

LAKELAND CONFERENCE CONSTITUTION

ADOPTED: January 1, 2006
Revised: May, 2009, May, 2012

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LAKELAND CONFERENCE CONSTITUTION

ADOPTED: January 1, 2006

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ARTICLE I: NAME

- A. The name of this organization shall be the Lakeland Conference.

ARTICLE II: PURPOSE

- A. To supervise and regulate interscholastic activities for member schools, to foster a competitive spirit in an atmosphere of mutual respect and friendliness.
- B. Arrange co-operatively interscholastic schedules and activities.
- C. To control the establishment of new activities for the best interest of the conference.
- D. The Lakeland Conference does not discriminate on the basis of race, color, national origin, age, sex, or disability.

ARTICLE III. MEMBERSHIP

- A. The Conference shall consist of the following schools for all sports:

Birchwood	Frederic	St. Croix Falls
Bruce	Grantsburg	Shell Lake
Cameron	Lake Holcombe	Siren
Cornell	Luck	Turtle Lake
Clear Lake	Northwood	Unity
Webster	Clayton	New Auburn
	Flambeau	Prairie Farm
Winter		

- B. Any other school located in this area of Wisconsin may be admitted to membership upon the consent of two-thirds vote of the members of the conference, contingent on WIAA approval.
- C. Any change of participation by a school in the conference shall be approved upon the consent of 2/3 vote of all members of the conference. Sports scheduled by the

conference commissioner shall require written notice to the conference commissioner a minimum of one year prior to the WIAA specified start date of the sport in question; those sports include volleyball, football, basketball, wrestling, spring baseball, and softball.

- D. Any member may withdraw from the conference with one year's notice.
- E. Any school may be dropped from membership by a two-thirds vote of the schools in the conference contingent on WIAA approval.
- F. Any school suspended from WIAA membership is automatically disqualified and dropped from participation in the affected activity in the conference during the period of suspension.
- G. The district administrator or their authorized representative will represent each school.. Each school shall have one vote.
- H. An operating budget for the school year shall be adopted at the May district administrator's meeting. The majority of the voting membership shall determine dues, based on the operating budget. Any amendment, which increases the budget during the year, shall include a special dues assessment to cover said increase. Notice of action to amend the budget during the year, shall be given one week prior to the meeting at which the amendment is to be presented for a vote.
- I. The district administrator's treasurer will assess each school for its share of the total operating budget. The conference treasurer will distribute approved budgeted monies to each Lakeland Conference organization that submitted a budget. The district administrator's treasurer shall pay the conference commissioner's salary (probated) in October, December, March and June; the statistician(s) in November and March.

ARTICLE IV. DISTRICT ADMINISTRATORS GROUP - OFFICERS

- A. The purpose of this Group shall be:
 - 1. To discuss common problems, concerns, activities, exemplary programs, innovations, etc.
 - 2. To conduct studies and projects of values to the members.
 - 3. To improve the educational opportunities of school youth and to strengthen the schools of the area by providing professional leadership.
 - 4. To promote, stimulate, and assist the professional growth of its members.
 - 5. To promote and encourage research and to study the problems relating to the organization, administration, and supervision of schools.
 - 6. To assist, advise, and counsel educators engaged in the field of education in order to advance the standards of and to enhance the status of its members.
 - 7. To recognize the uniqueness of the various segments of public education, regardless of their grade, organization, or name, and to encourage cooperation and coordination among these segments in order to affect the improvement of the education program of students at all levels.

