



The Cougar Post

December 2025 Issue 🌲

Chief Editor: Mrs. Wise

Christmas Eve Traditions: What You Have To Do on Christmas Eve

By Bexley Smith

1. Make cookies
2. Pour eggnog or milk
3. Get carrots and put them in your yard.
4. Plug in your tree.
5. Wrap the presents you bought.
6. Put them under the tree.
7. Make sure it is good and perfect.
8. Go lay in your bed and watch the Santa tracker.
9. When he is close to your house, go to bed.
10. Wake up and get your presents.
11. Take a picture of your tree and parents.
12. Dig in.
13. Clean up.
14. Play with your toys.



Things to Do on Christmas By Stella Kilmer

1. Spend time with family and friends-After all, you have spent a lot of time with them, RIGHT?
2. Open Presents- I love seeing what others get and opening mine myself!
3. Go to parties- I don't know about you, but I'm a party person!
4. Bake Cookies-Smell that wondrous odor of baking cookies!
5. Write poems-It can be any way you would like!
6. Eat feasts-I always love the food we have on Christmas!
7. Have a smile on your face-What could possibly go wrong?
8. Never pout-Everything is great!
9. Drink lots of water-You don't want to get dehydrated from all that salty popcorn!
10. Playing in the snow-It is fun to me!

And most importantly...
HAVE FUN!





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Fun Things To Do with a Friend Over Christmas Break By Madison Oldro and Paige Winton

1. Have a sleepover on so you can open presents together.
2. Next you could look for your ELF if you have one.
3. Play in the snow before they have to leave.
4. You could make a snowman.
5. You can have hot chocolate with marshmallows and candy canes and make a fort.
6. Watch Christmas movies and popcorn with Christmas sweaters on.
7. Get dressed for a Christmas dinner later.
8. Help make dinner.
9. Eat dinner, especially rolls.
10. Make Christmas cookies.
11. Get ready for bed in the fort that you built.
12. Decorate the cookies that you made.
13. EAT THE COOKIES!!!!!!!!!!
14. Play with new toys.
15. Go to sleep.



Fun Traditions to do on Christmas By Ella Saulsgiver

There are a lot of Christmas traditions. A lot of families have one that they do on every Christmas like me. I do a certain tradition every christmas and some families don't but here are some traditions to do on Christmas:

-Open presents first, then eat breakfast, play and probably clean up the wrapping paper. Then have fun for the day and relax.

-Eat breakfast, say a prayer, open presents and relax for the day.

-Eat breakfast, watch a christmas movie, open presents, then relax for the day.



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-Say a prayer, eat breakfast, play a christmas game, open christmas presents, watch a movie, then relax for the day.

In Norway they call Santa Julenisse which means Christmas gnome.

Merry Christmas!

-Play a game, open christmas presents, watch a movie, eat breakfast, relax for the night.

Fun Facts about Christmas By Jack Lerow and Easton Johnson

Santa's suit wasn't always red. The red suit became popular from drawings in Coca-Cola.

December 25th wasn't always the original date of Christmas. December 25th was chosen by the Roman Church in the fourth century.

The song "Jingle Bells" was originally for Thanksgiving and titled "one horse open sleigh."

Christmas used to be banned in the Massachusetts bay colony from 1659 to 1681 because Puritan leaders believed its traditions were too extravagant.

The earliest form of Christmas pudding was a thin, meaty porridge or soup made with raisins and more.



Ornaments

By Leo Diate

There are many different kinds of ornaments. All different colors. What kind of ornaments do you have on your Christmas tree?





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Top Ten Christmas Mascots By Emelia Ashley

Here are some popular Christmas mascots!

- 1.Santa Clause
- 2.Rudolph the Red Nosed Reindeer
- 3.Elves
- 4.Snowmen
- 5.Jack Frost
- 6.The Grinch
- 7.Cousin Eddie
- 8.Yukon Cornelius
- 9.Clydesdales
- 10.Kevin Mcallister



10 Facts about Santa By Clinton Fenton

- 1.He is magic.
2. He has a lot of elves.
3. He has a lot of reindeer.
- 4.He likes cookies.
5. He likes the colors red and white.
- 6.He likes sugar.
- 7.He has a big house.
- 8.He is over 1,700 years old.
- 9.He can fly in a sleigh.
- 10.He is nice and playful.





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Opinion Article: The Top Ten Christmas Movies

**By Eliza O'Connor and
Saleen Burnett**

Here are some top 10 Christmas movies in our opinion.

- 1.The Polar Express
- 2.Elf
- 3.Home Alone
4. A Christmas Carol
- 5.The Grinch
- 6.White Christmas
7. Love Actually
- 8.Jingle All the Way
9. The Nightmare Before Christmas
- 10.A Charlie Brown Christmas.

