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Transitions Center Fall Menu 2026



The Transitions Center offers healthy meals to every student, every school day. All students qualify for a free breakfast and lunch for the 2025/2026 school year. Daily breakfast is served with fruit, assorted 100% fruit juice, and 1% white milk. For lunch, students get a choice of a hot or cold option, the sides offered and 1% white or chocolate milk. Peanut butter & jelly is offered daily. Food service at the Transitions Center is managed by Chartwells Schools Dining Services. If you have any questions regarding food service, contact Margarette Stephens, Food Service Director at (989) 752-2193.

Menu is subject to change. Our menu is on a four week, rotating schedule. Use the schedule on the bottom to determine what is on the menu for each week.

Menu can be found on our website at https://sisd.cc/page/transitions-center-school

	Monday 9/14, 10/12	Tuesday 9/15, 10/13	Wednesday 8/19, 9/16, 10/14	Thursday 8/20, 9/17, 10/15	Friday 8/21, 9/18, 10/16
Breakfast *Milk & Juice available*	Muffin served with a cheese stick served w/fruit	Pancake/Sausage w/ syrup served w/fruit	Cherry or Apple Frudel served w/fruit	Breakfast Sandwich served w/fruit	Choice of cereal served w/ fruit
Hot Lunch Option	Beef Nachos served with Refried Beans, Salsa and Sour Cream	Sloppy Joe Served with Potato Smiles and Carrots	Generals Chicken served with Fried Rice, Broccoli and a Fortune Cookie	Chicken Patty on WG bun served with Tater Tots and Peas	BBQ Rib Sandwich with French Fries and California Blend Veggies
Cold Lunch Option	Three Meat Sub	Turkey Club Wrap	Three Meat Sub	Turkey Club Wrap	Fruit Parfait with Granola
Lunch Side Items	Bean Salad, Pepper slices and various fruit	Broccoli Salad, Cucumber slices and various fruit	Carrots, Broccoli bites and various fruit	Garden Salad, Celery sticks and various fruit	Pea Salad, Vegetarian Beans and various fruit

	Monday 8/24, 9/21, 10/19	Tuesday 8/25, 9/22, 10/20	Wednesday 8/26, 9/23, 10/21	Thursday 8/27, 9/24, 10/22	Friday 9/25, 10/23
Breakfast *Milk & Juice available*	PopTart served w/fruit	French Toast w/ Syrup served w/fruit	NutriGrain Bar served w/fruit	Egg & Cheese Omelette and Toast served w/fruit	Choice of Cereal served w/fruit
Hot Lunch Option	Breaded Chicken Drumstick served with Mashed Potatoes, Corn and a Biscuit	Hot Dog served with Onion Rings and Baked Beans	Chicken Alfredo served with Broccoli and Garlic Bread	Hot Turkey Swiss on a Pretzel Bun served with California Blend Veggie	Chicken Quesadilla served with Refried Beans Salsa and Sour Cream
Cold Lunch Option	Tuna Sandwich	Ham & Cheese Wrap	Chicken Salad Croissant	Ham & Cheese Wrap	Fruit Parfait with Granola
Lunch Site items	Pea Salad, Carrots and various fruit	Fresh sliced Cucumbers and various fruit	Side Salad, Celery sticks and various fruit	Broccoli Salad, fresh sliced Peppers and various fruit	Bean Salad, Spinach and various fruit

	Monday 8/31, 9/28, 10/26	Tuesday 9/01, 9/29, 10/27	Wednesday 9/2, 9/30, 10/28	Thursday 9/3, 10/1, 10/29	Friday 10/2, 10/30
Breakfast *Milk & Juice available*	Benefit Bar served w/fruit	Breakfast Pizza served w/fruit	Bagel & Cream Cheese served w/fruit	Breakfast Burrito served w/fruit	Choice of cereal served w/fruit
Hot Lunch Option	Chicken Crispito served with Refried Beans and Southwest Corn	Cheeseburger served with Baked Beans and French Fries	Pulled Pork on WG Bun served with Sweet Potato Fries and Spinach	Pizza served with warm Cinnamon Apples and California Blend Veggies	Chili with Baked Potato and cornbread
Cold Lunch Option	Egg Salad Sandwich	Roast Beef & Cheese Sub	Buffalo Chicken Salad Wrap	Roast Beef & Cheese Sub	Fruit Parfait with Granola
Lunch Side items	Kidney Bean Salad, Cucumber and various fruit	Pea Salad, fresh pepper slices and various fruit	Cole slaw, Celery sticks and various fruit	Side salad, Carrots and various fruit	Cole slaw, Vegetarian Beans and various fruit

	Monday 10/5	Tuesday 9/8, 10/6	Wednesday 9/9, 10/7	Thursday 9/10, 10/8	Friday 9/11, 10/9
Breakfast *Milk & Juice available*	Yogurt served with crackers and string cheese	Waffle w/ syrup served w/fruit	Cini Minis served w/fruit	Breakfast Sandwich served w/fruit	Choice of cereal served w/fruit
Hot Lunch Option	Spaghetti w/Meat Sauce served with Zucchini and Garlic Bread	Meatloaf served with Mashed Potatoes, Green Beans and WG Dinner Roll	Philly Cheesesteak served with French Fries and Zucchini	Chicken Tenders served with Sweet Potato Fries and Corn on the cob	Corn Dog served with Onion Rings and Baked Beans
Cold Lunch Option	Turkey Sandwich	Egg Salad Sandwich	Chicken Wrap	Fruit Parfait with Granola	Ham Sandwich
Lunch Side items	Bean Salad, Pepper slices and various fruit	Broccoli Salad, Cucumber slices and various fruit	Carrots, Broccoli bites and various fruit	Garden Salad, Celery sticks and various fruit	Pea Salad, Vegetarian Beans and various fruit

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WEEKLY SCHEDULE

chartwells
serving up happy & healthy

Aug 17, 2026	**Aug 24, 2026**	**Aug 31, 2026**	**Sept 7, 2026**
Sept 14, 2026	**Sept 21, 2026**	**Sept 28, 2026**	**Oct 5, 2026**
Oct 12, 2026	**Oct 19, 2026**	**Oct 26, 2026**	

We are an equal opportunity provider.