NOVEMBER 2026

ECEC Breakfast & Lunch

Breakfast (B) and Lunch (L) are complete meals
3 components for breakfast: Unflavored Milk, Fruit and Grain
5 components for lunch. Whole Grain (WG)
Meat/Meat Alt, grain, fruit, veggie and unflavored milk

Monday	Tuesday	Wednesday	Thursday	Friday
2 B- French Toast Fruit/Milk L- Chicken Tenders Green Beans Fruit/Milk	**3** Schools Closed	**4** B- Muffin Fruit/Milk L- Spaghetti Corn Fruit/ Milk	**5** B-Sausage Biscuit Fruit/Milk L- Soft Beef Taco Beans Fruit/ Milk	**6** B- Waffle Fruit/Milk L- Pizza Chopped Salad Fruit/ Milk
9 B- Pancakes Fruit/Milk L- Chicken Nuggets Peas Fruit / Milk	**10** B- Chicken Biscuit Fruit/Milk L- Cheeseburger Corn Fruit / Milk	**11** B-Pumpkin Bread Fruit/Milk L- Grilled Cheese French fries Fruit/ Milk	**12** B-Cinnamon Toast (2 Slices) Fruit/Milk L- Thanksgiving Meal Turkey, Mashed Potatoes, Roll Green Beans, Stuffing Baked Apples	**13** B-Cinnamon Roll Fruit/Milk L- Pizza Chopped Salad Fruit / Milk
16 B- French Toast Fruit/Milk L- Boneless Wings Green Beans Fruit / Milk	**17** B- Muffin Fruit/Milk L- Breakfast for Lunch Hash Brown Fruit/ Milk	**18** B- Cheerios/Grahams Fruit/Milk L- Lasagna Peas Fruit/ Milk	**19** B- Sausage Biscuit Fruit/Milk L- Ham n Cheese Croissant Corn Fruit / Milk	**20** B- Waffle Fruit/Milk L- Pizza Beans Fruit / Milk
23 Schools Closed	**24** Schools Closed	**25** Schools Closed	**26** Happy Thanksgiving	**27** Schools Closed
30 B- Pancakes Fruit/Milk L- Chicken Patty on a Bun Green Beans Fruit / Milk				



- **ECEC meals are unitized**
- **This institution is an equal opportunity provider**

MY SCHOOL BUCKS
PAY FOR MEALS ONLINE
MySchoolBucks.com