



# Floral Park Memorial High School

*PRINCIPAL*

**Ms. Alicia Calabrese**

*ASSISTANT PRINCIPALS*

**Mr. Michael Farina**

**Dr. Kevin Sullivan**

*DEANS*

**Mr. Bryan Arochas**

**Ms. Melissa Castka**

**Mr. Ronald Pickett**

**Mr. Lawrence Doreson**

**Athletic Director**

**Ms. Cassandra Papajohn-Shaw**

**Art Chairperson**

**Dr. Cheryl St. John**

**Business Chairperson**

**Ms. Rachel Elias**

**Counseling Center Chairperson**

**Ms. Emily Rice**

**English Chairperson**

**Ms. Marcella Fini-Jackman**

**Mathematics Chairperson**

**Mr. John Smykowski**

**Music Chairperson**

**Ms. Lisa Knowles**

**Science Chairperson**

**Dr. Matthew Schwartz**

**Social Studies Chairperson**

**Ms. Loredana Wilson**

**Special Education Chairperson**

**Dr. Gina D'Amassa**

**World Language Chairperson**



## MISSION STATEMENT

Floral Park Memorial High School, in cooperation with our community, provides a safe and nurturing environment conducive to learning. We pride ourselves on being a close-knit community of learners where students are continuously challenged to reach higher standards and their full potential. Our mission is to inspire and encourage all students to develop and broaden their creativity and critical thinking skills while taking part in the diverse academic and extra-curricular programs our school provides. We encourage our students by example to grow to be caring and responsible citizens in our multicultural society.

**Dear Knights,**

At Floral Park Memorial Junior/Senior High School, we take great pride in the wide range of extracurricular and athletic opportunities we offer. From clubs and teams to performing arts groups, there's something for everyone—and each experience is designed to enrich your time here.

Studies consistently show that students who get involved outside the classroom are more likely to thrive in college and beyond. Participation in extracurriculars helps you grow as a person, develop leadership and teamwork skills, and make lasting memories.

I encourage each of you to find an activity that excites you. Whether it's sports, music, student government, or any of our amazing clubs, there's a place for you to shine. Take some time to explore this booklet and discover what interests you. When you're ready to get involved, reach out to the advisor—drop a note in their mailbox, visit the department office, speak with your guidance counselor, or come see me. My door is always open.

**Get involved. Make memories. Be a leader.**

**Remember: TODAY'S ACHIEVERS ARE TOMORROW'S LEADERS!**

Wishing you a fantastic school year!

Ms. Carolina Ochoa  
cochoa@sewanhaskaschools.org  
**Director of Student Activities**  
Room 130A

## STUDENT GOVERNMENT

### Class Boards

Elected officers develop, organize, and provide class activities for each grade.

### Student Council

Student representatives are dedicated to the service of school and community.

Participation in this organization fosters leadership skills and an awareness of the need for civic mindedness in a participatory democracy.

## EXTRA & CO-CURRICULAR CLUBS

### American Sign Language (ASL) Club

Master the basics of finger-spelling, numbers, colors, facial grammar, and sentence structure necessary to hold a beginner level conversation in ASL.

### Anime Club

Studies the art of Japanese Animation by viewing movies, playing anime related games, reading and drawing manga, as well as participating in Sewanha-Con.

### (Junior) Art Club

An opportunity for students to showcase their art skills.

### Badminton Club

Students practice skills and form social connections while participating in an active sport.

### Book Club

Meets monthly to discuss selected works. The books are suggested and chosen by the club members and advisors.

### Business Honor Society

Recognizes outstanding Business Education students and promotes an interest in the field of accounting, marketing, and business.

### Breakfast Club

Connects underclassmen with exemplary upperclassmen mentors to build supportive relationships, foster personal growth, and ease the transition through high school.

### Chess Club

Promotes thinking skills and social interaction through playing chess.

### Creative Writing Club

Students design writing prompts and focus on skills to improve creative writing.

### Culture Club

Educates students about different cultures and their traditions, customs, and cuisine.

### Drama Club

Develops students' acting techniques, and the culminating activity is a presentation of monologues. Students have the opportunity to audition for the fall Drama Production.

### Ecology Club

Develops environmental awareness among the students and community.

### Excalibur (Yearbook Club)

Student photographers attend school activities and sports events to document the year in pictures. Members create layouts for each page of the book using design programs.

### FBLA (Future Business Leaders of America)

Develops vocational and career competencies and promotes civic and personal responsibility.

### Family, Career and Community Leaders of America (FCCLA)

Promotes personal growth and leadership development through Family and Consumer Sciences education, focusing on the multiple roles of family member, wage earner, and community leader.

### Global Awareness Club

Teaches students to take action on world issues through campaigns and awareness-raising activities.

