

# Looking for local **Resources?**

## **Find Local Food Pantries**

click here: [LI Cares](#)

### **Emanuel Baptiste Church**

**1880 Pelham St.**

**Elmont, NY 11003**

**516-354-1332**

**Sat. 10 am - 1 pm**

### **Eglise Evangelique Du Bon Samaritain**

**44 Village Avenue**

**Elmont, NY 11003**

**516-205-5933**

**Fridays 2 pm - 4 pm**

### **Bethlehem Aog House of Hope**

**22 East Fairview Avenue**

**Valley Stream NY 11580**

**516-887-1708**

**Thursday 10 am - 2pm**

### **PDV Food Pantry**

**1326 Hempstead Turnpike**

**Elmont, NY 11003**

**516-502-4444**

**Thursday 3 pm - 6pm**

# Emergency Shelter and Food Resource List

McKinney Vento Liaison- Local Resources

## Clothes and Food Donation

### New Life Center

**Address:** 311 Uniondale Avenue in Uniondale

**Phone:** 483-3240

**Time:** M, T, Th, F 9-12pm

- Located at Grace Lutheran Church-go to the back of the building
- Bring photo ID and agency referral letter/information
- Can come once a month for 3 months; Every 3 months needs new referral letter; Agency will inform family when the time for a new letters comes

### Center for Transformative Change:

**Address:** 108 Madison Avenue, Hempstead, NY 11550

**Description:** Non profit that helps families access additional resources

**Phone:** 516-489-3238

### The INN/Mary Brennan Inn-Soup Kitchen-Food (Center for Transformative Change)

**Address:** 100 Madison Ave, Hempstead, NY 11550

**Phone-**516-227-7525

**Lunch-**9-11am; 2-4pm

### Clothing Department: (Center for Transformative Change)

**Address:** 108 Madison Avenue, Hempstead, NY 11550

**Notes:**

- Parent must come between 9-1:40pm to register for INN card
- Will need Photo ID for parent (Non-Driver ID or passport)
- Birth certificate, passport or medical ID for children
- INN card allows access to food pantry and clothes

**Hempstead Assembly Church- Food Pantry**

**When:** 1st and 3rd Saturday of Each Month

**Time:** 10:00 AM TO 1:00 PM

**Address:** 622 Front Street, Hempstead NY

**Phone:** 516-408-6095/516-489-7337

**The Salvation Army Corps. (Hempstead)- Food Pantry**

**When:** Monday, Wednesday and Thursday

**Address:** 65 Atlantic Avenue, Hempstead, NY 11550

**Phone:** (516) 485-4900 x16

- Food pantry is by appointment only
- Leave message with your name and call back number for Ms. Dolores

**Community Solidarity- Hempstead site**

**Website:** <https://www.communitysolidarity.org/foodshares/hempstead>

**When:** Hempstead Food Share-Every Sunday at 3:30PM Distribution

**Information/Location:** The Hempstead Food Share has moved to the parking lot at the intersection of Cooper Square North & Washington St. about 3/4th of a mile south of the Hempstead Train Station. The distribution time is 3:30pm if you're coming for groceries. For those coming from the Bus or Trainstation who might have difficulty walking over, we will be providing rides from the transit center at 3:15 pm.

**United Way-211 Referral Center (English or Spanish) (24/7)**

- Operator will text message local food pantries (based on zip code)
- Households in need of emergency assistance may call United Way's 2-1-1 Information and Referral Call Center.
- Resources for shelter, housing and food assistance
- Dial 2-1-1 (or at 1-888-774-7633 if you experience problems connecting) for a referral to an EFSP partner

**Other Food Pantries (Nassau)**

|                                       |                         |
|---------------------------------------|-------------------------|
| The Mary Brennan Inn                  | (516) 486-8506          |
| Union Baptist Church                  | (516) 483-3088          |
| The Salvation Army Corps. (Hempstead) | (516) 485-4900          |
| Hempstead Assembly Church             | (516) 489-7337          |
| EAC Meals on Wheels (for Seniors)     | (516) 539-0150 ext. 110 |

**Find a local pantry near you:**

- <https://www.licares.org/find-help/food-locator/>
- Or Dial 211 24/7 (English or Spanish)

## Mobile Distribution:

### Long Island Cares

Long Island Cares provides several mobile outreach programs that deliver emergency food to seniors, veterans, children and the homeless.

For a complete listing of our local food pantries, soup kitchens and other programs visit:  
<https://www.licares.org/find-help/food-locator>.

