

BLUFF ELEMENTARY SCHOOL

FEBRUARY NEWSLETTER

2025-2026

Principal Silversmith

Dear Families,

As we move into the second half of the school year, our commitment to your child's safety remains our highest priority. February is a month of "refining and refreshing" our safety habits. While we hope to never use these protocols in a real-world scenario, regular practice ensures that our response is calm, quick, and effective. Here is a chart that shows the drills we practice consistently.

Safety is a partnership between school and home. You can support our efforts by:

1. **Updating Contact Info:** Ensure your phone numbers and emergency contacts are current in our system so you receive our real-time alerts.
2. **"See Something, Say Something":** Encourage your child to talk to a teacher or administrator if they see or hear anything—online or in person—that makes them feel uncomfortable.
3. **Normalizing the Drills:** If your child is anxious about drills, remind them that we practice for emergencies just like we practice for a sports game or a music recital: **to be prepared and confident.**

Note: All drills are conducted in a trauma-informed, age-appropriate manner. Our goal is to empower students, not to alarm them.

Thank you for trusting us with your children. If you have any questions about our specific safety plans, please feel free to reach out to the front office.



LOCKDOWN

LOCKS, LIGHTS,
OUT OF SIGHT

Students are trained to:

- Move away from sight
- Maintain silence

Teachers are trained to:

- Lock classroom door
- Lights out
- Move away from sight
- Maintain silence
- Do not open the door
- Wait for first responders to open door
- Take roll, account for students



EVACUATE

TO THE ANNOUNCED
LOCATION

Students are trained to:

- Leave stuff behind
- Bring their phone
- Form a single file line



Teachers are trained to:

- Grab roll sheet if possible
- Lead students to evacuation location
- Take roll, account for students

LOCKOUT

SECURE THE PERIMETER

Students are trained to:

- Return to inside of building
- Do business as usual



Teachers are trained to:

- Recover students and staff from outside building
- Increased situational awareness
- Take roll, account for students
- Do business as usual



SHELTER
FOR A HAZARD USING
SAFETY STRATEGY

Hazards might include:

- Tornado
- Hazmat

Safety Strategies might include:

- Evacuate to shelter area
- Seal the room

Students are trained in:

- Appropriate hazards and safety strategies

Teachers are trained in:

- Appropriate hazards and safety strategies
- Take roll, account for students
- Report problems at the evacuation assembly using this card.

Front Office

Important Dates

- Feb 2nd - SCC Meeting @ 4:00 PM
- Feb 3rd - District Spelling Bee
- Feb 4th - CCR Day (Students are released at 12:00 PM)
 - Parent/Teacher Meeting 1:00-5:00 PM in Cafeteria
- Feb 10th - School Board Meeting
- Feb 14th - Happy Valentine's Day
- Feb 16th - NO SCHOOL (President's Day)
- Feb 24th - Big Smiles Dental
- Feb 26th - Navajo Language Fair @ Montezuma Creek

Office: 435-678-1296
Principal: 435-678-1298
Secretary Email:
fmanygoats@sjsd.org

Parent Information

- Call the school if or when your child is absent to ensure they are excused.
 - Monthly attendance reports will be sent home.
 - For all medical appointments or doctor's visit please provide a medical note so we can medically excuse your child.
- Please send your child with a coat, as the office is limited on coats.
- For child pick-up after school - if your child normally rides the bus, you **MUST** come into the office to sign them out.
 - Please call BEFORE 2:45 PM
- Please ensure the person checking out your child is on the checkout list. You can call the office to add or remove a person.
- After 8:25 AM, your child will be considered tardy.

Parents, just a friendly reminder that some of you email me when you want your child not ride the bus after school, and there are some days I am not in the office, so if you do not get a response back, please call the office and let them know.



