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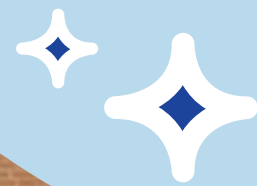
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NOTRE DAME HIGH SCHOOL

A Sponsored Ministry of the School Sisters of Notre Dame Central Pacific Province





*Confident, Compassionate Christian Leaders
Since 1934*



Our Mission

For more than **90 years**, Notre Dame High School (NDHS) has responded to the mission of Jesus and the charism of the School Sisters of Notre Dame (SSND) by **empowering young women** to become confident, compassionate Christian leaders. Each student is guided to reach the fullness of her potential and to **use her gifts** to make a difference in the world around her. As a **sponsored ministry of the School Sisters of Notre Dame (SSND)**, students grow their faith by working alongside the sisters on a shared campus.



NDHS Rebels

It's not four years, it's for life!



FAITHFUL & TRUE HEARTED

Confident, Compassionate Christian Leaders

Notre Dame strives to educate students to integrate **lifelong learning**, **faith**, and **service** into their lives. The service program, Campus Ministry activities, and global trips allow young women the opportunities to experience other cultures and **advocate** for social justice in the greater community.

NDHS prides itself on a **family-like atmosphere** and bonds of sisterhood that 8,500+ alumnae have created since the school's founding. This NDHS spirit remains in each young woman **well after graduation**.

Are You Ready To Be A Rebel?

FOLLOW US ON SOCIAL: @NOTREDAMESTL



REBELS



1934

FAST FACTS

1934

NDHS opens to all
young women



Sponsored ministry
of the School Sisters
of Notre Dame



Service hours
completed
by each graduate



Current legacies
enrolled at NDHS



THE ACADEMIC APPROACH

Student-Centered Differentiated Instruction

Notre Dame High School offers young women an individualized approach to education through student-centered **differentiated instruction**. This approach challenges students to take increased responsibility for their learning and offers them a **path to collegiate success**. The academic program offers true college preparation on a high school campus. Classes follow a modular schedule, and teachers provide **engaging instruction** for learning. Students participate in small group discussions, apply knowledge and skills in labs and studios, and have daily opportunities for independent study, research, and group learning. With this autonomy, students increase their **self-confidence** and learn to take responsibility for their lifelong learning in college and beyond.

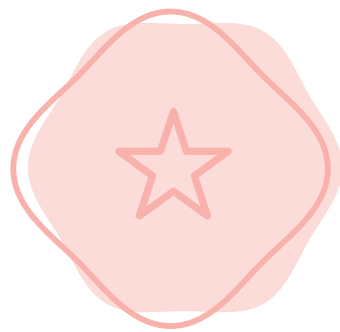
A Customized and Flexible Curriculum for All

In following a student-centered approach, Notre Dame believes that **all ability levels and interests** should be met in our curriculum and course offerings. At every grade level, students have the opportunity to select courses to fit their individual needs and passions. The core subjects are set for each year, but there is **flexibility** when choosing electives and pursuing **advanced or honor courses**. NDHS's dynamic learning environment also allows for students who excel in certain areas to earn college credits. Students have the freedom to choose their academic experience at NDHS!



*The Perfect Combination
of Direction & Autonomy*





A hallmark of NDHS
since the 1970s



Ensures individual
attention for each
young woman



Cultivates a close
student-faculty
relationship



Student and advisor
meet every 6 days

Advisor PROGRAM

A Commitment to Individual Attention

For nearly **50 years**, the hallmark of Notre Dame has been the Advisor Program. We believe each student is a unique person — and her interests should **be put first**. Every student is paired with an academic advisor. They meet once per cycle (every six school days) to review grades, assignments, and tasks.

The advisor also checks in on her social and emotional **well-being**. Creating this relationship is an integral component in the education process. Each young woman knows she has someone who will advocate for her and help to reach the **fullness of her potential**. The Advisor Program reinforces a commitment to individual attention and ensures that every young woman has **a place at NDHS!**



“

This is **SUCH** a great program! My daughter really counted upon the guidance of her advisor, and moving forward to undergrad and law school, still identified someone who would serve that role for her.

Notre Dame Past Parent

LEARNING CONSULTANT

An experienced **Learning Consultant** helps ensure that students' **individual needs** and **learning styles** are met. Students needing this resource meet each week, ensuring the students' **educational success**. The Learning Consultant examines and analyzes the **current learning process** for each student with advice on how to improve. This includes observing and working with students and other educators.



