

WEST VALLEY COMMUNITY NEWS
DECEMBER 19, 2025

Flathead County Parks & Recreation is currently accepting registrations for Lil' Hoopsters basketball for the following age groups:
1-2 Grade Boys
1-2 Grade Girls
3-4 Grade Girls
Online registration is available at:
https://flatheadcounty.gov/department-directory/parks-and-recreation/recreation/sports_registration
Registration fee: $55
Registration deadline: Friday, December 19th
Tentative program details:
Saturdays only at Elrod Gym, January 10th through February 21st.
1-2 Grade Boys game times: 2:00, 3:00 or 4:00
1-2 Grade Girls game times: 9:00 or 10:00
3-4 Grade Girls game times: 11:00, 12:00 or 1:00
We are unable to offer a program for 3-4 Boys due to lack of gym space. Kalispell Rotary Youth Basketball runs a program for boys grades 3-6 Registration – Rotary Basketball Kalispell

GIRLS ON THE RUN - is a social–emotional learning program for girls in 3rd–5th grade that uses fun, movement-based activities to help them grow their confidence, build meaningful friendships, and develop life skills. This season, we are launching our brand-new curriculum Hello, Bold Heart! — a curriculum created to help each girl discover the brave, powerful voice she already has.

Through this program, girls will:
• Build their Heart Power — the confidence to boldly share their thoughts, ideas, and feelings.
• Learn how to use their voices, even when they're nervous or uncertain.
• Participate in fun games and activities that not only get them moving, but also teach valuable skills they'll carry throughout their lives.

Season Details

- Start date: Week of March 2nd, 2026
- End-of-season celebration: 5K on May 16th, 2026
- Practice frequency: Twice a week (typically Monday/Wednesday or Tuesday/Thursday)
- Practice length: 75–90 minutes immediately after school

Registration opens January 19th!
Girls on the Run Registration Link:
https://www.pinwheel.us/register/index/SP26registration
If interested in coaching Girls on the Run please reach out to Julie Gaglione the Program Coordinator at https://www.gotrwesternmt.org/

3RD - 6TH GRADE BOYS ROTARY BASKETBALL REGISTRATION IS OPEN - Register online at www.rotarybasketball.com. It is $50 per player through 12/19 and $55 from 12/20 through the registration deadline of 12/26. If you have questions please email rotary.bball.kalispell@gmail.com.

WV COMMUNITY FITNESS - *For teachers and community members*
Get your Monday workout done right here at the school! Please join us on Mondays from 4:00-5:00 in the elementary cafeteria (unless told otherwise) for some strength training/fat burning/overall healthy fun!
Starting Monday, October 13th. Classes will vary and will be determined by class interest: High Intensity Interval Training HIIT, TRX bands, Free Weights, Fitness Balls, Pilates, Circuit Training, Cardio Boxing, Cardio Pump, Step Class, Stretching, Fitness Bands, Foam Rollers, Booty Barre, Zumba, Dance Aerobics, Core, and more!
Low impact needs and modifications are always provided. Remember it is FREE! So bring a friend, family, or community member. If you have any questions or concerns please let me know. Please email me to let me know if you plan on attending, tmeasure@westvalleyschool.com.
Looking forward to seeing you there, Tara Measure, PE Specialist/Fitness Instructor

NEW CHILDCARE FACILITY - in the West Valley area. Call or text to find out about availability and answer any questions, 406-955-1712.

BIBLE CLUB - In the library every Thursday after school until 4:30, join the Bible Club for fellowship with your friends while diving into the Word together.

JOB OPPORTUNITY - Night Custodian Needed At West Valley School
Hours 3:10 pm - 11:10 pm
$16.02 - $18.80 / hr
Benefits available
Apply on our website, www.westvalleyschool.com


Tamarack
GRIEF RESOURCE CENTER
GRIEF MATTERS
Adult Support Group
KALISPELL
Tuesdays, Jan 27 - Mar 3
5:15pm - 6:30pm
Adults who have experienced the death of a family member or loved one are invited to gather together as we honor grief, connect amidst loss, and share tools, stories, and ideas for coping.
Register here
For more info or to register, call 406-541-8472 or visit www.tamarackgrc.org/calendar



Click here for more information or click the photo to view the guide: [Kalispell Parks and Recreation | PDF to Flipbook]