### Long Island Cares' Locations:

#### Long Island Cares-The Harry Chapin Regional Food Bank

10 Davids Drive – Harry Chapin Way, Hauppauge  
(631) 582-FOOD

#### Nassau Center for Collaborative Assistance

21 East Sunrise Highway, Freeport  
(516) 442-5221

#### Other Long Island Cares First Stop Pantry Locations:

<https://www.licares.org/our-programs/outreach/first-stop-food-pantries/>

## Pampers and Baby Supplies:

### Help Me Grow NY

Website: <https://helpmegrowny.org/long-island/>

Call **HELP ME GROW** LI hotline and follow these steps:

- 516-548-8924 OR dial 2-1-1, choose your language, press number 7 for Help Me Grow

## Immigration Affairs:

- CARECEN NY - Hempstead (516) 489-8330
- Donna Zak  
Legal Aid Society of Nassau County  
40 Main Street, 3rd Floor  
Hempstead, NY 11550  
(929) 279-3628  
dzak@nclas.org
- Christina Gaudio  
Legal Aid Society of Suffolk County  
Cohalan Court Complex

400 Carleton Drive, 4th Floor  
Central Islip, NY 11722  
(631) 853-5216  
[cgaudio@sclas.org](mailto:cgaudio@sclas.org)

- Regional Immigration Assistance Center - Region 6  
Legal Aid Society of Suffolk County, Inc.  
Cohalan Court Complex  
400 Carleton Ave., 4th Floor  
Central Islip, NY 11722-4504  
631-853-7770
- Legal Aid Society of Nassau County  
40 Main St., 3rd Floor  
Hempstead, NY 11550  
516-560-6400  
<http://www.longislandriac.com/>
- For Nassau County assigned counsel, contact:  
Jackeline Saavedra-Arizaga, Esq.  
[jsaavedraarizaga@sclas.org](mailto:jsaavedraarizaga@sclas.org) or [LIRIAC@sclas.org](mailto:LIRIAC@sclas.org)  
631-853-7807  
929-279-3628 (cell)
- For Suffolk County assigned counsel, contact:  
Elizabeth L. Tonne-Daims, Esq.  
[etonne-daims@nclas.org](mailto:etonne-daims@nclas.org) or [SuffolkLIRIAC@nclas.org](mailto:SuffolkLIRIAC@nclas.org)  
516-560-6474  
929-266-9881 (cell)

## **Mental Health and Social Service Organizations:**

### Nassau County Mobile Crisis Team

#### Hours of Operation

Respond between 8am and 12 midnight, 7 days a week.

The Mobile Crisis Team consists of licensed professionals (social workers and nurses) specially trained to respond to a wide range of serious and potentially disabling mental health problems.

The team is mobile and designed to respond quickly to individuals and/or families in need of crisis intervention at home or anywhere in the community. The team members travel to the home or location in Nassau County to provide on-site, professional and supportive crisis intervention for any child or adult experiencing an emotional disturbance, interpersonal crisis or psychiatric emergency.

To access the Mobile Crisis Team, please contact the Nassau County Help Line (516) 227-8255 (TALK)

### The Crisis Text Line:

The Crisis Text Line serves people across the United States experiencing any type of crisis and provides free, 24/7 emotional support and information through texting with a live, trained specialist. Individuals in the United States can access the Crisis Text Line by texting “HOME” to 741741

## **Local Social Service Organizations:**

|                                           |                                 |
|-------------------------------------------|---------------------------------|
| Círculo de la Hispanidad, Nassau County   | (516) 292-2173                  |
| Family & Children’s Association Hempstead | (516) 486-7200                  |
| South Shore Guidance                      | (516) 868-3030   (516) 868-3374 |
| Hispanic Counseling Center                | (516) 538-2613                  |

### Mt. Sinai South Nassau Behavioral Health Services

|                                                          |                |
|----------------------------------------------------------|----------------|
| Mount Sinai South Nassau Mental Health Counseling Center | (516) 377-5400 |
| 2277 Grand Avenue                                        |                |
| Baldwin, NY 11510                                        |                |

|                                                 |                |
|-------------------------------------------------|----------------|
| Mount Sinai South Nassau-                       | (516) 485-5710 |
| Primary Care, Pediatrics, and Behavioral Health |                |
| 250 Fulton Avenue                               |                |
| Hempstead, NY 11550                             |                |

### Harmony Health Care-Long Island Federally Qualified Health Center, Inc.

|                                      |                |
|--------------------------------------|----------------|
| Call for local Harmony Health LIFQHS | (516) 296-3742 |
|--------------------------------------|----------------|

### NuHealth Family Health Centers: (Long Island Federally Qualified Health Centers

|                            |                |
|----------------------------|----------------|
| Psychiatric Emergency Room | (516) 572-4775 |
| Elmont                     | (516) 571-8200 |

|                                |                |
|--------------------------------|----------------|
| Hempstead                      | (516) 572-1300 |
| Roosevelt                      | (516) 571-8600 |
| South Ocean Care               | (516) 623-3600 |
| Westbury                       | (516) 571-9500 |
| Satellite Center at Long Beach | (516) 571-7795 |
| NuCare                         | (516) 296-CARE |
| Helping Hands                  | (516) 296-CARE |

NuHealth/Nassau University Medical Center Outpatient Behavioral Health

|                                              |                |
|----------------------------------------------|----------------|
| Adult Outpatient Mental Health:              | (516) 572-6822 |
| Child & Adolescent Outpatient Mental Health: | (516) 296-2670 |
| Psychiatry Emergency Department:             | (516) 572-4775 |

