:33 PM. 2nd CM Mitch. All ayes, no nays – motion carried. Absent CM Joe and CM Dacotah.

/s/ Myron Gunderson, Mayor
/s/ Rhonda Schlecht, Auditor

City of Medina Regular Meeting
November 3, 2025 7:00 PM

The regular meeting of the City of Medina, Stutsman County, was called to order at 7:00 PM in the Memorial Hall. Present were Mayor Myron Gunderson, CM Dean Moser and CM Mitch Gunderson, CM Joe Schmidt and CM Dacotah Dockter . Sid Higdem and Lance Loock (City Workers) present. Rhonda Schlecht (Auditor) at 8:30 PM.
Minutes from the October 6th meeting were read and motion to approve by CM Mitch with the correction of CM Dean changed to CM Mitch in the motion to transfer funds for loan payment. 2nd CM Joe – all ayes, no nays – motion carried.
Public Comment – Joe Deede regarding water problem at Desiree Kramlich (206 4th Ave NE). CM Dacotah motioned to move forward on the drainage proposal study. 2nd CM Dean – all ayes, no nays – motion carried.
Visitors recognized – MED (observing), Dave Nadeau (lift station), Jordon (Moore Engineering)
Dave Nadeau – The lift station on 304 NP St NW will be addressed in the Spring of 2026.
Jordon (Moore Engineering) – The Water Tower has been relined and the first bacteria test has passed. The second test was done today and as soon as the results are in the tower can go back into service. Pictures of before and after were provided. Waiting on the electrician to install the Jet Mixer and then all work will be completed. Water Treatment Plant project has all the work completed. Monitoring is still being done on chemical injection quills that have been leaking and the project will be closed out when the City is satisfied.
CITY WORKERS – Interstate Power System has not sent a quote yet. Abraham's in Cooperstown has 2 generators for $14,900 each. Dewald's can not dig for Lift Station #5 till Spring. There is a potential water leak with curb stop leaking by Dakotaland Feeds (102 NP St NW). December 15th is the deadline for Marketplace Health Insurance.
OLD BUSINESS: Water Bills were reviewed. Fish Cleaning station concrete and building will begin in the Spring 2026. An extension from Game and Fish will be done.
ADDITIONS TO AGENDA – Opening of bids for Cub Cadet – Dave Nadeau $76 and Joe Deede $100.N The bid was awarded to Joe Deede. Kitchen plans were presented and 1-2 more bids were requested. ND Cares information was presented and all agreed to go ahead with it. Medina Ambulance is applying for funding from the Rural Catalyst Grant Program and is requesting a letter of support from the council. The Council will sign a letter in favor of this.
CM Dacotah motioned to transfer the funds from City Pension, City Shares Social Security, Deficiency and Insurance Reserve to General. 2nd CM Mitch – all ayes, no nays – motion carried.
CM Dacotah motioned to distribute General Utilities (Cnty $) to the appropriate breakdowns of water/sewer/garbage/clean up/meter/project). 2nd CM Mitch – all ayes, no nays – motion carried.
CM Dacotah motioned to transfer $2,657.00 from Project Checking to General Checking for an Advantage Electric payment on 6/10/2025 Ck# 3570. 2nd CM Joe – all ayes, no nays – motion carried. (Payment was made out of General Checking and was later discovered that it was a project bill.)
CM Dean motioned to transfer $857.61 from Project Checking to General Checking for reimbursement of NDDEQ Conference reimbursement that was direct deposited into the wrong checking. 2nd CM Dacotah – all ayes, no nays – motion carried.
CM Dacotah motioned to transfer $2,180.00 from Clean Up to General for the City Wide Clean Up in June 2025. 2nd CM Dean – all ayes, no nays – motion carried.
NEW BUSINESS – None
PRESENTATION OF BILLS – CM Dean motioned and CM Mitch 2nd to pay the bills that were presented. All ayes, no nays – motion carried.
CMDean motioned, 2nd CM Mitch to pay all bills presented. All ayes, no nays – motion carried.
Reminder of meeting on November 10th at 7 PM with Harold Rotunda, CPA on finances. Also will discuss pay increases.
CM Dacotah motioned and 2nd by CM Dean to adjourn the meeting at 8:55 PM. All ayes, no nays – motion carried.

