Fall Schedules	Monday 9/28/2026	Tuesday 9/29/2026	Wednesday 9/30/2026	Thursday 10/1/2026	Friday 10/2/2026	Saturday 10/3/2026	Sunday 10/4/2026
Varsity Sports						SAT Test Date	
Varsity Cheerleading	Practice 5:30-7:30pm MMS Gym	@ FDR- 6pm Bus #7880- MHS Pickup 4:45pm	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	Practice 5:30-7:30pm MHS Campus	@ Red Hook- 5pm Bus #7853- MHS x2 Pickup 3:00pm	OFF
Varsity Cross Country	OFF	Practice 2:30-4:00pm MHS Campus	@ HVSD- 4:15pm Bus #7846- MHS Pickup 2:30pm One-Way	Practice 2:30-4:00pm MHS Campus	Practice 2:30-4:00pm MHS Campus	OFF	OFF
Varsity Football	Practice 5:00-8:30pm MHS Turf & Weight Room	Practice 5:00-8:30pm MHS Turf Only	Practice 5:00-8:30pm MHS Turf & Weight Room	Practice 5:00-8:30pm MHS Turf Only	Practice 2:30-5:00pm MHS Turf Only	@ Red Hook- 5pm Bus #7833- MHS x2 Pickup 1:30pm	OFF
Varsity Boys Golf	OFF	Practice- Apple Greens Bus #7829- MHS Pickup 2:30pm One-Way	Home vs Spackenkill- 3pm Bus #7811- MHS Pickup 2:00pm One-Way	@ Saugerties- 4:15pm MCSD Van Pickup 2:30pm Roundtrip	OFF	OFF	OFF
Varsity Boys Soccer	@ New Paltz- 4:15pm Bus #7802- MHS Pickup 3:00pm	OFF	@ Wallkill- 7pm Bus #7803- MHS Pickup 5:30pm	Practice 2:30-5:00pm MHS Turf/Practice Field	@ Red Hook- 4:15pm Bus #7804- MHS Pickup 2:30pm	OFF	OFF
Varsity Girls Soccer	@ Highland- 6pm Bus #7857- MHS Pickup 4:45pm	@ Wallkill- 6pm Bus #7796- MHS Pickup 4:30pm	OFF	OFF	OFF	Practice 9:00-10:30am MHS Turf/Practice Field	OFF
Varsity Girls Swimming	Practice 2:30-4:30pm MHS Pool	Practice 2:30-4:30pm MHS Pool	@ Kingston- 4:30pm MCSD Van Pickup 2:30pm	Practice 2:30-4:30pm MHS Pool	Practice 2:30-4:30pm MHS Pool	Group A Practice 8:00-9:00am MHS Weight Room	OFF
Varsity Girls Tennis	OFF	Practice 2:30-4:30pm MHS Tennis Courts	Practice 2:30-4:30pm MHS Tennis Courts	Home vs Red Hook MHS Courts #20172 4:15 PM	@ Ellenville- 4:15pm Bus #7788- MHS Pickup 3:00pm	OFF	OFF
Varsity Volleyball	Home vs Dover MHS Gym #20437 5:45 PM	@ New Paltz- 5:45pm Bus #7778- MHS Pickup 2:45pm	Practice 3:00-5:30pm MHS Gym	@ Wallkill- 5:45pm Bus #7779- MHS Pickup 3:00pm	Practice 3:00-5:30pm MHS Gym	Practice 8:00-10:00am MHS Gym	OFF
JV Sports							
JV Cheerleading	Practice 5:30-7:00pm MMS Gym	OFF	Practice 5:30-7:00pm MHS Campus	Practice 5:30-7:00pm MHS Campus	Practice 5:30-7:00pm MHS Campus	OFF	OFF
JV Volleyball	Home vs Dover MHS Gym #20437 4:15 PM	@ New Paltz- 4:15pm Bus #7778- MHS Pickup 2:45pm	Practice 3:00-5:30pm MHS Gym	@ Wallkill- 4:15pm Bus #7779- MHS Pickup 3:00pm	Practice 2:30-4:30pm MHS Gym	OFF	OFF
Modified Sports							
Modified Cheerleading	Practice 5:30-7:00pm MMS Gym	OFF	Practice 5:30-7:00pm MHS Campus	Practice 5:30-7:00pm MHS Campus	Practice 5:30-7:00pm MHS Campus	OFF	OFF
Modified Cross Country	OFF	Practice 2:30-4:00pm MMS Campus	@ HVSD- 4:15pm Bus #7846- MHS Pickup 2:30pm (w/Varsity)	Practice 2:30-4:00pm MMS Campus	Practice 2:30-4:00pm MMS Campus	OFF	OFF
Modified A Football	OFF	Practice 2:30-5:00pm MHS Hilltop	Practice 2:30-5:00pm MHS Hilltop	Practice 2:30-5:00pm MHS Hilltop	Practice 2:30-5:00pm MHS Hilltop	Practice 9:00-11:00am MHS Hilltop/Turf	OFF
Modified Boys Soccer	OFF	Practice 2:30-4:00pm MMS Field	Practice 2:30-4:00pm MMS Field	OFF	Practice 2:30-4:00pm MMS Field	OFF	OFF
Modified Girls Soccer	OFF	Practice 2:30-4:00pm MMS Field	Practice 2:30-4:00pm MMS Field	Practice 2:30-4:00pm MMS Field	OFF	OFF	OFF
Modified Volleyball	Practice 2:30-5:00pm MMS Gym	Practice 2:30-5:00pm MMS Gym	@ Red Hook- 4:15pm Bus #7772- MMS Pickup 2:30pm	Practice 2:30-5:00pm MMS Gym	Practice 2:30-5:00pm MMS Gym	Practice 8:00-10:00am MMS Gym	OFF
Off-Season Workouts							
Off-Season Boys Basketball	OFF	OFF	OFF	OFF	OFF	OFF	OFF
Off-Season Girls Basketball	OFF	OFF	OFF	OFF	OFF	OFF	OFF

Practice schedules are subject to change at any time. Coaches should communicate changes with their teams and athetic office.

Changes from the original schedule posting are shown in red. Cancellations are noted with ~~Strikeout Font.~~