VOLUME 26 | ISSUE NO. 30 | APRIL 2026

THE METS PRESS

eStem Junior High Weekly Newsletter

IREADY STRETCH GROWTH INCENTIVE

What's New?

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We celebrated our students who met their stretch growth goals this past Thursday! They enjoyed popsicles in the breezeway, games, and time to celebrate their hard work. We are extremely proud of their growth and look forward to seeing their continued success on the upcoming ATLAS summative exam.

SHOWCASE NIGHT

SCAN ME!

Join us for our Junior High Showcase on Tuesday, April 21st from 5:00-6:00p.m. to get important info and prepare for the 2026–2027 school year.

Highlights:

- **Explore STEM & electives + student work**
- **Rising 6th: Course selection and meet 7th grade teachers**
- **7th grade: Meet 8th grade teachers**
- **8th grade: Meet Dr. Gipson & high school ambassadors**

Also available:

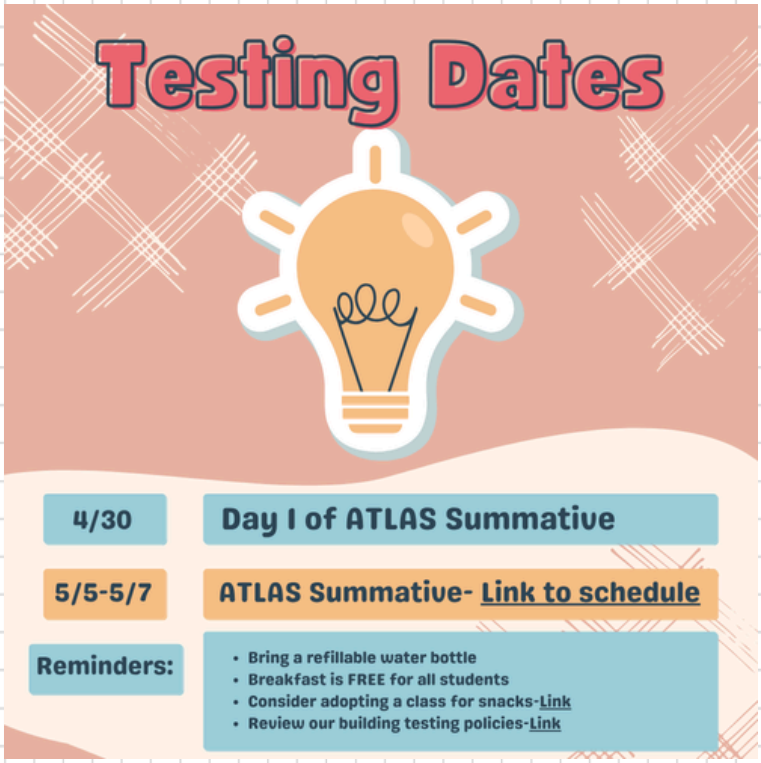
- **Course info, locker reservations (6th/7th), dance tickets (7th/8th), Kona Ice, clubs & sports info.**

Let us know you're coming by scanning the QR Code or clicking the image!

TEACHER APPRECIATION WEEK

Support Teacher Appreciation Week!
As Teacher Appreciation Week approaches, we want to show our gratitude to the amazing educators who make a difference in our children's lives every day. Your generous donations will help us provide thoughtful gifts and special treats to celebrate their hard work and dedication. Every contribution, big or small, makes an impact. Thank you for helping us honor our incredible teachers!
You can scan the QR code or click on the image to donate.

ATLAS SUMMATIVE TESTING



ATLAS Summative- Link to schedule

Reminders:

- **Bring a refillable water bottle**
- **Breakfast is FREE for all students**
- **Consider adopting a class for snacks-Link**
- **Review our building testing policies-Link**

DENTAL CLINIC

Arkansas Mission of Mercy is hosting their annual two-day FREE dental clinic in Conway this Saturday & Sunday! All services are provided FREE OF CHARGE. There is no eligibility, insurance or income requirements and open to any child or adult. Click link below for more information on registration details.
http://arkmissionofmercy.com/

