Meet Our Staff

FamilyCare Health Centers - Poca Mobile Unit



School- Based Health/ Poca Mobile Unit

Ph. 304.545.0992

Provider: Stephanie Metz, FNP- BC

Medical Assistant: Imani Woods, CMA

Behavioral Health Therapist: Leticia d'Arms, LICSW

Care Coordinator: Denisha Rowh

1st Wednesday of the month: Closes at 12PM (noon)



We believe that healthy kids learn better. School-based care is one of the most effective ways to make sure that all students have access to high-quality health care when they need it.

Schools served during school hours:

Monday: Poca High

Tuesday: Poca Elementary/ Middle

Wednesday: Rock Branch Elementary

Thursday: Poca High

Friday: Poca Elementary/ Middle

Our Roles



Meet Stephanie Metz, FNP-BC

Our clinical provider offers physicals, vaccinations, health screenings, and testing for illnesses to identify health problems early. We treat minor illnesses and provide care for people with long- term health conditions.



Meet Imani Woods, CMA

In a school- based health center, a Certified Medical Assistant primarily supports the provider on the mobile unit. They assist with patient care, manage records, and contribute to the overall smooth operation of the clinic.



Meet Leticia d'Arms, Behavioral Health Therapist, LICSW

Our therapists provides counseling for mental health and behavioral issues such as anger management, depression, anxiety, coping with grief or loss, drug and alcohol dependency, trauma, self-esteem, stress management, eating disorders, memory problems, sleep difficulty, cutting, ADHD, relationship concerns, or any other stressful life situation.



Meet Denisha Rowh, Care Coordinator

Care coordinators act as trusted liaisons who assist parents and guardians in understanding and navigating insurance, education, food, transportation, and complex- systems such as Medicaid, FERPA, and HIPAA.