REPUBLIC COUNTY U.S.D. NO. 109
BREAKFAST AND LUNCH MENUS AND ACTIVITIES
NOVEMBER 9, 2026 – NOVEMBER 16, 2026
FOOD SERVICE – Reminder your child has a choice of different Entrées for lunches.
Milk is also available with each meal

MENUS can be found on the school's web page. Or download MY School Menus in the mobile app in the iTunes Store or the Google Play store. http://myschoolmenus.com

HEALTHY TIP: -- Everyday ways to be positive. Ask about your child's school day & homework. Talk about what your child did and learned in school. Set aside time and a quiet place for them to do any homework they may have. Some children want to do their work all on their own. Others may need some guidance. Remember it's OK, if you don't know all the answers. No one does – except the teacher.

FALL BUFFER WEEK for High School Activities – Monday, November 9 – Sunday, November 15, 2026.

MONDAY, NOV. 9:

MENUS: **http://myschoolmenus.com**

BREAKFAST: Both – Pancakes, Assorted Cereal w. Toast, Fruit and Yogurt Parfait w. muffin, Egg, Bacon And Cheese Bagel, Fresh Fruit, fruit Juice, Milk

LUNCH: East – TEXAS Breakfast Burrito, Corn Dog, Turkey Club Sub, Chicken Bacon Ranch Salad, Fresh Garden Salad, Tater Tots, Fresh Fruit, Chilled Fruit, Cornbread, Milk
Jr/Sr HS – TEXAS Breakfast Burrito, Corn Dog, Pizza Bar, Sub Bar, Garden Fresh Salad Bar w. Cornbread, Fresh Garden Salad, Tater Tots, Chilled Fruit, Fresh Fruit, Milk

ACTIVITTIES:
ADM: **Board of Education Meeting, District office, 6:30pm**
RC: JR/SR HS: Activity Period – FBLA
FBLA Women in Business @KSU, 6:30am – 4pm
JH BB vs. Ellsworth, HERE, 4:30pm
Play Rehearsal – Blair Theatre – 7-9pm
Play Tech Rehearsal – Blair Theatre – 5-10pm
EAST: Belleville After School Program – 3:30pm – 5:30pm
East Site council – East Library, 5pm

TUESDAY, NOV. 10:

MENUS: **http://myschoolmenus.com**

BREAKFAST: Both – Tot n Egg Casserole w. Muffin Square, Assorted Cereal, Fruit and Yogurt Parfait w. muffin, French Toast Sticks, Chilled Fruit, Fruit Juice, Milk

LUNCH: East – Chicken Nachos w. White Queso, Tenders w. Garlic Toast, Pizza Munchable, Pulled Pork Apple Salad, Fresh Garden Salad, Cowboy Beans, Fresh Fruit, chilled Fruit, Fruit Muffin, Milk
Jr/Sr HS – Chicken Nachos w. White Queso, Tenders w. Garlic Toast w. Seasoned Fries, Pizza Bar, Sub Bar, Garden Fresh Salad Bar and Fruit Muffin, Fresh Garden Salad, Cowboy Beans, Chilled Fruit, Fresh Fruit, Milk

ACTIVITIES:
RC: JR/SR HS: Activity Period – FFA Officers
Jr/High BB vs. Pike Valley, 4:30pm, dismiss 3:15pm, leave 3:30pm
FFA Meats Judging, Abilene, leave 7am
Play Tech Rehearsal – Blair Theatre – 5-10pm
Play Rehearsal – Blair Theatre – 7-9pm
EAST: Belleville After School Program – 3:30pm – 5:30pm

WEDNESDAY, NOV. 11:

MENUS: **http://myschoolmenus.com**

BREAKFAST: Both – Strawberry Shortcake Biscuit, Assorted Cereal w. Cinnamon Toast, Waffles, Toppings, Fruit and Yogurt Parfait, Mini French Toast, Chilled Fruit, Fruit Juice, Milk

LUNCH: East – Chicken Patty, Grilled Ham and Cheese Sandwich, BLTE Salad, Peanut Butter And Jelly Sandwich, Mashed Potatoes, Fresh Garden Salad, Glazed Carrots, Fresh Fruit, Chilled Fruit, Hot Roll, Milk
Jr/Sr HS – Chicken Patty w. Hot Roll, Grilled Ham and Cheese Sandwich, and Seasoned Fries, Pizza Bar, Sub Bar, Garden Fresh Salad Bar and Fruit Muffin, Fresh Garden Salad, Cowboy Beans, Chilled Fruit, Fresh Fruit, Milk

