



**BLUFF ELEMENTARY SCHOOL**

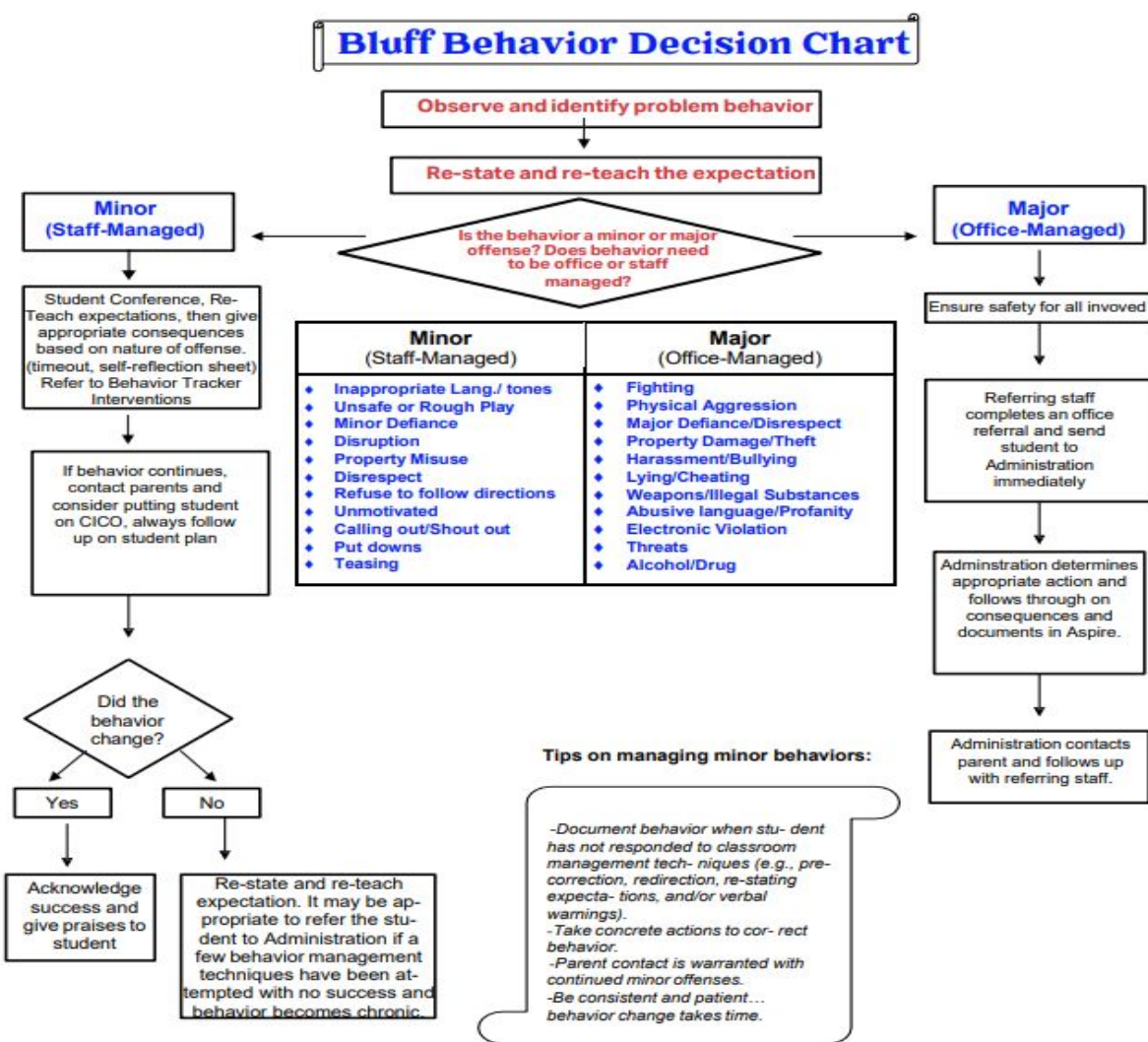
# ***September Newsletter***

2025-2026



# Principal Silversmith

Parents,  
Here is the process that is followed when students make decisions that lead to a minor or major infraction. This flowchart explains the process teachers and principal take and it list what the minor or major infractions are. If you have any questions, feel free to stop by the school or email, I'd be happy to discuss or clarify anything.



