SDHSAA Region 5A Cross Country Championships
Hart Ranch Camping Resort
Thursday October 15, 2026
10:00 a.m.

Region 5A Teams: Belle Fourche, Custer, Hill City, Hot Springs, Lakota Tech, Lead/Deadwood, Little Wound, Pine Ridge, Rapid City Christian, Mahpiya Luta, St. Thomas More

Meet Schedule: Times are approximate. Races will follow a rolling schedule.
10:00 AM: Combined Boys and Girls Junior Varsity 5000 meters
10:30 AM: Girls Varsity 5000 meters
11:00 AM: Boys Varsity 5000 meters

Varsity: Limit of 6 per team-Scoring 4 Counters, 2 Pushers
Junior Varsity: Unlimited

State Meet Qualifying: Top 20 Individual finishers in the Varsity Races and the top 3 teams will advance to the State Meet.

Awards: Medals for the top 20 Individuals – Varsity

Team Awards: Will be presented at the completion of the meet. Plaques to the top 2 Teams. Coaches will be provided with individual awards to be distributed to their award winners.

Concessions: Concession will be available for spectators and teams in the Events Center.

Spectators: Spectators will be allowed, but not allowed near the start or finish areas. There will be NO GOLF CARTS for Spectators and NO PETS Allowed. Hart Ranch security will be directing traffic to parking areas.