BIG SMILES DENTAL

**BLUFF ELEMENTARY SCHOOL
FEBRUARY 24, 2026**

**PARENTS CAN SIGN CONSENT FORMS
ONLINE @**

**[HTTPS://WWW.MYSCHOOLDENTIST.COM/BE
SJUT_SCH](https://www.myschooldentist.com/be_sjut_sch)**

**PAPER FORMS WILL BE SENT OUT AS SOON AS
WE RECEIVE THEM**

FEBRUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Nuggets Baked Beans Fries Peaches Cookie	3 Bean & Cheese Burrito Carrot Sticks Mandarin Oranges Corn	4 CCR DAY ½ Day Ham & Cheese Hot Pocket Peas & Carrots/Pears Au Gratin Potatoes	5 Meatball Sub Green Beans Steamed Broccoli Bananas	6 Corn Dogs Tots Green Salad Pineapple Pudding
9 Hoagie Sandwich Chips Pineapple Carrot Sticks Brownies	10 Soup Day Rolls Fresh Broccoli Mandarin Oranges Salad	11 Pulled Pork Burrito Rice Black Beans Applesauce	12 Frito Pie Pears Peas & Carrots Corn	13 Roast Turkey Potatoes/Gravy Rolls/Peaches Green Beans Cake
16 PRESIDENT'S DAY NO SCHOOL	17 Chicken Patty Potatoes/Gravy Rolls Pineapple Corn	18 Tacos Peaches Refried Bean Chocolate Cake	19 Sloppy Joes Steamed Carrots Mandarin Oranges Steamed Broccoli	20 Mac & Cheese Green Beans Green Salad Apples Rolls
23 Salisbury Steak Rolls/Gravy Rice/Broccoli Pineapple Green Beans	24 Spaghetti Breadsticks Green Beans Green Salad Peaches	25 Cheeseburger Fries Applesauce Cookie	26 Beef Nachos Corn Pears Refried Beans	27 Stromboli Pudding Carrot Sticks Peas Oranges

Lunch Prices:

Adult Lunch.....	\$4.60
Adult Salad (Pre-Order Only)....	\$3.10
Non-Student Child 0-12 yrs.....	\$2.60
Non-Student Child 13-17 yrs.....	\$2.90
Milk (Extra).....	\$0.40

LUNCH MENU

FEBRUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Oatmeal Yogurt Mandarin Oranges	3 Sausage, Egg & Cheese Croissant Hash Browns Grapes	4 CCR Day ½ Day Breakfast Pizza Boiled Egg Banana	5 French Toast Sausage Applesauce	6 Breakfast Burrito Peaches String Cheese
9 Waffles Pears Hash Browns	10 Sausage, Egg & Cheese Muffin Yogurt Bananas	11 Frudel Boiled Egg Peaches	12 Biscuits & Gravy Pineapple Sausage	13 Pancake Sausage On A Stick Apples String Cheese
16 PRESIDENT'S DAY NO SCHOOL	17 Breakfast Pizza Mandarin Oranges String Cheese	18 Breakfast Burrito Grapes Hash Browns	19 Sausage, Egg & Cheese Croissant Pears Yogurt	20 Bagel Egg Patty Peaches Boiled Egg
23 Breakfast Pizza String Cheese Pears	24 Pancakes Pineapple Yogurt	25 Biscuits & Gravy Apples Sausage	26 Sausage, Egg & Cheese Muffin Mandarin Oranges Yogurt	27 Scrambled Eggs Bananas Hash Browns

Each week students practice one important skill that helps keep our school calm, kind, and ready to learn. This week's focus was "I relax and I don't react."

Students are learning how to pause when feelings feel big and choose responses that are kind, safe, and respectful. We talk about how relaxing first helps us make better choices and creates a classroom where everyone can learn and feel included.

Try This Weekly Activity at Home:

Pause & Choose Challenge

1. **Notice** - When something feels frustrating, help your child name it:
"That looks hard" or "I see you're feeling upset."
2. **Pause** - Take one slow breath together or count to three.
3. **Choose** - Ask: "What would a kind choice look like right now?"

