REPUBLIC COUNTY U.S.D. NO. 109
BREAKFAST AND LUNCH MENUS AND ACTIVITIES
NOVEMBER 2, 2026 – NOVEMBER 9, 2026
FOOD SERVICE – Reminder your child has a choice of different Entrées for lunches.
Milk is also available with each meal

MENUS can be found on the school's web page. Or download MY School Menus in the mobile app in the iTunes Store or the Google Play store. http://myschoolmenus.com

HEALTHY TIP: -- NUTRITION – Hydration – Choose water instead of sugary sodas or juice. Hand Hygiene – Wash hands often with soap and water – especially before eating and after using the restroom or coughing to cut down on the spread of germs.

FALL BUFFER WEEK for High School Activities – Monday, November 9 – Sunday, November 15, 2026.

STATE CROSS COUNTRY – Congratulations to the following cross-country runners that qualified for the 2A state meet at Wamego on Saturday, October 31st. Girls – Alayria Phitts-Rodriguez and Lucy Oman. Leo Collette qualified for the guy's race. GOOD LUCK!!! The boys 2A race begins at 10:35am, the girls 2A state race will begin at 12:20pm.

RCHS FOOTBALL – The Football team will be hosting Hutch-Trinity on Thursday evening, October 29th at 6pm, at the Jr/Sr HS stadium. Get out and show your support of the team. GO BUFFS!!!

TIME CHANGE – Don't forget to turn your clocks BACK one hour before going to bed on Saturday night, October 31, 2026.

HALLOWEEN PARTY – Cuba Community Hall – Saturday, October 31, at 1pm they will be having skating, crafts and treats. Don't miss the Fun!

MONDAY, NOV. 2:

MENUS:		**http://myschoolmenus.com**
BREAKFAST:	**NO SCHOOL**	
LUNCH:	**NO SCHOOL**	
ACTIVITTIES:	**RC: JR/SR HS:**	Activity Period – **NO SCHOOL**
		Teacher Professional Development Day
		Kansas Youth and Government to Topeka, leave 5am
		Play Rehearsal – Blair Theatre – 7-9pm
	EAST:	**NO SCHOOL**
		Teacher Professional Development Day

TUESDAY, NOV. 3:

MENUS:		**http://myschoolmenus.com**
BREAKFAST:	Both – Cinnamon Roll, Assorted Cereal w. Yogurt, Fruit and Yogurt Parfait w. Muffin, Mini Bagels, Chilled Fruit, Fruit Juice, Milk	
LUNCH:	East – Super Nachos, Tenders w. Garlic Toast, Cheese Quesadilla Munchable, Italian Chef Salad, Fresh Garden Salad, Refried Beans, Fresh Fruit, Chilled Fruit, Italian Bread, Milk	
	Jr/Sr HS– Super Nachos, Tenders w. Garlic Toast and Seasoned Fries, Pizza Bar, Sub Bar, Garden Fresh Salad Bar w. Italian Bread, Fresh Garden Salad, Refried Beans, Chilled Fruit, Fresh Fruit, Milk	
ACTIVITIES:	**RC: JR/SR HS:**	Activity Period – OPEN
		Scholars Bowl Practice,5:45pm
		Play Rehearsal – Blair Theatre – 7-9pm
	EAST:	Belleville After School Program – 3:30pm – 5:30pm

WEDNESDAY, NOV. 4:

MENUS:		**http://myschoolmenus.com**
BREAKFAST:	Both -- Breakfast Bowl w. Toast, Assorted Cereal, Waffles, Toppings, Fruit and Yogurt Parfait, w. Muffin, Mini Waffles, Chilled Fruit, Fruit Juice, Milk	
LUNCH:	East – Chicken Patty, Mozzarella Dunkers, Pizza Munchable, BLTE Salad, Fresh Garden Salad, Mashed Potatoes, Green Beans, Fresh Fruit, Chilled Fruit, Hot Roll, Milk	
	Jr/Sr HS – Chicken Patt w. Hot Roll, Mozzarella Dunkers w. Seasoned Fries, Pizza Bar, Sub Bar, Garden Fresh Salad Bar w. hot roll, Mashed Potatoes and Gravy, Green Beans, Fresh Fruit, Chilled Fruit, Milk	

