How to Prevent Summer Slide



2026

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What is Summer Slide?

Summer slide refers to the learning loss that can occur when students are not engaged in educational activities over the summer break .

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Studies Show



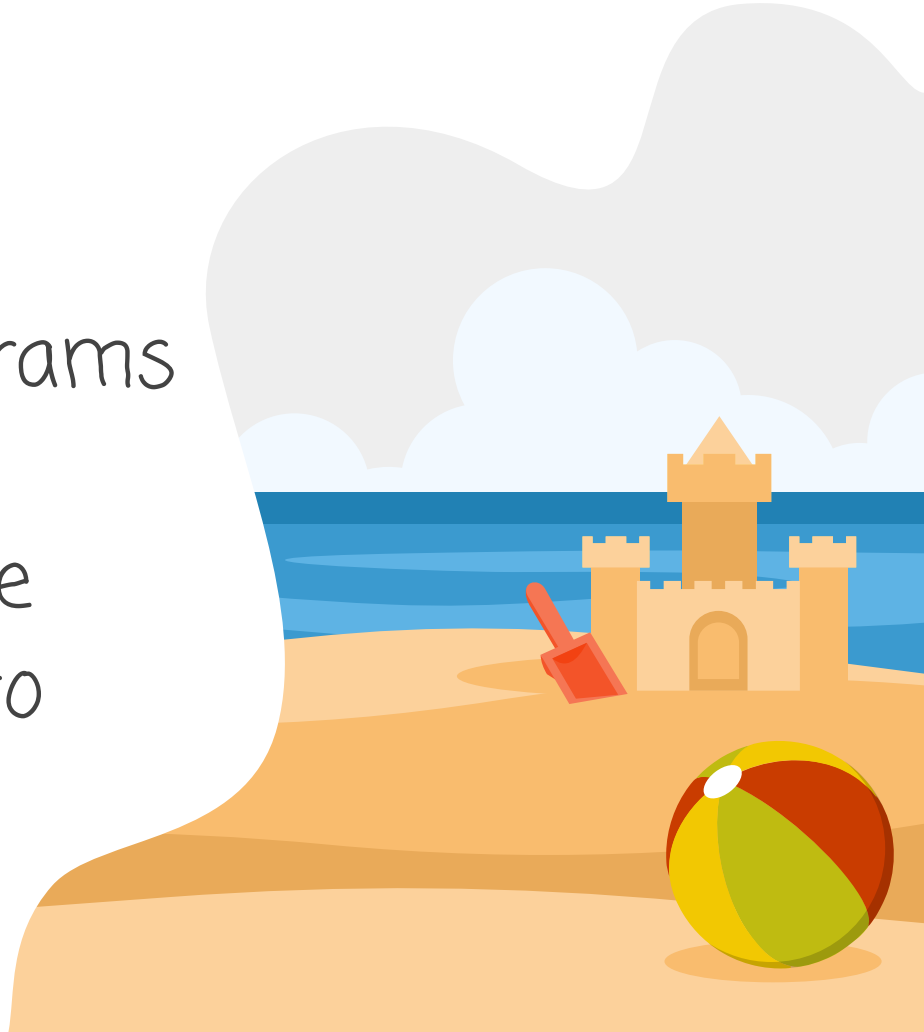
Research on "The Effects of Summer Vacation on Achievement Test Scores" (often called the "summer slide") consistently shows that students lose academic skills over the summer. (See article)

Core Statistical Findings

- Average Loss: On average, students lose the equivalent of one to two months of grade-level learning over the summer break.
- Math vs. Reading: Mathematics suffers the most, with average students losing 25% to 50% of their school-year math progress. Reading skills drop by about 17% to 28%, and some middle-class students actually show slight reading gains.
- Grade Levels: Learning loss generally increases as students get older.

What Can I do?

- Encourage Reading
- Enroll in Summer Programs
- Set Learning Goals
- Create Learning Routine
- Incorporate learning into daily life



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What Can I Do?