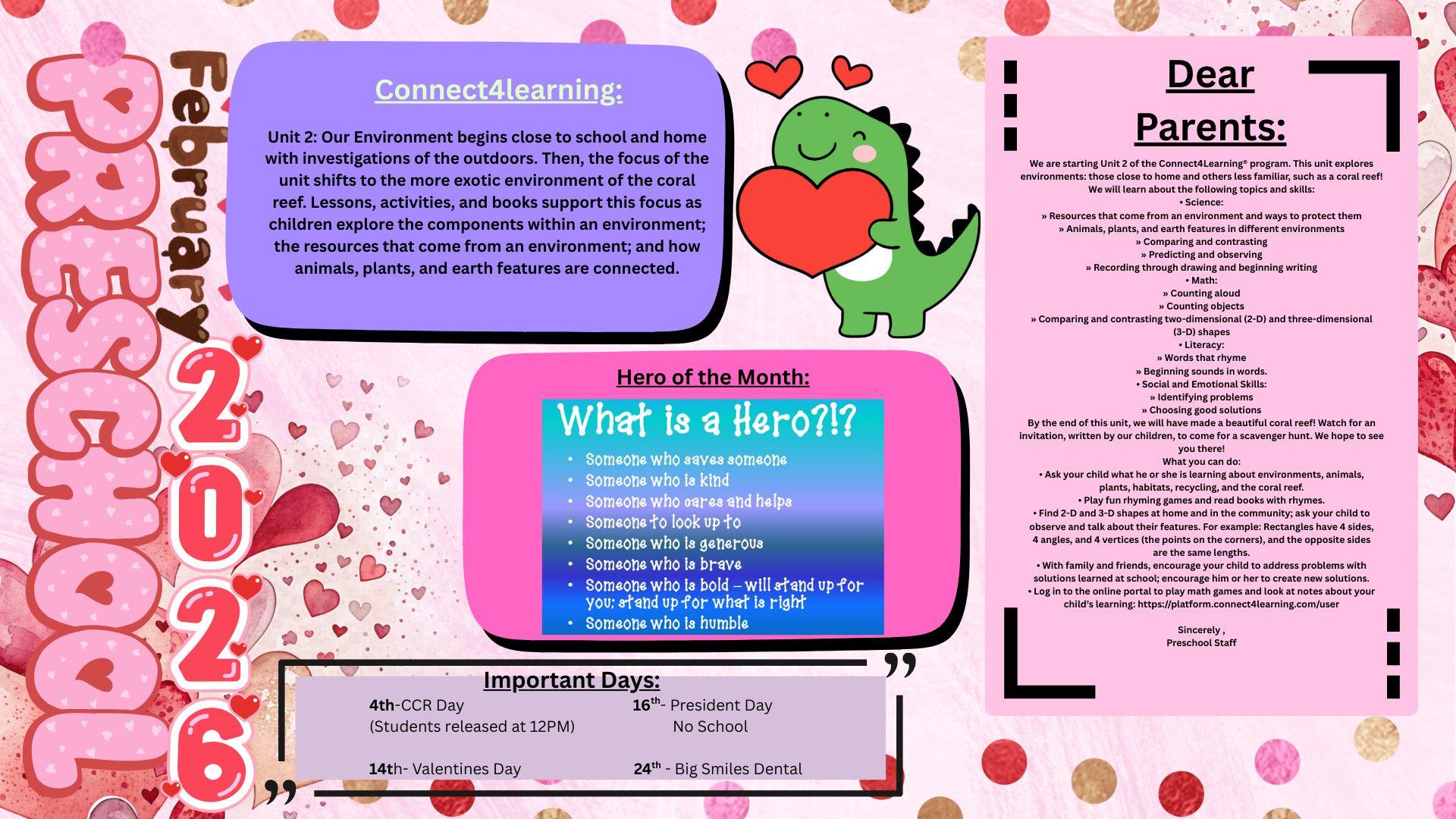
Celebrate moments when your child pauses instead of reacting. Even small successes count.

At school, this skill looks like students using kind words, taking breaks when needed, and solving problems calmly. When we practice relaxing before reacting, we build a learning environment where students feel safe, supported, and confident to try their best.

Thank you for partnering with us as we practice kindness, calm, and wise choices-one week at a time. 

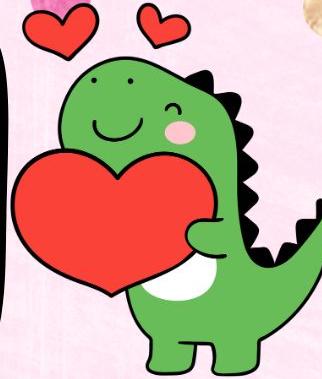
Ms. Kd

Kindness is the heartbeat of our school community, and it's something we celebrate every day, not just on Valentine's Day. Whether it's sharing a seat on the bus, inviting a new friend to play at recess, or offering an encouraging word during a tough lesson, these small gestures create a culture of belonging. As the Greater Good Science Center at UC Berkeley notes, practicing kindness in the classroom reduces bullying and boosts student well-being. This month, we challenge every student to look for the 'hidden heroes' among their peers—those who do kind things without being asked—and to remember that even the smallest act of care can make a huge difference in someone's world!