8. To cooperate with the WASDA, The National Group of School District Administrators, the Wisconsin Department of Public Instruction, and all other state and national educational groups or governmental agencies with similar purposes.
 9. To foster a cooperative and fraternal spirit among group members and the faculties of the public school.
 10. Management of conference athletic activities and other conference organizations.
- B. The officers of this group shall be president, vice-president, secretary, and treasurer.
 - C. The president shall preside at all Lakeland Conference administrators meetings. The vice-president shall assume the duties of the president in his/her absence. The secretary shall keep minutes and records of the conference. The treasurer shall keep an account of all monies received and disbursed by the conference. The secretary shall prepare and distribute agendas.
 - D. The president, vice-president, secretary, and treasurer will be elected at the May meeting of the Lakeland Conference administrators. An administrator of a Lakeland Conference school will hold each of these positions. Vacancies occurring during the term of office shall be filled by a special election within the administrator's group.
 - E. Administrators will hold a regular conference meeting on the 3rd Tuesday of the month.
 - F. A quorum of the administrators meeting shall be a simple majority of the conference membership.
 - G. Two-thirds of the membership is necessary to pass any item not on the published agenda.
 - H. The advisory committee or the president may call special meetings of the conference administrators.
 - I. The administrators shall set the salary of the conference commissioner at their May meeting.
 - J. Annually at the administrator's August meeting, the administrators will establish a recommended ticket admission price for adults and students for the up-coming school year.

Article VI. PRINCIPALS

- A. The name of this group shall be the Lakeland Conference Principals Group.
- B. The purpose of this group shall be:

1. To discuss common problems, concerns, activities, exemplary programs, innovations, etc.
 2. To conduct studies and projects of value to the members.
 3. To improve the educational opportunities of school youth and to strengthen the schools of the area by providing professional leadership.
 4. To promote, stimulate, and assist the professional growth of its members.
 5. To promote and encourage research and to study the problems relating to the organization, administration, and supervision of schools.
 6. To assist, advise and counsel educators engaged in the field of education in order to advance the standards of and to enhance the status of its members.
 7. To recognize the uniqueness of the various segments of public education, regardless of their particular grade, organization, or name, and to encourage cooperation and coordination among these segments in order to affect the improvement of the education program of students at all levels.
 8. To cooperate with WASDA, the National Group of School District Administrators, the Wisconsin Department of Public Instruction, and all other state and national educational groups or governmental agencies with similar purposes.
 9. To foster a cooperative and fraternal spirit among group members and the faculties of the public school.
 10. Management of conference athletic activities and other conference organizations.
- C. Each school may be represented by its high school principal or a representative designated by its district administrator.
- D. Officers
1. The officers of this group shall be president, secretary, and treasurer.
 2. The president, secretary, and treasurer shall be elected for two (2) year terms.
 3. The duties and powers of the officers shall be those usually pertaining to these offices.
 4. The officers of the Principals Group shall be members of an Executive Committee whose duties shall be:
 - a. Prepare the agenda and gather background information on agenda items to present to the principals. The agenda shall be sent to all principals at least one week prior to the principals' meeting.
 - b. Receive recommendations from athletic groups relative to conference interscholastic activities and prepare items for consideration at the appropriate meeting.
 - c. See Article VIII.
- E. The officers shall be elected at the April meeting for the following year. All members of the group shall be eligible to vote.
- F. This group shall meet on the 2nd Tuesday of every month. The meetings will begin at 11:30 a.m. and will consist of a business meeting, group discussion, and a program.

- G. The Principals group shall request an annual allocation by the Lakeland Conference treasurer by May 1.
- H. A majority of the membership shall be defined as a quorum. Any action taken at a meeting must pass by two-thirds vote.
- I. The group may sponsor a fall meeting for coaches, athletic directors, and administrators.

ARTICLE VI. ATHLETIC DIRECTORS

- A. The athletic directors shall meet on the 1st Wednesday of the months of December, February, March, and May and as needed to conduct the business of the conference. They shall also meet in November and shall set their meeting in September so as not to coincide with the first or second day of the school year. The September meeting date will be set prior to the end of the preceding school year.
- B. Officers shall consist of a president, vice-president, secretary.
- C. The president and vice-president serve a two-year term. This shall be on an alphabetical rotating basis. The vice-president will become president at the end of the term.