- Emphasize Hands-on Learning
- Maintain Physical Activity
- Monitor Screen Time
- Be a Role Model

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BEST ways to PREVENT SUMMER LEARNING SLIDE

Have your child read at least **20 MINUTES PER DAY**



Students who read **20 minutes** a day score in the **90th** percentile

Students who read **5 minutes** a day score only in the **50th** percentile

* Anne E. Cunningham and Keith E. Stanovich, What Reading Does for the Mind, The American Federation of Teachers, American Educator, Vol. 22, No. 1–2, pp. 8–15.

Visit the **Library.**

Find reasons for your child to **practice** writing skills.

Write...!

a book, a blog, a zine, a poem

Engage in meaningful **conversations** with your child.

Stimulating conversations **boost language** skills.

Quick Conversation Tips:
1. Ask questions.
2. Be positive.
3. Give your full attention.
4. Be encouraging.

Audio Books

Instead of **listening** to the **radio**, listen to audio **books** during **long** drives.

Model Reading Behavior



If your **child** sees **you** reading, **they** will **want** to **read** as well.

Read to your child

This builds listening skills, imagination, and increases vocabulary

Learn a new word each week.

Post the new word with it's definition and have a contest for who can use it the most times in one week.

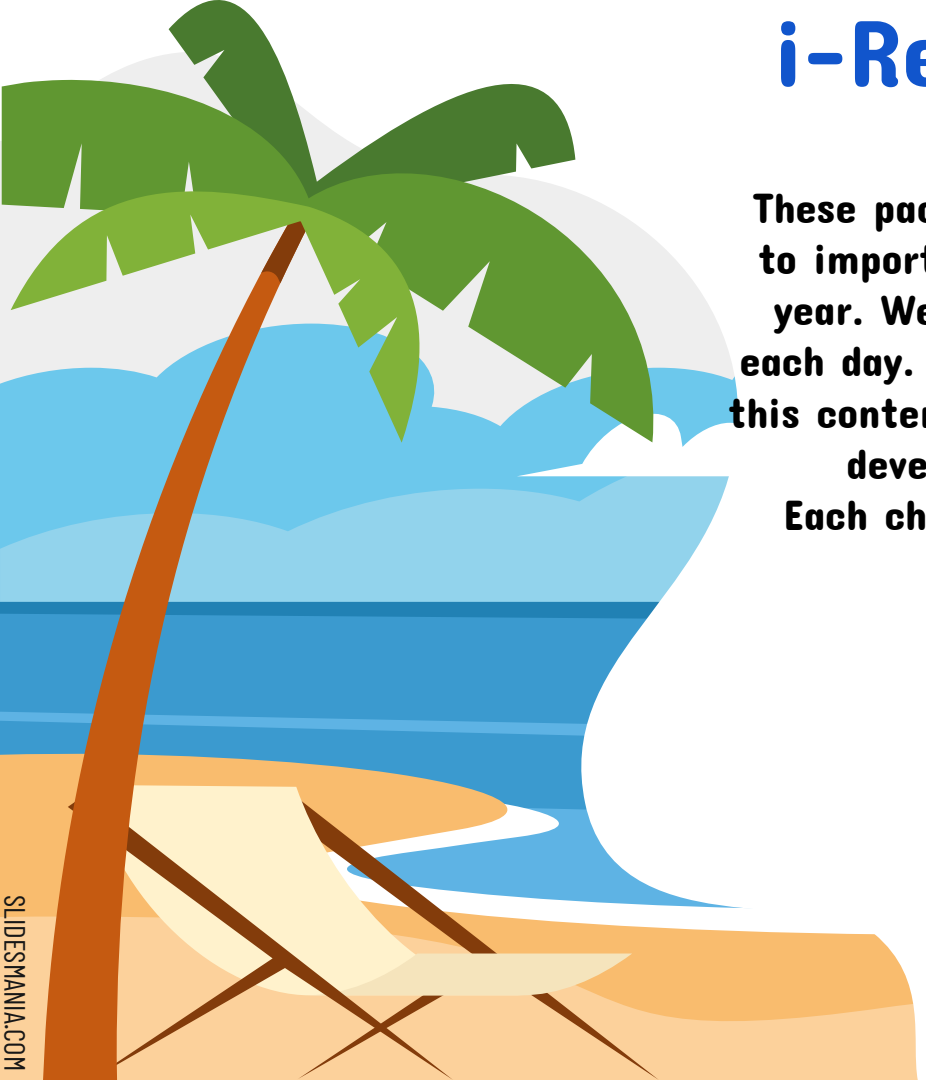
Reciprocity
Plethora
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COOK with your child



Have your child follow a recipe. This enhances both reading and math skills.