Connect4learning:

Unit 2: Our Environment begins close to school and home with investigations of the outdoors. Then, the focus of the unit shifts to the more exotic environment of the coral reef. Lessons, activities, and books support this focus as children explore the components within an environment; the resources that come from an environment; and how animals, plants, and earth features are connected.



Hero of the Month:

What is a Hero?!

- Someone who saves someone
- Someone who is kind
- Someone who cares and helps
- Someone to look up to
- Someone who is generous
- Someone who is brave
- Someone who is bold – will stand up for you; stand up for what is right
- Someone who is humble

Important Days:

4th-CCR Day
(Students released at 12PM)

16th- President Day
No School

14th- Valentines Day

24th - Big Smiles Dental

Dear Parents:

We are starting Unit 2 of the Connect4Learning® program. This unit explores environments: those close to home and others less familiar, such as a coral reef! We will learn about the following topics and skills:

- Science:
 - » Resources that come from an environment and ways to protect them
 - » Animals, plants, and earth features in different environments
 - » Comparing and contrasting
 - » Predicting and observing
 - » Recording through drawing and beginning writing
- Math:
 - » Counting aloud
 - » Counting objects
- » Comparing and contrasting two-dimensional (2-D) and three-dimensional (3-D) shapes
- Literacy:
 - » Words that rhyme
 - » Beginning sounds in words.
- Social and Emotional Skills:
 - » Identifying problems
 - » Choosing good solutions

By the end of this unit, we will have made a beautiful coral reef! Watch for an invitation, written by our children, to come for a scavenger hunt. We hope to see you there!

What you can do:

- Ask your child what he or she is learning about environments, animals, plants, habitats, recycling, and the coral reef.
- Play fun rhyming games and read books with rhymes.
- Find 2-D and 3-D shapes at home and in the community; ask your child to observe and talk about their features. For example: Rectangles have 4 sides, 4 angles, and 4 vertices (the points on the corners), and the opposite sides are the same lengths.
- With family and friends, encourage your child to address problems with solutions learned at school; encourage him or her to create new solutions.
- Log in to the online portal to play math games and look at notes about your child's learning: <https://platform.connect4learning.com/user>

Sincerely,
Preschool Staff

KINDERGARTEN FEBRUARY NEWSLETTER

2026

DEAR FAMILIES

Thank you to everyone who came and helped support our Bluff Eagles at the Balloon Festival! It was a great night.

CCR day is coming up, which means it is a half day of school. I would love to meet with you and discuss your student, so please come.

Please remember to continue to read to your student for 15 minutes every day. I sent out new reading logs to keep track.

We have been reading multiple stories about a girl named Kit. The students have been able to sound out words in the story and read them aloud. When reading, encourage them to help you read by trying to sound out the words!

Please reach out to me if you have any questions!

IMPORTANT DATES

Feb 4th: CCR Day - 1/2 Day

Feb 14th: Valentines Day

Feb 16th: Presidents Day - NO SCHOOL

LOVE
YOU

BIRTHDAYS

Feb 9th: Kobe



LOVE
YOU

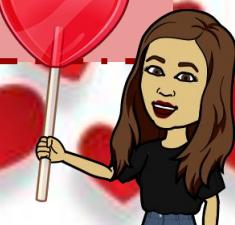
1st Grade February Newsletter 2026

Dear first grade families,

Just like that we are already in February. We have been in school a little over 100 days. We just completed MOY testing. Your student was tested in acadience reading and math. It is amazing to see your students growth from BOY to MOY. I can not wait to share your students progress during CCR day.

A big thank you to all you parents who spend the time to read to your student every night and bringing your student to school every day. Being in school is very important. If you ever need extra resources please feel free to contact me. I will do my best to help you and your child.

Thank you,
Ms. Begay



Dates to Remember

Feb. 4th - CCR Day - ½ Day of school
Feb. 14th - Valentines Day
Feb. 16th - No School -
President's Day

Birthdays:
Cornelias 02-01





2nd Grade February Newsletter 2026

Dates to Remember

Feb. 4th - CCR Day - ½ Day of School - *Parents Visit School 1:00-5:00
Feb. 14th - Valentines Day
Feb. 16th - No School - President's Day



Dear 2nd Graders and Families,

We have just finished up middle of the year testing. It is absolutely amazing the progress that has been made in reading, math and writing since the beginning of the year. It really shows how important it is to be in school, **LEARNING!! Please plan on coming to CCR Day on the 4th to go over your child's progress!**

I also really appreciate the **help** of parents and families who take the time to read with their students. It really makes a big difference in their progress. Keep up the good work and remember it is never too late to start a good habit!!