# Front Office

## Important Dates:

Sep 9<sup>th</sup> - CCR Day (1/2 day) Students will be released at 12 PM.

Sep 9<sup>th</sup> - Teacher/Parent meeting is 1-5 PM in Cafeteria. Parking will be on the north side of the building.

Sept 23<sup>rd</sup> - School Board Mtg at District Office.


Sep 29<sup>th</sup>-Oct 3<sup>rd</sup> - Book Fair. Parents if you would like to volunteer and help with this please stop by the school.

Oct 2<sup>nd</sup> - Picture Re-Take Day!

## Parent Information:

- School doors opens at 7:45 AM, please DO NOT drop off your child early!
- Call the school BEFORE 2:45 PM if you want your child to stay for pick-up.
  - Please come in and sign out your child.
- If your child is absent please call the school to excuse them.
  - Provide medical note if applicable
- Attendance report will start being mailed home at the end of each month.
- Please DO NOT let your child bring toys, blankets, or other personal belonging from home.



If you have any questions please call or email the school at 435-678-1296 or [fmanygoats@sjsd.org](mailto:fmanygoats@sjsd.org)



Bluff Elementary School

# CCR DAY

Tuesday, September 9, 2025



**School will be dismissed at 12 p.m.** The Parent-Teacher meeting will be held from 1 to 5 p.m. Come and meet your child's teacher to discuss their progress at the beginning of the year. Entrance and parking are located on the north side of the building. **If you are unable to make it please contact your child's teacher to meet another time.**

Looking for SCC Members!

If you are interested in becoming a SCC member please give the school a call 435-678-1296.



Refreshment  
Will  
Be Served

## SCC Members and JOM Representative for School Year 2025-2026

Meetings are held once a month September - May.

### SCC Member & JOM Representative Responsibilities

- ★ Attends IEC meetings with school and other members
- ★ Reviews funding for school
- ★ Approves funding for school
- ★ Councils look at academic needs and identify priorities for supporting the wise use of School Trust Land funds
- ★ Prepare action plans with School Trust Land and Child Access Routing Plan
- ★ Measures progress of plans
- ★ Submit final Report
- ★ Be informed of school initiatives

*If you are interested in becoming an SCC Member or JOM Representative for Bluff Elementary School, please contact Principal Silversmith at (435)678-1298 or email her at [bsilversmith@sjds.org](mailto:bsilversmith@sjds.org)*



MONDAY

# SEPTEMBER 2025



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

**Labor Day**  
**NO SCHOOL**

2

Chili Beans  
Cinnamon Rolls  
Carrot Sticks  
Crackers  
Pears

3

Meat Ball Sub  
Green Beans  
Peaches  
Green Salad

4

Stacked Enchiladas  
Brown Rice  
Corn  
Refried Beans  
Applesauce

5

Chicken Patty  
Sandwich  
Fries  
Pineapple/Carrots  
Brownies

8

Beef Nachos  
Black Beans  
Applesauce  
Rice Krispy Treat

9

**CCR Day ½ Day**  
Chicken Fajitas  
Corn  
Peaches  
Green Salad

10

Country Fried Steak  
Potatoes/Gravy  
Steamed Carrots  
Mandarin Oranges  
Rolls

11

Pigs In A Blanket  
Fries  
Green Salad  
Pears

12

Pepperoni Pizza  
Tater Tots  
Pineapple  
Carrot Sticks  
Jell-O

15

Ham & Cheese Hot  
Pocket  
Peas & Carrots  
Au Gratin Potatoes  
Pears

16

Chicken Nuggets  
Baked Beans  
Fries  
Peaches

17

Corn Dogs  
Tater Tots  
Green Salad  
Pineapple  
Pudding

18

Toasted Cheese  
Sandwich  
Tomato Soup  
Green Beans  
Bananas

19

Beef & Bean Burrito  
Carrot Sticks  
Mandarin Oranges  
Corn

22

Pulled Pork Burrito  
Brown Rice  
Black Beans  
Applesauce

23

Frito Pie  
Pears  
Peas & Carrots  
Corn

24

Roasted Turkey  
Potatoes/Gravy/Rolls  
Peaches/Green Beans  
Strawberry Short  
Cake

