

Principal Silversmith

IN AN EMERGENCY TAKE ACTION



HOLD! In your room or area. Clear the halls. **OCCUPANTS**

Clear the hallways and remain in room or Close and lock door area until the "All Clear" is announced Account for occupants and staff Do business as usual

Do business as usual



SECURE! Get inside. Lock outside doors.

OCCUPANTS

Return inside Do business as usual

STAFF

Bring everyone indoors Lock outside doors Increase situational awareness Account for occupants and staff Do business as usual



LOCKDOWN! Locks, lights, out of sight.

OCCUPANTS Move away from sight

Maintain silence Do not open the door Prepare to evade or defend

STAFF

Lock interior doors Turn out the lights Move away from sight Do not open the door Maintain silence Account for occupants and staff Prepare to evade or defend



EVACUATE! (A location may be specified) OCCUPANTS

Evacuate to specified location Lead evacuation to specified location Bring your phone Account for occupants and staff Instructions may be provided about Notify if missing, extra or injured people retaining or leaving belongings



SHELTER! Hazard and safety strategy. **OCCUPANTS**

Use appropriate safety strategy

for the hazard

Hazard Tornado Hazmat

Safety Strategy Evacuate to shelter area

Seal the room Earthquake Drop, cover and hold Tsunami Get to high ground

Lead safety strategy Account for occupants and staff Notify if missing, extra or injured people



Parents,

These are the safety drills we will be practicing for this school year. We have made safety as top priority for Bluff school. If you have any questions, please feel free to come by the school, call or email Mrs. Silversmith. bsilversmith@sjsd.org



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Front Office

PARENT INFORMATION

- · Leave toys and all other personal belongs at home.
- <u>Send your child with a jacket</u>, the weather in the morning can sometimes be cold, and the office is limited on sizes and jackets.
- PLEASE call the office if or when your child will be absent.
 - Send medical note if applicable.
- Attendance reports will be sent home at the end of each month.
- Call the school BEFORE 2:45 pm if or when your child will be picked up after school.
 - Only people listed in Aspire are authorized to pick up your child.
 - Additional people can be listed if you call the school.

IMPORTANT DATES

- OCT 9TH 1ST QUARTER ENDS
- OCT 9TH SCHOOL BOARD MEETING @ DO
- OCT 10TH FALL BREAK (NO SCHOOL)
- OCT 13TH TEACHER DAY (NO SCHOOL)
- OCT 14TH 4TH GRADE FIELD TRIP TO BEARS EARS
- OCT 14TH 2ND QUARTER BEGINS
- OCT 17TH MISS BLUFF PAGEANT @ 3PM
- OCT 21ST 5TH GRADE FIELD TRIP TO NATURAL BRIDGES
- OCT 30TH SCHOOL-WIDE HALLOWEEN PARADE
 - OCT 31ST MALLOWEEN

Breakfast & Lunch Menu



MONDAY

THESDAY



THURSDAY



2025

FRIDAY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Reminder: ALL
		Frudel Boiled Egg Peaches	Biscuits & Gravy Pears Sausage	Pancake on a Stick Apples String Cheese	students can eat breakfast for FREE. Check with individual Schools for serving times.
French Toast Sausage Oranges	7 Breakfast Pizza Pineapple String Cheese	8 Breakfast Burrito Grapes Hash Browns	9 Sausage, Egg & Cheese Croissant Mandarin Oranges Yogurt	10 FALL BREAK NO SCHOOL	Served Daily: -Alternate Entrée: Assorted Cereal w/ 1 Slice of Toast Cinnamon Toast -Beverages: Chocolate Skim Milk 1% White Milk Juice Variety This Institution is An Equa Opportunity Provider **MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE!
13 TEACHER DAY	Pancakes Pineapple Yogurt	15 Biscuits & Gravy Apples Sausage	16 Sausage, Egg & Cheese Muffin Mandarin Oranges Yogurt	17 Scrambled Eggs Bananas Hash Browns	
20 Oatmeal Yogurt Mandarin Oranges	21 Sausage, Egg & Cheese Croissant Hash Browns Grapes	Breakfast Pizza Boiled Egg Applesauce	French Toast Sausage Bananas	24 Breakfast Burrito Peaches String Cheese	
Waffles Pineapple Hash Browns	28 Sausage, Egg & Cheese Muffin Yogurt Bananas	Frudel Boiled Egg Peaches	30 Biscuits & Gravy Pears Sausage	31 Pancakes on a Stick Apples String Cheese	

MUNDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Mac & Cheese Green Beans Green Salad Apples Rolls	Pepperoni Pizza Carrot Sticks Fries Pears Jell-O	Chicken Patty Potatoes/Gravy Corn Pineapple Rolls
6 Bacon Cheese Burger Fries Melon Cookie	Beef Nachos Corn Refried Beans Pears	Stromboli Carrot Sticks Pudding Peas Oranges	9 Salisbury Steak Steamed Broccoli Rice/Rolls Green Beans Pineapple	FALL BREAK NO SCHOOL
TEACHER DAY NO SCHOOL	Toasted Cheese Sandwich Tomato Soup Green Beans/Salad Peaches	Ravioli Breadsticks Corn Applesauce Refried Beans	Chicken Patty Sandwich Fries/Pineapple Steamed Carrots Brownie	17 Orange Chicken Egg Roll/Fried Ric Steamed Broccol Mandarin Orange Fortune Cookie
20 Chicken Fajitas Green Salad Corn Peaches	21 Country Fried Steak Potatoes/Gravy Steamed Carrots Mandarin Oranges Rolls	Pigs In A Blanket Fries Pears Green Salad	Pepperoni Pizza Tots Pineapple Carrot Sticks Jell-O	Beef Nachos Black Beans Applesauce Rice Krispy Treat
Meatball Sub Green Beans Steamed Broccoli Bananas	Corn Dogs Green Salad Tots Pudding Pineapple	29 Chicken Nuggets Baked Beans Fries Peaches Cookie	30 Beef Bean & Cheese Burrito Mandarin Oranges Carrot Sticks Corn	Chili Beans Carrot Sticks Pears/Crackers Cinnamon Rolls HAPPY HALLOWER

WEDNESDAY

Parents who would like to eat school lunch need to call the school by 9:00am to reserve your meal for the day. Served Daily: -Beverages: Chocolate Skim Milk

1% White Milk

"Parents and Community Members who would like to make comments or suggestions regarding the San Juan School District Wellness Policy can contact the District Food Services Office at (435) 678-4300 or (435) 678-1265" Wellness Policy Can Be

Found At: http://sisd.org/studentsparents/food-services-menus/

This Institution Is An Equal Opportunity Provider

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Lunch Prices:

Adult Lunch..... .\$4.50 Adult Salad (Pre-Order Only.....\$3.00 Non-Student Child 0-12 yrs.....\$2.50 Non-Student Child 13-17 yrs.....\$2.80 Milk (Extra).....\$0.40

