

MOORHEAD COMMUNITY EDUCATION

KIDsource



Artistic Hour

CHECK IT OUT ON PAGE 3



3509 4th Ave S • 277-1TKD

Red River Traditional TaeKwonDo

The Area's Only Traditional Taekwondo School

Come see why we are the areas largest martial arts school



- COMMENTS FROM PARENTS -

Jenny D

...I recommend RRTKD to all families who are looking to engage in an activity that is enriching for the body, mind and soul.

Marilea B

We have had amazing experiences at Red River Traditional TaeKwonDo. Master Jim is phenomenal working with the students. He clearly cares about them and has high expectations. My kids developed their physical strength and their confidence.

Joseph D

This has been one of the best investments I have ever made in my kids lives.

8th Degree Grand Master

Jim Grimestad with 48 years experience

277-1TKD • 3509 4th Ave S • rrtkd.com

go to RRTKD.COM for more information

FREE 2 week trial



Alison
Athlete

Daniel Ostlie, MD
Sports medicine
specialist

We fixed my injuries.

Experience exceptional care in Fargo.
From injury prevention to recovery,
we offer comprehensive sports
medicine care tailored to help
you achieve your athletic goals.
Unleash your full potential.

SPORTS MEDICINE
Focused on you.

 Schedule online  701-364-HURT

EssentiaHealth.org/Focused



Essentia Health

Artistic Hour

Grades 1-4

Do you love art in all forms?
Do you enjoy a multitude of
artistic utensils? John David
sure does- and he wants to
bring forth your creativity
in an inviting space to learn
about different methods of
art, and allow you to spread
your wings and create.

2:30-4 pm • \$45

Thu. Oct 1

Ellen Hopkins Elementary

Tue. Oct 6

S.G. Reinertsen

Wed. Oct 21

Probstfield Elementary

Register Here



FARGO • MOORHEAD • WEST FARGO • TRI-CITY UNITED



**PLAY.
GROW.
BELONG.**



TRICITYUNITED.ORG

Tri-City United has something for every player and every skill level this winter! Our Winter Recreational program has two six-week seasons of indoor Saturday games for Pre-K through 6th grade. Looking for even more soccer? Our EXTRAS programs offer year-round development for players as young as 18 months. Plus, don't miss our Year End Soccer Camp to cap off the year.

NLSA Marlins Swim Club



Come Swim With Us!

THE NORTHERN LIGHTS SWIM ASSOCIATION (NLSA) MARLINS IS A COMPETITIVE SWIM TEAM FOR AGES 5 AND UP — AND WE'D LOVE TO HAVE YOU JOIN US!

**REGISTRATION OPENS
SEPTEMBER 1ST**

For kids ages 5+

Child must be comfortable alone in the water.

*Scholarships are available

INTRO SESSIONS

Test out the waters first by signing up for one of our Intro to Competitive Swimming sessions, or our 2 week trial!

More Information at
www.NLSAMarlins.com



only
\$99



**Join us at
gymnastics**

**Classes for
Babies to 18 yrs
MONTH TO
MONTH CLASSES
START ANYTIME!**

**AMERICAN GOLD
GYMNASTICS**

www.AmericanGoldGymnastics.com

BADACE MARTIAL ARTS
UNLOCK YOUR INNER WARRIOR
THIS OCTOBER

JIU-JITSU **KUNG FU**



JOIN NOW & CARVE
OUT YOUR STRENGTH.

TRY 2 FREE CLASSES

BADACEACADEMY.COM

900 1ST AVE N. MOORHEAD





FREE AFTER SCHOOL PROGRAM

Good News Club starts in Fargo/Moorhead schools the week of October 5th. Each club meets once weekly right after school.

- ✓ Bible Stories
- ✓ Games
- ✓ Memory Verses
- ✓ Songs
- ✓ Snacks
- ✓ Lots of fun

Register Here:



701-219-1167

www.ceffm.org

Michelle@NDCEF.com

Note to Parents and Guardians: GNC™ is a ministry of Child Evangelism Fellowship®, a Bible-based, interdenominational organization. All teachers and helpers have been trained and screened to ensure your child's safety.