ARTICLE VII. EXECUTIVE COMMITTEE

- A. The members of the Executive Committee shall consist of the officers of administrators, principals, and athletic directors groups.
- B. The conference may employ a conference commissioner in a salaried position. The duties of these positions are described in Article VIII of this constitution.
- C. The duties of this Executive Committee shall be:
 - 1. Interview candidates for the position of conference commissioner and recommend final candidate to administrators for approval.
 - 2. Evaluate the conference commissioner annually and make recommendations regarding compensation.
 - 3. Receive recommendations from athletic directors, principals, and administrators' group relative to conference interscholastic activities and prepare for consideration at the appropriate meeting.
 - 4. At least once every third year review the constitution and make recommendations to the administrators for approval.
 - 5. The Executive Committee shall meet annually in January to review conference activities.

6. This committee shall meet in cases of emergency to rule on issues regarding interpretation or application of the constitution.
7. Either the administrators group or the principals group has the right to call a special session of this committee.

ARTICLE VIII. CONFERENCE COMMISSIONER (DUTIES)

- A. Prepare schedules for the sports of volleyball, football, boy's basketball, girl's basketball, wrestling, softball, spring baseball, and submit it to the athletic directors prior to their March meeting. Conference sport schedules shall be prepared two years prior to the school year in which the events take place.
- B. Attend meetings of athletic directors and head coaches or designee as needed for conference business.
- C. Oversee the selection of all-conference teams and distribute to the media according to the by-laws.
- D. Be knowledgeable regarding the constitution and follow procedures according to the constitution and by-laws.
- E. Recommend to the athletic directors and the Executive Committee (for their consideration) changes to the constitution needed for efficient management of the conference.
- F. Purchase conference awards for conference activities as selected by the principals.
- G. Submit all bills and invoices to the district administrator's treasurer on a timely basis.
- H. To hire varsity officials for the sports of volleyball, football, boys basketball, girls basketball, and wrestling.

ARTICLE IX: RULES

- A. WIAA rules and such other rules shall govern Lakeland Conference athletics as this conference may adopt.
- B. Rules governing the music and forensics activities shall be in accordance with the Wisconsin Forensics Group and Wisconsin School Music Group.

ARTICLE X. RULES OF PROCEDURE

- A. All meetings of the conference shall be conducted according to Robert's Rules of Order, Revised.

ARTICLE XI. AMENDMENTS

- A. This constitution may be amended or repealed by an affirmative vote of two-thirds majority of all voting members of the Administrators' Group after two readings of the proposed amendments.

LAKELAND CONFERENCE BYLAWS

ARTICLE I. AMENDMENTS TO THE BY-LAWS

- A. All proposed by-laws shall be submitted to the conference commissioner in sufficient time to be placed on the agenda for the upcoming athletic directors meeting. Adoption of the proposed by-law needs approval from the athletic directors, principals, and district administrators (respectively).
- B. Such by-laws necessary to facilitate the operation of the conference may be adopted by a majority vote of all voting members taken at a meeting of the Lakeland Conference administrators.
- C. Any active member may propose the amendments to these by-laws.
- D. Amendments must be proposed in writing in advance of the meeting in which they are to be acted upon.
- E. Ratification of by-laws shall be by two-thirds (2/3) of the member schools and by approval of the Lakeland Administrators Group.

ARTICLE II. CONFERENCE ADMINISTRATION

- A. Each member shall file a copy of the constitution and by-laws. It shall be the duty of the district administrator's secretary upon the adoption of a constitutional amendment or any by-law, to send copies, properly classified, to each member school for filing. A copy of the current constitution shall be posted on the Lakeland Conference website. The administrators' group secretary shall keep a master file.
- B. Conference schedules shall be prepared by the conference commissioner, with the assistance of the athletic directors, and submitted to the athletic directors by their March meeting for approval and adoption.
- C. Items to be placed on the agenda for a regular meeting should be in the hands of the secretary in sufficient time for him/her to establish the agenda and send it to the member schools. Each member school should have the agenda during the week prior to the regular Conference meeting.
- D. A copy of the minutes of each group's official meetings shall be e-mailed by the secretary of that group to the secretaries of the other two groups prior to their next regularly scheduled meeting.