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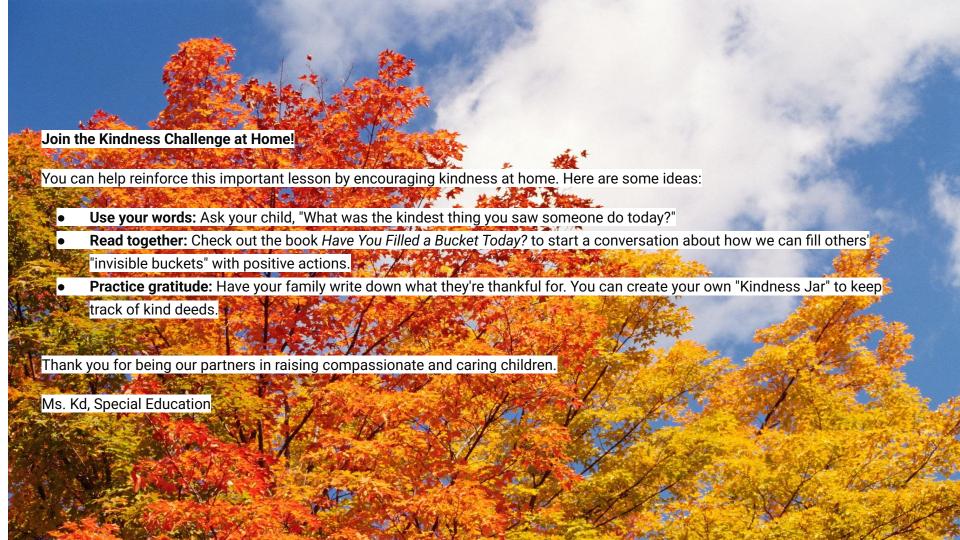
This month, our focus will be on kindness, respect, and using coping strategies students can use when faced with someone being mean or rude. We know that unkind behavior can hurt, and lead to bullying, but we also know our students can build the skills to respond in positive, safe, and effective ways that will put a stop to it.

We will be working on

- Pause and Breathe Take a moment to calm down before reacting.
- Use "I" Statements "I don't like that," or "I want to play something else".
- Walk Away and Find a Buddy Sometimes the best choice is to remove yourself and join friends who treat you kindly.
- Seek Help from an Adult Asking for support is a sign of strength, not weakness.

We remind students that they always have choices in how they respond. By practicing these coping skills, students not only become more confident and resilient, they also help build a school culture where kindness and respect are the norm. Together, we prevent bullying, by standing up, staying calm, and choosing positive actions.

Let's continue to encourage our children at home and at school to use their coping strategies, be a buddy not a bully, and build a safe, supportive community for everyone.





Dear Preschool Families,

We are starting Unit 1 of our classroom program, Connect4Learning. This unit will focus on helping your child get settled in the classroom with classmates, routines, and using the classroom environment. We will be exploring the following topics and skills.

-Science: The 5 Senses

-Math: Working with numbers counting from 0-10

-Literacy: Hearing and using new words
Read Children's books
Learning about parts of the book
and about authors and illustrators
Learning about rules for print.
(space between words, punctuation marks,
and capital letters.

-Social Emotional Skills:

Classroom expectations: Be safe, be kind, be a team player.

By the end of the unit, we will have written a book called "Meet Our Class", which you will be able to read.

Important Days:

Oct. 6th - Picture Retake Oct. 10th - Fall Break (No School)

Oct. 13th - Teacher Day

(No School)

Oct. 17th - Miss Bluff Pageant

Oct. 17th - Miss Bluff Pageant @ 3 PM

Oct. 30th - School-Wide

Halloween Parade Oct. 31st -

HALLOWEE)

Hero of the Month:

October's hero of the month is Zariah. Zariah's favorite thing to do is play and draw with her favorite color pink. She likes the movie Tinker Bell. Her favorite food is chicken, but she doesn't like broccoli. If she could go anywhere, she'd like to go to the park and play all day with her best friends. Big sister and brother are her best friends and being with them makes her happy. When Zariah grows up, she wants to be an artist who can paint beautiful pictures. Zariah is kind, helpful and we love having her in our preschool class.

Connect4learning Unit One: Connect with School and Friends:

Builds the most important school connections: among the children and peers, teachers, and the school. They engage in hands-on science exploration in the senses and hear and perhaps even use rich vocabulary in context. They explore high-quality children's literature as they learn how print is used and begins to understand how to work with books. Children learn classroom routines, how to use materials, and social-emotional skills, including how to be with a group, make friends, and work together. They explore mathematics manipulatives, learning foundations ideas and skills through play.

What You Can Do:

-Talk about the 5 senses with your child: hearing, seeing, smelling, touching, and tasting -Read books and have conversations daily.
-Ask your child what he or she is learning about being safe, be kind, and being a team player.
-With Family and Friends, encourage your child to make connections about safety about safety, kindness, and being a team player.
-Ask about new friends.
-Log in to the online parent portal: https://platform.connect4learning.conafaser.