/s/ Myron Gunderson, Mayor
/s/ Rhonda Schlecht, Auditor

City of Medina Special Meeting
November 10, 2025 7:00 PM

The special meeting of the City of Medina, Stutsman County, was called to order at 7:00 PM in the Memorial Hall to discuss audits/budgets and wages. Present were Mayor Myron Gunderson, CM Dean Moser and, CM Joe Schmidt and CM Dacotah Dockter . CM Mitch Gunderson via phone. Rhonda Schlecht (Auditor) present.
Visitors recognized – Harold Rotunda (CPA)
Harold Rotunda (CPA) was here to discuss the budgets and fund accounts that the city has. Discussion on reserve funds and how to maintain and keep those funds or transfer to general account. Harold recommends that if there are any rate increases that those funds go into a reserve. Council will check with other cities as to rates that they charge and compare.
Discussion on wages.
CM Dean motioned and 2nd by CM Dacotah to adjourn the meeting at 9:42PM. All ayes, no nays – motion carried.

/s/ Myron Gunderson, Mayor
/s/ Rhonda Schlecht, Auditor

Music Department to Host 7TH Annual Dinner Theatre on Saturday, January 31st

The music department will host its seventh annual semi-formal dinner theatre on Saturday, January 31st at 6:00pm in the school gym. Doors will open at 5:30pm. Guests will be waited on by music students who are raising money for the 2027 band and choir trip to Branson. In addition to the meal, the night will include entertainment by students and others from our area. Tickets can be purchased from high school music students or by calling the school ($25 adults; $12 students - 12th grade and younger). Seating is limited!



COUNSELOR CONNECTION

This month I'd like to share a resource (or re-share, as I have shared this resource before) available to parents and/or guardians. ParentsLead is an evidence-based prevention program that has a simple mission: To support parents in promoting the behavioral health of their children. It does this by providing a wide variety of tools and resources to support parents with this task.



Their newest resource is a podcast. ParentsLead knows that parenting is not perfect… and their podcast focuses on the realities of parenting—the messy, funny, frustrating, heart-filled moments that make parenting what it is. Its intent is to discuss relevant topics for parents, families and humans in general, by hosting local experts that can provide helpful insights for any parent; for any family. The first five episodes are live and can be found by visiting www.parentslead.org/podcast. If accessing the newsletter online, you can also click on each of the podcast links at the end of this article to be taken directly to the podcast episode(s) that interest you.

Personally, I am looking forward to checking this podcast out. As a parent, I know that parenting can be tough and I want to be the best parent I can be. In the book, *The Alchemist*, the author, Paulo Coelho says it best, "When we love, we always strive to become better than we are. When we strive to become better than we are, everything (and I'll add 'everyone') around us becomes better too." I hope you'll join me in checking out some of the episodes (episode 4 sounds particularly interesting as we head into the holiday season)… we never know what we can learn, or how we can grow, until we take the opportunity to do so.

Episode 1: Healthy Habits for Healthy Minds: Screens, Sleep, and Winter Routines

Episode 2: Small Routines, Big Resilience: Real-Life Tools for Early Years

Episode 3: Building Resilience Through Play: Simple, Open-Ended Wins at Home

Episode 4: Big Feelings, Sibling Squabbles, and Holiday Survival: Practical Tools from the Therapy Couch

Episode 5: Protecting the Growing Brain: Love, Limits & Everyday Prevention

Mrs. April Foth, Counselor

ELEMENTARY SCHOOL

Helping Children Learn®

Tips Families Can Use to Help Children Do Better in School

January 2026

Medina Public School

Frequent reading can boost your child's thinking skills—and more



Elementary schoolers' brains are still developing. And research shows that reading for pleasure in these years can affect this development in positive ways. One study found that kids who read often for fun had stronger cognitive skills and better mental health.

