



The Cougar Post

April/May SPRING 2026 Edition

Chief Editor: Mrs. Wise

 Join the Newspaper Club! 

By Ileana Kelley and
Stella Kilmer

Join the Newspaper Club! We make articles like the one you are reading now! Third graders, you will be able to join next year! Same for you, fourth graders, you can join next year, too! We type the articles on our Chromebooks in Mrs. Wise's room, then we share it with her and see it published in the newspaper. If you want, you can work in pairs. We have put together an interview of what our peers love about the Newspaper Club.



First we are interviewing Owen Davis, a 5th grader.

What do you love about the Newspaper Club?

Owen: "I love writing about history."

We are now interviewing Ella Saulsgiver, a 4th grader.

What do you love about the Newspaper Club?

Ella: "I love being with my friends and writing stories!"

Now we are interviewing Lillyana Davis, a 5th grader who is not related to Owen.

What do you love about the Newspaper Club?

Lilly: "I love that the Newspaper Club is a place where you can relax and hang with friends without being so worried!"

Now we are interviewing Easton and Jack, two 4th graders.

What do you love about the Newspaper Club?

Jack and Easton: "We love hanging out with our friends and creating articles with our thoughts!"

We encourage you to join the Newspaper Club next school year!





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Tips For Gardening! **By Aubry DeBiew and** **Jaidyn Abram**

Happy spring! For people who enjoy gardening during spring, we have some tips that might help plants grow better!

1. Soil is everything! Feed your soil with compost and organic matters to help essential nutrients.
2. Water Wisely: Water your plants in the morning to reduce evaporation throughout the day.
3. Use Mulch (wood, chips, straw) to keep soil cool, moist, and suppress weeds.
4. Start small: Begin with a few containers or a small raised bed to avoid becoming overwhelmed.
5. Protect from frost: use plastic bottles with the bottom cut off to protect and your seedling from unexpected cold.
6. Planting density: Planting in triangles or diamonds rather

than rows to space up as much as 20%.

7. Natural pest control: attract pollinators by planting herbs and flowers like marigolds nearby.

Easy Beginner Plants:

Vegetables: Lettuce, Tomatoes, Peppers, Radishes, Kale.

Herbs :Basil, Mint, Parsley, and Rosemary.

Essential Maintenance:

Weeding: remove weeds before they set seed to prevent more difficult infestations

Pruning: remove dead or dying flowers to help plants redirect energy to fruits and new growth



Happy gardening!!!



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Types of Flowers By Madison Oldro

1. Roses (fun fact: red roses are a sign of love)

2. Daisies (fun fact: one flower can actually be a lot)

3. Tulips (fun fact: most popular flower in the world)

4. Dandelion (fun fact: they are edible)

5. Violet (fun fact: they are the February birth flower)

6. Orchid (fun fact: one of the world's largest and oldest flower)

7. Sunflower (fun fact: when young, it's over 30 feet tall)

8. Iris (fun fact: greek goddess of the rainbow)

9. Lily (fun fact: known for their large blooms)

10. Buttercup (fun fact: if you put it under your chin and it glows you like butter)

11. Cherry blossoms (fun fact: they bloom for about 1-2 weeks)

12. Poppy (fun fact: there are over 800 species)

13. Snowdrop (fun fact: they are not native to the UK)





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Memorial Day Facts

By Emelia Ashley

1. It celebrates soldiers that have died fighting for our freedom
2. It was originally known as 'Decoration day'.
3. They would decorate union graves with flowers.
4. The national time of remembrance is 3pm.
5. The Poppy represents remembrance.
6. It is the unofficial start of summer.
7. It used to be on May 30.
8. The flag has to be half-staff.
9. The first decoration day was on May 30, 1868.
10. The founder was Gen. John A. Logan.



Memorial Day Weekend

**By Ileana Kelley and
Stella Kilmer**

Memorial day weekend is an important time. It honors the people who died serving our country. You might go to a parade, or attend parties, but remember that that is not the most important part of it. Take time to remember someone who died fighting. It might be your friend, or even your family.

