

ARRIBA-FLAGLER CSD #20



EXTRACURRICULAR ACTIVITIES STUDENT HANDBOOK 2026-2027

INTRODUCTION.....	3
Welcome Message from the Administration.....	3
Purpose of the Handbook.....	3
Staff List.....	3
District Statement of Pride.....	4
League Association.....	4
ELIGIBILITY REQUIREMENTS.....	4
Academic Eligibility*.....	4
Behavioral Eligibility*.....	5
Alcohol, Drug, or Tobacco/Nicotine Use Policy Violations*.....	5
Attendance Requirements.....	6
CODE OF CONDUCT.....	6
Student Code of Conduct (Policy JICDA).....	6
Alcohol, Drug, or Tobacco/Nicotine Use & Randomized Testing Policy.....	6
Locker Room and Shower Procedures & Expectations.....	6
OTHER EXPECTATIONS.....	7
Communication of Concerns.....	7
Uniforms & Equipment.....	7
Transportation.....	7
F Club.....	7
Injury - ATHLETICS ONLY.....	7
Concussion Protocol - ATHLETICS ONLY.....	8
Physical Examinations - ATHLETICS ONLY.....	8
Athletic Fees - ATHLETICS ONLY.....	8
FUNDRAISING.....	8
LETTERING/PATCH REQUIREMENTS.....	9
Football.....	9
Volleyball.....	9
Basketball (Boys & Girls).....	9
Track & Field (Boys & Girls).....	9
Golf (Boys & Girls).....	9
Dance.....	9
Band.....	9
Knowledge Bowl.....	9
General.....	9
Extracurricular Awards.....	10
Lettering - Athletics Only.....	10
Patches - Band, Choir, Knowledge Bowl, Drama Club.....	10
Certificates.....	10
Coach's Awards.....	10
FFA/FBLA.....	10
Hall of Fame Plaques - Athletics Only.....	10
FORMS CHECKLIST.....	10

INTRODUCTION

Welcome Message from the Administration

Dear Students, Parents, and Coaches/Sponsors,

Welcome to Flagler Public Schools' Extracurricular Activities Program. Your time here will be one of terrific memories, amazing challenges, wins, losses, learning, and pride. The skills you teach or learn here will stay with you for the rest of your life. This handbook aims to outline expectations and support the many components it takes to have successful programs at Flagler Public Schools.

Our mission statement for the Flagler Extracurricular Activities Program is "to lead and support students as they develop the lifelong skills of work ethic, honesty, responsibility, and teamwork." To obtain this, it takes work, dedication, cooperation, and communication from everyone involved.

The information in this handbook will outline expectations, procedures, rules, and protocols for the 2026-2027 school year for all parties. Live every day with Panther Pride!

Sincerely,

Kyle Pocock, Athletic Director

Kelly Packer, 6th-12th Grade Principal/Superintendent

Purpose of the Handbook

The purpose of this handbook is to provide students, parents, and staff with a clear understanding of the expectations that all students who participate in any extracurricular activities at Flagler Middle/High School will be held accountable for. These activities include:

- Athletics
- Knowledge Bowl
- Drama Club
- Prom
- Student Council
- FBLA
- FFA
- Music

This handbook outlines the guidelines for participation, behavior, and eligibility to ensure participation in these activities fosters growth in leadership, teamwork, responsibility, and school pride beyond the classroom.

While this handbook is intended to be comprehensive, the district policies and other district handbooks will be referenced and applicable as scenarios arise. Where no specific guidance is found, the Principal, Superintendent, and/or Athletic Director will make decisions as needed.

Staff List

Athletic Director
HS Head Football Coach

Kyle Pocock
Chase McCullough

HS Assistant Football Coach
 HS Volunteer Assistant Football Coach
 HS Head Volleyball Coach
 HS Assistant Volleyball Coach
 MS Head Volleyball Coach
 MS Assistant Volleyball Coach
 HS Head Boys Golf Coach
 HS Head Boys Basketball Coach
 HS Assistant Boys Basketball Coach
 HS Head Girls Basketball Coach
 HS Assistant Girls Basketball Coach
 MS Head Boys Basketball Coach
 MS Head Girls Basketball Coach
 HS Head Boys & Girls Track Coach
 HS Assistant Track Coach
 MS Head Track Coach
 MS Assistant Track Coach
 HS Head Girls Golf
 HS & MS Head Knowledge Bowl Coach
 Drama Club Director
 FFA Sponsor
 FBLA Sponsor
 HS Dance Head Coach
 HS Dance Assistant Coach
 Music Sponsor
 Student Council Sponsor