STUDENT SUPPORT

- Care Team
- School Counselors
- School Nurse
- Peer Tutors
- School Partnership Therapist
- Student Support in Commons and Library
- School Sisters of Notre Dame Volunteers





COLLEGE PREPARATORY

1:1 Support in and out of the Classroom

Notre Dame High School has an active Guidance & Counseling Department. It provides **academic, career, and social emotional support** to each student. Resources include an on-site clinical therapist at no cost to students.

Through the Guidance & Counseling Department, each junior takes an **ACT Prep class**. The ACT Prep class teaches students proven strategies to help them improve their standardized test understanding and performance. Students also take the ACT test at Notre Dame. These scores tend to be the **highest as a result of the comfortable setting and familiar atmosphere**. The Pre-ACT for freshmen and sophomores, the ACT for juniors, and the semester-long preparatory class are all **included in the students' tuition**.

NDHS also provides a seminar class for each grade every six days. This class teaches **organizational skills, explores careers and the college application process**, and prepares students for their education in high school and beyond.



**Follow the star which has arisen in you;
it will certainly lead you to Jesus.**

Blessed Theresa of Jesus Gerhardinger, SSND Foundress



GRAD STATS

95%

of the Class of 2025
graduates earned
college scholarships



\$16

million scholarship
dollars awarded to the
Class of 2025 graduates



370

scholarships awarded to
Class of 2025 graduates
by 100 Institutions of
Higher Education and
Scholarship providers





Modular schedule provides a **collegiate-style schedule** paired with the **safety net** of a high school.

Students are able to cultivate skills in **organization, time management, and self-advocacy** — skills they will use in college and beyond!

The use of unstructured mods throughout the day teaches students how to be **responsible for their time**.

It maximizes their education without compromising their opportunities to participate in activities outside of school such as athletics, theater, work or volunteerism.

When they are not in class, **students use unstructured time** to work on homework, see a teacher for help, or take a test in the Testing Center.

Planning With Purpose

When a Notre Dame student goes to college, she is able to plan her day more successfully than her peers — because **she's used a college schedule for the last four years!**

NDHS FRESHMAN SCHEDULE

MOD	Mon, Sept 22	Tues, Sept 23	Wed, Sept 24	Thurs, Sept 25	Fri, Sept 26
1 8:00	Hr Big History	Lit Comp 1		Hr Concept Physics	Computer Science
2 8:15					
3 8:30					
4 8:45					
5 9:00	Computer Science		Dance Intermediate	Hr Algebra 1	
6 9:15					
7 9:30					
8 9:45					
9 10:00		Theology I	French 1	Fr Seminar	Hr Big History
10 10:15					
11 10:30					
12 10:45					
13 11:00					
14 11:15					
15 11:30					
16 11:45					
17 12:00	French 1	Hr Algebra 1	Advisor	Theology I	
18 12:15					
19 12:30					
20 12:45					
21 1:00	Dance Intermediate	Hr Concept Physics	Hr Big History		French 1
22 1:15					
23 1:30					
24 1:45					
25 2:00		Fr Learn Lab	Computer Science	Lit Comp 1	
26 2:15					
27 2:30					
28 2:45					



See Mr. Frisella for help with Algebra

Art Club meeting during First Lunch

Ready to take my History test!

Time to start my Lit Comp outline!

COLLEGE SCHEDULE

TIME	Mon, Sept 22	Tues, Sept 23	Wed, Sept 24	Thurs, Sept 25	Fri, Sept 26
8:00	Lit Comp 101		Lit Comp 101		Lit Comp 101
9:00	Economics 101	Psychology 101	Economics 101	Psychology 101	Economics 101
10:00					
11:00					
12:00					
1:00	Algebra 101		Algebra 101		Algebra 101
2:00					

Time to study for my Psychology quiz!

Algebra professor has office hours

Let's start my Lit Comp paper!

Economics study group in the Library

NOTRE DAME

DO-IT-ALL

academics. arts. athletics.