2025



IST GRADE OCTOBER NEWSLETTER 2025

FIRST GRADE FAMILIES

JUST LIKE THAT WE ARE COMING TO THE END OF FIRST QUARTER.

CONTINUE TO HAVE YOUR STUDENTS READ AT HOME. WE WILL BE HAVING OUR END OF QUARTER ONE ICE CREAM PARTY SOON. YOUR STUDENT NEEDS TO TURN IN 30 DAYS WORTH OF READING LOG.

WE ARE FOCUSING ON SHORT VOWEL CVC WORDS. DIGRAPHS. DOUBLE LETTER SPELLINGS IN READING. WE ARE ALSO FOCUSING ON THE HUMAN BODY IN OUR KNOWLEDGE SECTION.

WE ARE ALSO FOCUSING ON ADDITION AND SUBTRACTION STRATEGIES IN MATH.

IF YOU HAVE ANY QUESTIONS PLEASE FEEL FREE TO CONTACT ME.

-MS. BEGAY

IMPORTANT DATES:

BOOK FAIR - SEPT. 29/OCT. 3RD
FALL BREAK (NO SCHOOL) - 10/10
TEACHER DAY (NO SCHOOL) - 10/13
2ND TERM BEGINS - 14TH
HALLOWEEN PARTY - 31ST

OCTOBER BIRTHDAYS

MA'LYN 10-27 MYKELTI 10-31

October Newsletter **2nd Grade 2025** 2nd Grade Families. I can't believe we are almost done with the 1st quarter! Students are working hard and learning lots! Make sure **IMPORTANT DATES** they are here daily so they don't miss anything. October 9th Last Day of 1st Term Please have your students read at home. Make sure they are getting their reading calendars signed and bringing October 10th Fall Break / No School them back at least once a week. Teacher Work Day / No School October 13th In math, we are finishing counting money. Then we will October 14th **2nd Term Starts** work on adding and subtracting within 100 and solving October 31st Halloween Party word problems. Please watch for practice pages to come home. Work with your student to complete the pages. Thank you for coming to CCR day. Your support at home is so important for your child's learning and growth. If you ever have any questions, please reach out to me! October Birthdays

No Birthdays

-Mrs. Brown



Mrs. Richmond's 3rd, 4th, and 5th Grades

Dear Families and Students,

I am enjoying getting to know the students. They are all talented and amazing in their own way!

In 3rd grade this month we will finish our animal research and then start learning about systems in the human body while we work on understanding informational texts.

In 4th grade we will be reading and learning about Empires in the Middle Ages while we work on understanding informational texts.

In 5th grade we will finish up our study of the Inca, Aztec, and Mayan civilizations, and then start a unit on poetry.

Please make sure your child is reading 20 minutes every day! Bring the reading log back for a prize!

Mrs. Richmond



October

- 10th and 13th Fall Break
- Ilth Happy Birthday
 Logan!
- 14th Happy Birthday
 Lyroydin!
- 23rd Happy Birthday
- 26th- Happy Birthday
 Mi'Lyiah!
- 29th Happy Birthday
 Matthew!
- · 31st Halloween Party

3rd, 4th and 5th Math/Science-Mrs. Wallis

3rd Graders,

In science, we are learning about how weather is a minute-by-minute, day-by-day variation of the atmosphere's condition on a local scale. Also, how scientists record patterns of weather across different times and areas so that they can make weather forecasts. In math we are learning about multiplying and using models to help solve problems.

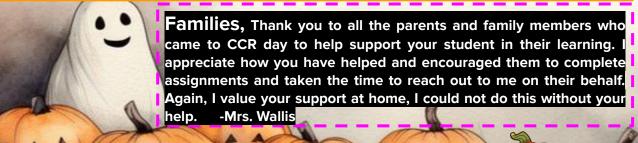
4th Graders,

In science, we are learning about plants and animals have both internal and external structures that serve various functions for growth, survival, behavior, and reproduction. will help up on our upcoming field trips. In math we are going to learn how to add, subtract, multiply and divide decimal numbers. They we will multiply larger numbers.

