

Fall Schedules	Monday 8/31/2026	Tuesday 9/1/2026	Wednesday 9/2/2026	Thursday 9/3/2026	Friday 9/4/2026	Saturday 9/5/2026	Sunday 9/6/2026
Varsity Sports		Superintendent Conference Day	First Day of School	Student Athlete Meeting 2:30pm MHS Auditorium			
Varsity Cheerleading	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	OFF	OFF
Varsity Cross Country	Practice 8:00-10:00am MHS Campus	Practice 2:30-4:00pm MHS Campus	Practice 2:30-4:00pm MHS Campus	Practice 2:30-4:00pm MHS Campus	Practice 2:30-4:00pm MHS Campus	OFF	OFF
Varsity Football	Practice 5:00-8:30pm MHS Turf & Weight Rm	Practice 5:00-8:30pm MHS Turf Only	Practice 5:00-8:30pm MHS Turf & Weight Room	Practice 5:00-8:30pm MHS Turf Only	OFF	OFF	Practice 5:00-8:30pm MHS Turf
Varsity Boys Golf	Practice- Apple Greens 9:00-10:30am No Bus	Practice-Apple Greens Bus #7817-MHS Pickup 2:30pm One-Way	@ Red Hook- 3pm MCSD Van Pickup 1:45pm Roundtrip	Home vs Lourdes- 3pm Bus #7807- MHS Pickup 2pm One-Way	OFF	OFF	OFF
Varsity Boys Soccer	Scrimmage vs Beacon MHS Turf #20358 12:00 PM	Practice 2:30-5:00pm MHS Turf/Practice Field	Practice 2:30-5:00pm MHS Turf/Practice Field	Practice 2:30-5:00pm MHS Turf/Practice Field	Practice 2:30-5:00pm MHS Turf/Practice Field	OFF	OFF
Varsity Girls Soccer	Home vs NFA MHS Turf #20193 9:30 AM	Practice 2:45-5:00pm MHS Turf/Practice Field	Practice 2:45-5:00pm MHS Turf/Practice Field	Scrimmage vs Rhinebeck MHS Turf #20288 4:15 PM	Practice 2:45-5:00pm MHS Turf/Practice Field	Practice 8:00-9:30am MHS Turf/Practice Field	OFF
Varsity Girls Swimming	Practice 8:00-10:00am MHS Pool	Practice 2:30-4:30pm MHS Pool	Practice 2:30-4:30pm MHS Pool	@ Washingtonville- 4:30pm Bus #7789- MHS Pickup 2:30pm	Practice 2:30-4:30pm MHS Pool	Group A Practice 8:00-9:00am MHS Weight Room	OFF
Varsity Girls Tennis	Practice 8:00-10:00am MHS Tennis Courts	Practice 2:30-4:30pm MHS Tennis Courts	Indoor Practice 2:30-4:00pm MHS Tennis Courts	Practice MHS Courts 2:30-4:30pm Parent Meeting 4:30pm	Practice 2:30-4:30pm MHS Tennis Courts	OFF	OFF
Varsity Volleyball	Multi Scrimmage- 9am Bus #7783- MHS Pickup 6:45am	Practice 3:00-5:30pm MHS Gym	Practice 3:00-5:30pm MHS Gym	Practice 3:00-5:30pm MHS Gym	Practice 3:00-5:30pm MHS Gym	Practice 8:00-10:00am MHS Gym	OFF
JV Sports							
JV Cheerleading	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:00pm MHS Campus	Practice 5:30-7:00pm MHS Campus	Practice 5:30-7:00pm MHS Campus	OFF	OFF
JV Volleyball	Practice 8:00-10:00am MHS Gym	Practice 2:30-4:30pm MHS Gym	Practice 6:00-7:30pm MHS Gym	Practice 2:30-4:30pm MHS Gym	Practice 2:30-4:30pm MHS Gym	Practice 8:00-10:00am MHS Gym	OFF
Modified Sports							
Modified Cheerleading	OFF	OFF	Practice 5:30-7:00pm MHS Campus	Practice 5:30-7:00pm MHS Campus	Practice 5:30-7:00pm MHS Campus	OFF	OFF
Modified Cross Country	OFF	OFF	OFF	Practice 2:30-4:00pm MMS Campus	Practice 2:30-4:00pm MMS Campus	OFF	OFF
Modified A Football	OFF	Meeting/Uniforms 9:00am-4:00pm MHS Weight Room	Practice 2:30-5:00pm MHS Hilltop	Practice 2:30-5:00pm MHS Hilltop	Practice 2:30-5:00pm MHS Hilltop	Practice 9:00-11:00am MHS Hilltop	OFF
Modified Boys Soccer	OFF	OFF	OFF	Interest Meeting 2:30-3:30pm MMS Cafe	Practice 2:30-4:00pm MMS Field	OFF	OFF
Modified Girls Soccer	OFF	OFF	OFF	Interest Meeting 2:30-3:30pm MMS Cafe	Practice 2:30-4:00pm MMS Field	OFF	OFF
Modified Volleyball	OFF	OFF	OFF	Practice 2:30-4:00pm MMS Gym	Practice 2:30-4:00pm MMS Gym	OFF	OFF
Off-Season Workouts							
Off Season Workouts Start Date TBD							
Off-Season Boys Basketball	Off-Season Boys Basketball Workouts begin: TBA						
Off-Season Girls Basketball	Off-Season Girls Basketball Workouts begin on Sunday, September 13						

Practice schedules are subject to change at any time. Coaches should communicate changes with their teams and athletic office.
Changes from the original schedule posting are shown in red. Cancellations are noted with ~~Strikeout Font~~.