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Engage Students. Empower Teachers.



i-Ready Math at Home

These packets include sets of practice problems that align to important math concepts your child has worked on this year. We recommend that your child completes one page each day. Encourage your child to do the best they can with this content. The most important thing is that they continue developing their mathematical fluency and skills.
Each child should work on the grade level packet of the grade they just completed.

English	Spanish
Kindergarten	Kindergarten
Grade 1	Grade 1
Grade 2	Grade 2
Grade 3	Grade 3
Grade 4	Grade 4
Grade 5	Grade 5
Grade 6	Grade 6
Grade 7	Grade 7

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Digital Resources

Through Clever, students will continue to have access to digital resources:

- Ready Reading
- iReady Math
- Reflex/Frax
- Prodigy Math
- BrainPOP
- BrainPOP Jr.
- Newsela

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"I'm Bored" - Make and Take Bag

For this activity:

1. Cut these ideas out , or make your own!
2. Add them to the box
3. Pick one when you're bored!
4. Check out the Rockaway Township Li brary for fun events!



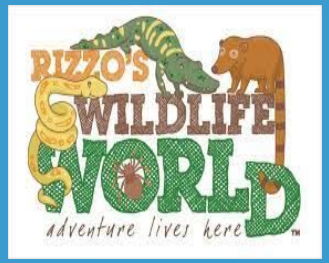
Ideas: Places to eat (don't forget to bring a deck of cards, change to count, or dice to play games while you wait for your food), different parks to visit, family games to play (following directions, taking turns, using strategies, discussing game plays, & playing fair"), movies to watch & discuss together, visit the library for books and free, fun events

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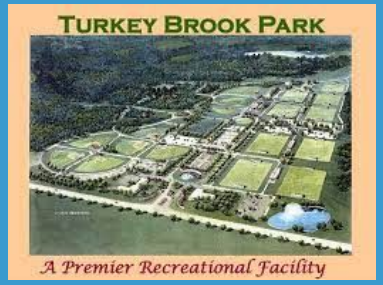
Local Summer Fun

MPAC











brookhollow's barnyard

LAND OF MAKE BELIEVE

The Growing Stage
the children's theatre of New Jersey















Summer Sandbox

Click on your June 2026 grade level.















Printable Activities

Road Trip i-Spy

Summer Bucket List

Kids Travel Journal

Summer Math Calendar

53 Writing Prompts Celebrating Summer

K-2 Math Problem of the Day

iReady at Home Learning Weekly Calendar



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Scan the card for a copy of the presentation



Thank you for coming tonight.
Enjoy your summer!

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Pre-K Activities

- Book List
- Printable Worksheets
- Math Games and Activities
- Science Experiments
- 10 At Home Activities to Prevent Summer Slide



Kindergarten Activities

- Book List
- Printable Worksheets
- Car games
- Sort items by color, size, texture
- Card Games
- Science Experiments
- 10 At Home Activities to Prevent Summer Slide



First Grade Activities

- Book List
- Printable Worksheets
- Card games
- Science Experiments
- 10 At Home Activities to Prevent Summer Slide



Second Grade Activities

- Book List
- Printable Worksheets
- Card games: 28 Math Card Game Ideas, Math Card Games
- Cook/bake together; have kids measure ingredients.
- Perform a family Readers Theater
- Science Experiments
- 10 At Home Activities to Prevent Summer Slide



Third Grade Activities

- Book List
- Summer Activities Link
- Printable Worksheets
- Card Games
- Perform a family Reader's Theater
- Science Experiments
- 10 At Home Activities to Prevent Summer Slide