To help your child establish a pleasure reading habit:

- **Build reading** into daily routines. At breakfast, encourage your child to read a fun book while you read the news. If your child gets stuck while doing schoolwork, suggest taking a short break to read.
- **Ask relatives, family friends or neighbors** who enjoy reading to recommend books they enjoyed at your child's age. A personal connection can be a powerful motivator.
- **Create a comfy reading nook at home.** Ask your child to help you. Include a basket of books, pillows, stuffed animals and a light.
- **Take reading material everywhere** you go, and read with your child. To add interest, have your child pick a book that relates to your destination. For example, you might read a book about a visit to a dentist while waiting for a dental appointment.

Source: "Reading for pleasure in early childhood linked to better cognitive performance and mental well-being in adolescence," University of Cambridge.

January is a time for making changes

A new calendar year and a return to school after a break make this month a natural time for a fresh start. If your child's school year has not been going as well as you hoped, a reset now can help your student get back on track.

Make this the time to:

- **Swap bad habits** for good ones. Breaking a habit is hard. It's much easier to put a different one its place. If your child usually plays video games to relax, encourage reading for 20 minutes instead. Let your child choose what to read.
- **Show family support.** If your child needs to give studying more time and effort, make study time quiet work time for the whole family.
- **Focus on organization.** Look for a new 2026 calendar your child would enjoy. Help your student use it to keep track of home and school responsibilities.
- **Celebrate improvements.** Help your child see the link between new habits and results.

Delaying makes it worse



If your child puts off doing disliked tasks, recommend doing them first, instead. Explain that putting difficult things off just makes them seem harder. "Until that job is finished, it is just going to weigh on your mind." Then, help your child focus on how great it will feel when the task is completed.

Provide loving perspective

All kids experience negative feelings from time to time. But sometimes, the feelings aren't really justified. While listening is a vital way to offer support, automatically agreeing isn't. If your child feels wronged:

- **Ask for details.** If your child says a classmate was mean, say, "Tell me what happened." This lets your child feel heard and you can respond to the facts.
- **Offer a challenge.** If your child says a quiz was "unfair," ask "Why wasn't it fair? How did you prepare?" If the truth is that your child didn't study, point that out. Then, brainstorm together about what your child could do differently next time.

Take charge of screen use

Children's digital media use is skyrocketing. The American Academy of Pediatrics recommends that families actively monitor and manage their children's recreational screen activities. Here are some steps to take:

- **Designate** device-free times, such as during family meals and in the car.
- **Encourage** screen-free alternatives. Take walks, play board games, do crafts.
- **Set** a digital curfew at least 30 minutes before bedtime.



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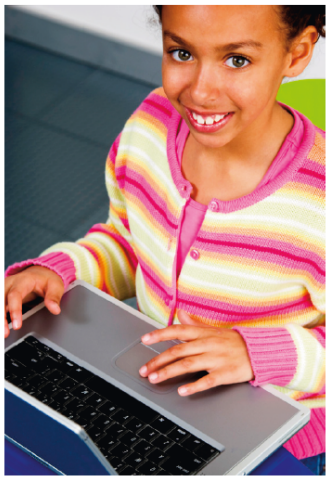
ELEMENTARY SCHOOL
Helping Children Learn®
Tips Families Can Use to Help Children Do Better in School — *January 2026*

Q&A How can I help my child break through writer's block?

Q: Whenever there is writing to do for school, my child just stares into space and can't get started. What can I do to help?