Every Memorial Day there is a parade in Cassadaga next to the Three Lakes Cafe to honor the people who died to save us. There is also a parade in Sinclairville where you give candy to little kids and honor the people who died to save us. Many of us know someone who died in the war. Roughly 1.35 million died while serving since the Revolutionary War. In parades, some people throw candy to kids. In the Vietnam War, Charles McMahon and Darwin Lee Judge are some of the people who passed away.



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Some people put flowers and flags on the graves of the deceased. The Poppy is a sign of remembrance, and it was inspired by a poem of World War One "In Flanders Fields". It's great that you are partying, most of you, but just remember who you're partying for.

Flag Etiquette: The American flag should be flown at half-staff until 12:00, then raised to full-staff until sunset on Memorial Day. Birthplace: Congress and President Johnson declared Waterloo, NY, the official birthplace of Memorial day in 1966. This is our article about Memorial Day.



Facts about Butterflies

By Evelyn Holtz and

Eliza O'Connor

1. There are 17,500 to 20,000 thousand types of butterflies.
2. Their eyes are made of 6,000 different lenses.
3. Their skeletons are on the outside.
4. Butterflies only live 2-4 weeks.
5. They are cold blooded.
6. They use camouflage.
7. They only eat liquid.
8. They have 4 wings.
9. They have compound eyes.
10. The Glasswing Butterfly's wings are clear.





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Facts about Dogs

**By Easton Johnson and
Jack Lerow**

Labrador retriever

There was once a labrador retriever who was elected honorary mayor of Sunol, California in 1981. The labrador retriever is one of the most popular dog breeds in the USA.

Wiener dog

Weiner dogs were specifically bred for hunting. The very first olympic games mascot was a weiner dog.

Poodle

Poodles have 50 different haircuts. There are three different kinds of poodles.

Bulldogs

One English bulldog once held the world record for the fastest 100 meters on a skateboard. Bulldogs weigh 40 to 50 pounds and live to 8 to 10 years old.

Shi-tzu

Shi-zu usually don't have a snout unless they are a mix. They are also called chrysanthemum faced dogs.

Newfoundland

Newfoundlands save people in the arctic waters. Newfoundlands are very intelligent dogs.

Rottweiler

Rottweilers talk by growling. Rottweilers are police dogs.

German shepherd

They are police dogs. They are herding dogs.





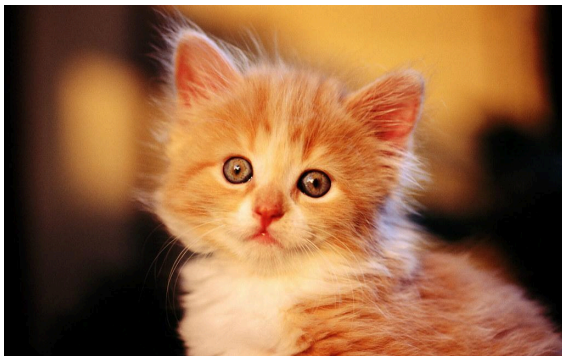
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How to Take Care of a Cat By Leo Diate

1. Take the cat home and give it a bath and bug spray.
2. Dry it off and give it cat food and water.
3. Then bring the cat to the pet store and let him/her pick a cat toy.
4. Don't forget you'll need a litterbox.
5. Get your cat a box to play in.



Fair By Paige Winton

The fair is all about the animals and the fun. I show sheep and rabbits and guinea pigs. There are rides there. So all of the animals we have are in one barn. The barn is a walk through so you

can pet all of the animals except for the rabbit cages. If the rabbit does not know you, it might bite you. Also, there is a thing called the barn wars and you do these challenges in the barns like find a rubber duck and you get a prize. There are some other challenges and if you win, you get a prize.





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Baseball Fun Facts!

By Aubry DeBiew

1:The oldest active baseball park is the Fenway Park in Boston, built in 1912.

2:The first professional baseball team was the Cincinnati Red Stockings, founded in 1866.

3:The Boston Red Sox was the first baseball team to win a world series in 1903.

