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## MAY 2026

### Understanding USDA Regulations: The Foundation of School Nutrition

The USDA's Food and Nutrition Service (FNS) is the primary federal authority behind school meal programs, including the National School Lunch Program (NSLP) and the School Breakfast Program (SBP). These programs ensure that children receive nutritious meals during the school day, regardless of their household income.

Over the last decade, and especially since the implementation of the Healthy, Hunger-Free Kids Act of 2010, the USDA has steadily updated nutrition standards to align more closely with the Dietary Guidelines for Americans. These updates aim to reduce childhood obesity, improve students' long-term health outcomes, and promote healthier eating habits at an early age. For more information, click on the link below!

**Nutrition Standards Compliance in Schools**

*Summer is coming! We will miss serving all the wonderful students every day! Have a safe, happy & nutritious summer break! We look forward to serving you again in the fall!*

## UPCOMING EVENTS








QUESTFOOD MANAGEMENT SERVICES