



## **MHSAA SPORTS PHYSICAL INFORMATION**

For the 2025-26 school year, an MHSAA pre-participation sports physical is required for all students who participate in sports. A physical examination must be completed on or after April 15, 2025 to be considered a valid physical for 2025-26. If the student does not have an up-to-date physical (one on or after April 15, 2025), they will be required to have one uploaded on FamilyID with completion of the online registration process or turned into the Athletic/Middle School Office before participating.