- E. It shall be the responsibility of the athletic director or designee of the host school to report all required information of the game or match. The head coach or designee will be responsible to provide game information to the suggested media list.
- F. Any changes in regularly scheduled conference athletic events may be made as long as both schools concerned mutually agree. The conference commissioner is to be notified by the host school as soon as changes are made.
- G. Scouting
 - 1. Each member school shall determine its scouting policy.
- H. In football and basketball, WIAA procedure shall determine uniform color for home and visiting teams.
- I. The ball for all Lakeland Conference varsity contests shall be the same ball used for the WIAA state competition for each sport.
- J. Unless mutually agreed upon, the school that forfeits any contest shall pay the game officials' fee, regardless of the location of the contest.
- K. No regularly scheduled conference contest will be scheduled on Wednesdays.
- L. Conference Passes:
 - 1. The Lakeland Conference shall offer a pass for admission to all regular season Lakeland Conference athletic events. The pass is not for admission to post-season events.
 - 2. The District Administrator shall be the local contact and authority that is responsible for the distribution of the Lakeland Conference Pass in compliance with the rules as defined herein.
 - 3. The Lakeland Conference pass shall not preclude a school district from offering home event passes.
 - 4. Due to the issue of reducing revenue for other districts, a member school district or official shall not sell or use the Lakeland Conference pass in any fundraising or promotional capacity. The Lakeland Conference reserves the right to sell Conference passes as a governing body, only after approval by a simple majority of the Lakeland Conference Administrator's Group.
 - 5. Lakeland Conference passes shall be valid for one school year only and provide admission for one person only for each event. The name of the person shall be clearly noted on the conference pass.
 - 6. There shall not be any further variations of Conference passes offered. There shall be no seasonal, sport-specific, lifetime, or passes offered to a specific group of people.
 - 7. Lakeland Conference passes shall be administered and distributed from the Conference by the Lakeland Conference Administrator's Group secretary (by August 1st of each year). Conference passes shall be distributed in intervals of groups of twenty-five (25), up to seventy-five (75). The passes shall not be copied locally and shall only be printed by the Lakeland Conference.

8. The Lakeland Conference passes shall be clearly numbered with a school district designation to offer information to the ticket-takers at each school district.
9. At the October meeting of Lakeland Conference Administrators Group the secretary shall annually provide an account of the number of passes distributed by each school district.
10. Lakeland Conference passes may be revoked at any time from an individual due to inappropriate behavior at an event at which the pass was used for admission.

- M. All conference tournaments/meets shall be hosted as determined by the athletic directors.

ARTICLE III. RECOGNITION AND AWARDS

- A. The conference will have standardized athletic awards. The athletic directors, subject to approval of the Principals Group will make any changes in awards.

ARTICLE IV. ALL-CONFERENCE SELECTION PROCESS

- A. All head coaches will nominate their own players at the All-Conference selection meeting. By mutual agreement, nominations may be submitted prior to the designated conference selection meeting date.
- B. In football, volleyball, boys basketball, girls basketball, baseball and softball, head coaches will nominate their all-conference nominees. They will vote by rank-ordering for the number of all-conference recipients. Players receiving a minimum of two votes and not receiving all conference status will be awarded an honorable mention recognition. Certificates will be available for these recognitions. Coaches may not rank their own players.
- B. Lakeland Sports and maximum number of All-Conference Players for each.
 1. Baseball – 20 players in each division – not designated by position.
 2. Basketball – Girls and Boys – 12 players in each division – not designated by position.
 3. Cross-Country – Girls and Boys - 12 runners – determined by their finish at the conference meet.
 4. Football – 24 players on offense and 24 players on defense (which may include a punter and/or kicker) in each division – determined by position.
 5. Golf – 12 players in each division as determined by the top 12 point-getters throughout the entire season.
 6. Softball – 20 players in each division – not designated by position.
 7. Track – Girls and Boys - the individual event champion and runner-up (including relays) in each division at the conference meet earn all-conference recognition and certificate. First and second place winners receive medals.
 8. Volleyball – 14 players in each division – not designated by position.
 9. Wrestling – individuals with the 16 best records in each division as earned during the entire conference dual meet season.