TECH TEAM WRESTLING CLUB

2026-2027 SEASON



PRE K-6TH
GRADE
BOY AND GIRLS
ALL SKILL LEVELS
WELCOME

NOVEMBER 2ND - MARCH 25TH

TECH TEAM TRAINING CENTER

524 7th AVE NE, WEST FARGO
{BEHIND PRAIRIE SUPPLY}



PARENT MEETING:

TUESDAY, OCTOBER 27TH
6:00 PM

Beginner/Group 1

TUES: 5:30-6:30PM
THURS: 5:30-6:30PM

Advanced/Group 2

MON: 6:00-7:30PM
TUES: 6:45-8:15PM
THURS: 6:45-8:15PM

JOIN ANYTIME THRU THE SEASON!



TECH TEAM WRESTLING | TECHTEAMWRESTLING.COM

QUESTIONS? EMAIL COACH HAYDEN - TECHTEAMWRESTLING@OUTLOOK.COM

"Falling" for Cookies

COOKIE DECORATING CLASS



Tuesdays • 2:30-3:15 PM Grades 1-4 • \$29

Oct 6 - S.G. Reinertsen Elementary

Oct 13 - Ellen Hopkins Elementary

Oct 20 - Probstfield Elementary

Oct 27 - Dorothy Dodds Elementary

Join Katie for a fun, hands-on cookie decorating class where kids will learn to decorate three adorable fall-themed sugar cookies using royal icing. No experience is needed—all supplies are included. Just bring your creativity and get ready for a sweet afternoon of fall fun!



MOORHEAD JUNIORS

GIRLS VOLLEYBALL



GRADES 5-11



REGISTRATION & MORE INFO @
moorheadjuniors.com



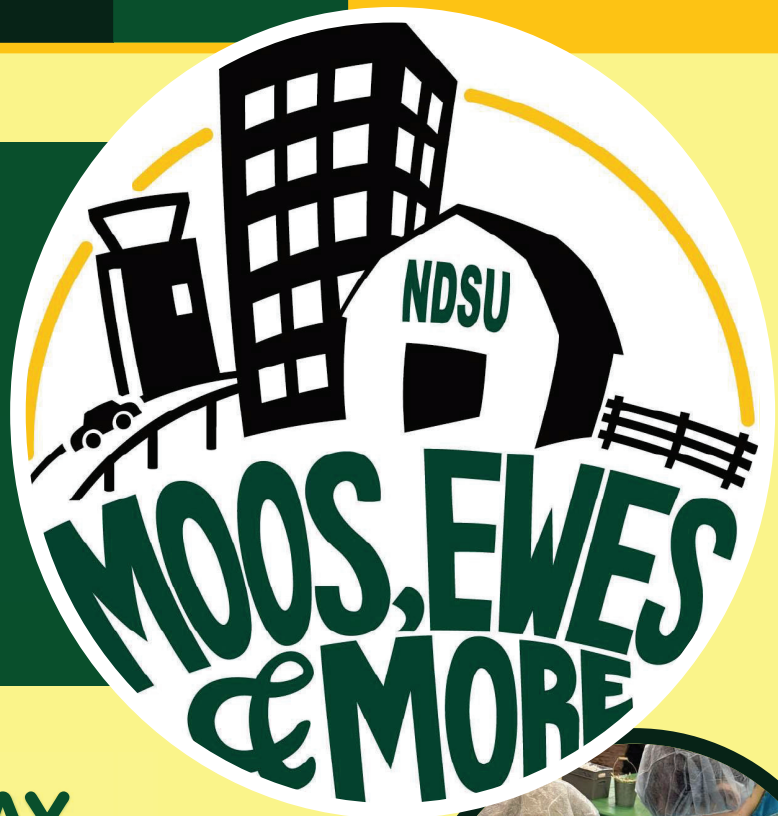
**TRYOUTS IN THE FALL,
SEASON RUNS FEBRUARY- EARLY MAY**



