# WEEKLY BULLETIN

## NOV. 9-13, 2026

### MONDAY, NOV. 9, 2026

**Danish, Cereal, Toast, Yogurt, Fruit, Juice & Milk**
**Boys' & Girls' Wrestling practice begins**
**Baked Potato Bar,**
**Salad Bar, Fruit, & Milk**

### TUESDAY, NOV. 10, 2026

**Poptart, Cereal, Yogurt, Fruit, Juice & Milk**
**Art Lady**
**ASVAB Testing**
**Veteran's Day Program 2:15 in the gym**
**Philly Steak Sandwich,**
**Salad Bar, Fruit, & Milk**

### WEDNESDAY, NOV. 11, 2026

**NO SCHOOL**
**VETERAN'S DAY**

### THURSDAY, NOV. 12, 2026

**English Muffin, Cereal, Toast, Yogurt, Fruit, Juice & Milk**
**Spaghetti w/Meat Sauce,**
**Salad Bar, Fruit, & Milk**

### FRIDAY, NOV. 13, 2026

**Frosted Long John, Cereal, Toast, Yogurt, Fruit, Juice & Milk**
**State Football @ Fargo**
**Hot Ham & Cheese,**
**Salad Bar, Fruit, & Milk**




### 7 MINDSET LESSON THIS WEEK

**(Passion First)… Be Authentic –**

Great dreams must start within. To do something extraordinary, the dream must leverage your strengths and interests, it must align with who you are (your core values), and it must matter greatly to you. When all this is in place, you perform at your best and you are your most determined self. The fulfillment of all great dreams involves a combination of performance and persistence.