### Honor Societies (English, Math, Science, Social Studies)

Recognizes & promotes enthusiasm for studying core-subject areas while encouraging students to strive for academic achievement.

### Jam Band

Fosters creativity and collaboration, Jam Band Club brings students together to explore and play all types of music using instruments not typically showcased in our school bands.

### Jr. Achievement

Trains FBLA members to create & teach lessons to local elementary students.

**Knitting Club**

Students learn the basics of crochet and knitting in a relaxing and creative atmosphere.

**Leos Club**

Community service organization that promotes leadership skills. Parent organization is the Floral Park Lions Club.

**Mathletes (Junior and Senior High)**

Promotes mathematic achievement among students.

**Mock Trial**

Develops legal trial skills and knowledge for competitions.

**Model United Nations**

Students learn parliamentary procedures, research country policy, study international issues, debate, and create solutions to world problems. Students act as diplomats, representing a country or non-government organization in a simulated session of a United Nations committee.

**Muslim Student Association (MSA)**

Encourages students to explore and celebrate Islamic culture, promotes understanding, and fosters a welcoming community through discussions, events, and service.

**Musical**

Promotes musical production and music-related events.

**National Art Honor Society**

Provides additional experiences for artistically talented students and promotes art in the school and community.

**National Honor Society (Junior and Senior High)**

Recognizes and encourages scholarship and character, promotes service to school and community, and develops leadership.

**PEARLS Leadership Group**

Develops leadership skills in young girls by recognizing and celebrating cultural diversity.

**Photography Club**

Develops photography skills. Digital and traditional techniques in photography are explored.

**Physical Education Leader Corps.**

Develops and utilizes student members' leadership qualities to assist in Physical Education Department classes.

**Romance Language Club**

Furtheres the appreciation and awareness of other languages and cultures.

**SADD (Students Against Destructive Decisions)**

Informs the school community about behaviors that endanger students' health.

**SAGA (Sexuality & Gender Alliance)**

Increases tolerance and acceptance of sexual orientation.

**Science Olympiad**

Enhances science and technology education and prepares students for competitions.

**Screenwriting Club**

Teaches students how to write, produce, direct, shoot, and edit videos.

**Shield (Newspaper) Club**

An award-winning school newspaper that is an online publication. All students interested in reporting, writing, and lay-out are welcome to join.

**Social Skills Club**

Gives students an opportunity to interact and practice social skills. Students demonstrate appropriate social skills while engaging in activities and making new friends.

**Stage Crew**

Develops hands-on experience in lighting, sound, and set construction for all assemblies, musical productions, and drama productions. Students are expected to be present at all concerts and productions.

**Tri-M Music Honor Society**

International music honor society that recognizes students for their academic and musical achievements, rewards them for accomplishing and service activities, and inspires other students to excel at music and leadership.

**Trumpet (Art & Literary Magazine)**

Student art and literary works are documented and published in a digital magazine.

**uKNIGHTed**

A forum to bring all students together and encourage unity by participating in activities that promote school spirit and build community relations.

**Video Game Club**

An interactive club where students play video games and connect with others passionate about playing, peer training, hosting and participating in tournaments, and game review writing.

**Weightlifting Club**

Provides an opportunity for students to workout and to learn proper & safe weightlifting skills.

**World Language Honor Society**

Promotes enthusiasm for studying foreign languages and encourages students to strive for excellence in language and cultural learning.

## PERFORMING GROUPS

**Color Guard**

Members of the squad learn routines using flags and dance to enhance the marching band show. They perform at all home football games, parades, competitions, and the Newsday Marching Band Festival.

**Florettes**

Develops skills necessary to choreograph and perform kickline routines at school events and competitions.

**Jazz Band (Junior & Senior High)**

Provides an opportunity to develop skills in performing jazz music. Students perform at school and community functions.

**Long Island Sounds**

Helps students develop an advanced a cappella repertoire. Students perform at various school and community functions.

**Marching Band**

Introduces students to various marching techniques. They perform at all home football games, parades, competitions, and the Newsday Marching Band Festival.

**Musical Production**

Develops students' dramatic and musical abilities. Students produce a musical for the student body and community.

**String Ensemble (Junior & Senior High)**

Develops the musical skills necessary to play string instruments in small groups.

## CHEERLEADING TEAMS

**Varsity, Junior Varsity, and Junior High Cheerleading**

Promotes school spirit at athletic events. \*Due to the team structure, performing nature of the activity, and a limited number of uniforms, Junior High Cheerleading may need to make eliminations dependent upon the number of students trying out.