4:The fastest MLB game lasted only 51 minutes, played in 1919.

5:The longest game lasted 8 hours and 6 minutes in 1984.

6:The New York Yankees have won a total of 27 world series.

7:Nolan Ryan and Cap Anderson for most years played (27).

8:More people have walked on the moon than scored a run off by Mariano Rivera in the post season.

9:Barry Bonds holds the records for most home runs in a season (73).

10:An average baseball is only used 5-7 pitches before being replaced.



NFL Draft Picks Round 1

By Triston Loop and Bo Morabito

- 1.Raiders:Fernando Mendoza
- 2.Jets:David Bailey
- 3.Cardinals:Jeremiyah Love
- 4.Titans:Carnell Tate
- 5.Giants:Arvell Reese
- 6.Chiefs:Mansoor Delane
- 7.Commanders:Sonny Styles
- 8.Saints:Jordan Tyson
- 9.Browns:Spencer Fano
- 10.Giants:Francis Mauigau
- 11.Cowboys:Caleb Downs
- 12.Dolphins:Kayden Proctor



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- 13.Rams:Ty Simpson
- 14.Ravens:Oaivavega loane
- 15.Bucs:Rueben Bain Jr.
- 16.Jets:Senyon Sadiq
- 17.Lions:Blake Miller
- 18.Vikings:Caleb Banks
- 19.Panthers:Monroe Freeling
- 20.Eagles:Makai Lemon
- 21.Steelers:Max Iheanachor
- 22.Chargers:Akheem Mesidor
- 23.Cowboys:Malachi Lawrence
- 24.Browns:Kc Conception
- 25.Bears:Dillon Thieneman
- 26.Texans:Keylan Rutledg
- 27.Dolphins:Chris Johnson
- 28.Patriots:Caleb Lomu
- 29.Chiefs:Peter Wood
- 30.Jets:Omar Cooper Jr.
- 31.Titans:Keldric Faulk
- 32.Seahawks:Jadarian Price



How to Shoot a Bow

By Ella Saulsgiver

Are you wondering how to shoot a compound bow?? Well, lucky for you I know how to and I will be glad to tell you!! So let's get to it!! Before you try to do this, make sure you have your parent's permission!

1: You have to set up your bow to a comfortable weight so it is easier to draw back.

2: Next you should adjust your sight for how many yards you want it to go.

3: You might wanna stand sideways to your right because that just makes it easier to shoot and close your left eye. If you're close up, put the middle red dot on the target and just press your trigger when you have it aimed there and if you are far from the target use the bottom green dot.

And that is how you shoot a bow!





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A Look Back in History: The Korean War By Owen Davis

The Korean War (June 25, 1950-July 27, 1953) was a war between the Russian (Soviets) backed North Korea with weapons and the United States and other United Nations (UN) countries backed South Korea in a brutal war that lasted 3 years. This war was also known as the Forgotten War, its reason being the war was between two major wars which were World War II and The Vietnam War. The U.S. lost 55,000 out of about 3 Million civilian deaths. The war never officially ended and North and South Korea are still technically at war. The border between the two countries is heavily armed with a demilitarized zone (DMZ). This was a short summary about the Korean War.



The image is an American M-26 Pershing tank that was used by the Americans during the Korean War.

A Look Back in History: The Battle at Gallipoli By Owen Davis

The Battle at Gallipoli was a fierce landing by the British to attack the Ottoman Empire (which is now Turkey) to knock the Ottoman Empire out of the war, (World War 1) and get supplies to Russia for help, and take Constantinople. About 345,000-420,000 British landed at the Gallipoli Peninsula (There were other allied country troops included). The British landed on April 25, 1915 to meet about 250,000 to 315,000 Ottoman Empire defenders. By the end of the campaign, about 86,000 to 87,000 Ottoman Empire losses and about 21,000 to 34,000 troops in the fierce battle. This was a short summary of the battle at Gallipoli.



This is a picture of the invasion at Gallipoli.



