

WEST VALLEY COMMUNITY NEWS
JANUARY 30, 2026

VOLLEYBALL SPORTS CAMP

Put on by Volleyball Glacier High School Athletes



I'm Allie Krueger, a middle hitter/blocker who wants to help youth players build their skills. This camp helps support my club volleyball team, Apex.



I'm Addison Thramer, a libero who loves helping younger players and sharing my passion for volleyball to support my club season, FVCC.



I'm Madi Stevens, a setter at Glacier High School, hosting a youth volleyball camp to help kids love the game while supporting my MVA club season. I am also coaching a team with MT NW Volleyball this upcoming season.

$30 for two sessions!!

FEBUARY 1ST

8:00am-10:00am for 4th-6th graders
10:00am-12:00pm for 7th-8th graders

FEBUARY 7TH

4:00pm-6:00pm for 4th-6th graders
6:00pm-8:00pm for 7th-8th graders

Glacier High School

Register by Venmo: @Jason-Stevens-140
or
by text and pay there: (406)250-8551
Any donations Help!

JS

venmo

TAMARACK GRIEF RESOURCE CENTER -
Grief Matters Adult Support Group: In Kalispell, Tuesday evenings, 5:15-6:30 p.m., January 27th - March 3rd. This group is designed for adults, ages 18+, who are experiencing grief after losing a family member or other loved one. For more information or to register, please click here.
A Camp to Remember Mini Camp: In Kalispell, Monday, February 2nd, 4-7 p.m., for children in grades 1-5 who are grieving the death of a family member or other loved one. This camp will feature creative activities to process grief, outdoor activities, snacks, and the company of children who are having a similar experience. For more information and to register, please click here.

WV COMMUNITY FITNESS - *For teachers and community members*
Get your Monday workout done right here at the school! Please join us on Mondays from 4:00-5:00 in the elementary cafeteria (unless told otherwise) for some strength training/fat burning/overall healthy fun!
Classes will vary and will be determined by class interest: High Intensity Interval Training HIIT, TRX bands, Free Weights, Fitness Balls, Pilates, Circuit Training, Cardio Boxing, Cardio Pump, Step Class, Stretching, Fitness Bands, Foam Rollers, Booty Barre, Zumba, Dance Aerobics, Core, and more!
Low impact needs and modifications are always provided. Remember it is FREE! So bring a friend, family, or community member. If you have any questions or concerns please let me know. Please email me to let me know if you plan on attending, tmeasure@westvalleyschool.com.
Looking forward to seeing you there, Tara Measure, PE Specialist/Fitness Instructor

NEW CHILDCARE FACILITY - in the West Valley area. Call or text to find out about availability and answer any questions, 406-955-1712.

BIBLE CLUB - In the library every Thursday after school until 4:30, join the Bible Club for fellowship with your friends while diving into the Word together.



Click here for more information or click the photo to view the guide: [Kalispell Parks and Recreation | PDF to Flipbook]