RUSSELL REGIONAL HOSPITAL
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West Central Kansas Association, Inc. d/b/a

FOR IMMEDIATE RELEASE

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RUSSELL COUNTY ANNUAL FREE SPORTS PHYSICALS

Russell, KS (06/04/2026) – Russell Regional Hospital (RRH) will be hosting its Annual Free Sports Physicals on Friday, July 10, 2026 from 8 AM to 5PM. No appointments will be available during the lunch hour (Noon to 1PM). This event is open to all students who attend a school district in Russell County, including USD 407, USD 399, and USD 299. Registration for this event is due July 6, 2026 by calling the RRH Physician's Clinic at (785) 483-3333.

Sponsored by RRH and the Russell County Health Department, any student who is required to obtain a physical for recreation or a school sanctioned sport is eligible to receive this free service. The Kansas State High School Activities Association does require a new physical each year. In addition, the Russell County Health Dept. will be present for immunization updates.

To ensure a speedy process, bring a completed Physical Form and Immunization Form to your scheduled time. They can be found on the RRH website at https://www.russellhospital.org/physicians-clinic or you can pick them up at the front desk in the Main Entrance of the hospital. The physicals will take place in the Specialty Clinic, located at 222 S. Kansas St., Russell. The Russell County Health Dept. also requests that you bring your insurance card for immunizations.

RRH and the Russell County Health Dept. are proud to have the ability to offer this free service each year to our local and area students. All the information can also be found on the attached flyer.

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