Activity .....	Advisor .....	Grade
American Sign Language (ASL) Club.....	Ms. C. Callovi.....	7-12
Anime Club .....	Mr. M. Buhse / Ms. J. Wiswall .....	7-12
(Junior) Art Club .....	Mr. K. Kutner .....	7-9
Badminton Club .....	Ms. S. Clahane .....	7-12
Book Club .....	Ms. G. DiRe / Dr. C. Plackis .....	7-12
Breakfast Club.....	Ms. C. Capozzi / Ms. E. Dolan.....	7-12
Business Honor Society .....	Dr. C. St. John.....	11-12
Cheerleading (JH) .....	Ms. A. Morra .....	7-8
Chess Club .....	Mr. C. Merle.....	7-12
Class of 2026 .....	Mr. B. Arochas / Ms. M. Torba .....	12
Class of 2027.....	Ms. N. Dutt / Ms. C. Kingdon .....	11
Class of 2028 .....	Ms. C. Ochoa / Ms. K. Teemsma .....	10
Class of 2029.....	Ms. C. Capozzi / Ms. E. Dolan.....	9
Class of 2030 .....	Ms. L. Galeano / Ms. N. Masullo.....	8
Class of 2031 .....	Ms. D. Belesis / Ms. W. White.....	7
Color Guard .....	Mr. J. Ratajczak.....	8-12
Creative Writing Club .....	Mr. D. Demmers .....	7-12
Culture Club .....	Ms. C. Kingdon .....	7-12
Drama Club .....	Ms. L. Bellinger / Ms. D. Hayden .....	7-12
Ecology Club .....	Ms. K. Bohatyritz.....	7-12
English Honor Society .....	Ms. T. Ball .....	8, 11
Excalibur (Yearbook Club) .....	Mr. K. Kutner / Ms. J. Spadanuta .....	7-12
FBLA .....	Mr. J. Marchetta / Dr. C. St John.....	7-12
FCCLA.....	Ms. B. Iriarte.....	7-12
Florettes .....	Ms. L. Ciaffone / Ms. L. Focazio .....	8-12
Global Awareness Club .....	Ms. L. Simonovski .....	7-12
Jam Band.....	Mr. C. Merle.....	7-12
Jazz Band (JH/SH) .....	Mr. M. Povolny .....	7-12
Knitting Club.....	Ms. L. Simonovski.....	7-12
Leos Club .....	Ms. J. Mango.....	7-12
Long Island Sounds .....	Ms. S. Koch .....	9-12
Marching Band .....	Mr. J. Smykowski .....	9-12
Math Honor Society.....	Mr. B. Arochas .....	11

Activity .....	Advisor .....	Grade
Mathletes (JH) Club .....	Ms. J. Sandler.....	7-9
Mathletes (SH) Club .....	Mr. C. Merle.....	10-11
Mock Trial Club .....	Ms. L. Nagy.....	9-12
Model UN .....	Ms. L. Nagy .....	8-12
Musical Production .....	Mr. M. Kenna .....	7-12
National Art Honor Society .....	Ms. N. Santana .....	9-12
National Honor Society (JH) .....	Ms. T. Curcio .....	8
National Honor Society (SH) .....	Ms. R. Chin / Dr. K. Perge .....	11
PEARLS Leadership Group .....	Ms. J. Logan.....	7-12
Photography Club .....	Ms. C. Papajohn-Shaw .....	8-12
Physical Education Leader Corps. ....	Ms. K. Teemsma .....	11-12
Romance Language Club .....	Ms. D. BenMoussa / Ms. T. Libonati .....	7-12
SADD Club .....	Ms. M. Besson.....	7-12
SAGA Club .....	Ms. E. Dolan / Ms. J. Johnston .....	7-12
Science Honor Society .....	Mr. K. Brechtlein .....	11
Science Olympiad .....	Ms. V. Caccamo / Mr. R. Freese .....	9-12
Screenwriting Club .....	Mr. K. Pokojny .....	7-12
Shield (Newspaper) Club .....	Ms. L. Bellinger.....	7-12
Social Skills Club .....	TBD.....	7-12
Social Studies Honor Society .....	Ms. C. Dierlam .....	8, 11
Stage Crew .....	TBD.....	7-12
String Ensemble (JH/SH) .....	Mr. L. Dura .....	7-12
Student Council .....	Ms. C. Dierlam .....	7-12
Tri-M Honor Society .....	Ms. S. Koch .....	9-12
Trumpet .....	Ms. D. Poulos-Lutz .....	7-12
uKNIGHTed .....	Ms. M. Torba / Ms. K. Teemsma .....	8-12
Video Game Club .....	Mr. M. Buhse/ Ms. J. Wiswall .....	7-12
Weightlifting Club .....	Mr. R. Pickett.....	9-12
World Language Honor Society .....	Ms. L. Galeano / Ms. J. Griffo.....	9-12

Director of Student Activities: **Ms. Carolina Ochoa**  
[\[cochoa@sewanhaskaschools.org\]](mailto:cochoa@sewanhaskaschools.org)  
 Room 130A

## ATHLETIC PROGRAMS

Floral Park Memorial High School offers a wide range of athletic activities for students of all ages and ability levels.

