Fall Schedules	Monday 9/21/2026	Tuesday 9/22/2026	Wednesday 9/23/2026	Thursday 9/24/2026	Friday 9/25/2026	Saturday 9/26/2026	Sunday 9/27/2026
Varsity Sports	Yom Kippur						
Varsity Cheerleading	OFF	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	@ Beacon- 6:30pm Bus #7852- MHS Pickup 4:30pm	OFF	OFF
Varsity Cross Country	OFF	Practice 2:30-4:00pm MHS Campus	@ Red Hook- 4:15pm Bus #7849- MHS Pickup 2:00pm Roundtrip	Practice 2:30-4:00pm MHS Campus	Practice 2:30-4:00pm MHS Campus	OFF	OFF
Varsity Football	Practice 5:00-8:30pm MHS Turf & Weight Room	Practice 5:00-8:30pm MHS Turf Only	Practice 5:00-8:30pm MHS Turf & Weight Room	Practice 2:30-5:00pm MHS Turf Only	@ Beacon- 6:30pm Bus #7832- MHS x2 Pickup 4:15pm	OFF	OFF
Varsity Boys Golf	OFF	Home vs New Paltz- 3pm Bus #7808- MHS Pickup 2:00pm One-Way	Home vs Wallkill- 3pm Bus #7809- MHS Pickup 2:00pm One-Way	Practice- Apple Greens Bus #7827- MHS Pickup 2:30pm One-Way	Home vs Red Hook- 3pm Bus #7810- MHS Pickup 2:00pm One-Way	OFF	OFF
Varsity Boys Soccer	OFF	Practice 2:30-5:00pm MHS Turf/Practice Field	Home vs Spackenkill Turf #20202 4:15 PM	Practice 2:30-5:00pm MHS Turf/Practice Field	@ Mount Academy 4:15pm Bus #7801- MHS Pickup 2:30pm	OFF	OFF
Varsity Girls Soccer	OFF	Home vs Mount Academy MHS Turf #20190 4:15 PM	OFF	@ New Paltz- 4:15pm Bus #7795- MHS Pickup 3:00pm	@ FDR- 4:15pm Bus #7799- MHS Pickup 2:30pm	TBD	OFF
Varsity Girls Swimming	OFF	Practice 2:30-4:30pm MHS Pool	@ NFA- 4:30pm Bus #7874- MCSD Van Pickup 3:00pm	Practice 2:30-4:30pm MHS Pool	Practice 2:30-4:30pm MHS Pool	Group A Practice 8:00-9:00am MHS Weight Room	OFF
Varsity Girls Tennis	OFF	Practice 2:30-4:30pm MHS Tennis Courts	Home vs New Paltz MHS Courts #20171 4:15 PM	@ Lourdes- 4:15pm Bus #7787- MHS Pickup 2:30pm	Practice 2:30-4:30pm MHS Tennis Courts	OFF	OFF
Varsity Volleyball	Practice 10:00am-12:00pm MHS Gym	Home vs Spackenkill MHS Gym #20165 5:45 PM	Practice 3:00-5:30pm MHS Gym	Home vs Mount Academy MHS Gym #20166 5:45 PM	Practice 3:00-5:30pm MHS Gym	OFF	OFF
JV Sports							
JV Cheerleading	OFF	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	Home vs Monticello MHS Turf #20230 4:30 PM	OFF	OFF	OFF
JV Volleyball	OFF	Home vs Spackenkill MHS Gym #20165 4:15 PM	Practice 6:00-7:30pm MHS Gym	Home vs Mount Academy MHS Gym #20166 4:15 PM	Practice 2:30-4:30pm MHS Gym	OFF	OFF
Modified Sports							
Modified Cheerleading	OFF	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	Home vs Monticello MHS Turf #20230 4:30 PM	OFF	OFF	OFF
Modified Cross Country	OFF	Practice 2:30-4:00pm MMS Campus	@ Red Hook- 4:15pm Bus #7849- MHS Pickup 1:45pm MMS	Practice 2:30-4:00pm MMS Campus	Practice 2:30-4:00pm MMS Campus	OFF	OFF
Modified A Football	OFF	Practice 2:30-5:00pm MHS Hilltop	Practice 2:30-5:00pm MHS Hilltop	Home vs Monticello MHS Turf #20230 4:30 PM	Practice 2:30-5:00pm MHS Hilltop	Practice 9:00-11:00am MHS Hilltop/Turf	OFF
Modified Boys Soccer	OFF	Practice 2:30-4:00pm MMS Field	@ Red Hook- 4:15pm Bus #7843- MMS Pickup 3:00pm	Practice 2:30-4:00pm MMS Field	OFF	OFF	OFF
Modified Girls Soccer	OFF	Practice 2:30-4:00pm MMS Field	@ Red Hook- 4:15pm Bus #7843- MMS Pickup 3:00pm	@ Kingston- 4:15pm Bus #7840- MMS Pickup 2:30pm	Practice 2:30-4:00pm MMS Field	OFF	OFF
Modified Volleyball	OFF	Practice 2:30-5:00pm MMS Gym	Practice 2:30-5:00pm MMS Gym	Practice 2:30-5:00pm MMS Gym	Practice 2:30-5:00pm MMS Gym	Practice 8:00-10:00am MMS Gym	OFF
Off-Season Workouts							
Off-Season Boys Basketball	OFF	OFF	OFF	OFF	OFF	OFF	OFF
Off-Season Girls Basketball	OFF	OFF	OFF	OFF	OFF	OFF	Workouts 9:30-11:30am MHS Gym

Practice schedules are subject to change at any time. Coaches should communicate changes with their teams and athetic office.

Changes from the original schedule posting are shown in red. Cancellations are noted with ~~Strikeout Font.~~