In our opinions, these are our top 10 Christmas movies.



The Most Famous Christmas Movie

**By Jenna Aiken and
Gwendolyn McQuiggan**

The most famous Christmas movie is It's a Wonderful Life. This movie is famous because it is timeless. It has a universal message about ordinary life. Jimmy Stewart and Donna Reed perform in this movie. It is a beloved annual Christmas movie for many.





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Opinion Article:

Home Alone 1 Movie Review

By Aubry Debiew and Jaidyn Abram

Home Alone is the best movie. We liked Home Alone because it is funny. Home Alone 1 is about a little boy whose family goes on a Christmas trip and he is forgotten at home. Two robbers try to break into his house, but he sets up traps to defeat the robbers. His parents soon find out that he was forgotten by feeling they forgot something and trying to find out, but they soon realize that they forgot him and scream. Kevin's mom starts freaking out like a maniac. Kevin's mom tries to get home frantically and takes many flights and a van ride to get home to her son who is Home Alone.



Christmas Cookies

By Ileana Kelley

Planning to do any baking this holiday season? Check out these suggestions from fifth grader Ileana Kelly for all your cookie baking!

1. Peanut Butter Blossoms
2. No Bakes
3. Thumbprint Cookies
4. Chocolate Chip
5. Sugar Cookies
6. M&M Cookies
7. Peppermint Cookies
8. Gingerbread Cookies
9. Biscoff Cookies
10. Snickerdoodle Cookies





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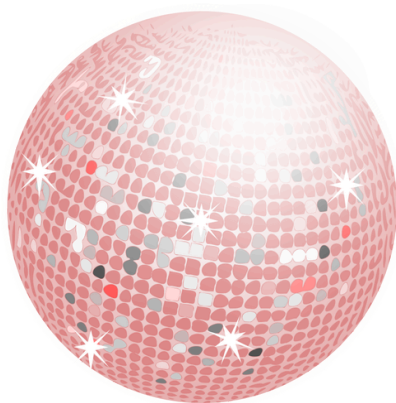
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New Year's Eve

By Evelyn Holtz

New Year's Eve is actually really great because there are so many things to do like dance, sing and so much more. Some other things you can do are charades, stay up late, play games, and watch fireworks. Some people don't celebrate, but that's okay. Fun fact: my birthday is on New Year's Eve. That's what we usually do for my birthday. You celebrate it for the New Year beginning on January 1st. Happy New Year!



Facts About Cowboy Boots

By Caleb Boyland

1. Their pointed toes make it easy to slide into stirrups.
2. Tall shafts protect legs from brush and snakes.
3. High heels keep feet in stirrups.
4. Lack of laces prevents them from getting stuck if a rider falls - saving lives.
5. Originally adapted from military boots and Spanish vaquero trail work.
6. They evolved from purely functional to fashion icons.
7. Boosted by Hollywood westerns.
8. And now feature exotic leathers and elaborate designs.
9. Their core design remains rooted in utility.
10. A steel shank was often added to instep for arch support during long hours in the saddle.





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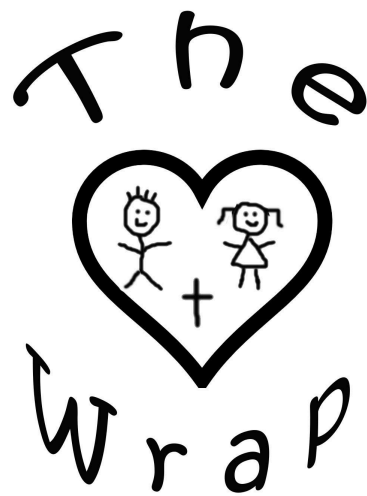
Facts About The Wrap: The Before and After School Program

**By Sophia Burnett and
Isaiah Main**

See Miss Meagan if you are interested
in learning more about The Wrap!

Here are some facts about The Wrap:

1. One fact about Wrap is you have to stay there until your family picks you up.
2. Listen to the teachers Miss Meagan, Miss Julia and Mr Hayden. (They are nice) They help people if they need help.
3. The Wrap color is purple.
4. The Wrap is at Park Church.
5. You can bring tablets and Nintendo switches. if you are good with them!
6. You can go to Wrap before school and play in the gym.





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SPORTS SECTION

Top 5 NFL Teams of December By Landon Conti

1. Denver Broncos
2. Los Angeles Rams
3. Seattle Seahawks
4. New England Patriots
5. Buffalo Bills

The Denver Broncos record is 12-2
The Los Angeles Rams record is 11-3
The Seattle Seahawks record is 11-3
The New England Patriots record is 11-3
The Buffalo Bills record is 10-4

Hope to see 1 of you in the Super Bowl!
GO BILLS!!!!!!