ARTICLE V. FALL SPORTS

A. Football

1. The football statistician shall maintain and disseminate weekly the following information to all Conference schools (Conference games only):
 - a. Final scores of all games played.
 - b. Score by quarters of all games played.
 - c. Conference standings and overall records.
 - d. All other required information approved by the coaches, athletic directors, and administrators through recognized conference procedures.
2. The names of the players, their number, heights, weights, and year in school shall be sent to their opponents in the Conference prior to the start of the schedule.
3. Starting times for football games shall be 7:00 p.m. unless the schools concerned mutually agree upon a different time.
4. Football Divisional Alignment – The factors to consider are Geography, Enrollment, Traditional Rivalry, Level of Programming, and the wishes of the schools involved. If a school does not wish to move from one division to another, final approval for a change must come from majority votes of the athletic directors and principals and then a 2/3 vote of the administrators. If two schools wish to exchange divisions, a majority vote from the athletic directors and principals and a 2/3 vote of the administrators will be necessary. Any change in divisional alignment will be implemented two years after the change is approved.
5. In the event of a three way tie for the conference championship, the following tie breaking procedure will be used for WIAA seeding purposes only:
 - a. Head-to-head competition.
 - b. Fewest first half points allowed in the games involving the teams that are tied.
 - c. Fewest first half points allowed in all conference games.
 - d. Drawing of straws by the conference commissioner with at least one conference official (athletic director, principal, superintendent) present, with the long straw determined to be the conference champion for seeding purposes.

B. Volleyball

1. The volleyball statistician shall maintain and disseminate weekly the following information to all Conference schools (Conference matches only):
 - a. Final scores to all matches.
 - b. Conference standings and overall records.
 - c. All other required information approved by the coaches, athletic directors, and administrators through recognized conference procedures.
2. The names of players, their numbers, heights, and year in school shall be sent to the opponents in the Conference opponents prior to the start of the schedule.
3. Junior Varsity games are to begin at 6:00 p.m. Varsity games are to begin at 7:30 p.m.

4. JV match will be 2 out 3 games, with the tie breaking game to go to 15. The non-deciding game should be played but cannot start after 7:00 p.m. The Varsity matches will be 3 out of 5 games with the tie breaking match to 15 points. Non-deciding games will NOT be played in varsity matches.

C. CROSS COUNTRY

1. Schools entered in Conference Cross Country Meet shall be proportionally assessed for the cost of the meet.
2. Meet starting time is 4:30 p.m. or mutually agreed upon time.
3. Cross Country meet for boys and girls shall be scheduled jointly.
4. Conference Meet Managers will have the authority to cancel the meet and reschedule it as soon as possible.

ARTICLE VI. WINTER SPORTS

A. Basketball – Girls and Boys

1. The basketball statistician shall maintain and disseminate weekly the following information to all Conference schools (Conference games only):
 - a. Final scores of all games played.
 - b. Score by quarters of all games played.
 - c. Conference standings and overall records
 - d. All other required information approved by the coaches, athletic directors, and administrators through recognized conference procedures.
2. Junior Varsity games are to begin at 6:00 p.m. Varsity games are to begin at 7:30 p.m. or as mutually agreed upon.
3. Host schools may schedule double headers with mutual consent.
4. The names of the players, their number, heights, and year in school shall be sent to their opponents in the conference prior to the start of the schedule.