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Visual, performing
and practical
arts courses



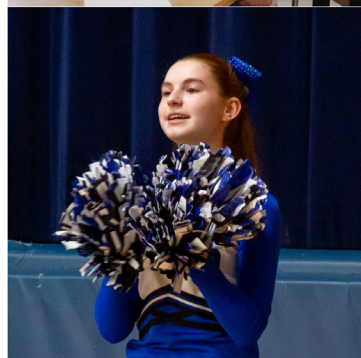
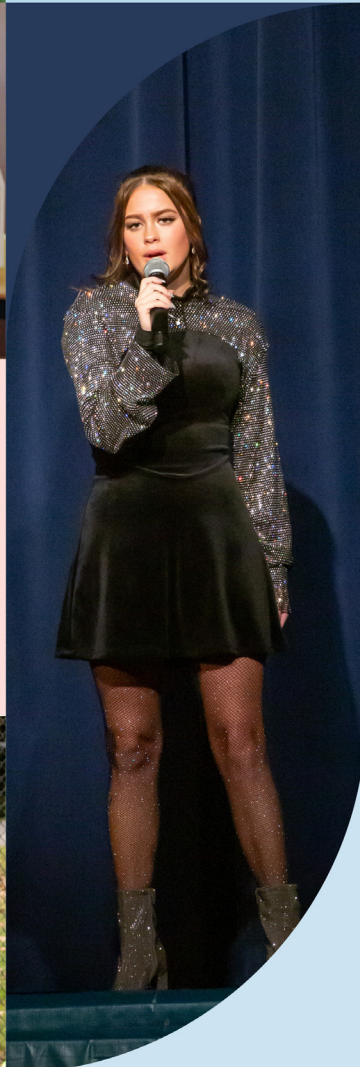
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Sports Offered
at NDHS



30+

Student-led clubs
and activities

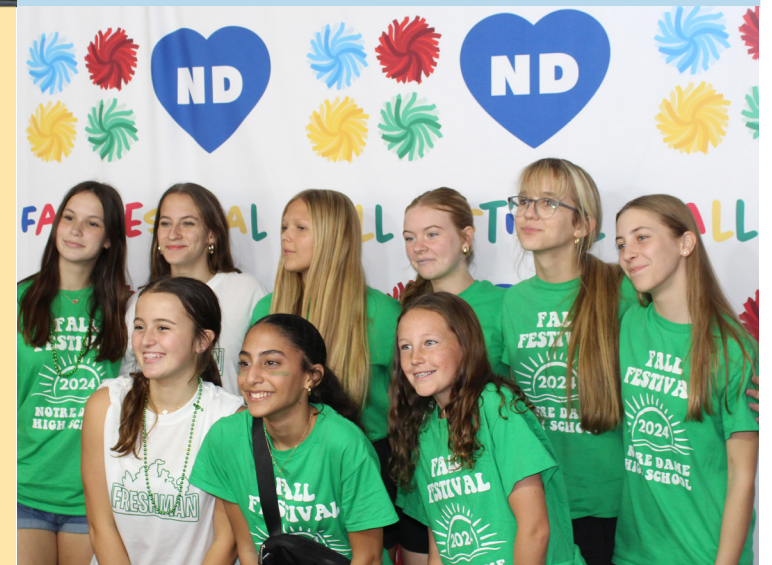


First all-girls
high school Esports
team in Missouri



At Notre Dame, students benefit from a **small, close-knit** community. Each young woman has a chance to explore her interests and **discover her passions**. She doesn't have to choose between excelling in the classroom, shining on the field, or expressing herself through the arts — at NDHS, students have the opportunity to do it all.

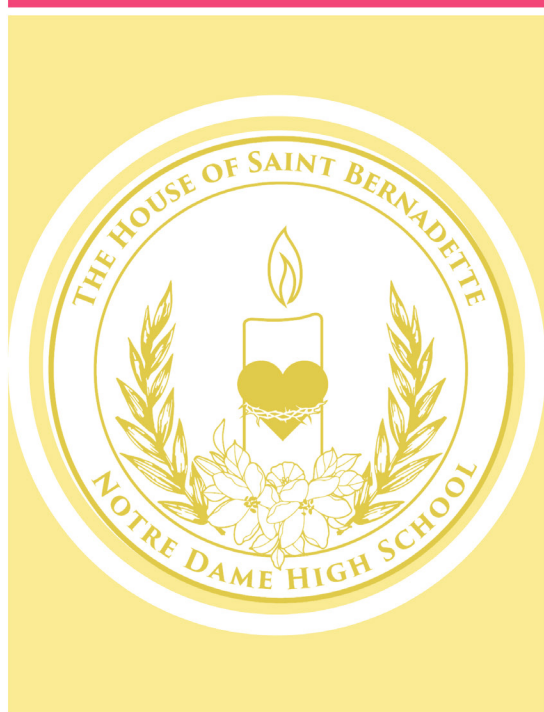
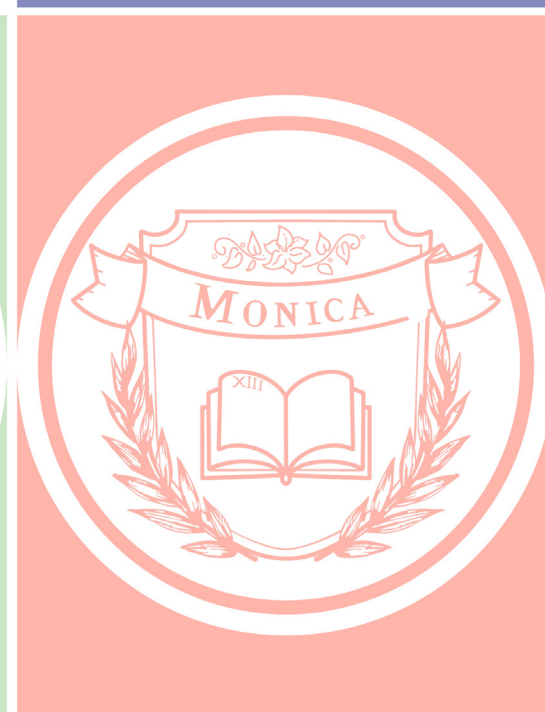
*There is something
for everyone here!*