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Cleetus the Youtuber By Bexley Smith and Caleb Boyland

Cleetus McFarland is Garrett Mitchell. He was born April 5, 1995. He is a popular American auto YouTuber with over 4.6 million subscribers, known for performance car builds, events, and owning his own racetrack in Florida. He is also a professional driver competing in NASCAR. Lawrence Garrett Mitchell, was originally the social media manager for 1320Video before launching his own channel. Freedom Factory. In 2020, he purchased the former Desoto Speedway near Bradenton, Florida, and renamed it the Freedom Factory, a hub for his racing events and video content. He is a professional drifter and a nascar racer so don't try this at home. His stunts are dangerous!



Free Write: The Girl and the Green Choker By Gwendolyn McQuiggan and Jenna Aiken

There was a girl who always wore a dark green choker. She never took it off. Then when she got married she still wouldn't take it off. One day she went to her husband and told him to take it off. There was a tiny tattoo that ran across her neck like a snake. She started to say, "When I was younger, I had wanted to get a tattoo but then she realized that it was a bad decision, very bad to get the tattoo so she started to wear a choker to hide the tattoo. That's why I always wear the choker.





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**Sweet Treats To Eat In The
Summer
By Jenna Aiken**

1. Ice cream



2. Popsicles



3. Cold fresh fruit



4. Cold lemonade with ice cubes



**Interviewing 5th Grade Student,
Bo Morabito
By Landon Conti**

1. What's your favorite memory about Elementary School?

Kicking a home run in kickball.

2. How do you feel about going to middle school?

Nervous.

3. Are you going to play any sports in middle school?

Baseball, football and golf.

4. What's your favorite subject in school?

Math.

5. What do you like most about school?

Recess.

6. What is your favorite special in school?

Gym.



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7. Do you like math?

Yes.

8. Do you like ELA?

Kinda.

9. Do you like science?

Yes.

10. Do you like social studies?

No.

Good luck to all fifth graders as they begin middle school next year!



Teacher Interview:

Mr. Fryberger

By Bo Morabito and Triston Loop

1. What is your favorite exercise?

My favorite exercise is Burpees. It works the whole body in a short amount of time.

2. What do you expect every day in physical education? I expect students to come to physical education and try their best, even if it is a challenging activity.

3. What grade would you say is the smartest at playing physical activities? Each grade level has their strengths and weaknesses. However, students that listen to directions and follow the rules tend to participate in games and activities using sound strategy and have more fun.

4. If you could give the gym a makeover what would you add? I would add a traverse wall at both ends of the gym. It is a rock climbing wall



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that you move sideways on rather than crawling up.

5. What made you become a gym teacher? I wanted to become a physical education teacher because of the PE teachers and coaches I had growing up . They always had fun and challenging activities that helped teach me the meaning of self-discipline, commitment, and hard work.

Thank you, Mr. Fryberger for all you do for the students at SES!

Teacher Interview: Mrs. Fox By Lilly Davis

What is your favorite color?
Green or pink.

What is your favorite food?
Alfredo.

What is your favorite holiday?
Christmas.

What is your favorite class?
Science.

What was your favorite grade?
5th Grade.

How many kids do you have?
1

Who is your favorite substitute?
Mrs. Fenton.

What is your favorite animal?
Otter.

What is your favorite drink?
Pepsi.

What is your favorite place to go for vacation?
Tropical cruises.

Thank you, Mrs. Fox for all you do for the students at SES!





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Interviewing Mrs. Smith, Our School Nurse By Lilly Davis

What is your favorite part of being a school nurse?

Spending time with the students and
planning special events.

What is your favorite food?

Salmon.

What is your favorite color?

Blue.

What is your favorite hair style?

Up in a bun.

What is your favorite football team?

Bills!

What is your favorite basketball team?

University of North Carolina

What is your favorite hobby?

Reading! A fun fact is Mrs. Smith has
over 400 books in her personal library.

What is your favorite restaurant?

Red Lobster.

What is your favorite holiday?

Halloween.

What is your favorite seasoning?

Lemon pepper.

What is your favorite season?

Summer.

