

A program meal consists of ½ cup fruit and/or ½ cup vegetables **PLUS** minimum of 2 full servings from other food groups. Meal components include fruit, vegetables, bread/grain, meat/meat alternate, choice of milk. Milk choices include Whole, 1% RF, Skim, NF Chocolate, NF Strawberry and Lactose-Free. Extra servings of the same food or 6 or more foods will result in additional charge.

Lunch Prices
Paid: \$3.00
Free & Reduced: Free

NOTES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
24 French Toast Sticks w/ Sausage Links Chicken Nuggets w/ Roll Tater Tots Pretzel & Yogurt Pack <i>wg pretzel, string cheese, yogurt</i> Chicken Caesar Salad Fresh Veggie Medley Applesauce, Orange Wedges	25 Popcorn Chicken Bowl w/ Breadstick All Beef Hot Dog on a Bun Steamed Peas, Mashed Potatoes Pretzel & Yogurt Pack <i>wg pretzel, string cheese, yogurt</i> Popcorn Chicken Salad Caesar Side Salad, Cucumbers, Whole Pear, 100% Fruit Juice	26 Loaded Nachos w/ Lettuce, Salsa & Sour Cream Chicken Patty on a Bun Steamed Corn Pretzel & Yogurt Pack <i>wg pretzel, string cheese, yogurt</i> Breaded Buffalo Chicken Salad Grape Tomatoes Whole Apple, Chilled Peaches	27 Pizza Dippers w/ Marinara Dipping Sauce Cheeseburger on a Bun Baked Beans Pretzel & Yogurt Pack <i>wg pretzel, sting cheese, yogurt</i> Beef Nacho Salad Baby Carrots Pineapple, 100% Fruit Juice	28 Cheese Pizza Pepperoni Pizza Chicken Tenders w/ Goldfish Steamed Broccoli Pretzel & Yogurt Pack <i>wg pretzel, sting cheese, yogurt</i> Garden Salad w/ Cheese Celery & Carrot Sticks Grapes, Applesauce
31 Mini Pancakes w/ Fruit & Cheese Omelet Corn Dog on a Stick Tater Tots Turkey & Cheese Hoagie <i>w/ lettuce & tomato</i> Chicken Caesar Salad Fresh Veggie Medley Applesauce, Orange Wedges	1 CELEBRATE DUMPLING DAY! Teriyaki Chicken Dumplings Chicken Nuggets w/ Roll Steamed Carrots, Fried Rice Turkey & Cheese Hoagie <i>w/ lettuce & tomato</i> Popcorn Chicken Salad Caesar Side Salad, Cucumbers, Whole Pear, 100% Fruit Juice	2 Nacho Beef Walking Taco w/ Lettuce, Salsa & Sour Cream Chicken Patty on a Bun Steamed Corn, Rice Turkey & Cheese Hoagie <i>w/ lettuce & tomato</i> Breaded Buffalo Chicken Salad Grape Tomatoes Whole Apple, Chilled Peaches	3 Boneless Wings Cheeseburger on a Bun BBQ Black Beans, Parsley Noodles Turkey & Cheese Hoagie <i>w/ lettuce & tomato</i> Beef Nacho Salad Baby Carrots Pineapple, 100% Fruit Juice	4 Cheese Pizza Pepperoni Pizza Popcorn Chicken w/ Goldfish Steamed Broccoli Turkey & Cheese Hoagie <i>w/ lettuce & tomato</i> Garden Salad w/ Cheese Celery & Carrot Sticks Grapes, Applesauce
7 Labor Day No School 	8 House Made Beef Lasagna w/ Texas Toast Popcorn Chicken w/ Texas Toast Steamed Peas Muffin Protein Pack <i>WG Muffin, Yogurt, String Cheese</i> Popcorn Chicken Salad Caesar Side Salad, Cucumbers, Whole Pear, 100% Fruit Juice	9 Beef Nacho Supreme w/ Lettuce, Salsa & Sour Cream Chicken Patty on a Bun Steamed Corn Muffin Protein Pack <i>WG Muffin, Yogurt, String Cheese</i> Breaded Buffalo Chicken Salad Grape Tomatoes Whole Apple, Chilled Peaches	10 Pizza Crunchers Cheeseburger on a Bun Baked Beans Muffin Protein Pack <i>WG Muffin, Yogurt, String Cheese</i> Beef Nacho Salad Baby Carrots Pineapple, 100% Fruit Juice	11 Cheese Pizza Pepperoni Pizza Chicken Tenders w/ Goldfish Steamed Broccoli Muffin Protein Pack <i>WG Muffin, Yogurt, String Cheese</i> Garden Salad w/ Cheese Celery & Carrot Sticks Grapes, Applesauce
