Winter Schedules	Monday 11/30/2026	Tuesday 12/1/2026	Wednesday 12/2/2026	Thursday 12/3/2026	Friday 12/4/2026	Saturday 12/5/2026	Sunday 12/6/2026
Varsity Sports							
Varsity Boys Basketball	Practice 7:00-8:30pm MHS Gym	Scrimmage vs Mount MHS Gym #20572 5:45 PM	Practice 7:00-8:30pm MHS Gym	@ Onteora- 5:45pm Bus #7956- MHS Pickup 2:30pm	OFF	Practice 12:00-2:00pm MHS Gym	Practice 12:00-2:00pm MHS Gym
Varsity Girls Basketball	Scrimmage vs Cornwall MHS Gym #20665 5:45 PM	Practice 7:00-8:30pm MHS Gym	Practice 5:30-7:00pm MHS Gym	@ Beacon- 6:00pm Bus #8015- MHS Pickup 3:00pm	Practice 7:00-8:30pm MHS Gym	OFF	Practice 8:00am-10:00am MHS Gym
Varsity Bowling	Practice at Tarsio Lanes 3:00-5:00pm Pickup 2:30pm (One-Way)	@ Beacon- 3:15pm Bus #7931- MHS Pickup 2:00pm (Roundtrip)	Practice at Tarsio Lanes 3:00-5:00pm Pickup 2:30pm (One-Way)	Home vs O'Neill- 3pm Bus #7937- MHS Pickup 2:00pm (One-Way)	OFF	OFF	OFF
Varsity Cheerleading	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	OFF	OFF
Varsity Indoor Track	Practice 2:30-5:00pm MHS Campus	Practice 2:30-5:00pm MHS Campus	Practice 2:30-5:00pm MHS Campus	Practice 2:30-5:00pm MHS Campus	North Shore Invitational Bus #8026- MHS Pickup 2:00pm	OFF	OFF
Varsity Boys Swimming	Practice 2:30-4:30pm MHS Pool	Practice 2:30-4:30pm MHS Pool	Practice 2:30-4:30pm MHS Pool	Practice 2:30-4:30pm MHS Pool	Away at Cornwall 4:30pm at Cornwall Pool Bus #8016- Pickup 2:30pm	OFF	OFF
Varsity Wrestling	Practice 2:30-5:00pm MMS Gym	Practice 2:30-5:00pm MMS Gym	Practice 2:30-5:00pm MMS Gym	Practice 2:30-5:00pm MMS Gym	@ Saugerties Bus #8027- MHS Pickup 3:30pm	Practice 8:00-10:00am MMS Gym	OFF
JV Sports							
JV Boys Basketball	Practice 4:00-5:30pm MHS Gym	Scrimmage vs Mount MHS Gym #20572 4:15 PM	Practice 2:30-4:00pm MHS Gym	@ Onteora- 4:15pm Bus #7956- MHS Pickup 2:30pm	Practice 4:00-5:30pm MHS Gym	Practice 10:00am-12:00pm MHS Gym	OFF
JV Girls Basketball	Scrimmage vs Cornwall MHS Gym #20665 4:15 PM	Practice 2:30-4:00pm MHS Gym	Practice 4:00-5:30pm MHS Gym	@ Beacon- 4:30pm Bus #8015- MHS Pickup 3:00pm	Practice 2:30-4:00pm MHS Gym	Practice 8:00am-10:00am MHS Gym	OFF
Modified Sports							
Modified Boys Basketball	Tryouts 3:30-4:45pm MES Gym 3pm Shuttle MMS to MES	Tryouts 3:30-4:45pm MES Gym 3pm Shuttle MMS to MES	Tryouts 3:30-4:45pm MES Gym 3pm Shuttle MMS to MES	Practice 3:30-4:45pm MES Gym 3pm Shuttle MMS to MES	Practice 3:30-4:45pm MES Gym 3pm Shuttle MMS to MES	OFF	OFF
Modified Girls Basketball	Tryouts 3:30-4:45pm MES Gym 3pm Shuttle MMS to MES	Tryouts 3:30-4:45pm MES Gym 3pm Shuttle MMS to MES	Tryouts 3:30-4:45pm MES Gym 3pm Shuttle MMS to MES	Practice 3:30-4:45pm MES Gym 3pm Shuttle MMS to MES	Practice 3:30-4:45pm MES Gym 3pm Shuttle MMS to MES	OFF	OFF
Modified Cheerleading	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	OFF	OFF
Modified Wrestling	Practice 2:30-5:00pm MMS Gym	Practice 2:30-5:00pm MMS Gym	Practice 2:30-5:00pm MMS Gym	Practice 2:30-5:00pm MMS Gym	Practice 2:30-5:00pm MMS Gym	Practice 8:00-10:00am MMS Gym	OFF
Off-Season Workouts							
Off-Season Baseball	Off-Season Workouts for baseball- TBD						
Off-Season Football	Off-Season Workouts for football- TBD						
Off-Season Boys Soccer	Off-Season Workouts for boys soccer- TBD						
Off-Season Softball	Off-Season Workouts for softball- TBD						

Practice schedules are subject to change at any time. Coaches should communicate changes with their teams and athetic office.

Changes from the original schedule posting are shown in red. Cancellations are noted with ~~Strikeout Font.~~