25

Hoagie Sandwich  
Chips  
Pineapple  
Carrot Sticks  
Brownies

26

Chicken Alfredo  
Breadsticks  
Steamed Broccoli  
Mandarin Oranges  
Green Salad

29

Tacos  
Peaches  
Refried Beans  
Chocolate Cake

30

Sloppy Joes  
Steamed Carrots  
Mandarin Oranges  
Steamed Broccoli

Parents who would like to eat school lunch need to call the school by 9:00am to reserve your meal for the day.  
**Served Daily:**

**-Beverages:**  
Chocolate Skim Milk  
1% White Milk

"Parents and Community Members who would like to make comments or suggestions regarding the San Juan School District Wellness Policy can contact the District Food Services Office at (435) 678-4300 or (435) 678-1265"

Wellness Policy Can Be Found At:  
<http://sjsd.org/students-parents/food-services-menus/>

*This Institution Is An Equal Opportunity Provider*

**\*\*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE!**

SAN JUAN SCHOOL DISTRICT ELEMENTARY SCHOOL LUNCH

# Welcome Back

Welcome back to a brand-new school year! 🍷 ✨

The first weeks of school are a wonderful time to practice kindness, patience, and acceptance as we all settle into routines and make new friends.

☀️ This Month's Focus:

Kindness & Accepting Other

A smile, wave, or "hello" can make someone feel welcome.

Include classmates in games or group work—everyone likes to feel part of the team.

Remember: we don't all learn, look, or act the same—and that's what makes our school community so special!

💡 When we feel unsure, try this: "Pause, Breathe, Choose Kindness."

It's a simple way to stop, take a breath, and make a choice that helps us and others feel good.

🏆 Challenge of the month:

Try giving three compliments a day—to friends, teachers, or even yourself!

Together, we can build a school where kindness and acceptance shine every day. 🌈💖

MS. RENEE

801 580 5538 435 678 1804

RMCDONALD SJSD.ORG

A decorative border surrounds the central text area, featuring various school supplies including a basketball, scissors, a pencil, a paperclip, a compass, a paint palette, a notebook, a backpack, a pencil sharpener, and a paperclip.

## Dear Families,

We hope this newsletter finds you well! As we progress through the school year, we want to take a moment to express our heartfelt appreciation for your continuous support and partnership. Your involvement makes a significant difference in our students' lives.

### Important Announcements

As we cultivate a growth mindset in our students, we encourage them to embrace challenges and learn from their experiences. Here are some inspiring quotes that reflect this philosophy:

- "I can't do it, YET!"
- "Failure is simply the opportunity to begin again, this time more intelligently." – Henry Ford
- "A person who never made a mistake never tried anything new." – Albert Einstein
- "Everything is figureoutable." – Marie Forleo
- "Growth is a spiral process, doubling back on itself, reassessing and regrouping." – Julia Margaret Cameron

Please take a moment to discuss these ideas with your child.

**-Ms. Kd Special Education**

### Dear Preschool Families,

We are starting Unit 1 of our classroom program, Connect4Learning. This unit will focus on helping your child get settled in the classroom with classmates, routines, and using the classroom environment. We will be exploring the following topics and skills.

**-Science:** The 5 Senses

**-Math:** Working with numbers  
counting from 0-10

**-Literacy:** Hearing and using new words  
Read Children's books

Learning about parts of the book  
and about authors and illustrators  
Learning about rules for print.  
(space between words, punctuation marks,  
and capital letters.

**-Social Emotional Skills:**  
Classroom expectations: Be safe, be kind,  
be a team player.

By the end of the unit, we will have written  
a book called "Meet Our Class", which you  
will be able to read.

### Important Days:

September 9th:

-CCR Day (1/2 Day)

Students will be released  
at 12PM.