Join us for free dental services

April 12-13, 2024

Conway Expo & Event Center
2505 East Oak Street
Conway, AR 72032

For more information, go to **www.armom.org**

- Open to any child or adult.
- **No eligibility**, **insurance**, or **income requirements.**
- Things that could prevent you from treatment are fever, uncontrollable/abnormally high blood pressure, uncontrollable/abnormally high blood sugar; or history of excessive bleeding.
- **When should I go to ARMOM?**
  Doors open at 6 a.m. People usually begin lining up much earlier.
- **If I am under 18, do I need to bring a parent or guardian with me?**
  Yes. All children must be with a legal guardian until treatment is finished. Guardians cannot be treated the same day as his or her children unless another adult is present to watch the children.
- **My entire family needs treatment. Is that possible?**
  Yes. A guardian must be with children under age 18 at all times.
- **Do I pay for any services?**
  No. It's completely free.
- Doors open **6 a.m.**
- No appointments needed—**first-come, first-served.**
- Services include **cleanings**, **fillings, and extractions**.
  Due to limited time, no impacted wisdom teeth.

Arkansas Mission of Mercy
"Touching Lives"

Presenting Sponsors:

ASDA Arkansas State Dental Association

DELTA DENTAL

CARE SOLACE

Dear students and families,

When you or a family member needs help, it's hard to know where to turn. In an effort to ease the burden of finding the mental health and substance use services you need, we have partnered with Care Solace, your central hub of care.

With a network of over 700,000 providers and services, Care Solace will help you find the right help at the right time, 24/7/365, at no cost to you. They will connect you with providers accepting all medical insurances, including Medicaid, Medicare, and sliding scale options for those without insurance.

You can access Care Solace services in three ways:

- Call 888-515-0595 at any time. Multilingual support is available 24/7/365. A dedicated Care Companion will help you every step of the way to research options, secure appointments, and follow up to make sure it is a good fit.
- Search anonymously to get matched with an extensive list of care providers at caresolace.com/**epcs**
- Contact your school health professional, and they will submit a referral on your behalf.

Scan to save Care Solace's number

No matter what you're experiencing, **there is hope and help**. We are confident that our new partnership with Care Solace will help us build a healthier, more vibrant school community.

If you have a life-threatening emergency, please call 9-1-1 or The Suicide and Crisis Lifeline at 9-8-8. Care Solace is not an emergency response service or mental health services provider.

OUR CLUB YOUTH PROGRAM

This is a free program that operates after school, during breaks and the summer.

Our Club Youth Program

STEM • Arts • Cultural Enrichment • Life Skills • Health & Fitness • Summer Program • Family Fun Nights

What We Do

Our Club is an out-of-school time program for homeless and near-homeless youth in K-12th grade, serving youth after-school, on school-out days, and in the summertime. Our Club youth boost their academic performance by receiving daily homework help and participating in activities that increase their knowledge and skills in our five key areas. Our staff integrates Youth Voice into programming, and our youth have opportunities to assist in the design and implementation of activities in which they participate.

There is no cost to participate in Our Club.
Transportation to Our Club is available for schools surrounding Our House.
Snacks and a supper are also provided at no cost.

Our Approach

Our Club staff has been trained in SPARK, an evidence-based mentoring program that increases mental well-being, resilience, and impulse control while helping students build critical life skills such as communication, problem-solving, and decision making.

Summer Program

Our Summer Program strives to be an educational, enriching, and uplifting experience for homeless and near-homeless youth that will prevent summer learning loss, while also providing a fun, social setting. Throughout the summer, youth participate in enrichment activities in STEM, arts, life skills, fitness, and more. Youth also attend field trips all over Central Arkansas during the program!

(501) 374-7383 x218 for questions or to enroll

School Days
2:30p – 6:00p
Monday – Friday

School Out Days
7:30a – 5:30p
Monday – Friday

Learn more at ourhouseshelter.org/ourclub

Get Involved

Tutor students, provide homework help, lead a club, or provide a meal for Family Fun Night! Call us at (501) 374-7383 x184 or email volunteer@ourhouseshelter.org to get involved!

Our House
HOME TO NEW BEGINNINGS

302 E Roosevelt Rd • PO Box 34155, Little Rock AR 72203 • (501) 374-7383 • ourhouseshelter.org

Our Club Programa Juvenil

STEM • Artes • Enriquecimiento cultural • Programa de verano
Salud y aptitud física • Habilidades para la vida
Noches de diversión familiar

Qué Hacemos

Our Club es un programa extraescolar para jóvenes sin hogar o casi sin hogar en Grados K-12, que atienden a jóvenes después de la escuela, en los días sin clases y durante el verano. Los jóvenes de Our Club potencian su rendimiento académico al recibir ayuda de tareas diarias y participando en actividades que aumenten sus conocimientos y habilidades en nuestras cinco áreas clave. Nuestro personal integra Youth Voice en la programación y nuestros jóvenes tienen oportunidades para ayudar en el diseño e implementación de actividades en las que participar.

