Pre-Season Practice Schedules-Fall 2026

HS Football

Aug 10-15…1st week: Mon-Fri 3:30-6pm
Saturday 10-12(blue/white scrimmage)

Aug 17-22…2nd week:
Monday and Wednesday doubles 1pm-3pm & 5:30-7:30pm
Tues /Thurs / Fri… 3:30-6pm
Saturday scrimmage with TBD

Aug 24-29…3rd week: Mon-Thur 3:30-6pm
Friday 4-way scrimmage at 5pm at FH
Saturday TBD

HS Cross Country Preseason 2026

*Questions or concerns call Coach Dan at 508-265-8743
Times will be 4-5:30pm
Thursday Aug. 13: Castleton Rail trail, South Street gate
Friday Aug.14: Glen Lake, parking at the lot at the intersection of Moscow Road/Black Pond Rd
Monday Aug. 17: Taconic Mountains Ramble State Park 321 St. John Road
Tuesday Aug. 18: Castleton Rail Trail
Wednesday Aug.19: Glen Lake
Thursday Aug. 20: Taconic Mountains Ramble SP
Friday Aug. 21: Castleton Rail Trail
Monday Aug. 24: Glen Lake
Tuesday Aug. 25: Taconic Mountains Ramble SP
Wednesday Aug 26 at 3:30pm Meet at the Gazebo after school

HS Boys Soccer Preseason Practice Schedule

8/13-15 6:00-8:00 pm
8/17-18 6:00-8:00 pm
8/19 8:00-9:30 am; 6:30-8:00 pm
8/20 6:00-8:00 pm
8/21 8:00-9:30 am; 6:30-8:00 pm
8/22 Scrimmage @ Mill River vs Mill River (10:00 am) and Vergennes (11:00 am)
8/24 8:00-9:30 am; 6:30-8:00 pm
8/25 Scrimmage vs Grace Christian School 2:00 pm
8/26 Regular schedule begins: 3:30-5:15 pm

HS Golf Pre-Season Practice up to start of School (Grades 8-12)

Aug 17 @ Bomoseen Golf Club…3:30-5:30
Aug 18 @ Bomoseen Golf Club…3:30-5:30
Aug 19 @ Skene Valley…3:30-5:30
Aug 19 @ Skene Valley…3:30-5:30
Aug 21 @ Bomoseen Golf Club…3:30-5:30

Aug 24 @ Bomoseen Golf Club…3:30-5:30
Aug 25 @ Bomoseen Golf Club…3:30-5:30
Aug 26 @ Skene Valley…3:30-5:30
Aug 27 @ Skene Valley…3:30-5:30
Aug 28 @ Bomoseen Golf Club…3:30-5:30

HS Field Hockey (grades 8-12)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Day					**8/13/2026**	**8/14/2026**	**8/15/2026**
AM					None	None	9:00 - 11:30
PM					3:45 - 6:30	3:45 - 6:30	None
Day	**8/16/2026**	**8/17/2026**	**8/18/2026**	**8/19/2026**	**8/20/2026**	**8/21/2026**	**8/22/2026**
AM	None	None	None	AM Conditioning	None	AM Conditioning	9:00 - 11:00
PM	None	3:45 - 6:30	3:45 - 6:30	3:45 - 6:30	None	3:45 - 6:30	None
Day	**8/23/2026**	**8/24/2026**	**8/25/2026**	**8/26/2026**	**8/27/2026**	**8/28/2026**	**8/29/2026**
AM	PlayDay at BBA	Off		School Starts	School	School	9:00 - 11:00
PM		Off	3:45 - 6:30	3:45 - 5:45	3:45 - 5:45	Game @ Rutland	
Day	**8/30/2026**	**8/31/2026**	**9/1/2026**	**9/2/2026**	**9/3/2026**	**9/4/2026**	**9/5/2026**
AM	None	School	School	School	School	School	9:00 - 11:00
PM	None	3:45 - 5:45	Midd Home	3:45 - 5:45	Granville Home	3:45 - 5:45	

HS Girls' Soccer
2026 Preseason Schedule

Pre-season practices begin on Thursday, August 15. All practices are held on HS fields/classrooms and attendance is mandatory.

Date	Session(s)
Thursday, Aug. 13	4:00 pm - 6:30 pm
Friday, Aug. 14	4:00 pm - 6:30 pm
Saturday, Aug. 15	8:00 am - 10:00 am Intersquad Scrimmage
Sunday, Aug. 16	no practice
Monday, Aug. 17	4:00 pm - 6:30 pm
Tuesday, Aug. 18	4:00 pm - 6:30 pm
Wednesday, Aug. 19	4:00 pm - 6:30 pm
Thursday, Aug. 20	4:00 pm - 6:30 pm
Friday, Aug. 21	2:30pm Round Robin w/BBA & U-32. Be at the field by 1:45pm. Warm-ups start at 2:00pm
Saturday, Aug. 22	8:00 am - 10:00 am
Sunday, Aug. 23	no practice
Monday, Aug. 24	4:00 pm - 6:30 pm
Tuesday, Aug. 25	5:00 pm scrimmage at Vergennes. Bus leaves at XXX
Wednesday, Aug. 26	3:45 pm - 5:45 pm
Thursday, Aug. 27	3:45 pm - 5:45 pm

Friday, Aug. 28 - Regular season begins at Mt. Abraham

Please note - practice wrap up and putting away gear typically takes a little less than 10 minutes. For planning purposes, assume you will be walking off the field 10 minutes after the listed practice end times.

Note:
Weather events (heat, humidity, lightening, etc.) may require us to alter this schedule.

HS CHEER (grades 8-12)

8/13 4:30pm-6pm
8/14 4:30pm-6:30pm
Parent meeting @ 6:30pm
8/17-8/20 4:30pm-6:30pm
8/24-8/27 4:30pm-6:30pm
8/31 4:30pm-6:30pm
All Practices are in the Middle School Gym

Middle School Pre-Season Start Dates:

*MS Cross Country…Wednesday August 26th…3:30-5pm (Grades 5-8)
*Boys Soccer…Thursday August 27th…3:30-5:15 (inside the track)
*Girls Soccer…Thursday, August 27th…3:30-5:15 (inside the track)