Athletic Director's Newsletter
St. Paul High School
Tuesday, February 10, 2026

Dear Buckaroo Family,

It is hard to believe that basketball playoffs and wrestling districts are so close. That means we are over halfway through the school year and 2 of our 3 seasons of sports are nearly over. Time seems to be going by very quickly. I intended to get this out at the end of the 1st Semester but failed to do so becaus…..wait, NO EXCUSES.

Thank you!
I'd like to take this opportunity to thank the following people for their support of our winter sports events. Juan Rivera, Carmen Barron - Thank you for cleaning up after our practices and games. Kristi Stoltenberg, Sheri Smith, Crystal Krahmer, Hank Raymond, Maicy Perdue, Brennan Boyd, Carmen Boyd, Juan Rivera, Allie Smith, Angie Craig, Troy Fisher, Leslie Curtis, Don Kunkel, Raegen Fleck, Tatum Tharp - Thank you for helping us host basketball games.

Wrestling
Max Cain, Max Burns, Hayden Miller and Miguel Cristobal competed with Gervais to take 2nd place at the dual meet in Toledo on Thursday, Feb. 5. Districts will be Friday and Saturday, Feb. 13 and 14 at Colton High School.

Basketball
Both our girls and boys basketball teams have a chance to be one of the top 3 seeds out of our league to compete in the OSAA Basketball State Tournament. On Wednesday, Feb. 18 (boys) and Thursday, Feb. 19 (girls) our teams will play in play-in games to determine what seed we will be playing at the District Tournament on Saturday, Feb. 21 at Woodburn.

As we begin the basketball playoffs and district wrestling, energy in the gym should be high. Let's make sure we maintain our composure. Athletes continue to play with unbelievable effort. Fans let the athletes play with our positive encouraging words and allow the officials to do their job without criticism and let's have nothing but respect for our opponents and opposing fans. The quote I have written on the board in the weight room this week is "Hold yourself to a higher standard than anyone expects of you" Andrew Carnegie

Spring
We have traditionally allowed athletes to compete in two spring sports and will allow it again this spring. Athletes must complete the contract and make one sport a priority for the dates and times that conflict. The schedules and contracts will be made available this week.

We have been using a pole vault pit that is beyond its safety life so our Boosters approved the purchase of a new pit. Thank you to those who work concession stands and help with parking during the rodeo which provides the Boosters the ability to support our athletics in ways like this.

New League in 2026-27
Next year we will join the Tri-River League at the 2A Level for all seasons. Regis, Colton, Delphian, Sheridan, Santiam, Western Christian for Volleyball, Basketball, Baseball and Softball. For football it will be Regis, Colton Sheridan, Santiam, Willamina and Jefferson.
This will provide us an opportunity to have good competition that should bring out the best in our coaches and kids.

I feel very blessed to be the St. Paul Buckaroo Athletic Director in such a wonderful community of businesses, parents, teachers and coaches who are helping our kids learn, mature and become responsible citizens.

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