No hay ningún costo para participar en Nuestro Club.
El transporte a Our Club está disponible para las escuelas que rodean Our House.
También se proporcionan meriendas y cenas sin costo alguno

Nuestro Enfoque

El personal de Our Club ha sido capacitado en SPARK, un programa de mentoría basado en evidencia que aumenta el bienestar mental, la resiliencia y el control de los impulsos, mientras ayuda a los estudiantes a desarrollar habilidades críticas para la vida, como la comunicación, la resolución de problemas y la toma de decisiones.

Programa de Verano

Nuestro programa de verano se esfuerza por ser una experiencia educativa, enriquecedora y edificante para jóvenes sin hogar y casi sin hogar que evitará la pérdida de aprendizaje durante el verano, mientras también proporciona un entorno social y divertido. Durante todo el verano, los jóvenes participan en actividades de enriquecimiento en STEM, artes, habilidades para la vida, aptitud física y más. ¡Los jóvenes también asisten a viajes por todo el centro de Arkansas durante el programa!

(501) 374-7383 x218 para preguntas o para inscribirse

Días escolares
2:30p – 6:00p
Lunes – Viernes

Días fuera de la escuela
7:30a – 5:30p
Lunes – Viernes

Aprende mas en ourhouseshelter.org/ourclub

Involucrarse

Tutorizar a los estudiantes, proporciona ayuda con la tarea, dirige un club o proporciona una comida para la diversión familiar. Llámanos al (501) 374-7383 x184 o mandenos un correo electrónico a volunteer@ourhouseshelter.org para involucrarse.

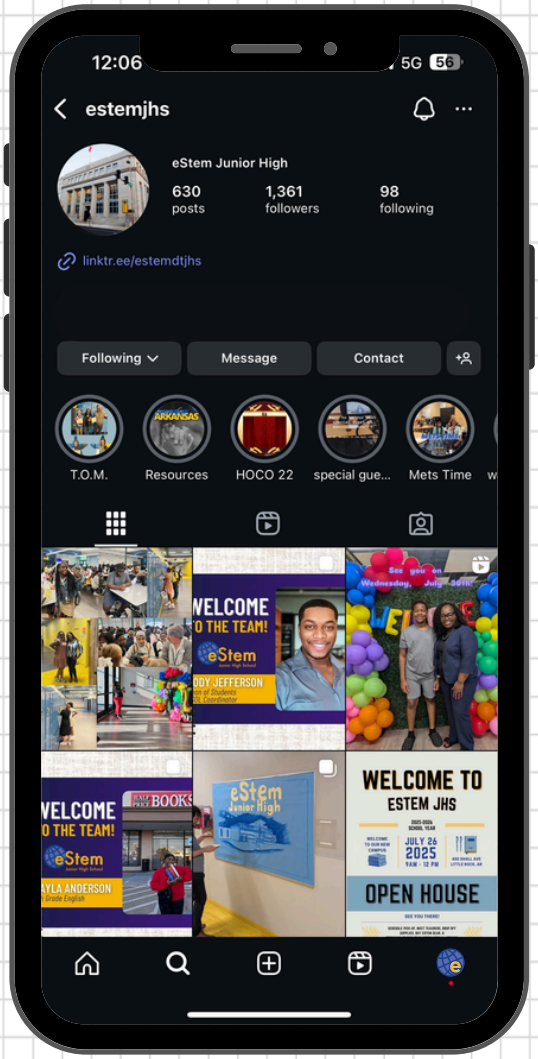
Our House
HOME TO NEW BEGINNINGS

302 E Roosevelt Rd • PO Box 34155, Little Rock AR 72203 • (501) 374-7383 • ourhouseshelter.org

OPEN ENROLLMENT INFORMATION

Open Enrollment for NEW students for the 2026-27 school year is January 17 – February 17! If you are interested in your child attending eStem for the upcoming school year or you know someone who is, now is the time to submit your application! We would LOVE to have your child join our eStem family for the upcoming school year, so apply today! Click here to learn more about our Admissions process and submit an application!
https://www.estemschools.org/page/admissions-applications
This is for new students only!

Returning student registration will be coming soon.



Stay informed on all school activities by following us on Instagram!