-Parent/Teacher meeting  
1-5PM

September 29th-Oct 3rd

Book Fair

October 2<sup>nd</sup>

Picture Retake



### Hero of the Month:

The definition of hero is a person who is admired or idealized for courage, outstanding achievements, or noble qualities. Preschool hero is a person who is courageous for leaving home to be in a new setting (school) and for leaving mom, dad, and grandparents for 6 hours or more. They are outstanding for learning new things and growing to become outstanding citizens who will someday contribute to their communities. They will have many achievements all year long and do a lot of growing. We the preschool teachers get the honor of seeing them all achieve different mile stones in their preschool year.

### Connect4learning

#### Unit One: Connect with School and Friends:

Builds the most important school connections: among the children and peers, teachers, and the school. They engage in hands-on science exploration in the senses and hear and perhaps even use rich vocabulary in context. They explore high-quality children's literature as they learn how print is used and begins to understand how to work with books. Children learn classroom routines, how to use materials, and social-emotional skills, including how to be with a group, make friends, and work together. They explore mathematics manipulatives, learning foundations ideas and skills through play.

#### What You Can Do:

- Talk about the 5 senses with your child: hearing, seeing, smelling, touching, and tasting
- Read books and have conversations daily.
- Ask your child what he or she is learning about being safe, be kind, and being a team player.
- With Family and Friends, encourage your child to make connections about safety about safety, kindness, and being a team player.
- Ask about new friends.
- Log in to the online parent portal:  
<https://platform.connect4learning.com/user>

# September

# PRESCHOOL

# NEWSLETTER

# 2025

# Kindergarten Newsletter

Dear families,

Thanks to everyone who made it out to back to school night! It was so fun to meet you all.

In kindergarten this month we are working on the correct way to hold a pencil, blend syllables, blend sounds, and counting equal groups up to 10! We are doing a lot every day so it is important for your student(s) to come every day! Please remember to have your student check their homework folder and read to them every day.

## Important Dates

1<sup>st</sup>: Labor Day - No school

9<sup>th</sup>: CCR Day - 1/2 Day.

Meet with teacher(s) 1:00-  
5:00 pm

Sep 29<sup>th</sup> - Oct 3<sup>rd</sup>: Book Fair

## Birthdays!

27<sup>th</sup>: Skylar



# 1ST GRADE SEPTEMBER NEWSLETTER 2025

## Welcome Back

Dear First grade families,

Thank you to those families who came to back to school night. We will work hard to make progress with your student and meet their reading and math goals.

Remember to have your student come to school every day. They have a reading log that needs to be done daily. Please help them with their reading.

Let's have a great year and work together. :)

Ms. Begay

## Important Dates

**September - 1st**  
**Labor Day (NO SCHOOL)**

**September - 9th**  
**CCR Day**

**September 29th-October 3rd**  
**Book Fair**

## Birthdays

**Skylar 09-25**



# Second Grade September Newsletter

I am so happy to welcome our new 2nd graders back to school! We have had a great start to the school year!

A huge thank you to those families who came to Back to School Night! I look forward to working with you and your students this year. My hope is that every student will progress and meet their reading and math goals and feel a part of our "team" here in 2nd grade!

Please make sure they are here at school every day and please help them with their reading every night!

Let's have a great year!

-Mrs. Brown



## September Birthdays

9/2 Josette

For birthdays, students will receive a goodie bag from me. Students may also bring a small individually wrapped, store bought treat to celebrate.



## Important Dates

September 1 – Labor Day, NO SCHOOL

September 9 – CCR Day, ½ Day of SCHOOL

**BACK TO  
SCHOOL!**



# Mrs. Richmond's 3rd, 4th and 5th Grades

Dear Families and Students,

We have had a great first couple of weeks. We are getting into a routine and getting to know each other!

In third grade this month while we read fictional narratives we are looking for literary tools like personification, idioms, dialogue, and narration.

In fourth and fifth grades this month we are reading and writing personal narratives. We are working on adding dialogue and interesting details to our personal narratives.

I'm impressed with some of the great ideas we have talked about in class!

Let's have a GREAT year!