B. Wrestling

1. The names of wrestlers, weight, and year in school shall be sent to their opponents in the conference prior to the start of the conference schedule.
2. Varsity dual matches are to start at 7:00 and triple dual matches at 6:00 with weigh-in to begin one hour before the meet.
3. The conference meet will start at 10 am.
4. Seeding for the conference tournament shall be at a central site the Friday night before the conference meet. Seeding to be completed using WIAA guidelines.
5. Schools entered in the conference meet shall be assessed for the cost of the meet.

ARTICLE VII. SPRING SPORTS

A. Track

1. Schools entered in the conference meet shall be assessed for the cost of the meet.

2. The conference meet for boys and girls shall be scheduled jointly. Medals will be given for places 1-2.
3. The athletic directors will schedule the conference track meets and rain dates.
4. The starting time of the conference track meet is 4:00 or a mutually agreed upon time.

B. Baseball

1. The baseball statistician shall maintain and disseminate weekly the following information to all conference schools (Conference games only):
 - a. Final scores of all games.
 - b. Score by innings.
 - c. Conference Standings.
 - d. All other required information approved by the coaches, athletic directors, and administrators through recognized conference procedures.
2. The host school is responsible to call in case of a postponement or to reschedule the date of the game.
3. Starting time for spring is 5:00 p.m. or mutually agreed upon time. Summer baseball is 6:00 p.m. or mutually agreed upon. A team will receive a minimum of 15 minutes of warm-up.
4. The host school will begin infield warm-ups 30 minutes prior to the start of the game, and should end 15 minutes prior to game time when the visiting team will begin infield warm-ups. A team will receive a minimum of 15 minutes of warm-up."

C. Softball

1. The softball statistician shall maintain and disseminate weekly the following information to all Conference schools (Conference games only):
 - a. Final scores of all games.
 - b. Score by innings.
 - c. Conference Standings.
2. The host school shall hire two WIAA umpires for each game.
3. The host school is responsible to call in case of a postponement or to reschedule the date of the game.
4. Starting time is 5:00 p.m. or mutually agreed upon time. A team will receive a minimum of 15 minutes of warm-up.
5. The host school will begin infield warm-ups 30 minutes prior to the start of the game, and should end 15 minutes prior to game time when the visiting team will begin infield warm-ups. A team will receive a minimum of 15 minutes of warm-up."

D. Golf

1. Conference match managers will have the authority to cancel and reschedule as soon as possible.
2. Match starting time is 4:30 p.m. or mutually agreed upon time.

ARTICLE VIII. CHEERLEADERS

A. Admission to games.

1. Any cheerleader, in uniform to cheer at a Conference game or match, is not to be charged admission.

B. Cheering position.

1. Basketball/Volleyball: Cheerleaders are to stand as far away from the playing floor as possible when game is in play.
2. Wrestling: Cheerleaders are to cheer off the mats.
3. Football: Cheerleaders are to cheer off the playing field when the game is in progress and within 30 yard line on each half of the playing field.
4. No cheerleader should be on the floor or mat during actual game play.
5. The visiting team shall be extended the courtesy of cheering first during time-outs.
6. Cheerleaders should attempt to limit cheers to 30 seconds for a time out. Lengthy cheers should be avoided. No cheers during 30 second time-outs.
7. If a game is ready to start before the cheer is completed, the cheer must stop at that point.
8. During a free throw the opposing team shall refrain from cheering.
9. Follow WIAA tournament policies found in the WIAA Sportsmanship Reference Guide regarding banners, signs, other carry-ins, and noisemakers.
10. Sign are acceptable except for WIAA Tournaments.
11. Cheers should be of a positive nature, never degrading to anyone including officials.
12. The visiting school will follow the code of ethics of the home school. It is recommended that student sections should be situated at opposite sides and corners.

