



## TONAWANDA CITY SCHOOL DISTRICT

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**JARED NORTHRUP**  
*DIRECTOR OF ATHLETICS, Health, & Physical Education*

Dear Families,

We are looking forward to the start of the new 2025-2026 Fall sports season, with tryouts and the official start of the season beginning in a month. NYS allows all 7th-12th grade students the opportunity to participate in school sports, and we are excited again this year to offer a variety of programs to choose from.

This Fall we are offering the following sports for your child to participate in:

**Varsity Cheerleading**  
**JV Cheerleading**

**Boys Varsity Soccer**  
**Boys 7,8,9 Soccer**

**Boys Varsity Cross Country**  
**Girls Varsity Cross Country**

**Girls Varsity Soccer**  
**Girls 7,8,9 Soccer**

**Varsity Football**  
**7,8,9 Football**

**Girls Varsity Swimming and Diving**  
**Girls Varsity Tennis**

**Boys Varsity Golf**  
**Girls Varsity Golf**

**Girls Varsity Volleyball**  
**Girls JV Volleyball**  
**Girls 7,8 Volleyball**

For students in 7th or 8th grade interested in high school sports the APP process must be followed. The purpose of this statewide Advanced Placement Process fitness testing program is to determine the physical fitness of a 7th or 8th grade athlete when compared to older athletes who will be participating at the high school level. This fitness test, along with a special physical examination completed by the school medical director, will determine whether the appropriate physical development has evolved that equates to the similar levels of high school athletes. Passage of all required parts must occur in order to be eligible for a tryout and will help ensure the safety of their participation.

There will be a parent night on **August 21st starting at 5:30pm**. This will be your opportunity to meet the coaches, ask questions, and learn about expectations on being a Tonawanda athlete. If your child is interested in participating in the Fall sports season, please create a FinalForms account for them to register. The link is under our athletics page. (Enclosed Documents)

We hope to see your child participating this upcoming season. Please do not hesitate to reach out if you have any questions.

Thank you,

*Jared Northrup*

Jared Northrup  
Director of Athletics  
716-694-7675