Fourth Grade Activities

- Book List
- Printable Worksheets
- Card Games
- Science Experiments
- 10 At Home Activities to Prevent Summer Slide



Fifth Grade Activities

- Book List
- Printable Worksheets
- Card Games
- Science Experiments
- 10 At Home Activities to Prevent Summer Slide

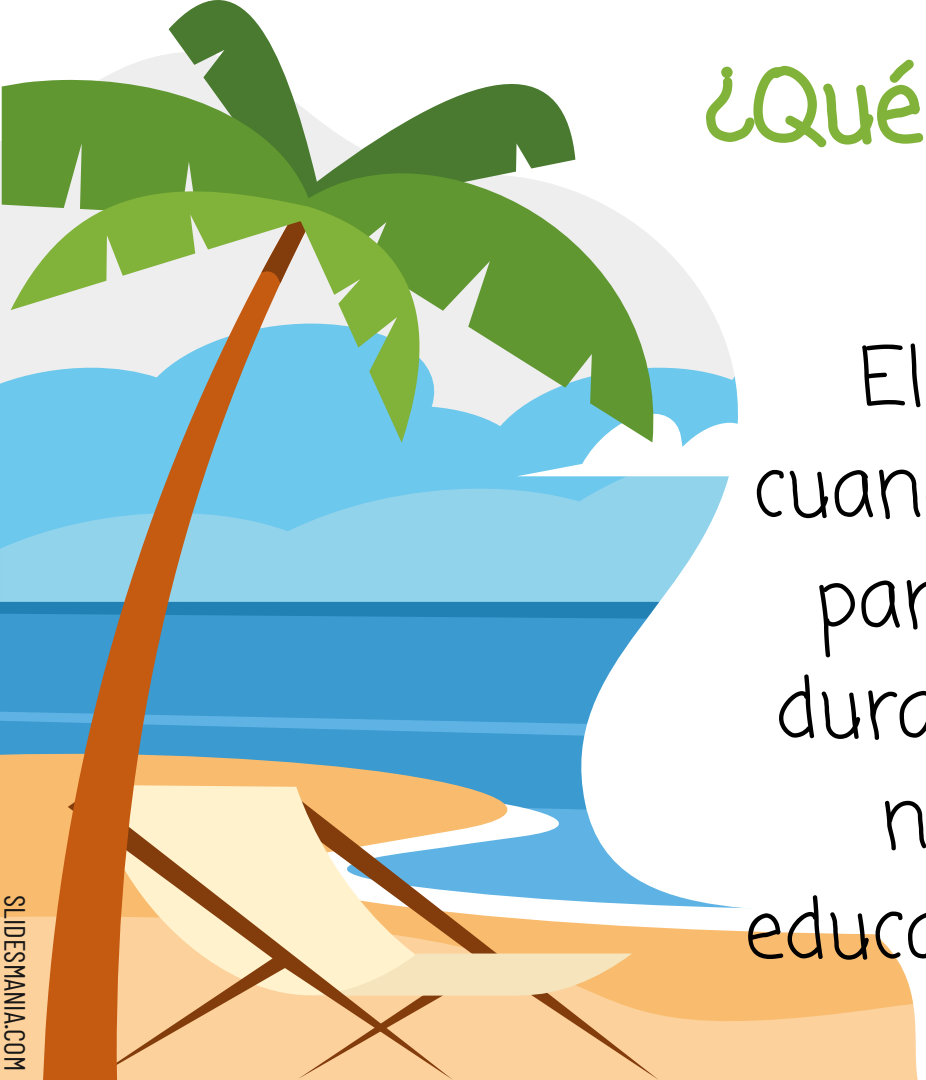


Cómo Prevenir el Retroceso de Verano



2026

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¿Qué es el Retroceso de Verano?

El retroceso de verano es cuando los estudiantes pierden parte de lo que aprendieron durante el año escolar porque no practican actividades educativas en las vacaciones de verano.