Zeb Baylie
 Troy Lindroth
 Shelby Loutzenhiser
 Katie Koehn

 Shelby Loutzenhiser
 Chris Huelskamp
 Tyler Koehn
 Logan Henry
 Kayla Daniel
 Zeth Daniel
 Chris Huelskamp
 Kayla Daniel
 Jennifer Martin
 Molly Pocock
 Amanda Parry
 Stephanie Isenbart
 Chris Huelskamp
 Chris Huelskamp
 Josie Jones
 Brittany Cockreham
 Chris Huelskamp
 Beth McCullough
 Lacey Easdon
 Beth McCullough
 Krista Laprarie

District Statement of Pride

At Arriba-Flagler Consolidated School District #20, we believe that school pride is built through respect, responsibility, and a commitment to excellence in everything we do - both in and out of the classroom. Participation in extracurricular activities is a powerful way for students to show pride in themselves, their teammates, and their school.

Whether wearing our colors, representing our name at competitions, or cheering in the stands, we all contribute to a culture of tradition and positive spirit. We expect all students to represent the Panthers with integrity, sportsmanship, and enthusiasm, all of which help to create an environment to be proud of.

League Association

Flagler High School is a member of the CHSAA Union Pacific League for Volleyball, Basketball, Track & Field, and Knowledge Bowl, and is a member of the East Central Conference in Football. Each team is assigned to different divisions, districts, and regions in the state.

ELIGIBILITY REQUIREMENTS

Academic Eligibility*

Academic success is a top priority for all students. The Eligibility Report will be pulled at 2:00 PM on the first day of each week school is in session. When the Eligibility Report is pulled, any student with one or more Fs (<60%) or two or more Ds (<70%) will be ineligible to participate in any extracurricular activities for the

following Eligibility Period. Students who are deemed ineligible will be notified via email, as well as their parents/guardians, and will remain ineligible until the next Eligibility Report is pulled.

Semester Eligibility: During the period of participation, the student must be enrolled in courses which offer a minimum of 2.5 Academic units of credit per semester and must not be failing more than the equivalent of one-half (0.5) Academic unit of credit.

This policy is designed to encourage a healthy balance between academics and activities, ensuring students meet their educational responsibilities while enjoying the benefits of involvement.

Behavioral Eligibility*

Students involved in extracurricular activities must adhere to the Student Code of Conduct outlined in Board Policy **JICDA**. Students facing consequences according to the **District Behavior Matrix** may face eligibility consequences as follows:

- Any student who commits a Level 3 Behavior Violation will be ineligible for three (3) calendar days, starting the day of the determination of consequences.
- Any student who commits a Level 4 Behavior Violation will be ineligible for seven (7) calendar days, starting the day of the determination of consequences.
- Any student who commits a Level 5 Behavior Violation will lose eligibility for the remainder of the school year, starting the day of the determination of consequences.

Alcohol, Drug, or Tobacco/Nicotine Use Policy Violations*

If a student involved in extracurricular activities violates the school's Alcohol, Drug, or Tobacco/Nicotine Use Policy at any time during 26-27 Athletic Season (August 3-May 22), eligibility will be affected as follows:

- **First Offense:** The student will be ineligible for 15 calendar days (excluding days during school breaks) from the date of the determination that the policy has been violated. **ATHLETICS ONLY** - A student in violation of this policy who is not participating in the current season will serve the suspension in the next sport that he/she participates in. For example, a student who violates this policy in the fall season (but is not playing a fall sport), will serve the suspension from all other extracurricular activities immediately, and then will serve another suspension from athletics during the next sport season they participate in.

A senior in violation of this policy on 1st offense will be ineligible to attend the senior trip.

- **Second Offense:** The student will be ineligible for 30 calendar days (excluding days during school breaks) from the date of the determination that the policy has been violated. **ATHLETICS ONLY** - the suspension will follow the same guidelines as outlined in "First Offense."

Following the period of suspension, the student must submit to follow-up testing and test negative or have a reduced drug level to resume extracurricular activities. In addition, the student shall also complete an alcohol/drug use assessment by a drug counselor or other medical provider. Documentation verifying this assessment occurred shall be provided to the Principal. It is also strongly recommended that the student complete a drug-assistance program with the counselor. The cost of such counseling will be the responsibility of the student and his/her parents/guardians.

A high school student in violation of this policy (on 2nd offense), during any high school year, will be ineligible to attend his/her Senior Trip.

- **Third Offense:** The student is suspended from participation in all extracurricular activities for the remainder of his/her time as a student in the District.

