High School Counseling Office Newsletter 10/23/2026

Important Info

FAFSA Night, 10/27/26- 6pm in the Intermediate Board Room-Counselors and a representative from Scholarship Foundation STL will be there to help walk you through the application process and answer questions. Please bring your own computer. The FAFSA is required for anyone taking out grants/loans/or using A+.

There will be an Attendance Incentive Day at the Farm on October 27th. This is for students with 90% attendance, no F's, no lunch detentions, no after-school detentions, and no ISS or OSS. Food and drink trucks will be there to purchase items. There will be games and prizes.

There is a helpful resource available for parents/guardians regarding student online safety. You can find it on our main website under "Parent Resources/Learn About Student Online Safety". This resource covers key topics including cyberbullying, screen time, and social media.

What's Happening

The counselors have been meeting with freshmen, sophomores, and juniors to update their ICAP (Individual Career and Academic Plan). This will help guide your students into future classes that will be relevant to their future field of study.

Mrs. Dix has been meeting individually with seniors to help them apply to colleges and gather information on their career plans.

CHADS Coalition for Mental Health will be in school on Wednesday the 28th to talk with the sophomore class. They will discuss the signs and symptoms of suicide and self-harm. There will be an option to opt out of the meetings, which will be sent later today.

Important Dates

10/27/26- Attendance Incentive Day at the Farm

10/27/26-Flu Clinic (see attached flyer)

10/27/26- FAFSA Night, 6pm in the Intermediate Board Room-

10/27/26-Jefferson College Arnold Campus-Open House for healthcare field, Business, Psychology, Education, and Law Enforcement. See flyer.

11/11/26-No School-Veterans Day

11/11/26- State Tech Field Trip, Maryville/MBU/Lindenwood Field Trip

11/13/26-High School Veterans Day Assembly

11/25-11/27- No School-Thanksgiving Break

Holiday Help

If you need help with Thanksgiving or Christmas, please click the link to sign up for holiday assistance.

High School Counseling Office Newsletter

Scholarships

https://docs.google.com/spreadsheets/d/1fK9ZVJfUPXTDn2Uq98N_n1JPUMrhD1vMdyuEjrOVXj8/edit?usp=sharing

Scholarships will be added to this spreadsheet as Mrs. Dix receives them. There will be paper copies for the students to pick up in the counseling office. The students are notified of scholarship opportunities in their google classroom as well as in the morning announcements. Please reach out to Mrs. Dix if there are any questions.

Upcoming ACT Dates

Test Date:	**Registration Deadline:**
*December 12, 2026	November 6, 2026

*See attached flyer for more information.

College Field Trips

https://docs.google.com/document/d/1PNPp89_b_80rVNM4cbVGJzhZDZiltTet2Fb92VwhqOk/edit?usp=sharing

11/11/26-State Technical College-See attached flyer

11/11/26- Missouri Baptist University/Maryville University/Lindenwood University-See attached flyer

College & Career Visitors

https://docs.google.com/document/d/1zk-eJ6wiQ__6ZyBBXCXR9QNIadubwEb0I2VsDOt2utM/edit?usp=sharing

10/30/26- Missouri Baptist University- 9am



Community Information

10/27/26-Flu Vaccine Clinic at the schools. See attached flyer.

10/31/26- Trunk or Treat at Hillsboro United Methodist Church. See attached flyer.

Trunk or Treats- all month-see attached flyer

12/3/26- Parent Info Night presented by Atlas Youth Outreach. Topics include Teen Mental Health and Communication with Teens. See attached flyer.

12/15/26- Christmas Party at the DeSoto VFW. See attached flyer

Local Food Resources

Gracelife Chapel- For Anyone
https://www.gracelifechapel.co/
1st Tuesday of the month at the DeSoto location, 5 pm
3rd Thursday of the month at the Pevely location, 5 pm
No Sign Up/No proof of income or identity required

Living Faith Food Pantry- For Anyone
Located at 2170 Buck Creek Rd, Festus 636-937-4999
Typically the 2nd Thursday of the month from 9am-noon
MUST REGISTER at
www.livingfaithministries.net
Follow Facebook page for more info

Hillsboro Food Pantry
10399 Business 21, Hillsboro
Every Thursday
https://hillsborofoodpantry.com/
636-789-5920
Follow Facebook

