TONAWANDA TIMBERWOLVES — WINTER SPORTS

Winter Athletic Family Night

Wednesday, November 18th • 5:00 PM • Miller Gym

Come meet our Winter 2026 coaches, athletic director, and athletic trainer. Let's have a great fall season!

WELCOME

- Introduction of the Athletic Director, coaching staff, and Athletic Trainer.

APP TESTING

- *New Process from the State*

CODE OF CONDUCT

- **Eligibility** — academics / attendance / P.E. / discipline
- **Attendance** — present 7 of 9 periods
- **Academics** —72% overall avg. and passing PE, 6 wk check
- **Behavior** — per district Code of Conduct

FINALFORMS

- Registration process for athletes (all online).
- Ineligible until all red squares are addressed.

GENERAL RULES

- **Transportation** — respect the bus & driver, pick up trash; ride to away events with the team; may only ride home from away contests with a parent/guardian after signing out with the coach.
- **Student-Athlete** — student comes first; represent Tonawanda positively; maintain sportsmanship.
- **Being a Fan** — always show sportsmanship.
- **Playing Time** — earned; discuss with the coach first.
- **Varsity Letter** — individual coaches set requirements.
- **Uniforms** — student-athlete's responsibility; charged if not returned.
- **Communication** — coach first; Athletic Dept. for questions.
- **Talking to a Coach** — never right after a contest — allow 24 hours.

ATHLETIC TRAINER, MELISSA DONATO

- Impact Testing for concussions.
- Return-to-play protocol.
- Injuries.

FINAL REMARKS & QUESTIONS

Individual Sport Meetings:
Boys Bowling: Bowling Ally
Girls Bowling: Bowling Ally
Girls Basketball: Miller Gym
Boys Basketball: Miller Gym
Boys Swimming: HS Cafeteria
Modified Swimming: HS Cafeteria
Boys Wrestling: MS Gym
Girls Wrestling: Mr. Northrup
Modified Wrestling: MS Gym
Modified Cheer: Wellness Gym
Varsity Cheer: Wellness Gym

WE ARE TONAWANDA!

We can't wait to see you at Miller Gym on November 18th — thank you for being part of Tonawanda Athletics!