

Nutrition Tip: It has been proven that eating a great healthy breakfast in the morning gives you more energy to fuel your day. Come and enjoy and great healthy breakfast here at I-35 CSD! **WG=Whole Grain**

Interstate 35 CSD Prk-12

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG Combo Breakfast Bar Fruit/Fruit Juice Milk 02	WG Pancake Puff Bites Fruit/Fruit Juice Milk 03	WG Cherry Frudel Fruit/Fruit Juice Milk 04	WG Mini Cinnamon Sugar Donuts Fruit/Fruit Juice Milk 05	**No School** 06
WG Breakfast Pizza Fruit/Fruit Juice Milk 09	WG Strawberry Cream Cheese Bagel Pull-Apart Fruit/Fruit Juice Milk 10	WG Banana Muffin Fruit/Fruit Juice Milk 11	WG Long John Donut Fruit/Fruit Juice Milk 12	WG Blueberry Snack N Waffle Fruit/Fruit Juice Milk 13
WG Roadrunner Cheesy Potato Bites Fruit/Fruit Juice Milk 16	WG Double Chocolate Chip Muffin Fruit/Fruit Juice Milk 17	WG Cinnamon Bagel Pull-Apart Fruit/Fruit Juice Milk 18	WG Breakfast Empanada Fruit/Fruit Juice Milk 19	WG Apple Frudel Fruit/Fruit Juice Milk 20
WG Maple Buttery Snack N Waffle Fruit/Fruit Juice Milk 23	WG Cinnamon Cream Cheese Bagel Pull Apart Fruit/Fruit Juice Milk **2hr Early Out** 24	**No School** 25	 26	**No School** 27
WG Combo Breakfast Bar Fruit/Fruit Juice Milk 30				



Breakfast information: Fruit is offered for breakfast. We also offer 100% fruit juice which may be counted for ½ cup of fruit.

This institution is an equal opportunity provider / Menu is subject to change without notice.

NOVEMBER 2026



I-35 Preschool

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG Chicken Tenders Cherry Star Vegetable Juice Peaches Milk **Family Style Serve Day** 02	WG Sausage Pizza Romaine Salad Fresh Apple Slices Milk 03	BBQ Rib Patty on a WG Bun Baked Beans Pineapple Milk 04	WG Garlic Cheese Sticks Marinara Sauce Baby Carrots Fruit Punch Frozen Fruit Cup Milk 05	**NO SCHOOL** 06
Beef Softshell Taco Refried Beans Cherry Mixed Fruit Milk 09	WG Chicken Bites Romaine Salad Fresh Apple Slices Milk 10	**Veterans Day** Hamburger Patty on a WG Bun Potato Wedges Berry America Frozen Fruit Cup Milk 11	WG Pork Patty on a WG Bun Dragon Punch Vegetable Juice Banana Milk 12	**No Preschool** 13
Hot Dog on a WG Bun Fiesta Beans Pineapple Milk 16	WG Chicken Patty on a WG Bun Romaine Salad Peaches Milk 17	Turkey Gravy Mashed Potatoes Fruit Juice WG Bread & Butter Milk 18	WG Hot Ham & Cheese Sandwich Baby Carrots Strawberry Jell-O Applesauce Milk 19	**No Preschool** 20
Taco Casserole Refried Beans Cherry Mixed Fruit WG Bread & Butter Milk 23	WG Corndog Dragon Punch Vegetable Juice Fresh Apple Slices Milk **2hr Early Out** 24	**NO SCHOOL** 25	 26	**NO SCHOOL** 27
WG Chicken Nuggets Cheesy Broccoli Peaches Milk 30				



Lunch Information: Preschool, Elementary and Secondary menus may vary due to nutritional requirements.

