



TONAWANDA CITY SCHOOL DISTRICT

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JARED NORTHRUP

Director of Athletics, Health, Physical Education, & Nurses

Dear Families,

Winter sports are right around the corner, with tryouts and the start of the season in just over a month. Tryouts for JV/Varsity and modified wrestling are November 17th. All other modified team tryouts are November 24th.

NYS allows all 7th-12th grade students the opportunity to participate in school sports. I feel it is important for our families and our community to encourage our students to participate in these sports because of the positive influence it can have on an individual. Through sports our students are able to learn and build personal confidence, self-esteem, develop and create a network of relationships, social skills, teamwork, sportsmanship, as well as find enjoyment in a lifelong skill. Studies have shown that students who participate in sports have higher personal expectations as well as higher grades. This winter we are offering the following sports for your child to participate in:

Boys Varsity Basketball
Boys JV Basketball
Boys Modified Basketball
Girls Varsity Basketball
Girls JV Basketball
Girls Modified Basketball
Boys and Girls Modified
Swimming

Boys Varsity Bowling
Girls Varsity Bowling
Girls Varsity Cheerleading
Girls JV Cheerleading
Boys Varsity Swimming
Boys Varsity Wrestling
Boys Modified Wrestling

The benefit of playing school sports should not be overlooked in our school community. Please go to our athletic page, if interested, sign up on our website by hitting *registration for athletics* for their choice of sport and complete all the necessary paperwork needed to play. Try-out information will be found on the athletic website. Finally, we are looking to add Fan X this year to our athletic program. This will be a one stop shop for all athletics, communication, and schedule needs.

The Parent Meeting for the Winter Season will be **November 19th at 5:00pm**. Come meet the coaches and learn about the great improvements.

Please do not hesitate to reach out if you have any questions.

Thank you,

Jared Northrup

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