

What's Cooking?

November 2026

CPS Elementary

Breakfast

MONDAY

2

Breakfast

- **Whole Grain Blueberry Muffin**
- Low Fat Mozzarella String Cheese
- Apple Juice
- Fresh Whole Apple Gala
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Low Fat Milk

TUESDAY

3

Breakfast

- **Mini Strawberry Pancake Puffs**
- Apple Juice
- Fresh Orange
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Low Fat Milk

WEDNESDAY

4

Breakfast

- **Skewered Sausage Pancake**
- Apple Juice
- Fresh Banana
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Low Fat Milk

THURSDAY

5

Breakfast

- **Grape Filled Crescent**
- Apple Juice
- Raisins
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Low Fat Milk

FRIDAY

6

Breakfast

- **Mini Confetti Pancakes**
- Apple Juice
- Fresh Whole Apple Gala
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Low Fat Milk

9

Breakfast

- **WG Banana Muffin**
- Low Fat Mozzarella String Cheese
- Apple Juice
- Fresh Orange
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Low Fat Milk

10

Breakfast

- **Cherry Frudel**
- Apple Juice
- Fresh Banana
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Low Fat Milk

11

Breakfast

- **Turkey Sausage & Egg Breakfast Bagel**
- Apple Juice
- Unsweetened Applesauce
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Low Fat Milk

12

Breakfast

- **Blueberry Bash Waffles**
- Apple Juice
- Fresh Whole Apple Gala
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Low Fat Milk

13

Breakfast

- **Cinnamon Cream Cheese Stuffed Bagel**
- Apple Juice
- Raisins
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Low Fat Milk

16

Breakfast

- **Whole Grain Blueberry Muffin**
- Low Fat Mozzarella String Cheese
- Apple Juice
- Orange Juice
- Grape Juice
- Fresh Whole Apple Gala
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Low Fat Milk

17

Breakfast

- **Mini Strawberry Pancake Puffs**
- Apple Juice
- Orange Juice
- Grape Juice
- Raisins
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Low Fat Milk

18

Breakfast

- **Frosted Cinnamon Pop-Tart**
- **Low Fat Mozzarella String Cheese**
- Apple Juice
- Orange Juice
- Grape Juice
- Fresh Orange
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Low Fat Milk

19

Breakfast

- **Soft Filled Cinnamon Toast Crunch Bar**
- Apple Juice
- Orange Juice
- Grape Juice
- Fresh Banana
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Low Fat Milk

20

Breakfast

- **Egg, Cheese & Turkey Sausage Breakfast Scrambler**
- Apple Juice
- Orange Juice
- Grape Juice
- Raisins
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Low Fat Milk

23

Breakfast

- **WG Banana Muffin**
- Low Fat Mozzarella String Cheese
- Apple Juice
- Orange Juice
- Grape Juice
- Fresh Orange
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Low Fat Milk

24

Breakfast

- **Bacon, Egg & Cheese Breakfast Pocket**
- Apple Juice
- Orange Juice
- Grape Juice
- Unsweetened Applesauce
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Low Fat Milk

25

26

27

30

Breakfast

- **Whole Grain Blueberry Muffin**
- Low Fat Mozzarella String Cheese
- Apple Juice
- Fresh Whole Apple Gala
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Low Fat Milk

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What's Cooking?

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CPS Elementary

Lunch

MONDAY

2

Lunch
 • **Chicken and Waffle**
 Alternate Entrees
 • **Beef Hot Dog on Whole Wheat**
 On the Go
 • **Toasted Ham and Cheese**
 Sides for All Meals
 • Smile Potatoes

TUESDAY

3

Lunch
 • **Chicken & Cheese Quesadilla**
 • Cinnamon Sugar Breadstick
 Alternate Entrees
 • **Enchilada Chicken & Cheese Empanada**
 On the Go
 • **Toasted Ham and Cheese**
 Sides for All Meals
 • Seasoned Refried Beans

WEDNESDAY

4

Lunch
 • **Breaded Chicken Drumstick**
 • Herb Breadstick
 Alternate Entrees
 • **WG Peanut Butter & Strawberry Jam Uncrustable**
 • **Low Fat Mozzarella String Cheese**
 On the Go
 • **Toasted Ham and Cheese**
 Sides for All Meals
 • Smile Potatoes

THURSDAY

5

Lunch
 • **Scrambled Eggs**
 • **Pork Sausage Patty**
 • Fresh Baked Whole Grain Biscuit
 Alternate Entrees
 • **Mini Turkey Corn Dogs**
 On the Go
 • **Toasted Ham and Cheese**
 Sides for All Meals
 • Tater Tots