@estemjhs

IMPORTANT REMINDERS

- Bell Schedule
- Dress code
- 25-26 School Calendar
- 25-26 Dismissal Form
- **To update your contact information, i.e. home address, phone number, email address, please email rebecca.roseberry@estemschools.org**
- **To report your child's absence, please email jhsattendance@estemschools.org**
- **If you are needing your HAC (Home Access Center) information, please complete the Parent HAC Password Reset**

STUDENT ID BADGES

ALL Students should have received their Student IDs.
Please ensure that your student brings their ID with a lanyard each day. The expectation is that students wear their IDs around their necks every day while on campus. The cost to replace a lost Student ID is $11 via MySchoolBucks.
Your support in reminding them to bring their ID daily is greatly appreciated!

Hall Sweeps

Students have three minutes to transition to each class, and we want to help our students understand the importance of punctuality. When we conduct hall sweeps, students are made aware well in advance to make sure to be on time to avoid an automatic detention. Should your student experience an issue during a certain transition, please email Cody.Jefferson@estemschools.org about that particular transition time.

APRIL EVENTS

April

Month of the Military Child
1: Paraprofessional Appreciation Day

6-10: Assistant Principal's Week

8-9: iReady

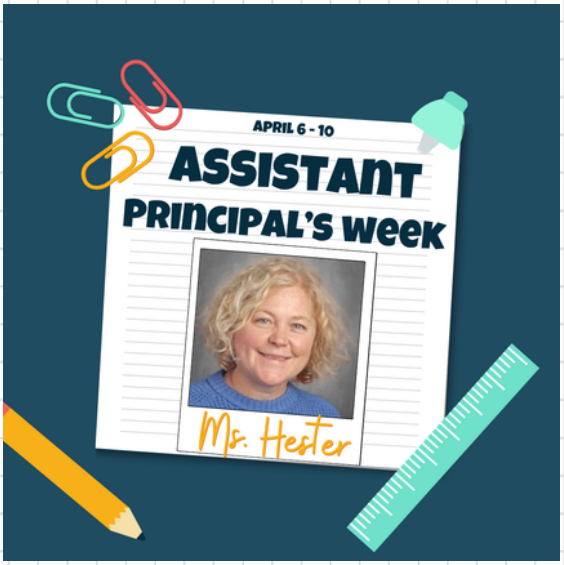
10: Parents Night Out
District Purple Up Day

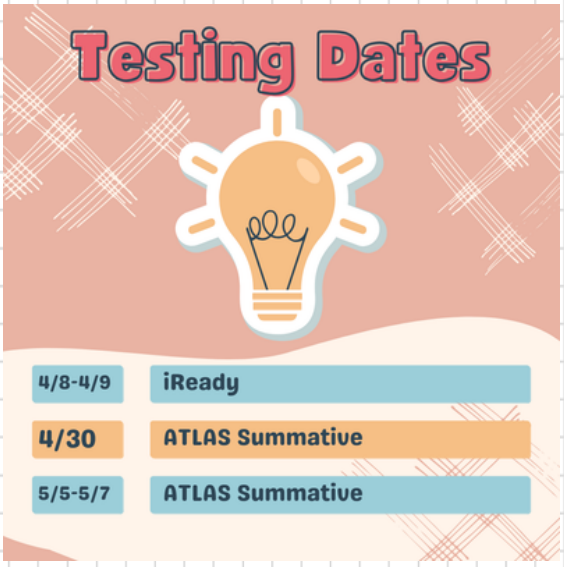
16: Board Meeting

21: eJH Showcase Night

22: Administrative Professionals Day
Earth Day

30: ATLAS Summative





WHAT'S FOR LUNCH?

The Week of April 20-24

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti & Meatballs OR Popcorn Chicken with Roll OR Ham & Cheese Sliders Fruit Milk	Cheesy Nachos OR Hamburger OR Turkey & Cheese Sub Mexican Black Beans Fruit Milk	Chicken or Vegetarian Nuggets OR Veggie Ranch Wrap Sweet Potato Fries Fruit Milk	Grilled Cheese Sandwich OR Chef Salad with Crackers Zingy Fries Fruit Milk	Sausage or Cheese Pizza OR Turkey & Cheese Wrap Peas & Carrots Fruit Milk

NOTES FROM THE NURSE

If your child has any cold or flu-like symptoms, please keep them home.

Your student may return to school when they are symptom free without medicine for 24 hours or as directed by your physician. Please consider contacting your child's doctor, and please share any test results and doctor's notes with the school nurse at Krista.Duncan@estemschools.org

Please call or email with any concerns or questions.
Krista.Duncan@estemschools.org