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Los Estudios Muestran



Según un artículo sobre los efectos de las vacaciones de verano en las calificaciones de los exámenes, los niños pierden conocimientos importantes en lectura y matemáticas durante el descanso de verano. Esto puede empeorar cada año si no se hace nada. Otro estudio con niños de 3ro a 5to grado mostró que los estudiantes perdieron, en promedio, cerca del 20% de lo que aprendieron en lectura y el 27% en matemáticas durante el verano.

¿Qué Puedo Hacer?

- Animar a la Lectura
- Inscribirse en Programas de Verano
- Establecer Metas de Aprendizaje
- Crear una Rutina de Aprendizaje
- Incluir el Aprendizaje en la Vida Diaria



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¿Qué Más Puedo Hacer?

- Enfocarse en el Aprendizaje Práctico
- Mantener la Actividad Física
- Controlar el Tiempo frente a las Pantallas
- Ser un Buen Ejemplo

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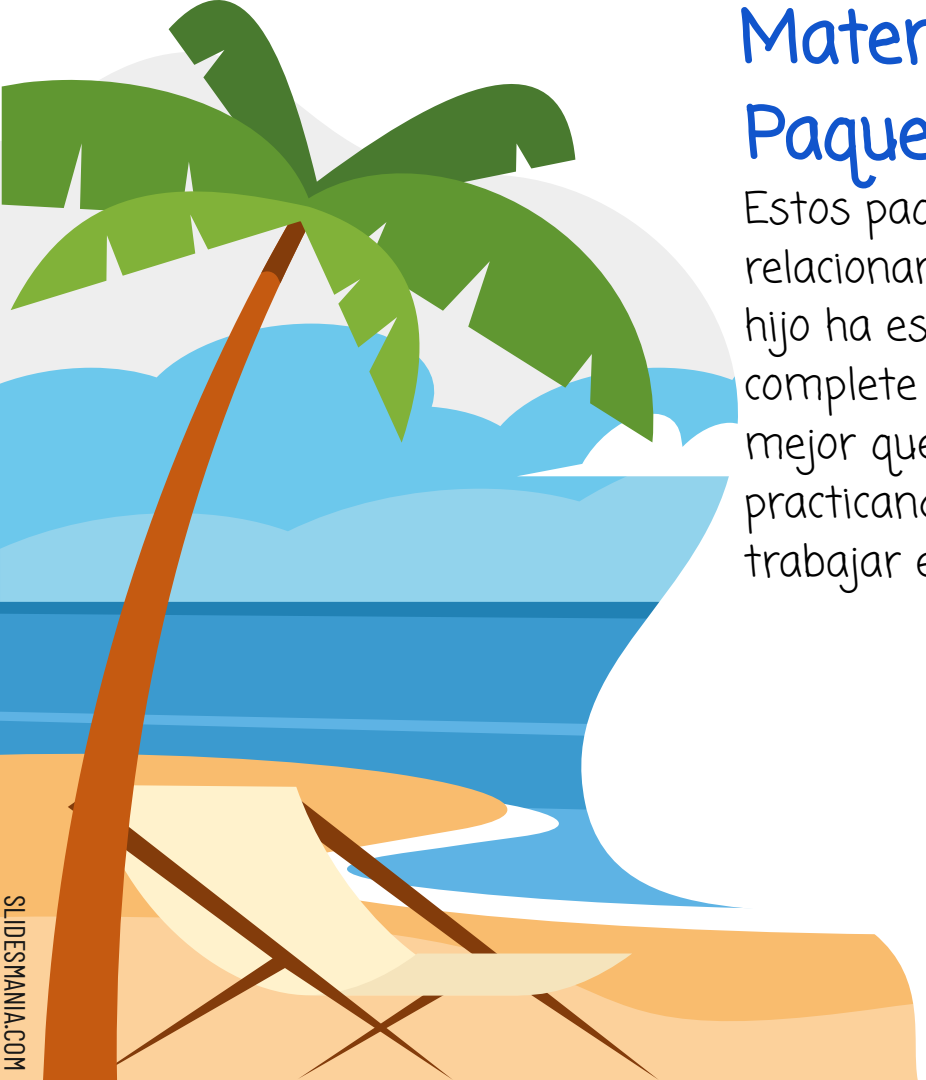
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Matemáticas i-Ready en Casa: Paquetes de Matemáticas con Respuestas

Estos paquetes tienen ejercicios de práctica que se relacionan con temas importantes de matemáticas que tu hijo ha estudiado este año. Te recomendamos que tu hijo complete una página cada día. Anima a tu hijo a hacer lo mejor que pueda. Lo más importante es que siga practicando sus habilidades matemáticas. Cada niño debe trabajar en el paquete del grado que acaba de terminar.