**When a High School student is ineligible for these reasons, they are unable to participate in any games, competitions, trips, Prom, and any activity that will result in the student missing regular class time. They are still required to attend practices and regularly scheduled meetings. ATHLETICS ONLY - Any unexcused absences from practice during the time of ineligibility will result in automatic dismissal from the team for the remainder of the season.*

**When a Middle School student is ineligible for these reasons, they are unable to participate in any games,, competitions, trips, and any activity that will result in the student missing regular class time.*

Attendance Requirements

All full-time students must be in attendance at school for the entire school day to participate in any school-sponsored activity conducted on that day. This includes practices (for High School only), games, meetings, etc. This does not apply to medical appointments (with a note presented at the time of return) or other school-sponsored activities. In the case of an emergency or other extenuating circumstances, the Principal or Athletic Director may grant an exception. Note: a student who is tardy by more than 15 minutes is considered absent for that period under this attendance requirement.

CODE OF CONDUCT

Student Code of Conduct (Policy JICDA)

Students are held to the Student Code of Conduct as outlined in Board Policy JICDA both during all Intracurricular AND Extracurricular Activities. Students and parents/guardians are expected to familiarize themselves with these policies before the start of each school year.

Alcohol, Drug, or Tobacco/Nicotine Use & Randomized Testing Policy

The use, possession, distribution, or exchange of alcohol, drugs, tobacco (including nicotine pouches and vapes), or other controlled substances is prohibited for all students (Policy JJJA). Students participating in Extracurricular Activities shall be subject to the Random Drug and Alcohol Testing (Policy JJJA-R). The RANDOM DRUG TESTING PROGRAM CONSENT TO TEST FORM attached to the end of this handbook must be signed and returned to the office before the student may be allowed to participate in any Extracurricular Activities.

The consequences for violating these policies are outlined above. These consequences are only regarding participation in Extracurricular Activities and do not include any other consequences the student might receive.

HIGH SCHOOL STUDENTS ONLY - Offenses for violating this policy are cumulative throughout a student's high school career and do not "reset" at the beginning of each year.

Locker Room and Shower Procedures & Expectations

To ensure a safe, respectful, and orderly environment for all students, the following rules must be followed in all locker rooms, including home and away event locker rooms:

1. Treat all students and staff with respect, including their personal space, belongings, and privacy.
2. Keep the locker room clean and organized; dispose of trash properly.
3. Phones, cameras, or recording devices are strictly prohibited in the locker room.

4. No horseplay, running, or roughhousing.
5. Report any unsafe or inappropriate behavior to a coach/sponsor or administration immediately.
6. Only use the locker room for its intended purpose: changing, storing items, and preparing for physical activity.
7. Loitering or “hanging out” in the locker rooms is strictly prohibited.
8. Practice good hygiene and maintain cleanliness in personal and shared spaces.
9. Take gear and clothing home regularly for cleaning.
10. The District is not responsible for any lost or stolen items. Take care when storing your belongings to prevent any misplacement or theft of items.

OTHER EXPECTATIONS

Communication of Concerns

Students and/or parents/guardians with concerns about certain aspects of an Extracurricular Activity are encouraged to use the following procedure:

1. As soon as a concern arises, please pre-arrange a meeting with the coach/sponsor to bring the concern to their immediate attention. Do not discuss concerning matters at the end of a contest or in the presence of others. A pre-arranged meeting will allow for all parties to be prepared so the matter can be handled in a professional, respectful manner.
2. If the concern remains unresolved, a second meeting needs to be arranged to include the Athletic Director (for athletics) or Principal (for all other extracurricular activities).
3. If the concern continues to remain unresolved, a third meeting needs to be arranged to include the Superintendent.

The school district will not allow or condone verbal abuse or chastisement of any coach/sponsor, student participant, supervisor, or any other official related to any Extracurricular Activity. The expectation is to keep communication positive.

Uniforms & Equipment

Each student is responsible for all uniforms and equipment issued to them. Payment for any items not returned will be the responsibility of the students and their parents/guardians. Students will have one week from the end of the season to turn in all items, or pay for the cost of any missing items. Students will not be allowed to participate in other activities until all equipment is returned or paid for.

Transportation

It is highly preferred that all members of the sponsored activity ride the District transportation to and from all events. If a student will not be riding district-provided transportation, he/she must have written permission from the parent/guardian that clearly outlines their alternative transportation arrangements.

F Club

The Letterman's Club, or “F” Club, is for High School students who have lettered in at least one athletic activity. Students must earn their letter according to the requirements for each activity. The function of this club is to foster the growth of extracurricular activities through fundraising projects and other worthwhile activities that uphold the spirit and pride of Flagler High School.

Injury - ATHLETICS ONLY

If a student-athlete is injured (while participating in the sport or not) and requires care from a medical provider, the student cannot participate until the coach or administration receives appropriate clearance from the provider.

Coaches are expected to err on the side of player safety and hold players from practice/games if injury (especially concussion) is suspected.