14 CELEBRATE WAFFLE DAY! Eggoji Waffles w/ Sausage Links Corn Dog on a Stick Tater Tots Ham & Cheese Hoagie <i>w/ lettuce & tomato</i> Chicken Caesar Salad Fresh Veggie Medley Applesauce, Orange Wedges	15 TRY IT TUESDAY! House Made Mac & Cheese w/ Mini Corn Dogs Chicken Nuggets w/ Roll Roasted Zucchini Ham & Cheese Hoagie <i>w/ lettuce & tomato</i> Popcorn Chicken Salad Caesar Side Salad, Cucumbers, Whole Peach, 100% Fruit Juice	16 Beef & Cheese Soft Tacos w/ Lettuce, Salsa & Sour Cream Chicken Patty on a Bun Steamed Corn, Rice Ham & Cheese Hoagie <i>w/ lettuce & tomato</i> Breaded Buffalo Chicken Salad Grape Tomatoes Whole Apple, Chilled Peaches	17 Chicken Filet Sandwich w/ Chick Sauce & Pickle Cheeseburger on a Bun BBQ Black Beans Ham & Cheese Hoagie <i>w/ lettuce & tomato</i> Beef Nacho Salad Baby Carrots Pineapple, 100% Fruit Juice	18 Cheese Pizza Pepperoni Pizza Popcorn Chicken w/ Goldfish Steamed Broccoli Ham & Cheese Hoagie <i>w/ lettuce & tomato</i> Garden Salad w/ Cheese Celery & Carrot Sticks Grapes, Applesauce
21 Pancakes w/ Cheesy Eggs Chicken Nuggets w/ Roll Tater Tots Ham Turkey & Cheese Wrap <i>w/ lettuce & tomato</i> Chicken Caesar Salad Fresh Veggie Medley Applesauce, Orange Wedges	22 Penne Pasta w/ Beef Meatballs & Marinara Sauce All Beef Hot Dog on a Bun Steamed Peas Ham Turkey & Cheese Wrap <i>w/ lettuce & tomato</i> Popcorn Chicken Salad Caesar Side Salad, Cucumbers, Whole Pear, 100% Fruit Juice	23 Loaded Nachos w/ Lettuce, Salsa & Sour Cream Chicken Patty on a Bun Steamed Corn Ham Turkey & Cheese Wrap <i>w/ lettuce & tomato</i> Breaded Buffalo Chicken Salad Grape Tomatoes Whole Apple, Chilled Peaches	24 Mozzarella Sticks w/ Marinara Dipping Sauce Cheeseburger on a Bun Baked Beans Ham Turkey & Cheese Wrap <i>w/ lettuce & tomato</i> Beef Nacho Salad Baby Carrots Pineapple, 100% Fruit Juice	25 Cheese Pizza Pepperoni Pizza Popcorn Chicken w/ Goldfish Steamed Broccoli Ham Turkey & Cheese Wrap <i>w/ lettuce & tomato</i> Garden Salad w/ Cheese Celery & Carrot Sticks Grapes, Applesauce
28 French Toast Sticks w/ Sausage Links Chicken Nuggets w/ Roll Tater Tots Build Your Own Pizza FB Chicken Caesar Salad Fresh Veggie Medley Applesauce, Orange Wedges	29 Popcorn Chicken Bowl w/ Breadstick Corn Dog on a Stick Steamed Peas, Mashed Potatoes Build Your Own Pizza FB Popcorn Chicken Salad Caesar Side Salad, Cucumbers, Whole Peach, 100% Fruit Juice	30 Beef & Cheese Nachos w/ Lettuce, Salsa & Sour Cream Chicken Patty on a Bun Steamed Corn Build Your Own Pizza FB Breaded Buffalo Chicken Salad Grape Tomatoes Whole Apple, Chilled Peaches	 Monday's Veggie Medley: Grape Tomatoes, Broccoli Florets, Celery & Carrot Sticks PBJ Uncrustable Available Daily!	