English	Spanish
Kindergarten	Kindergarten
Grade 1	Grade 1
Grade 2	Grade 2
Grade 3	Grade 3
Grade 4	Grade 4
Grade 5	Grade 5
Grade 6	Grade 6
Grade 7	Grade 7

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Recursos Digitales

A través de Clever, los estudiantes seguirán teniendo acceso a recursos digitales como:

- Learning A-Z
- iReady Lectura
- iReady Matemáticas
- Reflex/Frax
- Prodigy Math
- BrainPOP
- BrainPOP Jr.
- Newsela

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"Estoy Aburrido" - Bolsa de Actividades

Combate el Aburrimiento



Para esta actividad:
- Recorta estas ideas o crea las tuyas propias
- Ponlas en un frasco familiar y elige una cuando te aburras
- Visita la biblioteca local para eventos divertidos y motivaciones para aprender

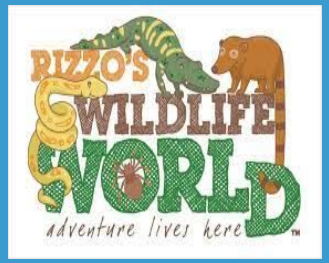
Ideas: Nuevos lugares para comer o favoritos (lleva cartas, monedas para contar o dados para jugar mientras esperas la comida), elige parques favoritos para visitar, juegos familiares (seguir instrucciones, tomar turnos, usar estrategias, discutir jugadas y jugar limpio), películas para ver y comentar juntos, visitar la biblioteca para libros y eventos gratuitos y divertidos.

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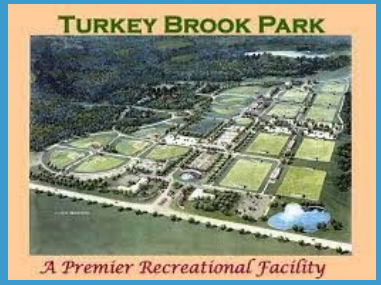
Diversión Local de Verano

