October Lunch

Grades K-5

Monday	Tuesday	Wednesday	Thursday	Friday
28 Chicken Sandwich Fruit Baked Beans Carrots Rice Krispie Treat Milk	**29** Walking Taco Applesauce Corn Salsa Milk	**30** Orange Chicken Rice Fruit Broccoli/Cauliflower Milk	**OCT 1** Breakfast Sandwich Tater Gems Peas and Carrots Juice Milk	**2** Soft Pretzel Cheese Sauce Goldfish Fruit Cucumber/ Celery Milk
5 Chicken Nuggets Dinner Roll Fruit Carrots Green Beans Milk *BBQ or Ketchup*	**6** Soft Taco Fruit Refried Beans Salsa Juice Milk	**7** Pizza Fruit Salad/Dressing Milk Treat	**8** French Toast Scrambled Eggs Fruit Tater Gems Celery Syrup Milk	**9** Turkey Sandwich Fruit Carrots/Cucumbers Chips Milk
12 No School	**13** Nachos Fruit Lettuce Peppers Green Beans Juice Milk	**14** Popcorn Chicken Bowl Potatoes, Gravy Corn Slushi Milk	**15** Cheese Stuffed Breadstick Fruit Baked Beans Mariniara Sauce Milk	**16** PBJ Yogurt Goldfish Fruit Carrots/Cucumbers Milk
19 Cheeseburger Fruit Potato Wedges Green Beans Milk	**20** Walking Taco Fruit Lettuce Corn Salsa Milk	**21** Teriyaki Chicken Rice Fruit Stir Fry Veggies Carrots Milk	**22** Dutch Waffle Chicken Strips Fruit Salad/Dressing Milk	**23** Hot Dog Fruit Celery Baked Beans Chips Milk
26 French Toast Scrambled Egg Fruit Tater Gems Celery Milk	**27** Soft Taco Fruit Refried Beans Salsa Juice Milk	**28** Pizza Fruit Salad/Dressing Milk Treat	**29** Turkey Sandwich Fruit Carrots/Cucumber Chips Milk	**30** Chicken Nuggets Dinner Roll Fruit Carrots Green Beans Milk *BBQ Sauce or Ketchup*

All breads, breading, crackers, and cookies served meet whole grain-rich requirements.

Students are required to select three (3) food components, one of which must be a fruit or vegetable.

Menus are subject to change due to supply chain availability.

All meals are planned and served in compliance with current USDA meal pattern requirements.

Lettuce Purchased Locally From Greybull Produce

PCSD6 is an equal opportunity provider.

Meal Prices

Breakfast: $3.25 (Paid) • $0.25 (Reduced)

Lunch: $3.85 (Paid) • $0.25 (Reduced)

Free and Reduced-Price Meal Applications:

- Applications may be submitted online at linqconnect.com
- Paper applications are available at each school and may be returned to the school office
- (Only one application per household is required.)