C. Dance: See WIAA Guidelines.

ARTICLE IX. FORENSICS

ARTICLE X. MUSIC

A. The name of this organization shall be the Lakeland Music Conference.

B. The purpose of this organization shall be to promote the best in Music Education in each member school.

C. Membership:

1. Membership in the Lakeland Music Conference shall be open to all schools in the Lakeland Conference.

2. Each member school may have one vote.
3. Membership may be granted upon receipt of a written request signed by the Administrator and music director(s) and submitted to the secretary of the Lakeland Conference Administrators Group.

D. Officers:

1. The officers shall consist of a president, a president-elect, a secretary, and a treasurer.
2. Each shall serve a one-year term.
3. Election shall be held at the May meeting of each school year, and the officers elected shall take office the following September meeting.

E. Meetings:

1. Regular meetings shall be held bi-monthly starting in September. The president may call other special meeting when necessary.

F. Amendments:

1. An active member may propose the amendments of these by-laws.
2. Amendments must be proposed in writing at least one month in advance of the meeting at which they are to be acted upon.
3. Ratification shall be two-thirds of the member schools and by approval of the Lakeland Conference Administration Group.

G. Attendance:

1. Each member should be represented at every regular meeting.

H. Officers and Duties:

1. Nomination for officers shall be taken from the floor at the May Meeting and election shall be by a simple majority of members at the same meeting.
2. Duties of the officers shall be as follows:

PRESIDENT

- a. Preside at all meetings.
- b. Set and publish agenda at least one week prior to each regular meeting.
- c. Schedule special meetings.
- d. Establish committees as needed.
- e. Enforce the Constitution and by-laws.
- f. Act as official representative of the Lakeland Music Conference.

PRESIDENT-ELECT

- a. Shall assume the duties of the president upon absence.

SECRETARY

- a. Handle all correspondence.
- b. Notify all members of upcoming events.
- c. Maintain a well documented, written account of the year's events (minutes), and pass this on to the next year's secretary.

- d. Maintain an attendance record for all scheduled meetings.
- e. Submit Conference date to Lakeland Principals Group for approval.

TREASURER

- a. Work with the president on an annual budget and submit budget to the Lakeland Conference Administrators' Group by June 1 for approval.
- b. Keep an up-to-date record of all receipts and make all duly authorized expenditures.
- c. Submit the treasurer's record to the president at the end of each year.
- d. Any vacancy shall be filled by majority vote at the next meeting following the vacancy.

I. Committees

- 1. Special committees will be appointed as necessary.

J. Contest Guidelines.

- 1. All contests will be conducted according to the WSMA Festival Handbook with all rules stated therein shall be strictly adhered to.

ARTICLE XI. MIDDLE/JUNIOR HIGH ATHLETICS

- A.** The stated purpose of middle/junior high activities is to develop interest in and participation by a large number of students. The purpose of this program is not just to promote the best athletes. The program's emphasis is on the development of game skills rather than on competition.

B. POLICY

- 1. Middle/junior high athletics will be held at a time outside of school hours.
- 2. No league trophies are to be given and no standing or statistics are to be compiled by the league.
- 3. Schools will not send spectator buses to any away games.
- 4. Bands are not to be sent to any games or meets.
- 5. Eligibility will be decided by the local schools.
- 6. No cheerleaders or pom poms will travel to away games.
- 7. Athletic Directors will schedule the contests.
- 8. The host school will hire the required WIAA officials for each contest.

C. FALL SPORTS

1. FOOTBALL

- a. Maximum number of contest is 7.
- b. Starting time is 4:30 or mutually agreed upon.
- c. The game will have 8 minute quarters unless mutually agreed upon.
- d. All other rules and regulations refer to the WIAA Handbook.

- e. Athletic Directors will schedule all contests.
- f. The host school will hire the required WIAA officials for each contest.

2. VOLLEYBALL

- a. Maximum number of matches is 13.
- b. Starting time is 4:30 or mutually agreed upon.
- c. Match shall consist of 3 games, unless mutually agreed upon.
- d. The host school shall hire the required WIAA officials. All other rules and regulations refer to the WIAA Handbook.