MPAC











brookhollow's barnyard

LAND OF MAKE BELIEVE

The Growing Stage
the children's theatre of New Jersey





Foster Field Farm





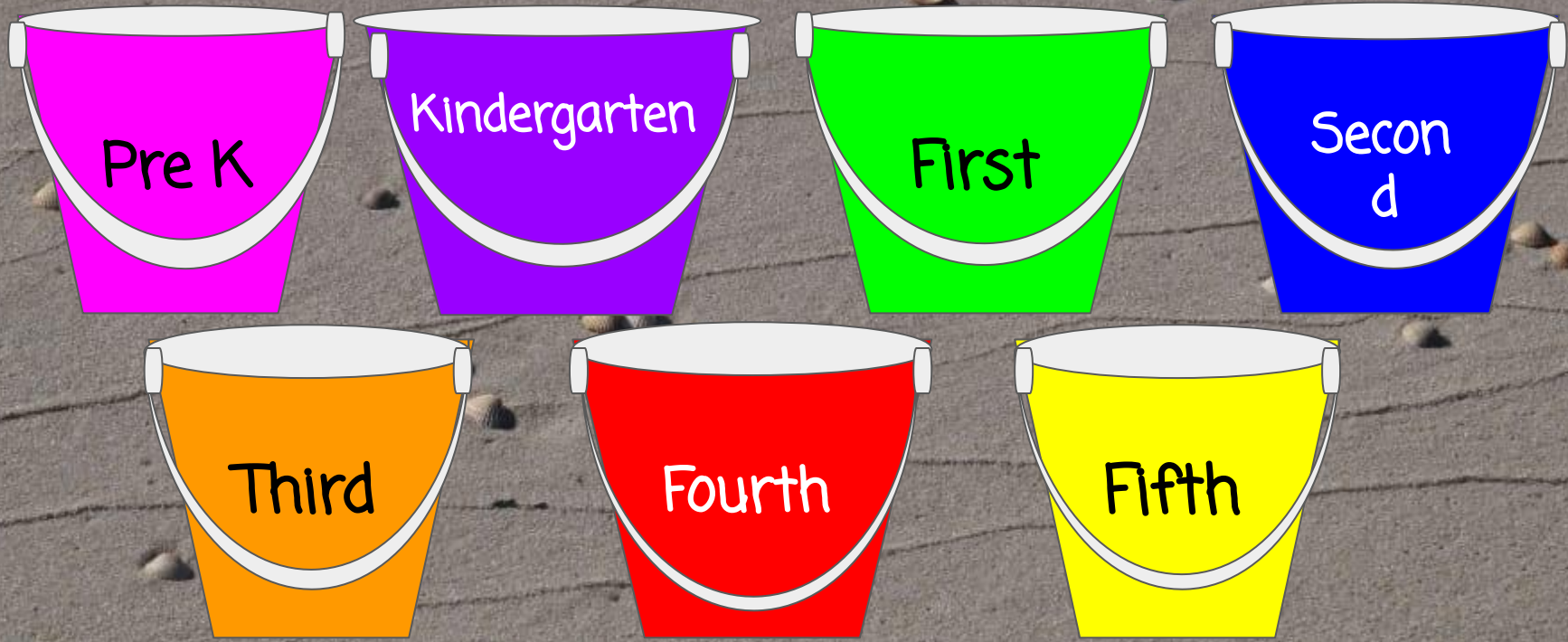






Caja de Arena de Verano

Haz clic en tu Nivel de Grado para Junio 2026.