If you need help with something that is not listed above please contact Shannon Zimmerly at 636-789-0000, Ext. 1026 or zimmerly_shannon@hsdr3.org

Ongoing Support in Jeffco

Day of Week	Time	Location	Details	Questions?
Every Day (365 days per year)	**24/7**	**Compass- Behavioral Health Crisis Ctr** 222 North Mill Street, Festus, MO 63028	**Support for individuals 18+ in a crisis; Provides connection to long-term treatment and assistance for behavioral health areas of concern.**	**833-356-2427**
Every Monday-Saturday (weekly)	**10 am - 6 pm (Mon-Fri) & 11 am - 7 pm (Sat)**	**The Collective Recovery Community Ctr** 924 Jeffco Executive Dr., Imperial, MO 63052	**Skill-building workshops, support groups, and a welcoming space to connect, grow and heal.**	**314-912-9043**
Every Monday-Friday (weekly)	**8 am - 4 pm** (hours may vary slightly per location)	**Compass Health Network** *Multiple Locations in Jefferson County*	**Open Access: Allows clients to receive walk-in care, typically for behavioral health services, without needing a prior appointment.**	**844-853-8937**
Every Monday (weekly)	**11:30 am - 12:30 pm** (doors open at 9:00 am)	**First United Methodist Church of Festus** 113 Grand Avenue, Festus, MO 63028	**FREE Meal and Connection to Resources. EVERYONE IS WELCOME!**	**314-620-8365**
Every Tuesday (weekly)	**9 am** (first come, first serve basis)	**Chestnut Health Systems** 102 Fourth Street, Hillsboro, MO 63050	**Behavioral Health Walk in Clinic**	**636-638-2618**
Every Tuesday (weekly)	**11:30 am - 12:30 pm** (doors open at 9:00 am)	**The Salvation Army** 3740 Telegraph Road, Arnold, MO 63010	**FREE Meal, and Connection to Resources. EVERYONE IS WELCOME!**	**314-620-8365**
Every Thursday (weekly)	**1 pm - 3 pm**	**First Baptist Church of Festus** 107 N Truman Blvd, Festus, MO 63028	**FREE Meal, Shower, Essential Supplies and Connection to Resources. EVERYONE IS WELCOME!**	**636-937-3668**
Every Thursday (weekly)	**11:30 am - 12:30 pm** (doors open at 9:00 am)	**The Salvation Army** 3740 Telegraph Road, Arnold, MO 63010	**FREE Meal, and Connection to Resources. EVERYONE IS WELCOME!**	**314-620-8365**

Need To Find A Support Group or Treatment Options? Visit www.jeffcohealth.org/community-resources
("Click" Jeffco Resource Guide and go to the "Substance Use and Chemical Dependency Treatment" section)



COMPLETE ACT TEST DATE DATE SCHEDULE 2026-2027



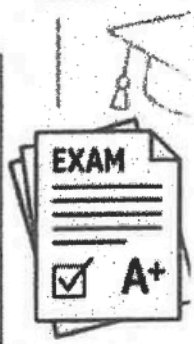
TEST PREP

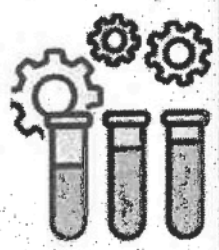
The ACT is offered 7 times per year at test centers across the United States. Scores are released approximately 2–4 weeks each test. Register through your MyACT account to secure your spot and find an approved test center near you.





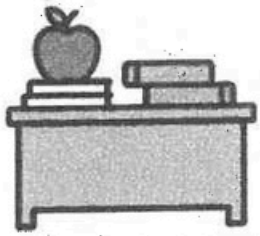
Test Date	Registration Deadline (Late fee applies after this date)	Late Deadline	Photo Upload & Standby Deadline	Paper Initial Score Release
September 19, 2026	August 14	September 1	September 14	October 6
October 17, 2026 •	September 11	September 29	October 12	October 27
December 12, 2026 •	November 6	November 29	December 7	December 22
February 27, 2027	January 22	February 9	February 22	March 16
April 10, 2027 •	March 5	March 23	April 5	April 20
June 12, 2027	May 7	May 25	June 7	June 23
July 10, 2027	June 4	June 22	July 5	July 20