Thanks again,

Mrs. Brown



Thanks to all those who supported and helped with the Balloon Festival Fundraiser Dinner!! Our Bluff Eagles are so appreciative!



Mrs. Richmond's 3rd, 4th, and 5th Grades

Dear Families and Students,

This month in third grade we will finish our unit on Roman History and then we will be studying light and sound, while learning to find the main idea and key details in a text.

In fourth grade we will finish our unit on poetry and then we will learn more about geology while working to comprehend scientific informational texts.

The fifth graders will continue their study of the artists of the Renaissance. They will write a short biography about one of the artists of the Renaissance.

Thank you for helping your children with their homework and reading with them at home!

Let's have a GREAT month!

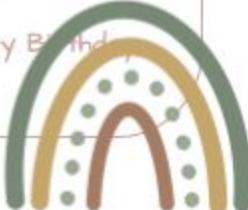
Mrs. Richmond



February



- Feb 4th - CCR day
- Feb 5th - Happy Birthday Kyannal
- Feb 13th - Valentine's Day Party
- Feb 14th - Happy Birthday Kyle! and Valentines Day!
- Feb 16th - Happy Birthday Kion! and Presidents day - no school
- Feb 17th - Happy Birthday Lottie!
- Feb 24th - Happy Birthday Kendrick!



3rd/4th/5th Grade Newsletter -Mrs. Wallis

Parents and Students,

This month on **Wednesday, February 4th is CCR day**. It is a day for students and parents to meet with their teachers to review their academic progress since the beginning of the year and set new goals. Mrs. Richmond and myself will have a sign up schedule from 1:00pm to 5pm this day to meet with each family. We will families in the order they sign up on the list. This also means students will not have a regular school day, they will be **dismissed at 12 noon**. Please try your best to attend on this day and learn about your child's progress and how you can help to support them from home. If you need another day or time, please contact me or Mrs. Richmond.

-Mrs. Wallis 435-678-1296 Email: nwallis@sjsd.org or mrichmond@sjsd.org

I love my
3rd/4th/5th
graders!

You are
the best!

You are
AMAZING!



Important Dates:

- 2/2 Leia's Birthday
- 2/3 District Spelling Bee at SJH 10am
- 2/4 CCR Day - Student/Parent meetings
*Students dismissed at 12pm
- 2/5 Kyann's Birthday
- 2/2-2/6 - WIDA testing (English language Proficiency)
- 2/14 Kyle's Birthday
- 2/14 - Valentines Day Party
- 2/16 Kion's Birthday
- 2/17 Lottie's Birthday
- 2/19 - No school- Presidents Day
- 2/25 Kendrick's Birthday

2026 Balloon Festival



Diné Bizaad Bidahwiil'áá

Dates to Remember

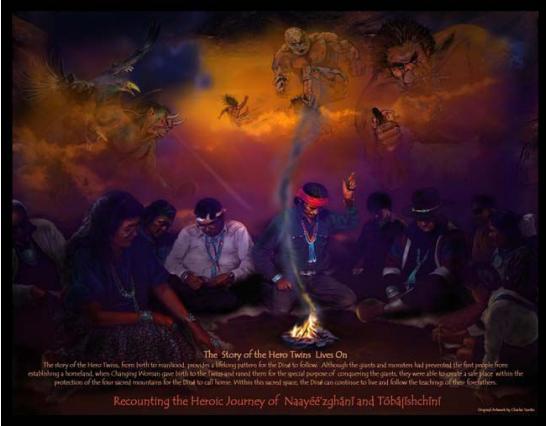
Feb. 4th - CCR Day - $\frac{1}{2}$ Day of School

Feb. 14th - Valentines Day

Feb. 16th - No School -President's Day

Feb. 26th-Heritage Language Fair in Montezuma Creek - 9:30 am -2:00 pm

2026 51st Annual Song and Dance



February is known as 'Atsá Biyaazh (Baby Eagles), marking a time when eagles hatch, snow melts, and the first spring thunder awakens the earth. It is part of the winter season, when traditional stories—such as the **Hero Twins' journey, Coyote tales, and creation stories**—are shared to teach lessons on balance, survival, and harmony.