5th Graders,

In science, we are learning about Earth Changes in science! Knowing how the Earth can change will help up on our upcoming field trips. In math we are learning about division with 1 and 2 divisors.

Keep up the good work everyone.





<u>Important dates:</u>

October 9th - End of 1st Term
October 10th - Fall Break - No School
October 11th - Logan's Birthday
October 14th - Lyroydin's Birthday

October 13th - Teacher work day "no school for students this day

October 14th - 2nd term starts

October 14th - 4th Grade Field trip to Bears Ears

October 21st - 5th Grade Field trip to Bears Ears

October 23rd - Kony's Birthday

October 26th - Mi 'Lyiah 's Birthday October 29th - Matthew 's Birthday

October 31st - Halloween Party

Dinék'éjí Hane' i

Wóshdéé:Time for Gathering Vol. 23 No. 8 Leading The Way Staff

he voice is a powerful element. In some stories, elders say that nilch'ih yázhí (small wind) entered the bodies of the first humans, allowing them to move and to have a voice. Even today, this wind enters each of us when we are born. The lines in our palms and the whirl atop our heads is the trail of this wind. Elders remind us that our speech is powerful because of this wind, so we watch what we say, and we follow through on our words. It is also said that our inner voice, what some might call a conscience or intuition that influences our moral compass, is the presence of that wind. This could also be applied to our thoughts. In this way, niłch'ih yázhí is present in our intentions, in our thoughts, and in our words

In ceremonies, after the hataalii (medicine person) and their helpers have sufficiently prepared their materials and what is needed for things to get started, someone will call from the hooghan nimazi (hogan) to let everyone know they can enter the space. Elders say this calling also lets Diyin Dine'é (the Holy People) know that their presence is welcomed into the ceremony, too. It is said that these Divin Dine'é fill the empty spaces in the hooghan nimazi and they offer their blessings to the ceremony. By using the voice we were given by niłch'ih yázhí, we call out to our relatives and signal that the time has come to gather and to add our voices to the healing. As the ceremony progresses, we contribute

our voices to the songs and the prayers. Late into the night and into another new day, our voices rise in unison from the surface of Nihimá Nahasdzáán (Mother Earth). By our voices, we seek to live in accordance with the hopes and dreams of those that came before us. In turn, we also voice our own hopes and dreams for the next generation. Nihix'éi bi nanitin bik'eipo nášs yoolkáát. Dii bee liná yá'á'ééhjai ádoolníil.

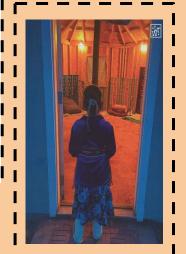
For this issue of Leading the Way, the theme of Wöshidę: Time for Gathering was inspired by the call to the hooghan nimazi by saving "wishdide" from the magazine, we called out to and invited relatives, friends, medicine people, cultural knowledge holders, and others to share their voices in this through our publication. Although our staff curtes the magazine, we believe Leading the Way is a community space for all our relatives to share their stories and to pass on knowledge to the next generation. We hope you and your families enjoy this collection of intermixed writings from Diné voices in and around nihikéyah.

"By using the voice we were given by nitch'ih yázhí, we call out to our relatives and signal that the time has come to gather and to add our voices to the healing."





The Bluff Elementary Princess and Warrior Pageant will be held on October 17, 2025 @ 3:00 PM. If your child took an application, please submit it before the deadline October 9th, I'áá shọọdí.



Heritage Language Upcomina Events: Oct 1 Navajo New Year Oc+2-5 Shiprock Fair First atr. ends Oct. 9 Fall Break Oct. 10 Bluff Pageant Oct. 17 HERITAGE LANGUAGE **NATIVE YOUTH** CONFERENCE LEADERSHIP CONFERENCE "Bridging the future for "Bridging the future

