

## Eden CISD

P.O. Box 988, Eden, TX 76837 Phone (325)869-4121 Fax (325)869-5210

Student Health Advisory Committee (SHAC)

November 14, 2025

Dear Parents, Staff, and Community Members,

Children and youth who begin each day as healthy individuals can learn more effectively and are more likely to complete their formal education. Responsibility for the physical, emotional, social, mental, and intellectual health of our youth belongs to their families and the entire community. Effective coordinated school health programs can contribute to helping young people avoid health risks by increasing their skills to make responsible choices about behaviors that can affect their health.

Eden CISD is establishing an advisory council. The advisory council will advise and support the school's efforts, assess their needs, and assist with programs to help children develop the knowledge, skills, and attitudes they need to become healthy, productive citizens. As someone interested in the welfare of our children, you are invited to join the district's advisory council. The advisory council will include parents, students, teachers, school administrators, voluntary organizations, business representatives, health professionals, and other interested, concerned citizens.

Meeting dates for the 2025-2026 school year will be at 5pm in the cafetorium on the following dates:

- December 9, 2025
- January 29, 2026
- March 10, 2026
- April 21, 2026

If you are interested, please contact me by phone or email.

Thanks,

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