

October 2026

St. Paul School District

Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Muffin & Juice served with fruit & low-fat milk choices	Egg Sausage Muffin w/Hashbrown Patty served with fruit & low-fat milk choices	1 Mini Pancakes or Waffles served with fruit & low-fat milk choices	2 Breakfast Burrito or Cereal Bar served with fruit & low-fat milk choices	3 Bagels & Cream Cheese w/ fruit or crackers
6 Muffin & Juice served with fruit & low-fat milk choices	7 Egg Sausage Muffin w/Hashbrown Patty served with fruit & low-fat milk choices	8 Mini Pancakes or Waffles served with fruit & low-fat milk choices	9 Breakfast Burrito or Cereal Bar served with fruit & low-fat milk choices	10 NO SCHOOL
13 Muffin & Juice served with fruit & low-fat milk choices	14 Egg Sausage Muffin w/Hashbrown Patty served with fruit & low-fat milk choices	15 Mini Pancakes or Waffles served with fruit & low-fat milk choices	16 Breakfast Burrito or Cereal Bar served with fruit & low-fat milk choices	17 Bagels & Cream Cheese w/ fruit or crackers
20 Muffin & Juice served with fruit & low-fat milk choices	21 Egg Sausage Muffin w/Hashbrown Patty served with fruit & low-fat milk choices	22 Mini Pancakes or Waffles served with fruit & low-fat milk choices	23 Breakfast Burrito or Cereal Bar served with fruit & low-fat milk choices	24 Bagels & Cream Cheese w/ fruit or crackers
27 Muffin & Juice served with fruit & low-fat milk choices	28 Egg Sausage Muffin w/Hashbrown Patty served with fruit & low-fat milk choices	29 Mini Pancakes or Waffles served with fruit & low-fat milk choices	30 Breakfast Burrito or Cereal Bar served with fruit & low-fat milk choices	31 NO SCHOOL Teacher work day

This institution is an equal opportunity provider.

Menu is subject to change

*Grab N Go daily options: Chef Salad, Fruit Yogurt Parfait, Sub Sandwich, and Bagel w/Cream Cheese

Lunch served with fruit & vegetables & low-fat milk choices

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Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Corn Dogs w/ Baked Fries	2 Pizza
5 Tacos	6 Nachos	7 Tamales	8 Chicken Teriyaki w/ Rice	9 NO SCHOOL
12 Mac & Cheese Green Beans w/ Roll	13 Chicken Burgers w/ Baked Fries	14 Hamburgers w/ Baked Fries	15 Chicken Nuggets Baked Fries & Rolls	16 Pizza
19 Taco Salad	20 Chicken Fajitas	21 Orange Chicken w/ Rice	22 Hot Dogs w/ Baked Beans	23 Pizza
26 Hamburgers w/ Baked Fries	27 Orange Chicken w/ Rice	28 Toasted Cheese Sandwich & Soup	29 Corn Dogs w/ Baked Fries	30 Pizza

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Lunch served with fruit & vegetables & low-fat milk choices