9/20/26

This Week at IAL

Monday 9/21/26	Tuesday 9/22/26	Wednesday 9/23/26	Thursday 9/24/26	Friday 9/25/26
7th Grade Black Volleyball Practice @ RJHS. IAL Football @ West Ridge at 6:00 pm	Football Practice at IAL Cross Country Practice at RHS 7th Grade Black Volleyball vs. AEP @ RJHS	Football Practice at IAL All Teams Volleyball Practice at Ruston Sports Complex.	Football Practice at IAL Cross Country Practice at RHS 7th Black Volleyball at NSU Lab	Students can wear Jeans for $1. IAL, RJHS, or Ruston High Spirit shirts allowed. Concessions $5 Limit 7th Grade Red Volleyball Practice @RJHS

Please Note

Ram Jam 1 (Behavior Incentive) - Congratulations to all of our students who qualified for and received an ice cream sandwich for our first behavior incentive yesterday! We are proud of the students who demonstrated positive behavior and made good choices throughout the qualification period. Parents, as soon as one incentive period ended, the next one began! Our next behavior incentive is a Silent Disco on October 9. Students can earn their opportunity to participate by continuing to meet our behavior expectations throughout the qualification period. Additional information can be viewed here.

September Menus - Click the link to view our Breakfast Menu or our Lunch Menu.