It is not uncommon for students to play a sport, perform on the stage, and be on the executive board of a club, while also taking electives such as 3D Design and World Foods. Notre Dame provides an environment where young women can build their confidence and become **leaders for life**. Students can create an experience at NDHS that is **truly customized** for them!

This is the life!





ENCOURAGES
FRIENDSHIP



CAMARADERIE
Among Grade Levels.



What is the House System?

Eight Houses named for an inspiring female saint.

- Unique crests with symbols of their patron saint
- Faculty, staff, and all students are involved
- Led by senior students with meetings once a month

**Rooted in our mission to form confident,
compassionate Christian leaders.**



HOUSE ACTIVITIES

- Service projects that impact the community
- Team building events full of spirit and fun
- Creative competitions: singing, decorating, etc.
- Academic and athletic challenges



Houses bring students
together across grade
levels to grow in faith,
leadership, and friendship.

Notre Dame High School's House System

FAST FACTS

106

NDHS classes
offered

8:1

Student-teacher
ratio allows for
small class sizes

50+

Elective courses
offered at NDHS

68%

Students play in
one or more sports



Junior Ring



Fall Festival



Spring Musical



Golf



Soccer



Japan Trip



Robotics



Rebel Run

THREE UNIFORM OPTIONS:

Everyday Uniform

NDHS's *Everyday Uniform* consists of a **plaid skirt** and a short or long-sleeved **knit polo**. Students may also wear the NDHS crest cardigan or an approved sweatshirt. Tights, leggings, yoga pants, and a plain t-shirt layered under the polo are allowed. Girls have a chance to express their **unique style** when it comes to their hair, jewelry, socks, and shoes!



Dress Uniform

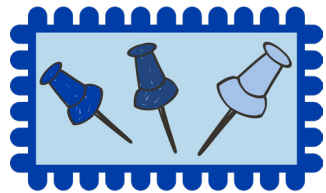
The *Dress Uniform* consists of the plaid skirt, a white button-up Oxford shirt, and the **NDHS crest cardigan** is a must! Sweatshirts are not allowed with this option. This uniform is typically required **once a month** for activities including All-School Masses or various award ceremonies. Students can still wear any accessories they like!



Spirit Day Uniform

At Notre Dame, every Wednesday is a *Spirit Day*! This means students may wear **any and all** NDHS t-shirts, sweatshirts, or hoodies with their plaid skirt. Various club and organization t-shirts create plenty of options; plus, the **Spirit Shop** always has new designs. Students can even be seen sporting vintage NDHS apparel.





FINANCIALS

Affording Notre Dame

Notre Dame offers a wide variety of scholarships, aid, and discounts to support students and their families. Need-based aid and scholarships are awarded through the financial aid process via FACTS, with applications opening on **October 1, 2025** by visiting www.ndhs.info/aid.

Tuition for the 2025-2026 school year: \$15,000

Registration Fee and Deposit:

- **\$350 annually - new students**
- **\$200 annually - returning students**

At Notre Dame High School, we model the **generosity, humility, and faith** of our founders and sponsors, the School Sisters of Notre Dame. **The School Sisters of Notre Dame tradition** has been, and our vision remains, that a Notre Dame education should be available to all interested and capable students, regardless of their economic status or background.