### **V & JV Fall Sports Program**

V Cheerleading .....	Ms. K. Zappalla
JV Cheerleading .....	Ms. S. Giugliano
V Co-ed Cross Country .....	Ms. M. Castka
V Football .....	Mr. R. Pickett
Asst. V Football .....	Mr. S. Cobb / Mr. M. Ryan
JV Football .....	Mr. M. Spano
Asst. JV Football .....	Mr. M. Spoagis
V Boys Soccer .....	Mr. A. Rodney
Asst. V Boys Soccer .....	Mr. C. McKie
JV Boys Soccer .....	Ms. K. Freiermuth
V Girls Soccer.....	Mr. K. Rodgers
Asst. V Girls Soccer .....	Ms. D. Ventura
JV Girls Soccer .....	Ms. A. Elezi
V Boys Volleyball .....	Mr. J. Funk
JV Boys Volleyball .....	Ms. L. Lorusso
V Girls Volleyball .....	Ms. S. Genna
JV Girls Volleyball .....	Ms. E. Dolan
District V Boys Golf Team .....	Mr. D. Robins
District Girls Swim Team .....	Mr. T. Chuba / Mr. T. Mauro
District Girls Tennis .....	Mr. T. Talenti
District V Girls Field Hockey .....	Ms. D. Kelly / Ms. N. Walsh
District JV Girls Field Hockey .....	Ms. D. McIntyre

### **JH Fall Sports Program**

JH Cheerleading .....	Ms. A. Morra
JH Co-ed Cross Country .....	Mr. W. Rockensies
JH Field Hockey .....	Ms. V. Chiara
JH Football .....	Mr. K. Dolan/Mr. J. Hegler
JH Boys Soccer .....	Mr. W. Cook
JH Girls Soccer .....	Mr. R. Obloj

### **V & JV Winter Sports Program**

V Boys Basketball .....	Mr. S. Boyle
JV Boys Basketball .....	Mr. C. Coalmon
V Girls Basketball .....	Mr. M. Spina
JV Girls Basketball .....	Mr. J. Hegler
V Co-ed Winter Track.....	Mr. M. Spoagis
District Bowling .....	Mr. J. Hegi

### **V & JV Winter Sports Program (continued)**

District V Gymnastics .....	Ms. D. Wichard
District Riflery .....	Mr. Z. Babolcsay
District Boys Swim Team.....	Mr. T. Chuba / Mr. T. Mauro
District V/JV Wrestling .....	Mr. J. Rubenstein
Unified Bowling .....	Ms. L. Behar / Mr. J. Hildebrandt/ Ms. P. Mulhall

### **JH Winter I Sports Program**

JH Boys Basketball.....	Mr. K. Dolan/Mr. R. Obloj/Mr. A. Rodney
JH Co-ed Track .....	Mr. W. Cook
JH Girls Volleyball .....	Ms. L. Lorusso-Murray / Ms. C. Ochoa

### **JH Winter II Sports Program**

JH Girls Basketball .....	Ms. D. Donohue / Ms. K. Teemsma
JH Boys Volleyball .....	Mr. J. Funk
JH District Wrestling.....	Mr. J. Jansen

### **V & JV Spring Sports Program**

V Baseball.....	Mr. F. Thomas
Asst. V Baseball Baseball.....	Mr. N. Gilbert
JV Baseball .....	Mr. T. Thorne
V Boys Lacrosse .....	Mr. M. Povolny
Asst. V Boys Lacrosse .....	Mr. K. Dolan
JV Boys Lacrosse .....	Mr. J. Hegler
V Girls Lacrosse .....	Ms. K. Freiermuth
Asst. V Girls Lacrosse .....	Ms. A. Abbott
JV Girls Lacrosse .....	Ms. L. Nagy
V Softball .....	Ms. N. Walsh
Asst. V Softball .....	Dr. A. Costello
V Boys Spring Track .....	Mr. M. Buhse / Mr. W. Cook
V Girls Spring Track .....	Ms. M. Castka / Ms. S. Genna
District V Girls Golf.....	Mr. D. Robbins
District V Boys Tennis .....	Mr. M. Soto
Unified Basketball .....	Ms. M. Randazzo / Ms. K. Teemsma

### **JH Spring Sports Program**

JH Baseball .....	Mr. J. Meli
JH Boys Lacrosse .....	Mr. F. Alfino
JH Girls Lacrosse .....	Ms. B. Giuliano
JH Softball .....	Mr. R. Pickett
JH Co-ed Track .....	Ms. R. Chin
JH District Gymnastics .....	Ms. D. Wichard