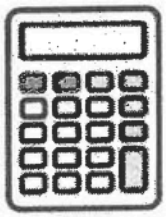


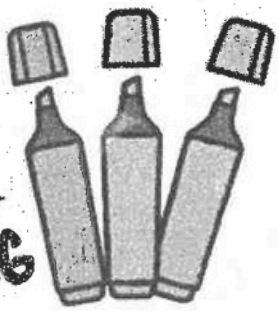












REGISTER NOW AT MYACT.ORG

• offered at Hillsboro in Oct., Dec. & April

Signing up for the ACT

- Go to actstudent.org
- Create an account and use a non-school email address. Store your account information in a safe place.
- Choose: "paper format" (most students do better with this format. Hillsboro is a paper only test center)
- Choose: " no writing" and "no science" unless you know that you need to take those for some reason.
- Choose: Hillsboro test center 240-690
- If you are on free/reduced lunch, come see Mrs. Dix for a fee waiver.
- The school district will reimburse you one time for the cost of the test. Reimbursement forms can be found with Mrs. Dix. You pay for the test first, and reimbursement is distributed after scores have been received by the school.
- If you are an athlete who needs to send scores to NCAA, use the code 9999
- If you have an IEP or a 504 plan, please come see Mrs. Dix to make sure that you register in a way to ensure you get your accommodations.



October 27th
6pm

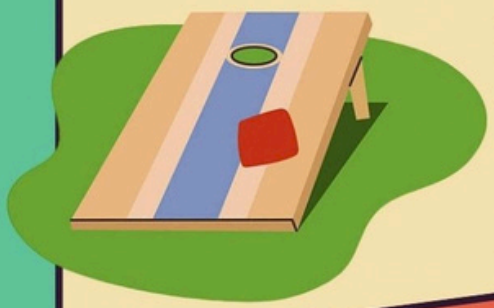
- Required for A+
- Please bring a copy of your parent/guardian 2025 tax return
- Need Social Security Number

At Hillsboro Intermediate - Board Room
10478 MO-21

The FAFSA for the school year 2026-2027 is open! Join us in the Intermediate Board Room and bring your own computer. We will have experts on hand to help you complete the form. All students taking the A+ scholarship or taking out grants or loans will need to do a FAFSA.

CREATE YOUR FAFSA ID AHEAD OF TIME TO ENSURE A SMOOTH PROCESS.

See Mrs. Dix for more information



HHS Presents

WIN PRIZES

Fall Festival October 27th

11:30am-1pm

EVENT QUALIFIERS:

- 90% ATTENDANCE
- No F's
- No Lunch Detentions
- No after School Detentions
- No ISS
- No Oss

- **Based on data from September 28th-October 23rd**

- Giant Yard Games
- Volleyball
- Cornhole
- Face Painting
- Petting Zoo
- Prize Giveaways

FOOD & DRINK TRUCKS

Flu Vaccine Clinic

Oct. 27th

Hillsboro School District

Hillsboro Students and Employees

Registration Required

Registration closes on Oct. 19th at 11:45PM

Hawks

Jefferson County Health Department


TRUNK OR TREAT
HILLSBORO UMC • 4810 HWY B
SATURDAY, OCT. 31ST · 5:00-8:00PM
FEATURING:
The BRUNCH BOX
ALLERGEN-FREE OPTIONS
ALL ARE WELCOME!



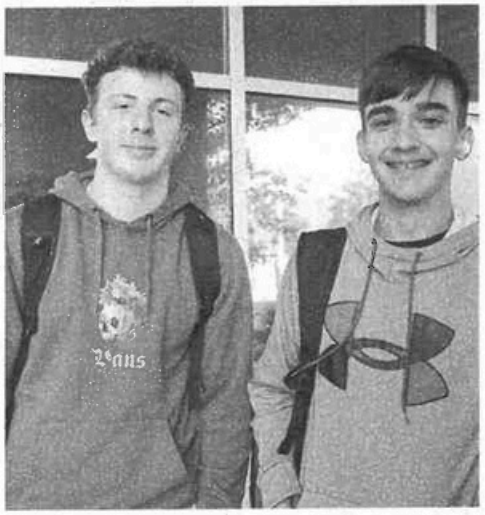
You Belong *Here!*



Evening Open House

at Jefferson College Arnold

Explore degree pathways, tour our facilities, and discover affordable ways to start your college journey.



Tuesday, Oct. 27

4 pm - 7 pm • 1687 Missouri State Road 63010

Why Attend?