Scholarship Opportunities

Incoming freshmen who have demonstrated **academic excellence** qualify for our **Merit Scholarships**, all daughters of NDHS alumnae qualify for our **Legacy Scholarship**, and we offer a discount for daughters of emergency responders.

Awards	Scholarship Amount	Requirements
Blessed Theresa Scholarship	\$5,000 Renewable*	Composite score on the 7th or 8th Grade nationally normed standardized testing is at 99th percentile.
Mother Caroline Scholarship	\$3,000 Renewable*	7th and 8th Grade core composite score on nationally normed standardized testing is at 95th percentile or higher.
True Hearted Scholarship	\$2,000 Renewable*	7th and 8th Grade core composite score on nationally normed standardized testing is at 90th percentile or higher.
No additional application is required, but you must list Notre Dame High School as your first choice on the Archdiocese intent form.		
*Renewable Scholarships will require students to be in good standing according to the NDHS handbook and achieve Summa Cum Laude Honor Roll recognition each semester.		

Family Income	Average Family Tuition Paid
Under \$50,000	\$1,000 - 5,000
\$50,000 - 75,000	\$5,000 - 8,000
\$75,000 - 100,000	\$8,000 - 10,000
\$100,000 - 125,000	\$10,000 - 12,000
\$125,000 and Above	\$12,000 - Full Pay

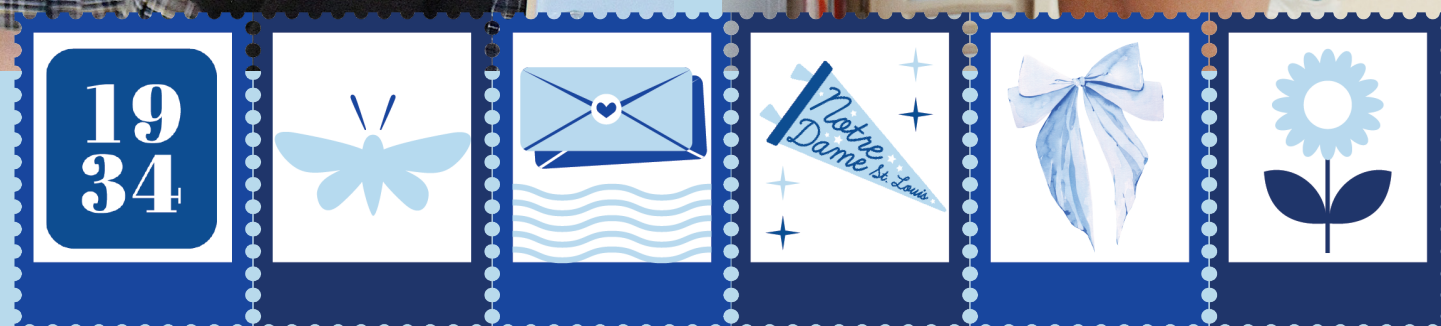
Each family’s circumstances are unique. FACTS completes a needs-based analysis comparing the family’s income, assets, and expenses to determine the level of financial assistance a family needs. The average tuition chart (above) is for budgetary purposes and is not a guarantee of any award amount as awards are based on multiple factors including the total aid available and demographics of each applicant. Using the FACTS analysis as a guide, Notre Dame aims to help as many families as possible while allocating funds where the need is the greatest.

■ Notre Dame

**CHALLENGES ME IN A WAY THAT HELPS ME GROW. I LOVE
THE SISTERHOOD AT ND AND THE RESPECT THAT THE
GIRLS HAVE FOR ONE ANOTHER.**

*It's more than just a school...
It's a community, a family.■*

- Class of 2026 Student



FOUND *here.*

@NotreDameSTL



READY TO BE A

Rebel?

19
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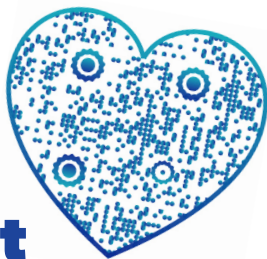
@NotreDameSTL

Want to learning more?

- Shadow visit opportunities
- Tuition / financial aid information
- Upcoming admissions events
- And...how to apply to Notre Dame!

Visit

www.ndhs.net



"If you're in 6th, 7th, or 8th grade and even thinking about Notre Dame—**go for it!** There's something here for everyone, and no matter who you are, **you'll have the opportunity to get involved and find your place.** I'm so glad I took the chance!"

Notre Dame Student

QUESTIONS? ♦ ♦

Jamie Wood '12, Director of Admissions
jwood@ndhs.net / (314) 544-1015 x1103

ADMISSIONS@NDHS.NET