ACTIVITIES:
RC: JR/SR HS: Activity Period – FFA
Beloit Veterans Day Parade, 11am, leave 8am
Veteran's Day Parade, downtown Belleville, 2pm
EAST: 5th Grade Veteran's Program
Veteran's Day Parade, downtown Belleville, 2pm
Belleville After School Program – 3:30pm – 5:30pm
East BLT, 3:45pm
East Elementary PTO, 5:30pm

THURSDAY, NOV. 12:

MENUS: http://myschoolmenus.com

BREAKFAST: Both – Fruit and Yogurt Parfait w. Muffin Square, Assorted Cereal, Breakfast Taco, Chilled Fruit, Fruit Juice, Milk

LUNCH: East – Rattlesnake Pasta, Cheeseburger, Honey Mustard Chicken Salad, Nacho Munchable Fresh Garden Salad, Corn, Fresh Fruit, Chilled Fruit, Italian Bread, Milk

Jr/Sr HS – Rattlesnake Pasta w. Italian Bread, Cheeseburger and Seasoned Fries, Pizza Bar, Sub Bar, Garden Fresh Salad Bar, w. Italian Bread, Fresh Garden Salad, Corn, Chilled Fruit, Fresh Fruit, Milk

ACTIVITIES: **RC: JR/SR HS**: Activity Period – HS Stuco
JH BB vs. Lyons, HERE, 4:30pm
FHSU Math Relays, leave 6am
Play Tech Rehearsal—Blair Theatre – 5-10pm
Play Rehearsal – Blair Theatre – 7-9pm

EAST: Belleville After School Program – 3:30pm – 5:30pm

FRIDAY, NOV. 13:

MENUS: **http://myschoolmenus.com**

BREAKFAST: Both – Biscuits & Gravy w. Sausage Patty, Assorted Cereal and toast, Fruit and Parfait Yogurt, w. Muffin, Sausage Biscuit, Chilled Fruit, Fruit Juice, Milk

LUNCH: East – Mini Meatball Pizza, Hot Dog, Caesar Salad, Ham & Cheese Sandwich, Fresh Garden Salad, Fresh Broccoli, Fresh Fruit, Chilled Fruit, Focaccia Bread, Milk

Jr/Sr HS – Loaded Baked Potato w. Focaccia Bread, Hot Dog and Seasoned Fries, Pizza Bar, Sub Bar, Garden Fresh Salad Bar w. Focaccia Bread, Fresh Garden Salad, Fresh Broccoli, Fresh Fruit, Chilled Fruit, Milk

ACTIVITIES: **RC: JR/SR HS:** Activity Period – KAYS Officers
Seminar Period – FBLA
RCHS Fall Play @Blair Theatre, 7pm

EAST: Belleville After School Program – 3:30pm – 5:30pm

SATURDAY, NOV. 14: FBLA Mini Conference @Lincoln/Omaha, leave 8am
RCHS Fall Play @Blair Theatre, 7pm

,

MONDAY, NOV. 16:

MENUS: **http://myschoolmenus.com**

BREAKFAST: Both – Egg, Bacon and Cheese Bagel, Assorted Cereal w. Cinnamon Toast, Fruit and Yogurt Parfait w. muffin, Fresh Fruit, Chilled Fruit, Milk

LUNCH: East – Dumplings, Corn Dog, Pizza Munchable, Cobb Salad, Fresh Garden Salad, French Fries, Fresh Fruit, Chilled Fruit, Italian Bread, Milk

Jr/Sr HS – TEXAS – Breakfast Burrito, Corn Dog, Pizza Bar, Sub Bar, Garden Fresh Salad Bar w. Cornbread, Fresh Garden Salad, Tater Tots, Chilled Fruit, Fresh Fruit, Milk

ACTIVITTIES: **RC: JR/SR HS:** Activity Period – NHS
JH Girls BB, HERE vs. Southeast of Saline, 4:30pm
JH Boys BB @Southeast of Saline, 4:30pm, dismiss at 2:15pm

EAST: Belleville After School Program – 3:30pm – 5:30pm

USD #109 is an equal opportunity provider and employer.
REMINDER – MENUS & EVENTS are subject to change.

USD #109 is an equal opportunity employer. USD #109 does not discriminate on the basis of race, color, national origin, sex, or disability in its programs.

USDA Nondiscrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

(1) mail
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

(2) (2) fax:
(833) 256-1665 or (202) 690-7442; or

(3) (3) email:
program.intake@usda.gov

This institution is an equal opportunity provider.