A: Many students balk at the thought of writing—and so do many professional writers! Explain to your child that lots of people feel a little worried when they have to write, but there are things they can do to make it easier. Then, to help your elementary schooler get writing:

- **Suggest writing** for a few minutes about anything that comes to mind, no matter how silly.
- **Encourage your child to brainstorm** about topic ideas for the assignment, and make a list. Discuss them together to help your child think them through.
- **Tell your child to write** without worrying about things like grammar and spelling. After getting thoughts down on paper, your student can go back and edit.
- **Be a gentle reviewer.** Note what you like first. Focus on what your child is trying to say rather than the rules of writing. Make suggestions for improvement, but let your child fix mistakes.
- **Let your child express frustration.** It takes time and practice to become a capable writer.

Parent Quiz Are you prioritizing school attendance?

Academic success starts with regular attendance. Are you reinforcing the importance of school and taking steps to ensure your child doesn't miss out on learning time? Answer *yes* or *no* to the questions below:

___**1. Do you teach** your child that education matters and school is not to be skipped?

___**2. Do you help** your child develop sleep, exercise and nutrition habits that support health and learning?

___**3. Do you veto** weak excuses for missing school? Not wanting to get out of bed isn't a valid reason to be late.

___**4. Do you adjust** bedtime and wake time if your child has trouble getting up and ready on time?

___**5. Do you ask** the school for help finding solutions to attendance obstacles?

How well are you doing?

More yes *answers mean you are supporting strong attendance. For each* no, *try that idea.*

"Learning is not attained by chance, it must be sought for with ardour and attended to with diligence."
—Abigail Adams

Help with math three ways

Put these strategies to use regularly to boost your child's progress and comfort with math:

1. **Engage with your child's math** learning. Review returned work and talk about it together. Ask the teacher how to help with different concepts.
2. **Have your child explain** how to solve problems. This helps students clarify their understanding and catch errors.
3. **Have fun with it.** Play board games and appoint your child scorekeeper or banker. Add math to games like Simon Says. *Simon says add 11 + 12.*

Hearing can impact reading

You may not think of hearing in connection with reading. But hearing loss can be a factor when children struggle to read. In one study, 25 percent of children who had reading issues showed mild to moderate hearing loss their families were unaware of.

If you notice your child frequently favoring one ear, raising the volume on devices, speaking more loudly than necessary or having difficulties with reading, contact a doctor for a hearing screening.

Source: J. Carroll and H. Breadmore, MD, *Morphological Processing in Children with Phonological Difficulties*, Coventry University and The University of Warwick.

Stress the value of honesty



Even when children know the difference between honesty and lying, telling the truth isn't always easy for them. To encourage honesty:

- **Discuss it.** Lying destroys trust. No one believes what a liar says—even when it's true.
- **Ask questions** that prompt truth-telling. *Why did you do this?* not *Did you do this?*
- **Praise your child** for telling the truth in difficult situations.

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January 2026



Breakfast served from 8:05 - 8:25 AM each school day. Salad bar and milk served daily.
Menu is subject to change. Families are welcome — please make prior arrangements with the office.

