

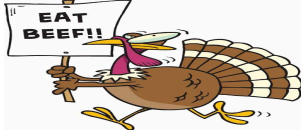


November



West Valley School



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Breakfast: Pancakes, Fruit, & Cheese Stick Lunch: Ham & Cheese Sandwich, Fruit & Veggies	Breakfast: Apple Filled Donut, Fruit, & Yogurt Lunch: Pancake & Sausage on a Stick, Fruit & Veggies	Breakfast: Honey Bun, Fruit, & Cheese Stick Lunch: Cheese Filled Pretzel, Fruit & Veggies	Breakfast: Waffles, Fruit, & Yogurt Lunch: Chicken Strips, Fruit & Veggies	Breakfast: Mini Bagels, Fruit, & Cheese Stick Lunch: Cheese Pizza, Fruit & Veggies
9	10	11	12	13
Breakfast: Pancakes, Fruit, & Cheese Stick Lunch: Pork Rib Sandwich, Fruit & Veggies	Breakfast: Apple Filled Donut, Fruit, & Yogurt Lunch: Burrito, Fruit & Vegetables	Breakfast: Honey Bun, Fruit, & Cheese Stick Lunch: Chicken Sandwich, Fruit & Veggies	Breakfast: Waffles, Fruit, & Yogurt Lunch: Sloppy Joes, Fruit & Veggies	Breakfast: Mini Bagels, Fruit, & Cheese Stick Lunch: Sausage Pizza, Fruit & Veggies
16	17	18	19	20
Breakfast: Pancakes, Fruit, & Cheese Stick Lunch: Turkey & Cheese on a Croissant, Fruit & Veggies	Breakfast: Apple Filled Donut, Fruit, & Yogurt Lunch: Chicken Nuggets, Fruit & Veggies	Breakfast: Honey Bun, Fruit, & Cheese Stick Lunch: Hot Dog, Fruit & Veggies	Breakfast: Waffles, Fruit, & Yogurt Lunch: Beef Pasties, Fruit & Veggies	Breakfast: Mini Bagels, Fruit, & Cheese Stick Lunch: Pepperoni Pizza, Fruit & Veggies
23	24	25	26	27
<div>NO SCHOOL - Thanksgiving Break</div> 				
30				
Breakfast: Pancakes, Fruit, Cheese Stick Lunch: Corn Dog, Fruit & Veggies				
Breakfast includes: entrée listed, 1/2 cup fruit cup and/or fresh fruit & choice of milk plus one additional item (Yogurt or Cheese Stick). Students must take 1/2 cup fruit with meal. Lunch includes: entrée listed, 1/2 cup fruit, 3/4 cup vegetables & choice of milk. Eighty percent of grains are at least 51% whole grain rich. Students must take 1/2 cup fruit and/or vegetables with meal. 1% White, Skim and Chocolate Milk available. Menu subject to change without notice, due to price and availability. "This institution is an equal opportunity provider."				