FRIDAY

6

Lunch
 • **Macaroni and Cheese**
 • Herb Breadstick
 Alternate Entrees
 • **Cheese Stuffed Breadsticks**
 • Pizza Sauce
 On the Go
 • **Toasted Ham and Cheese**
 Sides for All Meals
 • Roasted Broccoli

9

Lunch
 • **Chicken Nuggets**
 • Herb Breadstick
 Alternate Entrees
 • **Beef Hot Dog on Whole Wheat**
 On the Go
 • **Muffin, Goldfish & Yogurt Fun Lunch**
 Sides for All Meals
 • Orange Glazed Carrots

10

Lunch
 • **Beef Macho Nachos**
 • Creamy Cheddar Cheese Sauce
 • Salsa
 Alternate Entrees
 • **Enchilada Chicken & Cheese Empanada**
 On the Go
 • **Muffin, Goldfish & Yogurt Fun Lunch**
 Sides for All Meals
 • Refried Beans

11

Lunch
 • **Classic Cheeseburger in Bun**
 Alternate Entrees
 • **WG Peanut Butter & Strawberry Jam Uncrustable**
 • **Low Fat Mozzarella String Cheese**
 On the Go
 • **Muffin, Goldfish & Yogurt Fun Lunch**
 Sides for All Meals
 • Corn

12

Lunch
 • **Chicken & Cheese Crispito**
 • Herb Breadstick
 Alternate Entrees
 • **Mini Turkey Corn Dogs**
 On the Go
 • **Muffin, Goldfish & Yogurt Fun Lunch**
 Sides for All Meals
 • Sweet Potato Fries

13

Lunch
 • **Traditional Pepperoni Pizza**
 Alternate Entrees
 • **Cheese Stuffed Breadsticks**
 On the Go
 • **Muffin, Goldfish & Yogurt Fun Lunch**
 Sides for All Meals
 • Fresh Caesar Salad

16

Lunch
 • **Spaghetti with Beef Meat Sauce**
 • Herb Breadstick
 Alternate Entrees
 • **Beef Hot Dog on Whole Wheat**
 On the Go
 • **Turkey & Cheese Wrap**
 Sides for All Meals
 • Steamed Peas

17

Lunch
 • **Beef Taco Supreme**
 • Cinnamon Sugar Breadstick
 Alternate Entrees
 • **Enchilada Chicken & Cheese Empanada**
 On the Go
 • **Turkey & Cheese Wrap**
 Sides for All Meals
 • Refried Beans

18

Lunch
 • **Whole Grain Waffle**
 • Pork Sausage Patty
 Alternate Entrees
 • **WG Peanut Butter & Strawberry Jam Uncrustable**
 • **Low Fat Mozzarella String Cheese**
 On the Go
 • **Turkey & Cheese Wrap**
 Sides for All Meals
 • Hash Brown Patty

19

Lunch
 • **Popcorn Chicken**
 • Herb Breadstick
 Alternate Entrees
 • **Mini Turkey Corn Dogs**
 On the Go
 • **Turkey & Cheese Wrap**
 Sides for All Meals
 • Mashed Potato Gratin

20

Lunch
 • **Toasted Cheese Sandwich**
 • **Campbell's Tomato Soup**
 Alternate Entrees
 • **Cheese Stuffed Breadsticks**
 On the Go
 • **Turkey & Cheese Wrap**
 Sides for All Meals
 • Roasted Green Beans

23

Lunch
 • **Buttermilk Pancakes**
 • Turkey Sausage Link
 • Strawberry Topping
 Alternate Entrees
 • **Beef Hot Dog on Whole Wheat**
 On the Go
 • **Build Your Own Pizza Fun Lunch**
 Sides for All Meals
 • Apple Cinnamon Slices

24

Lunch
 • **Turkey Breast Steak**
 • Bread Stuffing
 • Dinner Roll
 On the Go
 • **Build Your Own Pizza Fun Lunch**
 Sides for All Meals
 • Mashed Potatoes
 • Turkey Gravy
 • Green Bean Casserole
 • Apple Crisp

25

26

27

30

Lunch
 • **Popcorn Chicken**
 • Herb Breadstick
 Alternate Entrees
 • **Mini Turkey Corn Dogs**
 On the Go
 • **Turkey & Cheese Wrap**
 Sides for All Meals
 • Mashed Potato Gratin

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