WEEKLY REMINDER

CES XC

CHOUDRANT ELEMENTARY CROSS COUNTRY



TUESDAY AUGUST 25
6:00–7:00 PM

THURSDAY AUGUST 27
6:00–7:00 PM

AT THE GOSPEL SANCTUARY RD, RUSTON, LA

BRING PLENTY OF WATER!

RESPECT THE GOSPEL RULES

- NO PARKING ON GRASS
- NO SWIMMING OR GETTING ON BEACH
- AVOID HANGING IN THE TREES
- NO GOING ON THE BIG SLIDE FOR OUR SAFETY

SUPPORT OUR RUNNERS!

Help us keep our runners fueled and encouraged with pre race popsicles, snacks, and waters all season long!

SNACKS

venmo
Emily Baker
@Emily-Baker-1988

NEW STORE COMING SOON!

Our NEW store will go LIVE THIS WEEK!
Stay tuned!

PARENTS WELCOME TO STAY *and walk/run!*

GO AGGIES!