Top 10 NFL Players in December By Bo Morabito and Triston Loop

1. Saquon Barkley, Eagles Running back 740 rushing yards, 198 carries, 3.7 yards a carry
2. Lamar Jackson, Ravens Quarterback 1,249 passing yards and 15 touchdowns and 1 interception
3. Josh Allen, Bills Quarterback 2,832 passing yards 19 touchdowns and 10 interceptions
4. Ja'Mar Chase, Bengals wideout 971 receiving yards and 5 td's. 110 yards against the Ravens
5. Patrick Mahomes, Chiefs quarterback 3,238 passing yards 22 td's and 7 interception's
6. Joe Burrow, Bengals Quarterback 4,918 passing yards 43 td's



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7. Derrick Henry, Baltimore Ravens
running back 1,921 running yards 16
rushing td's

8. Myles Garrett, Browns defensive end
21.5 sacks and 3 Forced Fumbles

9. Justin Jefferson Vikings wide out 832
yards and 2 td's

10. Patrick Surtain II Broncos
cornerback 1 interception and 8 assists

4. The shoulder and pant leg patterns
have a cracked ice texture meant to

resemble a fresh snowball on a bison's
fur.

5. The shoulder sleeves feature a
low-poly chrome charging buffalo logo.

6. The helmet has a white shell with a
metal flake finish, an icy center stripe,
and a frosty metallic-filled charging
buffalo logo.

7. The cold front jerseys debuted on
October 5, 2025.

8. For games where these uniforms are
worn the team encourages a full
stadium white out with fans also
wearing white.

9. The Bills will incorporate the rivalries
uniforms into their lineup for three
seasons.

10. Created over two years removing
red achieves a true icy cold look.

Facts about the Buffalo Bills Ice Jerseys By Caleb Boyland

1. This is the first jersey to not have red
since the franchise's inaugural uniforms
in 1960.

2. The jerseys feature the word
"buffal:o on the chest instead of "bills."

3. The numbers, logos, and stripes
feature frosty, metallic silver/chrome
accents designed to catch light.



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11. Designed by Buffalo natives aiming for authenticity and community connection.

12. Meant to be intimidating and powerful symbolizing the cities resilience in winter.

13. The Nike rivalries series are inspired by the region's harsh winter weather.

14. The inside of the tag of the jersey is stitched with Bills Mafia a nod to the team's dedicated fanbase

15. Celebrates Buffalo's notorious cold snow and gritty spirit symbolizing ice in the air and grit in the soul.



Teacher of the Issue: Interviewing Mr. Smith, Our School Social Worker By Stella Kilmer and Lillyanna Davis

1. What is your favorite part of working in the SES? "Being able to build relationships with students."
2. What is your favorite book? "Harry Potter is my favorite book."
3. What is your favorite food? "Mexican food"
4. What is the best thing a student has ever told you? "Students that have graduated say 'Thank you for all you do.'"
5. Do you like all of your staff? If not, who don't you like? " Likes all staff except Mr.G 😊"
6. What do you like to do in your free time? " I like to spend time with my family, like doing pottery,



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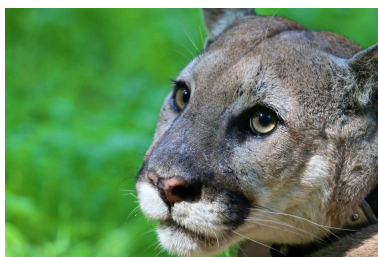
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watching movies, and listening to live music.”

7. What was your dream job as a kid? “Teacher”
8. Why did you choose to run assemblies? “When I was a kid, I loved assemblies, so I decided to run them.”
9. How old are you now? And how old were you when you started teaching? “45 now and 25 when he started being a social worker.
10. What is your favorite part about Christmas? “Seeing the people’s face light up when they open up gifts.

Thank you for all you do here at SES,
Mr Smith!

LETS GO COUGARS!!!!!!!!!!



Teacher of the Issue: Interviewing Mrs. Thompson By Owen Davis

- 1. What is your favorite thing to do individually?** Doing anything outside.
- 2. What is one thing you like about being a teacher?** Being around my students and helping them.
- 3. What is your favorite food?** Chicken Alfredo.
- 4. What is your favorite thing to do with your family?** Play outside.
- 5. Do you like reading?** Yes.
- 6. If so, what is your favorite book?** Mystery books.
- 7. What is your favorite game to play?** Skipbo.
- 8. What is your favorite subject?** Science.



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9. What is your favorite color?

Purple.

10. What are you afraid of? Snakes.

This concludes this interview.

Thanks, Mrs. Thompson!

The Cougar Post Staff would like to wish everyone a wonderful Christmas and a Happy New Year! Have a relaxing and safe break!

You
don't just
TEACH
You
INSPIRE