Mrs. Richmond



  
September  


- 1st - Labor Day- No School;
- 3rd - Happy Birthday **Dreyvan!**
- 4th - Happy Birthday **Payton**
- 7th - Happy Birthday **Lily**
- 8th - Happy Birthday **Dom**
- 9th - CCR Day - ½ day of School
- 15th - Happy Birthday **Hayden!**

# Mrs. Wallis' 3rd, 4th and 5th Grade Science and Math Class

Dear Families,  
It was so exciting to see families and students at Back to School night. The school is just not the same without the buzz of kids talking and laughing in the hallways and classrooms. This will be a year for learning new skills and growth for students. The best way to help from home is to have your student read a book of their choice each school night. Encourage your child to ask questions about the world around them, this helps us in science.  
Mrs. Wallis

## Academic News:

**Math:** Over the next month both 4th and 5th will be focusing on place value, rounding, then move onto addition and subtraction. 3rd will be focusing on rounding and writing numbers in standard, word, and expanded form.

**Science:** 5th will be learning about how the Earth's systems interact with each other. 4th will be learning about how organisms function in their environments. 3rd is learning about weather and weather patterns

## Dates to Remember:

**September 1st** - Labor Day-No school

**September 9th** - CCR Day \*only ½ day of school - Please meet with teacher regarding your students academic progress. 1-5pm

**September 17th** - 4th grade Museum on the Move visit

## September Birthdays:

- Dreyvan 3rd
- Payton 4th
- Lily 7th
- Dominik 8th
- Hayden 15th



## 2025 Bear Dance

Our Bluff Eaglettes did a tribute dance for one of the Bear Dance Chief. It was an honor for our children to dance and participate in this event. Thank you to Mrs. Wanda, Ms. Ellisia, Ms. Tammy for helping our students and Principal Silversmith.



### Upcoming Events:

- CCR-9/9 @ 1:00-5:00pm
- Navajo Nation Fair, Window Rock -9/2-6
- Dine Language Proficiency Assessment for Kindergarten and Fourth Grades-9/2-10/3
- Bluff Princess/Brave Pageant -10/17 @4:00 pm

#### Navajo Kneel Down Bread (Nitsidigo'Y)

Chef Walter made this Navajo corn recipe based on the traditional recipe that his grandmother, aunts, and relatives have always made. It is called "kneel down bread" because you have to kneel down to grind the fresh corn on a grinding stone and because the cook had to tend to this traditionally earthen-pit-cooked bread while kneeling. Walter's dad, Thomas Mike Whitewater, was the farmer in the family and grew corn and other crops, including squashes, sunflowers, and melons. This dish was always made with the fresh corn that his dad grew. Technically it is not a true bread but a fresh corn dish that is baked in a corn husk.

While this recipe is traditionally made with fresh corn, it can be made with frozen corn kernels as well. The corn kernels are lightly ground, traditionally on a stone, but today can be made in a food processor or blender. Walter always sings during this process of preparing the corn to put the Ancestral songs into the breads before they bake, and he sang as we tested this recipe.



## Heritage Language



*"There was a time when  
Tádidíin, or corn pollen,  
was like gold."*

My mother told me that corn pollen was not supposed to be sold or misused. It was a gift or an exchange of payment. There was a time when medicine men were not to charge patients for ceremonies but to except things like Tádidíin or buck skins in exchange. It was considered more valuable than money because of how sacred it is to use when praying. My mother says it's like gold. She reminds me to be gentle with it and to always thank the person who gave it to me because of how much work they put into gathering it. From this work and from my family's teachings, I was finally understanding the meaning of why we use Tádidíin to make offerings.

From the top of your heart to your mouth, then the top of your head, and

finally another for the journey sprinkled ahead of you to the east. When you make your journey, the Holy People will carry on what you're praying for. I'll never forget the first time I made my first offering. I was 7 years old. My family and I were leaving for a long trip to Phoenix, Arizona where my mother was graduating from the University of Phoenix with her teaching degree. It was a very special moment for my mother. I'm sure when she first began her journey with education, this is something she prayed for, and the Holy People were able to guide her. Just like my mother, we pray the Holy People guide us through our journey to keep us safe and on the right path we asked for when praying.