Concussion Protocol - ATHLETICS ONLY

Flagler School utilizes the “King Devick” test if a concussion is suspected. If the test proves a concussion is possible, the student (at the initiation of the parent/guardian) should enter care from a medical provider as soon as possible.

If a concussion is confirmed, the student must be cleared by a provider to enter the concussion protocol. Once symptom-free and a provider's clearance has been received, the outlined protocol will begin:

- Stage 1: light aerobic activity
- Stage 2: Sport-specific exercise
- Stage 3: Non-contact drills
- Stage 4: Full-contact practice
- Stage 5: Return to sport

The student may only complete one stage per day. If any stage causes a return of symptoms, the student must return to the previous stage and progress forward from there.

Physical Examinations - ATHLETICS ONLY

Each student participating in an athletic activity must have a valid physical examination form on file in the office before the season begins. High School students may not practice or compete until the physical form has been received. Middle School students may not compete until the physical form has been received, but will be allowed to practice.

Athletic Fees - ATHLETICS ONLY

The cost to participate in each sport is \$30, or \$60 for unlimited sports. This fee is due before the first official practice. This fee does NOT include admission to home games; however, students playing that day will be given admission to all other home games that same day.

Activity Passes for admission to all regular season home games may be purchased by students, family, or any other fans for the following costs:

- Family (one household) - \$100
- Couple - \$75
- Individual - \$50

FUNDRAISING

The purpose of school fundraisers is to support student organizations, clubs, classes, athletic teams, and other school programs while minimizing fundraising fatigue within our school and community. To help ensure this, the following protocol should be followed:

- Fundraiser Request Forms must be submitted by September 1 for all fundraisers taking place during the current school year.
- Requests submitted after September 1 will only be considered under special circumstances and may be denied due to scheduling conflicts.
- All fundraising activities must be approved by the superintendent before any sales, advertising, or communication begins.
- Approval will be based on financial need, impact on students and families, and potential conflicts with other fundraisers. Priority may be given to traditional annual fundraisers and activities that directly support student participation.
- Any time needed to plan, sell, promote, or distribute fundraiser items must happen outside of school hours. Class time may not be missed for fundraising activities.

LETTERING/PATCH REQUIREMENTS

Football

Must play in at least half of the scheduled varsity quarters played during the regular season.

Volleyball

Must play in one game more than the number of varsity matches played during the regular season.

Basketball (Boys & Girls)

Must play in one-third of the varsity quarters played during the regular season.

Track & Field (Boys & Girls)

Must earn a minimum of ten points. Points will be determined by the following: five points at track meets, three points for regular participation in practices, and two points for having three personal bests.

Golf (Boys & Girls)

Must participate in at least half of the varsity tournaments that the team competes in.

Dance

Pending

Band

Pending

Knowledge Bowl

Pending

General

If the above criteria are not met, a student can also letter:

- If he/she has participated in a particular activity for 4 years.
- Upon the recommendation of the coach/sponsor, in the case of an injury or a shortened season for various reasons.
- At the discretion of the coach/sponsor for any other reason.

To letter in any of the above ways, the student must abide by the Colorado High School Activities Association rules and regulations, the Arriba-Flagler CSD #20 Parent-Student Handbook, and the Extracurricular Activities Handbook set forth by the School Administration. Additionally, he/she must successfully finish the season. Even if they have met all criteria, the head coach/sponsor will make the final decision and has the right to not award a letter for any reason.

Extracurricular Awards

Lettering - Athletics Only

- First year lettering in any sport - student will receive an "F" Chenille
- First season lettering in a specific sport - student will receive a sport-specific pin
- Any additional seasons lettering in a specific sport - student will receive a bar for that activity

Patches - Band, Choir, Knowledge Bowl, Drama Club

- First year lettering in an activity - receive an activity-specific patch
- Any additional years of lettering in an activity - receive a bar

Certificates

- Paper participation or lettering certificates will be given to all Middle School and High School participants of athletics, band, choir, Knowledge Bowl, Drama Club, and Student Council.

Coach's Awards

- Coaches of all High School sports will have the option to present special coach's awards at the end of the year Athletic Banquet.

FFA/FBLA

- Lettering and other awards are handled within each organization

Hall of Fame Plaques - Athletics Only

- A student must be awarded First or Second Team CHSAA All-State while attending Flagler High School AND graduate from Flagler High School

FORMS CHECKLIST

The following is a checklist of what must be completed and returned to the office before a student can participate in extracurricular activities. Contact the office with any questions or if you need a copy of any of these forms.

- [] Random Drug Testing Consent To Test
- [] Insurance Waiver
- [] Travel Permit
- [] Extracurricular Emergency Consent
- [] Acceptance Of Risk To Participate In Athletics (athletics only)
- [] Physical (athletics only)