NOVEMBER 2026



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I-35 Elementary (K-6th)

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG Chicken Tenders Cherry Star Vegetable Juice Peaches Milk 02	WG Sausage Pizza Romaine Salad Fresh Apple Slices Milk 03	BBQ Rib Patty on a Hoagie Bun Baked Beans Pineapple Milk 04	WG Garlic Cheese Sticks Marinara Sauce Baby Carrots Fruit Punch Frozen Fruit Cup Milk 05	**NO SCHOOL** 06
Beef Softshell Taco Refried Beans Cherry Mixed Fruit Milk 09	WG Chicken Bites Romaine Salad Fresh Apple Slices Milk 10	**Veterans Day** Hamburger Patty on a WG Bun Potato Wedges Berry America Frz Fruit Cup Milk 11	WG Pork Patty on a WG Bun Dragon Punch Vegetable Juice Banana Milk 12	WG Pepperoni French Bread Marinara Sauce Baby Carrots Mandarin Oranges Milk 13
Hot Dog on a WG Bun Fiesta Beans Pineapple Milk 16	WG Chicken Patty on a WG Bun Romaine Salad Peaches Milk 17	Turkey Gravy Mashed Potatoes Fruit Juice/Cranberry Sauce WG Bread & Butter WG Chocolate Chip Cookie Milk 18	WG Hot Ham & Cheese Sandwich Baby Carrots Strawberry Jell-O Applesauce Milk 19	WG Pizza Cheese Crunchers Marinara Sauce Cherry Star Vegetable Juice Pears Milk 20
Taco Casserole Refried Beans Cherry Mixed Fruit WG Bread & Butter Milk 23	WG Corndog Dragon Punch Vegetable Juice Fresh Apple Slices Milk **2hr Early Out** 24	**NO SCHOOL** 25	 26	**NO SCHOOL** 27
WG Chicken Nuggets Cheesy Broccoli Peaches Milk 30				



The alternate meal options for 7th-12th grades are listed on the HS kitchen white board. Add at least ½ cup of vegetable and/or ½ cup of fruit to one of the alternate meal options to equal a school reimbursable lunch.

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Lunch Information: Prk, Elementary and Secondary menus may vary due to nutritional requirements. Fresh, alternate vegetables and fruits are offered daily on our "Vegetable & Fruit Bars".
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I-35 Secondary (7th-12th)

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG Chicken Tenders Cherry Star Vegetable Juice Peaches WG Goldfish Crackers Milk 02	WG Sausage Pizza Romaine Salad Fresh Apple Slices Milk 03	BBQ Rib Patty on a WG Hoagie Bun Baked Beans Pineapple Milk 04	WG Garlic Cheese Sticks Marinara Sauce Baby Carrots Fruit Punch Frozen Fruit Cup Milk 05	**NO SCHOOL** 06
Beef Softshell Taco Refried Beans Cherry Mixed Fruit WG Tortilla Chips Milk 09	WG Chicken Bites Romaine Salad Fresh Apple Slices WG Bug Bites Milk 10	**Veterans Day** Hamburger Patty on a WG Bun Potato Wedges Berry America Frzn Fruit Cup Milk 11	WG Pork Patty on a WG Bun Dragon Punch Veg Juice Banana Milk 12	WG Pepperoni French Bread Marinara Sauce Baby Carrots Mandarin Oranges Milk 13
Hot Dog on a WG Bun Fiesta Beans Pineapple Milk 16	WG Chicken Patty on a WG Bun Romaine Salad Peaches Milk 17	Turkey Gravy Mashed Potatoes Fruit Juice/Cranberry Sauce WG Bread & Butter WG Choc Chip Cookie Milk 18	WG Hot Ham & Cheese Sandwich Baby Carrots Strawberry Jell-O Applesauce Milk 19	WG Pizza Cheese Crunchers Marinara Sauce Cherry Star Vegetable Juice Pears Milk 20
Taco Casserole Refried Beans Cherry Mixed Fruit WG Bread & Butter Milk 23	WG Corndog Dragon Punch Vegetable Juice Fresh Apple Slices Milk **2hr Early Out** 24	**NO SCHOOL** 25	 26	**NO SCHOOL** 27
WG Chicken Nuggets Cheesy Broccoli Peaches WG Goldfish Crackers Milk 30				



Alternate meal options for 7th – 12th grades are listed on the HS kitchen white board. Add at least ½ cup of vegetable and/or ½ cup of fruit to one of the alternate meal options to equal a school reimbursable lunch.

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