

Fall Schedules	Monday 9/7/2026	Tuesday 9/8/2026	Wednesday 9/9/2026	Thursday 9/10/2026	Friday 9/11/2026	Saturday 9/12/2026	Sunday 9/13/2026
Varsity Sports	Labor Day					Rosh Hashanah (Sunset Sept 11 - Sunset Sept 13) SAT Test Date (Sept 12)	
Varsity Cheerleading	OFF	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	@ Chester- 7pm Bus #7851- MHS Pickup 5:00pm	Practice 5:30-7:30pm MHS Campus	OFF	OFF
Varsity Cross Country	OFF	Practice 2:30-4:00pm MHS Campus	Practice 2:30-4:00pm MHS Campus	Practice 2:30-4:00pm MHS Campus	Practice 2:30-4:00pm MHS Campus	OFF	OFF
Varsity Football	Practice 5:00-8:30pm MHS Turf & Weight Room	Practice 5:00-8:30pm MHS Turf Only	Practice 2:30-5:00pm MHS Turf Only	@ Chester- 7pm Bus #7831- MHS x2 Pickup 3:30pm	OFF	OFF	Practice 5:00-8:30pm MHS Turf Only
Varsity Boys Golf	OFF	Practice- Apple Greens Bus #7819- MHS Pickup 2:30pm One-Way	Practice- Apple Greens Bus #7820- MHS Pickup 2:30pm One-Way	@ New Paltz- 3pm MCSD Van Pickup 2:00pm Roundtrip	Practice- Apple Greens Bus #7821- MHS Pickup 2:30pm One-Way	OFF	OFF
Varsity Boys Soccer	OFF	Practice 2:30-5:00pm MHS Turf/Practice Field	Home vs Red Hook Turf #20200 4:15 PM	Practice 2:30-5:00pm MHS Turf/Practice Field	@ Lourdes- 4:15pm Bus #7800- MHS Pickup 2:30pm	OFF	OFF
Varsity Girls Soccer	Practice 8:00-10:00am MHS Turf/Practice Field	Home vs Red Hook MHS Turf #20187 4:15 PM	Practice 2:30-4:30pm MHS Turf/Practice Field	@ Lourdes- 4:15 PM Bus #7793- MHS Pickup 2:30pm	Practice 2:30-4:30pm MHS Turf/Practice Field	Practice 8:00-9:30am MHS Turf/Practice Field	OFF
Varsity Girls Swimming	OFF	Practice 2:30-4:30pm MHS Pool	Home vs Lourdes MHS Pool #20174 4:30 PM	Practice 2:30-4:30pm MHS Pool	Practice 2:30-4:30pm MHS Pool	Group A Practice 8:00-9:00am MHS Weight Room	OFF
Varsity Girls Tennis	Practice 8:00-10:00am MHS Tennis Courts	Practice 2:30-4:30pm MHS Tennis Courts	Home vs Onteora MHS Courts #20366 4:15 PM	@ FDR- 4:15pm Bus #7785- MHS Pickup 2:30pm	Practice 2:30-4:30pm MHS Tennis Courts	OFF	OFF
Varsity Volleyball	Practice 11:00am-1:30pm MHS Gym	Home vs Red Hook MHS Gym #20163 5:45 PM	Practice 3:00-5:30pm MHS Gym	Practice 3:00-5:30pm MHS Gym	Practice 3:00-5:30pm MHS Gym	Practice 8:00-10:00am MHS Gym	OFF
JV Sports							
JV Cheerleading	OFF	Practice 5:30-7:00pm MHS Campus	Practice 5:30-7:00pm MHS Campus	OFF	Practice 5:30-7:00pm MHS Campus	OFF	OFF
JV Volleyball	Practice 8:00-10:00am MHS Gym	Home vs Red Hook MHS Gym #20163 4:15 PM	Practice 6:00-7:30pm MHS Gym	Practice 2:30-4:30pm MHS Gym	Practice 2:30-4:30pm MHS Gym	Practice 8:00-10:00am MHS Gym	OFF
Modified Sports							
Modified Cheerleading	OFF	Practice 5:30-7:00pm MHS Campus	Practice 5:30-7:00pm MHS Campus	OFF	Practice 5:30-7:00pm MHS Campus	OFF	OFF
Modified Cross Country	OFF	Practice 2:30-4:00pm MMS Campus	Practice 2:30-4:00pm MMS Campus	Practice 2:30-4:00pm MMS Campus	Practice 2:30-4:00pm MMS Campus	OFF	OFF
Modified A Football	OFF	Practice 2:30-5:00pm MHS Hilltop	Practice 2:30-5:00pm MHS Hilltop	Practice 2:30-5:00pm MHS Hilltop	Practice 2:30-5:00pm MHS Hilltop	Practice 9:00-11:00am MHS Hilltop/Turf	OFF
Modified Boys Soccer	OFF	Practice 2:30-4:00pm MMS Field	Practice 2:30-4:00pm MMS Field	Practice 2:30-4:00pm MMS Field	Practice 2:30-4:00pm MMS Field	OFF	OFF
Modified Girls Soccer	OFF	Practice 2:30-4:00pm MMS Field	Practice 2:30-4:00pm MMS Field	Practice 2:30-4:00pm MMS Field	Practice 2:30-4:00pm MMS Field	OFF	OFF
Modified Volleyball	OFF	Practice 2:30-5:00pm MMS Gym	Practice 2:30-5:00pm MMS Gym	Practice 2:30-5:00pm MMS Gym	Practice 2:30-5:00pm MMS Gym	Practice 8:00-10:00am MMS Gym	OFF
Off-Season Workouts							
Off Season Workouts Start Date TBD							
Off-Season Boys Basketball	OFF	OFF	OFF	OFF	OFF	OFF	OFF
Off-Season Girls Basketball	OFF	OFF	OFF	OFF	OFF	OFF	Workouts 9:30-11:30am MHS Gym

Practice schedules are subject to change at any time. Coaches should communicate changes with their teams and athletic office.
Changes from the original schedule posting are shown in red. Cancellations are noted with ~~Strikeout-Font~~.