Explore Top Programs

- **Health:** EMT/Paramedic, Nursing, Biotechnoloy, Radiologic Technology
- **Transfer Pathways:** General Studies, Business, Psychology, Education
- **Public Safety:** Law Enforcement Academy

Student Services Q&A

- Financial Aid
- Academic Success Center
- Accessibility Resource Office

Dual Enrollment Transition

- **High school students:** Learn how your early credits seamlessly transition into full-time degree programs.



Scan QR to RSVP

Questions? Contact Michael Gruzeski: (636) 481-3596 • mgruzesk@jeffco.edu

Jefferson College

1000 Viking Drive • Hillsboro, MO 63050 • jeffco.edu View the Jefferson College Non-Discrimination Policy: www.jeffco.edu/non-discrimination-policy
If accessibility services are needed, contact the Accessibility Resource Office, MH 104, (636) 481-3158 or aro@jeffco.edu (7 days advance notice required for sign language interpretation services). Requests received after that time cannot be guaranteed.


TRUNK OR TREATS
10.17- LUCAS-SMITH CHRYSLER, 7-9P
10.17- HERCULANEUM AMVETS, 5-8P
10.17- PANDA EXPRESS, 2-530P
10.17- LARRY CRITES PARK, 4-8P
10.23- ONE ASSEMBLY HERCULANEUM, 5-7P
10.24- AMERICAN LEGION FESTUS, 12-3P
10.24- MAIN STREET, 9-12P
10.25- SPORTS CLIPS CRYSTAL CITY, 6-730P
10.25- WESLEY UNITED METHODIST CHURCH 4-6P
10.25- RE/MAX FESTUS, 5-7P
10.26- SANDY VEST- STATE FARM FESTUS, 530-730P
10.30- VFW FESTUS, 4P
10.30- TWIN CITY LITTLE LEAGUE, 6-8P
10.31 WILLIAM C. HAGGARD PARK, 530-8P
Heather Bockhoff
REALTOR

3 COLLEGE TOURS IN 1 DAY!

Join HHS on Wednesday, November 11th, **2026** and tour 3 college campuses. We will have a bus of students leaving the high school at 8:30am and return around 4pm.

WHERE ARE WE GOING?

✓ **Maryville University**

Arrive at 9:30am
Depart at 10:30am

✓ **MO Baptist University**

Arrive at 10:45am
Depart at 11:45am

Stop for Lunch 12-1

✓ **Lindenwood University**

Arrive at 1:30pm
Depart at 2:30pm

Permission slips are in Infinite Campus. Go to Parent Portal, then school store, then High School Store. Please sign up **by November 9th**.

STATE TECH
LINN, MO

Wednesday, November 11th

Arrive at HHS between 7-7:15am
Bus will leave promptly at 7:30am
Wear comfortable clothes and shoes
Lunch is provided(pizza & a drink)
Return back to the high school around 4pm

ATLAS YOUTH OUTREACH PRESENTS:

Parent Info Night

Thurs, Dec 3rd

Atlas Youth Outreach Office
1515 Astra Way Arnold, MO 63010
5:00-6:30pm

Calling All Parents!

We invite all parents, guardians, and caregivers to attend our upcoming Parent Info night to discuss:

- Teen Mental Health
- Communication with Teens
- Q & A

Register Here:

ATLAS YOUTH OUTREACH
info@atlasyouthoutreach.org
www.atlasyouthoutreach.org
1515 Astra Way Arnold, MO 63010

Kaits Love For Jaxx
Foundation

HONORING THEIR MEMORY ♥ HELPING BRIGHTEN TOMORROWS

Because Every Child Deserves a Little Christmas Magic ♡

Christmas PARTY

JOIN US FOR A SPECIAL AFTERNOON OF HOLIDAY FUN!

SUNDAY, DECEMBER 13, 2026
1:00 PM – 5:00 PM

De Soto, Missouri VFW
1651 Veterans Dr, De Soto, MO 63020

COOKIES

JUICE

COLORING FOR THE KIDS



Santa will be giving kids Christmas presents! ♡

MAKING BRIGHTER TOMORROWS ONE CHILD AT A TIME ♡

PLEASE RSVP TO:
Tonya 618-225-9338 or Tabby +1 (618) 855-6430

SPONSORED BY:

Richard's Produce & BACKBONE FURNITURE