

Fall Schedules	Monday 9/14/2026	Tuesday 9/15/2026	Wednesday 9/16/2026	Thursday 9/17/2026	Friday 9/18/2026	Saturday 9/19/2026	Sunday 9/20/2026
Varsity Sports						ACT Test Date	
Varsity Cheerleading	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	Home vs Port Jervis MHS Turf #20217 7:00 PM	OFF	OFF
Varsity Cross Country	Practice 2:30-4:00pm MHS Campus	Practice 2:30-4:00pm MHS Campus	@ Dover- 4:15pm Bus #7848- MHS Pickup 2:00pm Roundtrip	Practice 2:30-4:00pm MHS Campus	Practice 2:30-4:00pm MHS Campus	OFF	OFF
Varsity Football	Practice 5:00-8:30pm MHS Turf & Weight Room	Practice 5:00-8:30pm MHS Turf Only	Practice 5:00-8:30pm MHS Turf & Weight Room	Practice 2:30-5:00pm MHS Turf Only	Home vs Port Jervis MHS Turf #20217 7:00 PM	OFF	OFF
Varsity Boys Golf	Practice- Apple Greens Bus #7822- MHS Pickup 2:30pm One-Way	@ Spackenkill- 3:30pm MCSD Van- MHS Pickup 2:00pm Roundtrip	Practice- Ends 4:15pm Bus #7823- MHS Pickup 2:30pm One-Way	OFF	OFF	OFF	OFF
Varsity Boys Soccer	Practice 2:30-5:00pm MHS Turf/Practice Field	Home vs Mount Academy MHS Turf #20203 4:15 PM	Practice 2:30-5:00pm MHS Turf/Practice Field	Home vs New Paltz Turf #20201 4:15 PM	Practice 2:30-5:00pm MHS Turf/Practice Field	Salute to Service MHS Turf #20364 6:00 PM	OFF
Varsity Girls Soccer	@ Mount Academy- 4:15pm Bus #7794- MHS Pickup 2:30pm	Practice 2:45-4:30pm MHS Turf/Practice Field	Home vs New Paltz MHS Turf #20188 4:15 PM	Practice 3:00-5:00pm MMS- Shuttle 3pm	OFF	Practice 8:00-9:30am MHS Turf/Practice Field	OFF
Varsity Girls Swimming	Home vs Rhinebeck MHS Pool #20175 4:30 PM	Practice 2:30-4:30pm MHS Pool	Home vs Red Hook MHS Pool #20176 4:30 PM	Practice 2:30-4:30pm MHS Pool	Practice 2:30-4:30pm MHS Pool	OFF	OFF
Varsity Girls Tennis	Practice 2:30-4:30pm MHS Tennis Courts	Home vs Wallkill MHS Courts #20170 4:15 PM	Practice 2:30-4:00pm MHS Tennis Courts	Practice 2:30-4:30pm MHS Tennis Courts	Practice 2:30-4:30pm MHS Tennis Courts	OFF	OFF
Varsity Volleyball	@ Rondout- 5:45pm Bus #7872- MHS Pickup 2:30pm	@ Mount- 5:45pm Bus #7777- MHS Pickup 3:00pm	Practice 3:00-5:30pm MHS Gym	Home vs New Paltz MHS Gym #20164 5:45 PM	Practice 3:00-5:30pm MHS Gym	Practice 8:00-10:00am MHS Gym	OFF
JV Sports							
JV Cheerleading	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	Home vs Port Jervis MHS Turf #20217 7:00 PM	OFF	OFF
JV Volleyball	@ Rondout- 4:15pm Bus #7872- MHS Pickup 2:30pm	@ Mount- 4:15pm Bus #7777- MHS Pickup 3:00pm	Practice 6:00-7:30pm MHS Gym	Home vs New Paltz MHS Gym #20164 4:15 PM	Practice 2:30-4:30pm MHS Gym	OFF	OFF
Modified Sports							
Modified Cheerleading	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	OFF	OFF	OFF
Modified Cross Country	Practice 2:30-4:00pm MMS Campus	Practice 2:30-4:00pm MMS Campus	@ Dover- 4:15pm Bus #7848- MMS Pickup 1:45pm (w/Varsity)	Practice 2:30-4:00pm MMS Campus	Practice 2:30-4:00pm MMS Campus	OFF	OFF
Modified A Football	Practice 2:30-5:00pm MHS Hilltop	Practice 2:30-5:00pm MHS Hilltop	Practice 2:30-5:00pm MHS Hilltop	Practice 2:30-5:00pm MHS Hilltop	Practice 2:30-5:00pm MHS Hilltop	Practice 9:00-11:00am MHS Hilltop/Turf	OFF
Modified Boys Soccer	Practice 2:30-4:00pm MMS Field	Practice 2:30-4:00pm MMS Field	Practice 2:30-4:00pm MMS Field	Practice 2:30-4:00pm MMS Field	Practice 2:30-4:00pm MMS Field	OFF	OFF
Modified Girls Soccer	Practice 2:30-4:00pm MMS Field	Practice 2:30-4:00pm MMS Field	Practice 2:30-4:00pm MMS Field	Practice 2:30-4:00pm MMS Field	Practice 2:30-4:00pm MMS Field	OFF	OFF
Modified Volleyball	Practice 2:30-5:00pm MMS Gym	Practice 2:30-5:00pm MMS Gym	OFF	Practice 2:30-5:00pm Shuttle 4pm to MHS Pickup at MHS	Practice 2:30-5:00pm MMS Gym	OFF	OFF
Off-Season Workouts							
Off-Season Boys Basketball	OFF	OFF	OFF	OFF	OFF	OFF	OFF
Off-Season Girls Basketball	OFF	OFF	OFF	OFF	OFF	OFF	OFF

Practice schedules are subject to change at any time. Coaches should communicate changes with their teams and athletic office.
Changes from the original schedule posting are shown in red. Cancellations are noted with ~~Strikeout-Font~~.