

November Breakfast Menu

Good Food
Fuels
Great Days!

Monday	Tuesday	Wednesday	Thursday	Friday
2 • Cinnamon Toast Crunch • Go-gurt • Apple Crisp • Juice • Milk	3 • Cake Donut • Cheese Stick • Fresh Fruit • Fruit Cup • Milk	4 • Cinnamon Roll • Egg Patty • Fresh Fruit • Fruit Cup • Milk	5 • Mini Maple Pancake • Yogurt • Fresh Fruit • Fruit Cup • Milk	6 • Bagel Pizza • Fresh Fruit • Applesauce • Milk
9 • Honey Nut Cheerios • Cheese Stick • Fruit Cup • Juice • Milk	10 • Muffin • Yogurt • Fresh Fruit • Craisins • Milk	11 • Banana CC Bar • Fresh Fruit • Fruit Cup • Milk	12 • Cheese Omelet • Fresh Fruit • Hash brown Patty • Salsa • Milk	13 No School
16 • Reese Puff • Go Gurt • Fruit Cup • Juice • Milk	17 • Cherry Frudel • Yogurt • Fresh Fruit • Milk	18 • Breakfast on a stick • Fresh Fruit • Fruit Cup • Milk	19 • Strawberry Pancake • Hard Boiled Egg • Fresh Fruit • Fruit Cup • Milk	20 • Pumpkin Bread • Cheese Stick • Fresh Fruit • Craisins • Milk
23 • Trix • Go-gurt • Fresh Fruit • Juice • Milk	24 • Breakfast Bar • Fresh Fruit • Fruit Cup • Milk	25 No School	26 Thanksgiving	27 No School
30 • Lucky Charm • Go-gurt • Apple Crisp • Juice • Milk	Due to supply chain challenges, menu items may change. Students are required to select three (3) food items, one of which must be a fruit or vegetable.		Breakfast Prices Paid \$3.25 Reduced \$0.25	
		• All muffins, donuts, French toast, waffles, cereals and similar items are made with whole grains. • Breakfast is offered every morning before school. • All menus are compliant with USDA guidelines.		How to Apply for Free or Reduced Meals (Only one application per family is required.) • Apply online at linqconnect.com or complete a paper application and return it to your school. PCSD6 is an equal opportunity provider.