Actividades Imprimibles

Juego de Observación para Viajes

Diario de Viaje para Niños

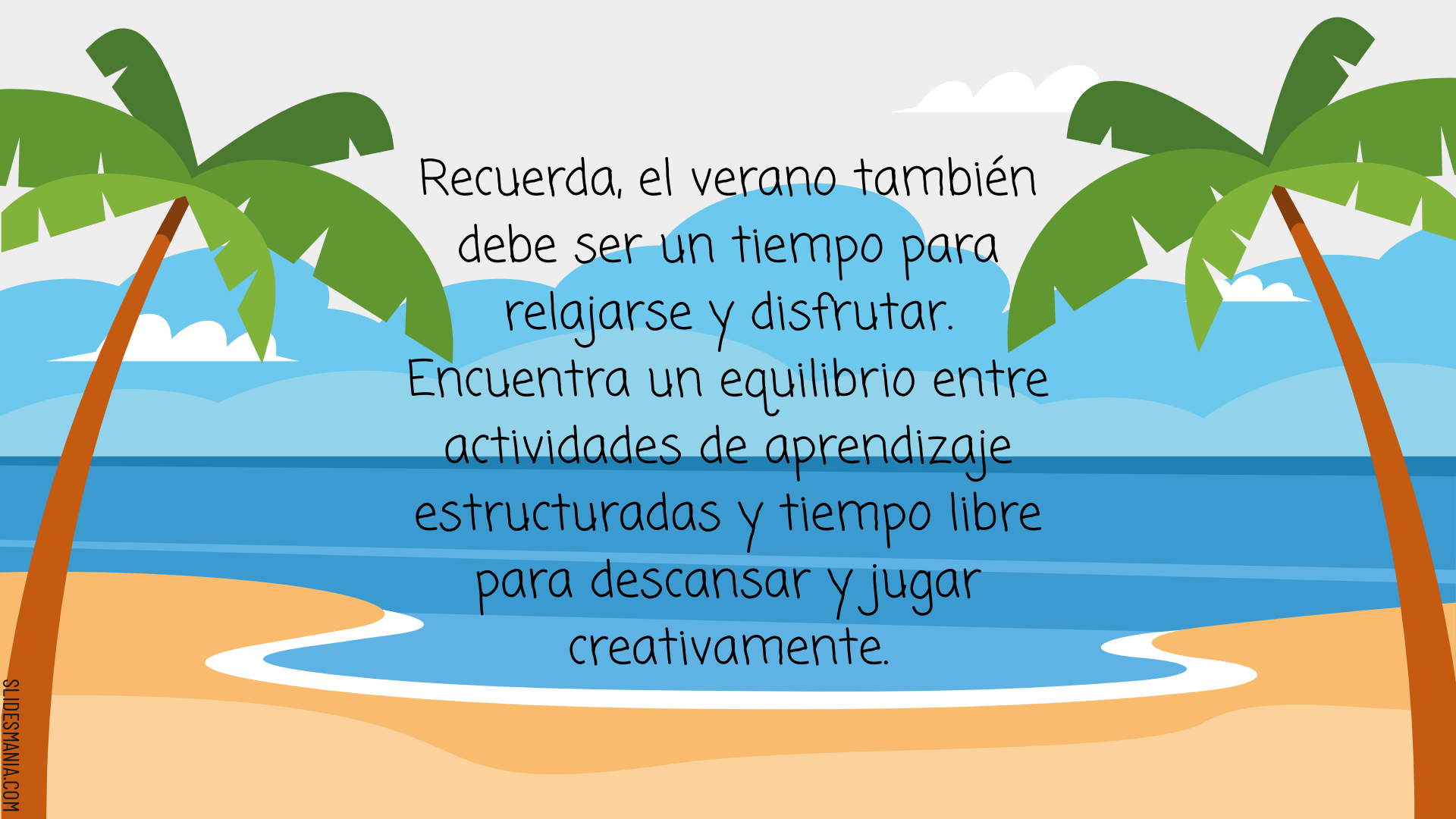
Lista de Deseos para el Verano

Calendario de Matemáticas de Verano

53 Ideas para Escribir Celebrando el Verano

Problema Matemático del Día para K-2

Calendario Semanal de Aprendizaje en Casa iReady



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Escanea la tarjeta para obtener una copia de la presentación.



Gracias por venir esta noche.
¡Disfruta tus vacaciones de verano!

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Actividades para Pre-Kínder

- Lista de Libros
- Hojas de Trabajo Imprimibles
- Juegos y Actividades de Matemáticas
- Experimentos de Ciencias
- 10 Actividades en Casa para Prevenir el Retroceso de Verano



Kindergarten Activities

- Lista de Libros
- Hojas de Trabajo Imprimibles
- Juegos para el Carro
- Clasificar objetos por color, tamaño, textura
- Juegos de Cartas
- Experimentos de Ciencias
- 10 Actividades en Casa para Prevenir el Retroceso de Verano



First Grade Activities

- Lista de Libros
- Hojas de Trabajo Imprimibles
- Juegos de Cartas
- Experimentos de Ciencias
- 10 Actividades en Casa para Prevenir el Retroceso de Verano



Second Grade Activities

- Lista de Libros
- Hojas de Trabajo Imprimibles
- Juegos de Cartas: 28 Math Card Game Ideas, Math Card Games
- Cocinar y Hornear juntos. Hacer una receta y dejar que los niños midan los ingredientes.
- Realizar un Teatro de Lectores en Familia
- Experimentos de Ciencias
- 10 Actividades en Casa para Prevenir el Retroc
  Summer Slide



Third Grade Activities

- Lista de Libros
- Summer Activities Link
- Hojas de Trabajo Imprimibles
- Juegos de Cartas
- Realizar un Teatro de Lectores en Familia
- Science Experiments
- 10 Actividades en Casa para Prevenir el Retroceso de Verano



Fourth Grade Activities

- Lista de Libros
- Hojas de Trabajo Imprimibles
- Juegos de Cartas
- Experimentos de Ciencias
- 10 Actividades en Casa para Prevenir el Retroceso de Verano



Fifth Grade Activities

- Lista de Libros
- Hojas de Trabajo Imprimibles
- Juegos de Cartas
- Experimentos de Ciencias
- 10 Actividades en Casa para Prevenir el Retroceso de Verano