Other Mental Health/Counseling Centers

|                                                 |                |
|-------------------------------------------------|----------------|
| North Shore Child & Family Guidance             | (516) 626-1971 |
| Central Nassau Guidance & Counseling-Hicksville | (516) 822-6111 |
| New Horizons Counseling Center Valley Stream    | (516) 569-6600 |

## FINANCIAL ASSISTANCE:

**Website:** <https://otda.ny.gov/programs/temporary-assistance/>

**For more information about Temporary Assistance Programs below:**

- Contact your local department of social services or call the toll-free OTDA Hotline: 1-800-342-3009.

**Safety Net Assistance:**

Safety Net Assistance (SNA) provides cash assistance to eligible needy individuals and families who are not eligible for FA. SNA is for:

- Single adults
- Childless couples
- Children living apart from any adult relative
- Families of persons found to be abusing drugs or alcohol
- Families of persons refusing drug/alcohol screening, assessment or treatment
- Non-citizens who are eligible for TA, but who are not eligible for federal reimbursement
- Recipients of SNA who are determined to be able to work must also comply with work requirements to receive SNA benefits.

Generally, you can receive cash SNA for a maximum of two years in a lifetime. After that, if you are eligible for SNA, it is provided in non-cash form, such as a payment made directly to your landlord or voucher sent directly to your utility company. In addition, non-cash SNA is provided for:

- Families of persons found to be abusing drugs or alcohol
- Families of persons refusing drug/alcohol screening, assessment, or treatment
- Families with an adult who has exceeded the 60-month lifetime time limit

**Cash Assistance Eligibility:**

To qualify for Cash Assistance (CA) you must meet all the eligibility criteria, which include income and resource, immigration status and residency requirements.

Also your particular immigration status may determine whether you are eligible for Family Assistance, or neither program. Undocumented immigrants are not eligible for CA, however they may apply for CA for their minor children who have a different immigration status than their undocumented parents. CA is only available to residents of New York State.

New York City residents must apply for the CA Program at an HRA job center in NYC. Call 311 to get information on the location of the job center nearest to your home.

**Employment Benefits:**

- Receive Employment Benefits in NY: It is best to apply online.
- Sign in with your [NY.GOV ID](#) and follow the instructions to file a claim.

- You may file your claim: Monday – Thursday from 7:30 am to 7:30 pm (Eastern Time), Friday from 7:30 am to 5:00 pm, Saturday – all day, Sunday until 7 pm.
- You can also call the Telephone Claim Center, toll-free during business hours to file a claim: 1-888-209-8124.

## OTHER

### **Health and Welfare Council of LI**

**Website:** <https://hwcli.com/work-we-do/direct-services/community-response-collaborative/>

**Location:** Nassau County SNAP Assistance: 516-483-1110

# Resources for Those Impacted by Federal Benefit Disruptions

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Many Americans are currently facing uncertainty as all non-essential federal government functions ceased operations starting at midnight on October 1, 2025, due to a lapse in federal budget approval. As such, employees may experience delays in benefit programs such as SNAP, WIC, or housing assistance until a federal agreement is reached. The resources below offer **financial, practical, and emotional support** to help individuals and families navigate this period.

## [Financial Resources](#)

1. [Facing Financial Hardship](#): How to apply for programs to help with food, bills, housing, and other basics when income is disrupted.
2. [Find Government Benefits & Financial Help](#): A searchable tool to find assistance for food, housing, utilities, health insurance, and more.
3. [Help with Utility Bills](#): Programs like LIHEAP and Lifeline that assist with heating, cooling, phone, and internet bills.
4. [Emergency Housing Assistance](#): Where to go if you need immediate help with rent, avoiding eviction, or finding shelter.
5. [Government Shutdown Assistance – America’s Credit Unions](#): Credit-union-based loans and support specifically in response to government shutdown hardship.
6. [Benefits Finder Tool](#): Use this tool to check eligibility for federal programs when income or job situation changes.
7. [Help Paying Bills](#): Find local programs and organizations that offer emergency financial assistance for rent, utilities, food, and other essential expenses.
8. [Feeding America – Food Assistance Finder](#): If SNAP benefits are delayed or reduced, this tool helps you locate nearby food banks and community meal programs.



## Emotional Resources

1. [\*\*National Alliance on Mental Illness \(NAMI\) – Shutdown Resources\*\*](#): A guide to how the federal shutdown may affect health & social services for people with mental illness, plus a helpline for emotional support.
2. [\*\*988 Suicide & Crisis Lifeline\*\*](#): A nationwide, 24/7 line for anyone in emotional distress, anxiety, or crisis—call 988.
3. [\*\*USO Well-Being & Emotional Support\*\*](#): Offers emotional and well-being support for those impacted by the shutdown (especially service members/families) and points to crisis lines.