ACTIVITIES: **RC: JR/SR HS:** Activity Period – BAG
8th Grade AG Academy @Chapman, leave 7am
D-SILT/KESA, 4pm @District office
EAST: D-SILT/KESA, 4pm @District office
Belleville After School Program – 3:30pm – 5:30pm

THURSDAY, NOV. 5:

MENUS: http://myschoolmenus.com

BREAKFAST: Both – Donut, Assorted Cereal, Muffin Square, Fruit & Yogurt Parfait, Sausage Pancake on a Stick, Chilled Fruit, Fruit Juice, Milk

LUNCH: East – NEBRASKA French Dip Sandwich, Cheeseburger, Popcorn Chicken Munchable, Popcorn Chicken Salad, Fresh Garden Salad, Roasted Potato Wedges, Fresh Fruit, Chilled Fruit, Italian Bread, Milk
Jr/Sr HS – NEBRASKA French Dip Sandwich, Cheeseburger, Pizza Bar, Sub Bar, Garden Fresh Salad Bar, w Italian Bread, Fresh Garden Salad, Roasted Potato Wedges, Chilled Fruit, Fresh Fruit, Milk

ACTIVITIES: **RC: JR/SR HS**: Activity Period – Art Club/JH Stuco
Science Field Trip – University of NE @Lincoln, 7am – 3:15pm
JH BB @Clifton/Clyde – all games played in Clifton -- 4pm, leave 2:30pm
Play Rehearsal – Blair Theatre – 7-9pm
EAST: Belleville After School Program – 3:30pm – 5:30pm

FRIDAY, NOV. 6:

MENUS: **http://myschoolmenus.com**

BREAKFAST: Both – Biscuits & Gravy, Sausage Patty, Assorted Cereal, Cinnamon Toast, Fruit and Yogurt Parfait, w muffin, Sausage Biscuit, Chille Fruit, Fruit Juice, Milk

LUNCH: East – Cheese Pizza, Pig in a Blanket, Ham & Cheese Sandwich, Chef Salad, Fresh Garden Salad, Glazed Carrots, Fresh Fruit, Chilled Fruit, Italian Bread, Milk
Jr/Sr HS – Honey Bacon Glazed Tender Sandwich, Pig in a Blanket w. Seasoned Fries, Pizza Bar, Sub Bar, Garden Fresh Salad Bar and Italian Bread, Fresh Garden Salad, Glazed Carrots, Chilled Fruit, Fresh Fruit, Milk

ACTIVITIES: **RC: JR/SR HS:** Activity Period – Science Club
Seminar Period -- FFA
EAST: Belleville After School Program – 3:30pm – 5:30pm

SATURDAY, NOV. 7: KMEA District HS Auditions & MS Honor Band & Choir, leave 5:30am
BEST Robotics, leave 6am
Play set work day – 8am – 1pm, Blair Theatre
Play Tech Rehearsal – 5pm – 10pm. Blair Theatre

MONDAY, NOV. 9:

MENUS: **http://myschoolmenus.com**

BREAKFAST: Both – Pancakes, Assorted Cereal w. Toast, Fruit and Yogurt Parfait w. muffin, Egg, Bacon And Cheese Bagel, Fresh Fruit, fruit Juice, Milk

LUNCH: East – TEXAS Breakfast Burrito, Corn Dog, Turkey Club Sub, Chicken Bacon Ranch Salad, Fresh Garden Salad, Tater Tots, Fresh Fruit, Chilled Fruit, Cornbread, Milk
Jr/Sr HS – TEXAS Breakfast Burrito, Corn Dog, Pizza Bar, Sub Bar, Garden Fresh Salad Bar w. Cornbread, Fresh Garden Salad, Tater Tots, Chilled Fruit, Fresh Fruit, Milk

ACTIVITTIES: **ADM:** **Board of Education Meeting, District office, 6:30pm**
RC: JR/SR HS: Activity Period – FBLA
FBLA Women in Business @KSU, 6:30am – 4pm
JH BB vs. Ellsworth, HERE, 4:30pm
Scholars Bowl practice, 5:45pm
Play Rehearsal – Blair Theatre – 7-9pm
Play Tech Rehearsal – Blair Theatre – 5-10pm
EAST: Belleville After School Program – 3:30pm – 5:30pm
East Site council – East Library, 5pm

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REMINDER – MENUS & EVENTS are subject to change.

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(1) mail
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

(2) (2) fax:
(833) 256-1665 or (202) 690-7442; or

(3) (3) email:
program.intake@usda.gov

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