

Bobcat Soccer Camp

New Camp Format-
Monday – Thursday
9am-1pm
Lunch Break
(Free Bagged Lunch Provided)



July 6th-9th, 2026
Location-NAC High School
Ages: 6-14 Boys & Girls
9am-1pm

\$120 Per Camper (includes- Camp T-shirt + Soccer ball+
FREE Bagged Lunch)

Soccer Camp will be hosted at the NAC High School. With a very experienced staff, participants will have fun learning everything from the basics of soccer to the more advanced soccer skills. Soccer camp is a great opportunity to hang out with friends and stay active this summer. Participants will not only experience a week of incredible instruction, but will walk away with a camp T-shirt and soccer ball. **NEW THIS YEAR**- Campers will have an option to receive a bagged lunch all week (Monday- Thursday). This lunch is provided by Bobcats Soccer Camp/ NAC School at no extra cost. Our goal for this camp is to give every player a safe, fun, healthy learning experience no matter the player's previous experience and/or knowledge with soccer.

Contact Information

Coach Ian Spear
Phone Number: 518-594-7060
Email: ispear@nacs1.org

Things to Bring

(**Bold= Must Have**)

Comfortable clothing for the day

Footwear- cleats or sneakers (both if you have them)

Shin Guards

Sunscreen

Water Bottle (There will be places to refill throughout the day)

Snacks or Money for Snack Bar (Participants will have a chance to rest and refuel)

Bagged Lunch (Campers have an option of supplied bagged lunch (sandwich, fruit, and snack) or bagged lunch from home)

How to Sign Up

1. Complete Participants Sign Up Sheet (Below)
2. Include Cash or Check (If using a check please make sure it is made out to "Ian Spear" with Bobcats Soccer Camp in the memo line)

Options for Turning in Paperwork/Payment

1. Mail

Ian Spear

Northern Adirondack CSD

P.O. Box 164

Ellenburg Depot, NY 12935

2. Drop off at NAC High School Main Office

Participants Sign Up Sheet-

Name(s) - _____

Date of Birth- _____

Age- _____

Medical Waiver Form/Bagged Lunch Form (All campers must fill out before participation) -

This form will be sent to you after I receive the Sign Up Sheet and payment. This will also include a form for Bagged Lunch Option. It is important that we have all of these forms before June 18th (So the correct number of shirts, balls and lunches are available for all campers).

T-shirt Size (**Youth/Adult-S-XXL**)- _____

Parent or Guardian Name- _____

Email- _____

Phone number (best way to contact you) -

Emergency Contact (name)- _____

Phone Number- _____

Relationship to participant- _____

Include \$120 per participant (2 campers \$240, 3 campers \$360, etc.)

Methods of Payment

- Cash

- Check- Make check out to Ian Spear- in the memo line please include Bobcat Soccer Camp

Bobcat Soccer Camp Medical History/ Medical Waiver/ Bagged Lunch Survey

Participants Name- _____

Any Medical Concerns/Medication Requests- **YES or NO (circle one- If yes please explain in the lines below).**

Please note: If it is necessary for your child to take medication during camp hours, a doctor's order with a bottle of the ordered medication (prescription and/or over the counter) is required by New York State Law in order for the camp nurse to dispense it. In addition, a parent/guardian is required to transport medications to camp as they CANNOT be transported by campers at any time.



PLEASE Check this box and indicate if your camper has any food allergies below.

This is very important with the addition of a lunch break this year. Thank you

Bobcat Soccer Camp Medical Waiver

I _____ **(Parent/Legal Guardian of Participant)** understand that anyone associated with the Bobcat Soccer Camp and/or Northern Adirondack CSD is not responsible for accidents incurred as a result of participation in this program.

_____ **(Participants Name)** is in good health and able to participate in the physical activity of a vigorous program. In the event of injury or illness, the staff has my permission to provide medical care.

Signature of parent or legal guardian-

_____ Date _____

Bagged Lunch Option-

This year we will be scheduling a lunch break for all campers each day (Monday-Thursday). Bobcat Soccer Camp has collaborated with NAC to offer a free bagged lunch to any camper who applies for this service. Lunch will contain

- Sandwich (Turkey or Ham with cheese) with condiments
- Snack (bag of chips, fruit snacks, etc.)
- Piece of Fruit

If you are interested in your camper receiving a bagged lunch each day at camp please indicate below.

Participants Name _____

☐

Requests a bagged lunch

☐

DOES NOT request a bagged lunch