3. CROSS COUNTRY

- a. Maximum number of contests is 8 with no more than two contests per week.
- b. Starting time is 4:30 or mutually agreed upon.
- c. The host school shall hire the required WIAA official.
- d. The maximum length of the course is 2.4 miles
- e. The Conference Meet shall be hosted on an alphabetical rotating basis.
- f. The Tournament host will send a copy of the tournament results to each coach shortly after the tournament.
- g. All other rules and regulations refer to the WIAA Handbook.

D. WINTER SPORTS

1. BASKETBALL

Season:Boys: October – December

Girls: January – March

- a. Maximum number of contest is 17 and the schools may exceed more than 2 games per week.
- b. Starting time is 4:30 or mutually agreed upon.
- c. The host school shall hire the required WIAA officials.
- d. Games will be played in 4 quarters with 6 minutes per quarter time limit. Half time will be 5 minutes.
- e. A press will be allowed for both boys and girls. If a team is ahead by 10 points or more, that team may not press.
- f. Zone defense is allowed.
- g. Coaches will not be penalized if they don't follow the guidelines during the game, but Principals will be contacted and will deal with the violating coaches appropriately.
- h. WIAA regulation varsity ball for each sport shall be used.
- i. All other rules and regulations refer to the WIAA Handbook, regardless of WIAA affiliation/non-affiliation.

2. WRESTLING

- a. Maximum number of contest is 12.
- b. Starting time is 5:00 or mutually agreed upon.
- c. The host school shall hire 1 WIAA official per mat.
- d. The length of periods shall be 1 minute – 1st, 2 minutes for the 2nd and 3rd periods. The 2nd & 3rd periods may be shortened by mutual agreement.
- e. Wrestlers will have two classifications:
 1. Grades 5 & 6
 2. Grades 7 & 8
- f. The visiting coaches will provide a roster to include weight and grade to the host school.
- g. Upon arrival, the coaches will determine the pairings.
- h. Wrestlers will be paired by the host coach, however, they must follow these requirements:
 1. The most important criteria in pairing boys will be weight. Weight lists should be checked regularly and kept current.
 2. The maximum weight differential for all wrestlers up to and including 145 pounds will be 10 pounds; 12 pounds for all wrestlers over 145 pounds and up to and including 190 pounds, and 30 pounds for any two opponents weighing more than 190 pounds.
- i. The Tournament host will send a copy of the tournament results to each coach shortly after the tournament.
- j. All other rules and regulations refer to the WIAA Handbook.

E. SPRING SPORTS

1. TRACK

- a. Maximum number of contest is 12 with no more than two contests per week.
- b. Starting time is 4:30 or mutually agreed upon.
- c. The host school shall hire the required WIAA official.
- d. An individual may compete in no more than 3 events and a maximum of 2 individual running events.
- e. The Tournament host will send a copy of the tournament results to each coach shortly after the tournament.
- f. All other rules and regulations refer to the WIAA Handbook.

SUGGESTED MEDIA

1.	WEAU - TV	1-800-236-1445
2.	WQOW - TV	1-800-594-6721
3.	EAU CLAIRE LEADER	1-800-236-7077
4.	CHIPPEWA HERALD TELEGRAM	1-800-236-5515
5.	WISPREP	1-800-872-2022
6.	WLDY - LADYSMITH	1-715-532-5515
7.	WJMC - RICE LAKE	1-715-234-2131
8.	LADYSMITH NEWS	1-715-532-5591
9.	WASHBURN COUNTY REGISTER	1-715-468-2314
10.	INTERCOUNTY LEADER	1-715-377-4236
11.	BURNETT COUNTY SENTINEL FAX	1-715-463-2341 1-715-463-5138
12.	WXCE - AMERY	1-715-268-7185
13.	RICE LAKE CHRONOTYPE	1-715-234-2121