**REGISTRATION
IS OPEN FROM:**

OCTOBER 1-31

**NDSU Department of
Animal Sciences
INVITES YOU TO
ATTEND**



**SATURDAY
October 24, 2026
10 AM to 1 PM (rain or shine)**

NDSU Equine Center
5140 19th Ave. North
Fargo, ND 58102



**Concessions
will be
available!**



**This event is FREE and family-friendly for all
ages! Meet the NDSU farm animals, visit with
experts in animal-related careers, join in the
fun of interactive booths, games, wagon
rides, and MORE!**

North Dakota State University is an equal opportunity educator and employer. This work is supported by the U.S. Department of Agriculture's National Institute of Food and Agriculture. Requests for accommodations related to disability may be made to NDSU Department of Animal Sciences at 701-231-7641 by 10/01/2026.



Gymnastics & Ninja Classes

Register today for gymnastics & ninja classes



SCHOOL'S OUT DAY CAMP



Oct. 15
Oct. 16
Nov. 11
Nov. 25

Dec. 28
Dec. 29
Dec. 30
Dec. 31

Register today at
tntkidsfitness.org



When school is out for
the day, come to TNT
and play!

Grades K - 5

7:30am - 5:30pm

Cost: \$47

Scan for class
schedule



tntkidsfitness.org

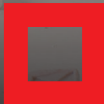
2800 Main Ave. Fargo
701-551-5000



tntkidsfitness



Art classes for
all ages and levels

 **PLAINS ART
MUSEUM**

DOWNTOWN FARGO
FREE GENERAL ADMISSION



ACTING & IMPROV



Grades K-4

REGISTER HERE

Mondays • Horizon East • \$119

OCT 26 - NOV 30

Grades K-4

6:15-7:15 PM

Explore character, voice, movement, and imagination in this Acting and Improvisation class. Students will learn acting skills in a positive and fun environment that fosters confidence and creativity. In this dynamic class, student actors learn how to be "in the moment," explore our imaginations, sharpen our acting skills, work on voice and movement, and build confidence on and off the stage.

JOIN THE CLUB!



KIDS' CLUBS AT THE Y!

At the YMCA, we believe that raising kids to be healthy has as much to do with pursuing interests, passions and learning new things as it does with eating healthy and being active.

Our Y Kids' clubs nurture their curiosity, inspire creativity and teach them how to succeed.

MEMBERS: \$70 | NON-MEMBERS: \$90

CREATIVE COOKING CLUB

AGES 5 - 11 | NOV 3 - DEC 15 | TUESDAY

WACKY SCIENCE CLUB

AGES 3 - 11 | NOV 5 - DEC 17 | THURSDAY

LEGO & ENGINEERING CLUB

AGES 5 - 11 | NOV 4 - DEC 16 | WEDNESDAY

POKEMON & MINECRAFT CLUB

AGES 5 - 11 | NOV 2 - DEC 14 | MONDAY

ARTS & CRAFTS CLUB

AGES 5 - 11 | NOV 3 - DEC 15 | TUESDAY

**SCAN FOR
INFORMATION
OR TO REGISTER**



COME PARTY WITH US!

Celebrate with us at the YMCA! We offer birthday party packages for kids of all ages. Don't have time to decorate? Ask about our packages and let us handle all the work!

Party Areas Include:

- Aquatics Centers
- Kids' Gym
- Climbing Wall
- Gymnastics Room
- Play Loft



COME DANCE with US

Claim your
FREE Trial
Dance Class!

At Gasper's School of Dance, we believe every dancer belongs. Whether your child is taking their very first class or continuing their dance journey, we have a place for you in our dance family!

**DANCE CLASS MOVEMENT
WITH INTENTION**

Ages 2 - adult ✓

All Levels Welcome ✓

Huge variety of dance styles ✓

**GASPER'S
SCHOOL
of DANCE**

📍 2 Fargo Locations

📞 701-234-9440

🌐 GaspersSchoolofDance.com

