



WMRSD Leaders and Learners – Your Community Connection White Mountains Regional School District

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At the Lancaster School

On Monday, March 2, eighth-grade students at Lancaster Elementary School will take an important step toward their transition to high school when counselors from White Mountains Regional High School visit during the school day to review the WMRHS Program of Studies. This session will provide students with an overview of graduation requirements, academic pathways, and elective opportunities available to them as incoming freshmen.

During the presentation, the WMRHS counseling team will guide students through course offerings in core academic areas, as well as electives, career and technical education options, and co-curricular opportunities. Counselors will emphasize the importance of thoughtful course selection and encourage students to consider their interests, strengths, and future goals when planning their ninth-grade schedules. Students will also have time to ask questions and gain clarity about expectations at the high school level.

Building on this initial meeting, counselors will return on Friday, March 8, to meet individually with eighth-grade students. These one-on-one conferences will allow students to review their choices in greater detail and finalize course selections for their freshman year. This personalized approach will help ensure that each student's schedule aligns with both academic readiness and personal interests.

The White Mountains Regional High School counseling team will also reach out to families in the coming weeks with additional dates and times for family information nights. These sessions will provide caregivers with opportunities to learn more about the Program of Studies, graduation requirements, and ways to support students during this important transition.

At the Whitefield School

Fourth-grade students are in full swing, learning and growing each day.

In mathematics, students are working diligently to master their multiplication facts through 12, with an emphasis on quick and accurate recall. At the same time, they have begun a unit on fractions, learning how to convert mixed numbers into improper fractions, create equivalent fractions, and develop a deeper understanding of what fractions represent.

In English Language Arts, students are working in their Walk to Read and Write groups, where they practice dictation, strengthen comprehension skills, and write thoughtfully about what they read. The focus is on thinking deeply about texts and clearly explaining their ideas through writing.

In social studies, students recently completed a unit on Colonial New Hampshire and are now beginning their study of the American Revolution, exploring the important role the state played during this pivotal period in history.

In science, students are exploring energy and the forces of motion through hands-on investigations. They are experimenting, observing, and discovering how energy transfers and how forces affect objects in motion.

Overall, fourth grade is filled with curiosity, critical thinking, and hands-on learning, and students continue to demonstrate enthusiasm for their work.

At the White Mountains Regional High School

White Mountains Regional High School has implemented a weekly Thursday *Compass Block* as part of our advisory programming. This 35-minute block, built into students' schedules from 9:10–9:45 a.m., is designed to support academic growth, career exploration, and post-secondary readiness at every grade level.

Freshmen have participated in three mini-sessions, rotating through cohorts focused on gratitude, career exploration, and an introduction to the Granite State Challenge.

Sophomores have worked on developing their career pathway online portfolios using the Xello platform, helping them reflect on interests, strengths, and future planning.

Juniors have been placed in small groups for SAT preparation in anticipation of the state exam in April.

Seniors have focused on post-secondary preparation by building their resumes and writing essays for local scholarship opportunities.

The Compass Block provides intentional time each week to ensure all students receive structured support tailored to their grade-level needs. Compass Block has many moving parts, and the WMRHS staff has done outstanding work coordinating them as 300 Spartans head off to a variety of enriching opportunities during their academic break on Thursdays.