Mon	Tue	Wed	Thu	Fri	Sat
School Christmas Vacation continues until January 5th			1  	2 **GBB vs LLM @ LaMoure 6:00**	3 ***Medina Booster Club Prime Rib Dinner/ Raffle/Silent Auction Fundraiser***
4  	5 Chicken Drummies French Fries ~~~~~~~~~~~~~~~~~~~ **BBB vs Midkota/GCC @ Pingree 4:30** **JV GBB @ BCN 4:00**	6 Chicken Noodle Soup Sandwiches ~~~~~~~~~~~~~~~~~~~ **Bookmobile** **GBB vs NR/S @ Pingree 6:00** ***Senior/Parents Night***	7 Spaghetti Cheesy Bread	8 Stuffed Baked Potato 	9 Taco in a bag ~~~~~~~~~~~~~~~~~~~ **School Board mtg. 7:15 am** **Just Say No Club 2:45** **BBB vs. GU/Hebron Jamestown Civic Ctr 7:30**	10 **BBB vs. Washburn Jamestown Civic Ctr 6:30**
11	12 General Tso's Chicken Rice ~~~~~~~~~~~~~~~~~~~ **JH BBB @ Napoleon 4:30** **GBB @ Hazelton 6:00** **FFA meeting 7:00**	13 Chicken Tortilla Soup Grilled Cheese ~~~~~~~~~~~~~~~~~~~ **GBB vs South Border @ Medina 6:00**	14 Hamburger Stroganoff Mixed Vegetables 	15 Sub Sandwiches Potato Wedges ~~~~~~~~~~~~~~~~~~~ **GBB @ Ellendale 6:00**	16 Tacos ~~~~~~~~~~~~~~~~~~~ **Ag in the Classroom for 3rd & 4th grade @ Jmst** **BBB vs Napoleon/GS @ Medina 4:30 (JH/JV/Varsity)**	17 
18	19 Sweet & Sour Chicken Rice  	20 Taco Soup Sandwiches ~~~~~~~~~~~~~~~~~~~ **BBB @ Warwick 4:30 (JH/JV/Varsity)** **GBB vs EKM @ Medina 6:00**	21 Fried Sausage Oven Roasted Potatoes ~~~~~~~~~~~~~~~~~~~ **Bookmobile**	22 Popcorn Chicken Potato Smiles ~~~~~~~~~~~~~~~~~~~ **BBB vs KC @ Medina 4:30**	23 Tator Tot Ole' ~~~~~~~~~~~~~~~~~~~ **GBB @ Strasburg 6:00**	24 **GBB & BBB vs. W/L @ Medina** JV GBB @ 12:00 JV BBB @ 1:30 Varsity GBB @ 3:00 Varsity BBB @ 4:30
25  	26 Pizza Corn ~~~~~~~~~~~~~~~~~~~ **BBB @ Linton 4:30 (JH/JV/Varsity)** **JV GBB vs. BCN @ Pingree 5:00**	27 Knoephla Soup Sandwiches ~~~~~~~~~~~~~~~~~~~ **GBB vs Napoleon/GS @ Medina 6:00** **JH BBB @ Steele 4:30**	28 Pulled Pork Sandwiches Baked Beans Coleslaw ~~~~~~~~~~~~~~~~~~~ **Early dismissal @ 1:15 for Staff Professional Development**	29 Hamburger Hotdish Green Beans ~~~~~~~~~~~~~~~~~~~ **BBB @ BCN 4:30 (JH/JV/Varsity)**	30 Chicken Wraps ~~~~~~~~~~~~~~~~~~~ **BBB @ LaMoure 6:00 (JV/Varsity)**	31 **JH BBB Jamboree @ Edgeley** **Music Dinner Theatre @ Medina 6:00** 

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NON-PROFIT ORGANIZATION

PERMIT NO. 4

Medina Public School

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Medina, ND 58467-7103
Phone: 701-486-3121

Website: www.medina.k12.nd.us

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POSTAL CUSTOMER

We enter to learn,
We leave to achieve.

DINNER & AUCTION FUNDRAISER

Hosted by:

2026
SATURDAY | 3 | JANUARY

MEDINA BOOSTER CLUB

MEDINA CITY HALL
SOCIAL HOUR 5:00 PM - 6:00 PM FOLLOWED BY
DINNER, GUN RAFFLES, SILENT & LIVE AUCTIONS

$50 TICKET INCLUDES: ADMISSION TO THE EVENT,
PRIME RIB MEAL & DESSERT, AND EXCLUSIVE
ENTRY TO WIN A
SAVAGE 93R17 FV HMR

JOIN US! This event is more than just a fundraiser — it's a celebration of community, connection, and excitement, all to support the Dakota Heritage Bank Activity Center. Enjoy a delicious meal, bid on unique items, and take in the excitement—there's something for everyone. Event tickets are $50 each.

The Medina Booster Club is also holding a raffle with the following prizes: seven various guns, an ice auger, an underwater camera, and a $500 Scheels gift card. Winners drawn the night of January 3, 2026. Raffle tickets are $20 each. Contact a Medina Booster Club member today for your tickets!